# We R Native Fidelity Monitoring Guide

FACILITATOR TOOL

DEVELOPED FOR INTER-TRIBAL COUNCIL OF MICHIGAN

Table of Contents	
Section 1. Curriculum Overview	2
Section 2. Lesson Core Components	3
Lesson 1: We R Native Introduction	4
Lesson 2: Media Literacy- Is We R Native a Reliable Resource?	5
Lesson 3: Drugs and Alcohol Research and Report	6
Lesson 4: Ask Auntie	7
Lesson 5: Native Voices Video	8
Lesson 6: Healthy Relationships, Personal Rules and Consent	9
Lesson 7: We Need You Here	10
Lesson 8: Stand Up. Stand Strong.	11
Lesson 9: Make a Difference in Your Community	12
Lesson 10: Make a Plan for Your Community	13
Section 3. Fidelity Monitoring Logs.	14
Overview and Instructions	14
Lesson 1 Fidelity Log: We R Native Introduction	17
Lesson 2 Fidelity Log: Media Literacy: Is We R Native a Reliable Resource?	18
Lesson 3 Fidelity Log: Drugs and Alcohol Research and Report	20
Lesson 4 Fidelity Log: Ask Auntie	23
Lesson 5 Fidelity Log: Native VOICES Video	25
Lesson 6 Fidelity Log: Healthy Relationships, Personal Rules and Consent	26
Lesson 7 Fidelity Log: We Need You Here	29
Lesson 8 Fidelity Log: Stand Up. Stand Strong	30
Lesson 9 Fidelity Log: Make a Difference in Your Community	33
Lesson 10 Fidelity Log: Make a Plan for Your Community	35

## Section 1. Curriculum Overview

The We R Native Curriculum has been split into 5 Units, with 2 Lessons each, in order to make navigating the curriculum implementation and fidelity monitoring easier. Below is a list of the Units, Lessons within each unit, and Adult Preparation Topics and Needs Assessment Topics covered by the Unit.

Unit	Lessons	Adult Preparation Topics Covered	Needs Assessment Topics Covered
Unit 1. Introducing We R Native Program and Website	<ol> <li>We R Native Introduction</li> <li>Media Literacy: Is We R Native a Reliable Resource?</li> </ol>	<ul> <li>Healthy Life Skills</li> <li>Parent Child Communication Skills</li> </ul>	<ul> <li>Positive Peer Role Model</li> <li>Connection to Culture/Community</li> </ul>
Unit 2. I Strengthen My Nation	<ul><li>3. Drugs and Alcohol</li><li>Research and Report</li><li>4. Ask Auntie</li></ul>	<ul> <li>Positive Adolescent Development</li> <li>Healthy Life Skills</li> <li>Parent Child Communication Skills</li> </ul>	<ul><li>Alcohol</li><li>Smoking</li><li>Marijuana Use</li></ul>
Unit 3. Native VOICES	<ul><li>5. Native VOICES Video</li><li>6. Healthy Relationships, Personal Rules and Consent</li></ul>	<ul> <li>Healthy Relationships</li> <li>Healthy Life Skills</li> <li>Positive Adolescent Development</li> <li>Parent Child Communication Skills</li> </ul>	<ul> <li>Dating and Relationships</li> <li>Sex</li> <li>Forced Sex</li> </ul>
Unit 4. We Are Connected	<ul><li>7. We Need You Here.</li><li>8. Stand Up. Stand Strong.</li></ul>	<ul> <li>Healthy Life Skills</li> <li>Healthy Relationships</li> <li>Parent Child Communication Skills</li> </ul>	<ul> <li>Suicide</li> <li>Depression</li> <li>Bullying</li> <li>Positive Peer Role Models</li> </ul>
Unit 5. Make a Difference	<ul><li>9. Make a     Difference in     Your     Community</li><li>10. Make a Plan     for Your     Community</li></ul>	<ul> <li>Healthy Relationships</li> <li>Healthy Life Skills</li> <li>Education and Employment Preparation</li> <li>Parent Child Communication Skills</li> </ul>	• All Topics

## Section 2. Lesson Core Components

In this section, each lesson has been outlined with Core Content Components, Instructional Methods Used, and timing for each section of the lesson. Each lesson also shows its alignment with the youth developmental assets, adult preparation topics and needs assessment topics for the lesson. Review these overviews of the lessons prior to facilitating to understand the core components and purpose of each lesson. This will help you identify in advance what adaptations or changes may be needed in order to complete with your group. Please be advised that the core content components and instructional methods are areas where adaptations are not recommended. Timing may need to be adjusted for your class.

#### **Tracking Adaptations**

If you do make adaptations to the curriculum of any kind during the session, please note these in the fidelity logs which can be found in the next section of this document (page 14). If you need guidance about adaptations you would like to make before you implement the curriculum, please contact Lisa Abramson at the Inter-Tribal Council of Michigan to discuss: <a href="mailto:labramson@itcmi.org">labramson@itcmi.org</a>.

#### Lesson 1: We R Native Introduction

#### **Lesson Purpose:**

The primary purpose of this lesson is to create safety, group cohesion, and connection to the We R Native program. This session introduces participants to the We R Native program and the topics that will be covered, cultural teachings, and the We R Native Values. It also asks youth to create a vision for their future that will help connect risk-taking and health behaviors to their desired future throughout the program.

Section Outline	Core Content Components	Instructional Method	Timing	Assets Alignment
Welcome and Introductions	<ul> <li>Introduce We R         Native Program</li> <li>Bringing culture         into the room</li> <li>Participant         introductions</li> </ul>	Minilecture Cultural Teaching Large Group Discussion	15 minutes	
Values and Group Agreements	<ul><li>WRN values</li><li>Group agreements</li><li>Confidentiality and trauma statements</li></ul>	Minilecture Brainstorm Minilecture	15 minutes	Responsible Choices
Vision for Our Future	<ul> <li>Introduce activity</li> <li>Participants work individually on visions</li> <li>Group vision sharing and discussion</li> </ul>	Minilecture Individual Work Large Group Discussion	15 minutes	General Aspirations  Non-Parental Role Models
Closing	<ul><li>Reflection on learning</li><li>Preview of next class</li></ul>	Large Group Reflection	5 minutes	Family Communication

#### **Adult Preparation Topics Covered:**

- Healthy Life Skills
- Parent Child Communication Skills

- Positive Peer Role Model
- Connection to Culture/Community

## Lesson 2: Media Literacy- Is We R Native a Reliable Resource?

**Lesson Purpose:** The primary purpose of this lesson is to introduce media literacy concepts and the We R Native website to the students. This session allows students to explore new concepts around media literacy, practice critically evaluating a resource and offers the We R Native website as their first option to critique. In this lesson, the facilitator is also introducing the anonymous question box, which will be used throughout the program.

Section Outline	Core Content Components	Instructional Method	Timing	Assets Alignment
Welcome and Group Check In	<ul> <li>Welcome participants</li> <li>Question Box Q&amp;A</li> <li>Media Wave group energizer</li> </ul>	Minilecture  Q&A  Large Group  Activity	5 minutes	
Introducing Lesson Concepts	<ul> <li>Review vocabulary</li> <li>Criteria Activity</li> <li>Review 5 key</li> <li>Media Literacy</li> <li>Concepts</li> </ul>	Minilecture Brainstorm Minilecture/ Large Group Reflection	15 minutes	
Is We R Native a Reliable Resource?	<ul> <li>Introduce activity</li> <li>Small Group         Activity/ Handout</li> <li>Activity Review and         Group Sharing</li> </ul>	Minilecture Small Group Work Large Group Activity	25 minutes	
Closing	<ul> <li>Reflection on learning</li> <li>Preview of next class</li> <li>Cultural Teaching (if time allows)</li> </ul>	Large Group Reflection	5 minutes	Family Communication

#### **Adult Preparation Topics Covered:**

- Healthy Life Skills
- Parent Child Communication Skills

- Connection to Culture/Community
- Relationships
- Mental Health

## Lesson 3: Drugs and Alcohol Research and Report

## **Lesson Purpose:**

The primary purpose of this lesson is to engage youth in critical thinking about drugs and alcohol use and the impact of substance use on their minds, body, relationships and wellbeing. The lesson also strongly reinforces positive peer relationships as a protective factor from substance use.

0 /	ces positive peer relations.			
Section Outline	Core Content Components	Instructional Method	Timing	Assets Alignment
Welcome and Group Check In	<ul> <li>Welcome         <ul> <li>Participants</li> </ul> </li> <li>Question Box Q&amp;A</li> <li>A Friend that         <ul> <li>Strengthens Me</li> <li>Group Energizer</li> </ul> </li> </ul>	Minilecture  Q&A  Individual &  Large Group  Activity	5 minutes	Non-Parental Role Models General Aspirations
Introducing Lesson Concepts	<ul><li>Review lesson topics</li><li>Review lesson vocabulary</li></ul>	Minilecture	10 minutes	
Drugs and Alcohol Research and Report	<ul> <li>Small Group         Research Activity</li> <li>Large Group         Sharing</li> </ul>	Small Group Work Large Group Activity	20 minutes	General Aspirations
I Strengthen My Nation Video	<ul><li>Introduce Video</li><li>Watch Video</li><li>Large Group</li><li>Discussion</li></ul>	Large Group Activity Large Group Reflection	10 minutes	Non-Parental Role Models General Aspirations
Closing	<ul> <li>Homework review</li> <li>Reflection on learning</li> <li>Preview of next class</li> <li>Cultural teaching (if time allows)</li> </ul>	Minilecture Large Group Reflection	5 minutes	Family Communication

#### **Adult Preparation Topics Covered:**

- Positive Adolescent Development
- Healthy Life Skills
- Parent Child Communication Skills

- Alcohol
- Smoking
- Marijuana Use

#### Lesson 4: Ask Auntie

## Lesson Purpose:

The primary purpose of this lesson is to help youth identify resources for support in times of need, especially related to issues of substance use. Along with the last lesson, this lesson has a strong focus on positive peer relationships and seeing oneself as someone who can support others to make healthy decisions.

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Section	Core Content	Instructional	Timing	Assets Alignment
Outline	Components	Method		
Welcome and Group Check In	<ul><li>Welcome Participants</li><li>Question Box Q&amp;A</li></ul>	Minilecture Q&A	2 minutes	
	,			
Introducing Lesson Concepts	<ul> <li>Review Homework/         Discuss Health         Lines</li> <li>Ask Auntie Intro         Video</li> </ul>	Large Group Reflection/ Minilecture Video	10 minutes	
Ask Auntie Worksheet	<ul> <li>Ask Auntie         Research and         Report</li> <li>Large Group         Sharing</li> </ul>	Individual Activity  Large Group  Activity	15 minutes	
Team Role Play	<ul><li>Team Discussions</li><li>Role Play</li></ul>	Small Group Activity Large Group Activity	15 minutes	General Aspirations
Closing	<ul> <li>Large Group         Discussion     </li> <li>Final Reflection</li> <li>Preview of next         class     </li> </ul>	Large Group Reflection	8 minutes	Family Communication

## **Adult Preparation Topics Covered:**

- Positive Adolescent Development
- Healthy Life Skills
- Parent Child Communication Skills

- Alcohol
- Smoking
- Marijuana Use

#### Lesson 5: Native Voices Video

**Lesson Purpose:** The primary purpose of this lesson is to introduce information about sexual health, healthy decision making, and use of protection. The lesson primarily consists of a video of young people discussing their stories about sexual relationships with friends. In the video, youth are seen seeking advice and support, preparing to negotiate condom use, dealing with the aftermath of not using protection and making healthier decisions as a result of their experiences. The worksheet allows youth to critically analyze the behavior of others and consider their own behavior.

Section Outline	Core Content Components	Instructional Method	Timing	Assets Alignment
Welcome and Group Check In	<ul> <li>Welcome         Participants     </li> <li>Question Box Q&amp;A</li> <li>Protection         Brainstorm     </li> </ul>	Minilecture Q&A Brainstorm	5 minutes	
Introducing Lesson Concepts	<ul><li>Introduction to Video</li><li>Safety Statement</li><li>Vocabulary Review</li></ul>	Minilecture	3 minutes	
Native VOICES Video	<ul><li>Distribute worksheet</li><li>Watch Video</li></ul>	Video/ Worksheet	30 minutes	Family Communication Non-Parental Role Models
Native VOICES Review	<ul> <li>Large Group</li> <li>Discussion</li> </ul>	Large Group Activity	10 minutes	Non-Parental Role Models
Closing	<ul><li>Final Reflection</li><li>Preview of next class</li></ul>	Large Group Reflection	2 minutes	Family Communication

#### **Adult Preparation Topics Covered:**

- Healthy Relationships
- Healthy Life Skills
- Positive Adolescent Development
- Parent Child Communication Skills

- Dating and Relationships
- Sex

## Lesson 6: Healthy Relationships, Personal Rules and Consent

**Lesson Purpose:** The purpose of this lesson is to help personalize some of the information learned in the last lesson as well as consider the characteristics of healthy and unhealthy relationships, identify their own personal limits, and learn how to respect the limits of others. This lesson is designed to help youth set goals and rules for themselves while learning to communicate about those goals with others and respect the goals and rules others have for themselves.

Section Outline	Core Content Components	Instructional Method	Timing	Assets Alignment
Welcome and Group Check In	<ul> <li>Welcome         <ul> <li>Participants</li> </ul> </li> <li>Question Box Q&amp;A</li> <li>Healthy/ Unhealthy         <ul> <li>Relationship</li> <li>Brainstorm</li> </ul> </li> <li>Brainstorm Debrief         <ul> <li>Discussion</li> </ul> </li> </ul>	Minilecture  Q&A Brainstorm  Large Group Discussion	15 minutes	General Aspirations
Native VOICES Personal Rules	<ul> <li>Personal Rules</li> <li>Worksheet</li> </ul>	Individual Activity	15 minutes	General Aspirations Educational Aspirations
Consent Discussion and Report	<ul><li>Small Group     Discussions</li><li>Large Group     Presentations</li></ul>	Small Group Activity Large Group Activity	10 minutes	General Aspirations
Closing	<ul> <li>Final Reflection</li> <li>Preview of next class</li> <li>Cultural Teaching (if time allows)</li> </ul>	Large Group Reflection Cultural Teaching	10 minutes	Family Communication

#### **Adult Preparation Topics Covered:**

- Healthy Relationships
- Healthy Life Skills
- Positive Adolescent Development
- Parent Child Communication Skills

- Dating and Relationships
- Sex
- Forced Sex

#### Lesson 7: We Need You Here

**Lesson Purpose:** The primary purpose of this lesson is to introduce suicide prevention strategies by teaching youth to recognize signs of suicide in themselves and others, identify a support plan for themselves, and consider how they might support others in preventing suicide. It is critical to create safety during this lesson so that youth feel comfortable discussing this sensitive topic.

Section Outline	Core Content Components	Instructional Method	Timing	Assets Alignment
Welcome and Group Check In	<ul><li>Welcome Participants</li><li>Question Box Q&amp;A</li><li>Cultural Teaching</li></ul>	Minilecture  Q&A  Cultural teaching	5 minutes	
Introducing Lesson Concepts	<ul> <li>Introduction</li> <li>Safety Statement</li> <li>Vocabulary (if time allows)</li> <li>We Need You Here Videos</li> </ul>	Minilecture Video	10 minutes	General Aspirations
Suicide Prevention Research Guide	<ul> <li>Suicide Prevention         Research         Worksheet</li> <li>Large Group         Discussion</li> </ul>	Small Group Activity Large Group Discussion/ Brainstorm	20 minutes	
Personal Support Plan	My Support Plan	Individual Activity	5 minutes	Non-Parental Role Models
Supporting Each Other	We Need You Here     Sign-making	Individual Activity/ Social Media Sharing	5 minutes	
Closing	<ul><li>Final Reflection</li><li>Preview of next class</li></ul>	Large Group Reflection	5 minutes	Family Communication

#### **Adult Preparation Topics Covered:**

- Healthy Life Skills
- Healthy Relationships
- Parent Child Communication Skills

- Suicide
- Depression
- Bullying
- Positive Peer Role Models

## Lesson 8: Stand Up. Stand Strong.

**Lesson Purpose:** The primary purpose of this lesson is to help youth understand their connection to others in the community and to value that connection by not engaging in bullying. The lesson also covers important steps in bullying intervention (or bystander intervention) so they may help others in their schools or communities. Creating strong group connection in this lesson is critical for setting up the next lesson, in which they will start to identify their community service project ideas.

Section Outline	Core Content Components	Instructional Method	Timing	Assets Alignment
Welcome and Group Check In	<ul> <li>Welcome         Participants     </li> <li>Question Box Q&amp;A</li> <li>The Sacred Circle         Activity     </li> </ul>	Minilecture  Q&A  Large Group  Activity/ Cultural teaching	15 minutes	General Aspirations
Introducing Lesson Concepts	<ul><li>Introduction</li><li>Safety Statement</li><li>Vocabulary (if time allows)</li></ul>	Minilecture	3 minutes	
Bullying Research Guide	<ul> <li>Bullying Research         Worksheet</li> <li>Large Group         Sharing</li> <li>Bullying         Intervention         Brainstorm</li> </ul>	Small Group Activity Large Group Discussion Brainstorm	17 minutes	General Aspirations
Snowball Game	Snowball Game	Large Group Activity	10 minutes	
Closing	<ul><li>Final Reflection</li><li>Preview of next class</li></ul>	Large Group Reflection	5 minutes	Family Communication

#### **Adult Preparation Topics Covered:**

- Healthy Life Skills
- Healthy Relationships
- Parent Child Communication Skills

- Suicide
- Depression
- Bullying
- Positive Peer Role Models

## Lesson 9: Make a Difference in Your Community

**Lesson Purpose:** The primary purpose of this lesson is to help youth define activism and see the important role they can play in making a difference in their community. Youth will identify project ideas for a community service project and prepare for engaging in activism.

Section Outline	Core Content Components	Instructional Method	Timing	Developmental Assets
Welcome and Group Check In	<ul> <li>Welcome         Participants         Question Box Q&amp;A         Cultural Teaching     </li> </ul>	Minilecture  Q&A  Large Group  Activity/ Cultural teaching	5 minutes	
Introducing Lesson Concepts	<ul><li>Introduction</li><li>Vocabulary</li></ul>	Minilecture	5 minutes	
Activism Gallery Walk	<ul> <li>Gallery Walk         (Questions on         Activism)</li> <li>Group         Presentations</li> <li>Cultural         Teaching/Quote         (on Activism)</li> </ul>	Small Group Activity Large Group Discussion Minilecture	10 minutes	General Aspirations
Making a Difference	<ul> <li>Making a         Difference In Your         Community         Worksheet         Large Group         Sharing         Activity Recap     </li> </ul>	Small Group Activity  Large Group Discussion Minilecture	25 minutes	General Aspirations Non-Parental Role Models
Closing	<ul><li>Final Reflection</li><li>Preview of next class</li></ul>	Large Group Reflection	5 minutes	Family Communication

## **Adult Preparation Topics Covered:**

- Healthy Relationships
- Healthy Life Skills
- Education and Employment Preparation
- Parent Child Communication Skills

## **Needs Assessment Topics Covered:**

All Topics

## Lesson 10: Make a Plan for Your Community

**Lesson Purpose:** The primary purpose of this lesson is for youth to create a strong plan for their community service projects. The closing of this session is the closing of the We R Native program, so additional time has been included for gaining feedback on the program and helping provide next steps for youth participants. It's important to make this last day special to show your appreciation for the youth participants throughout the program.

Section Outline	Core Content Components	Instructional Method	Timing	Developmental Assets
Welcome and Group Check In	<ul> <li>Welcome         Participants     </li> <li>Question Box Q&amp;A</li> <li>Cultural Teaching</li> </ul>	Minilecture  Q&A  Large Group  Activity/ Cultural teaching	5 minutes	
Make a Plan Activity	<ul> <li>Introduction</li> <li>Project Idea         Brainstorm/         Application</li> <li>Presentations</li> </ul>	Minilecture Small Group Activity/ Brainstorm  Large Group Discussion	30 minutes	General Aspirations
Recap of We R Native	<ul><li>Review Lesson</li><li>Topics</li><li>Student Feedback</li></ul>	Large Group Activity	5 minutes	
Closing	<ul><li>Final Reflection</li><li>Cultural Teaching</li><li>Next Steps for Participants</li></ul>	Large Group Reflection Cultural Teaching Minilecture	10 minutes	Family Communication

#### **Adult Preparation Topics Covered:**

- Healthy Relationships
- Healthy Life Skills
- Education and Employment Preparation
- Parent Child Communication Skills

#### **Needs Assessment Topics Covered:**

• All Topics

## Section 3. Fidelity Monitoring Logs

#### Overview and Instructions

In this section, you will find fidelity logs for each of the lessons in the We R Native curriculum. Each log has lesson-specific content to aid in your completion of the log. Below is guidance on how to fill out each section of the fidelity log. Fidelity logs are easiest to complete when you print each lesson front to back and take them with you for each lesson and note the information required before and after each lesson. Once you've collected this information, you can enter the data regularly into the online system provided by MPHI.

#### Attendance Form

In this section, you will complete information about the youth who participate in the lesson and the facilitators facilitating the lesson, date of facilitation, location, and start and stop times. Please list each facilitators name, the exact date and location where the lesson was provided. The aim of this section is to make it easy to identify the cohort or group that received the lesson.

#### Fidelity Log Rows 1-5: Fidelity and Adaptation Monitoring

In this section, you will answer questions based on how you provided/delivered each section of the lesson. This section has check boxes for you to indicate whether you were able to complete each section of the lesson and which adaptations, if any, you made. Please fill this out honestly as it will help determine if modifications need to be made to the curriculum. A list of common adaptations is included to make this form easier to complete. If you make an adaptation that is not listed, please select "Other" and describe your adaptation in the "Details" box below the list of adaptations. Include your challenges faced in the "Challenges" box. This will help you track challenges to include in your quarterly reports. If you did not complete a core component, please tell us why in the Other Notes section on the bottom row of the fidelity log.

#### Fidelity Log Row 6: Additional Session Monitoring

In this section, you will be asked if you have included any cultural teachings in the lesson (as many lessons have optional inclusions, such as a poem, song, or activity). Please select "yes" if you have brought in a cultural teaching in the form of a poem, quote, speaker, or other activity and used it during the lesson. You should also select "yes" if you included a written cultural teaching that was part of the curriculum. You are asked to indicate the level of engagement of the students. Do your best to estimate how actively involved the students were in the lesson. The rating "very engaged" indicates students were excited and actively participating in the activities, the rating "somewhat engaged" indicates that some students were actively participating while others were not or that all students were participating with less than enthusiastic participation, the rating "not engaged" indicates that most students were not interested or not actively engaging in the activities. Finally, there is a "notes" section in case you have any additional notes that help explain adaptations or special circumstances further. An example of this might be- "a fire drill went off during class and we were unable to complete the lesson" or "the building was not open upon our arrival and we could not start on time".

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# **Lesson 1 We R Native Introduction**

Date: Facilitator(s): Location of Lesson:	Start Time: Stop Time:	
Please write first and last names of		
youth participants who attended this lesson		

# Lesson 1 Fidelity Log: We R Native Introduction

Lesson Outline and Core Content Components:	<ul> <li>Welcome and Introductions</li> <li>Introduce We R Native Program</li> <li>Bringing culture into the room</li> <li>Participant introductions</li> </ul>	Values and Group Agreements  WRN Values  Group agreements  Confidentiality and Trauma Statements	<ul> <li>Vision for Our Future</li> <li>Introduce activity</li> <li>Participants work individually on visions</li> <li>Group vision sharing and discussion</li> </ul>	<ul> <li>Closing</li> <li>Reflection on learning</li> <li>Preview of next class</li> </ul>
Did you complete these Core Content Components?	Yes, completely Yes, with adaptations No (please write why in other notes section)	<ul><li>Yes, completely</li><li>Yes, with adaptations</li><li>No (please write why in other notes section)</li></ul>	<ul><li>☐ Yes, completely</li><li>☐ Yes, with adaptations</li><li>☐ No (please write why in other notes section)</li></ul>	<ul> <li>Yes, completely</li> <li>Yes, with adaptations</li> <li>No (please write why in other notes section)</li> </ul>
Please indicate adaptations made, if any:	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>
Please detail adaptations made:				
Please describe any challenges experienced:				
Did your lesson include a Cultural Teaching (Poem, Song, Activity)?  Yes No	How engaged were youth during this lesson?  Very Engaged Somewhat Engaged Not Engaged	Other Notes:		

# Lesson 2 Media Literacy- Is We R Native a Reliable Resource?

Date: Facilitator(s): Location of Lesson:	Start Time: Stop Time:	
Please write first and last names of youth participants		
who attended this lesson		

# Lesson 2 Fidelity Log: Media Literacy: Is We R Native a Reliable Resource?

Core Content	Welcome and Group Check	Values and Group	Is We R Native a Reliable	Closing
Components:	In	Agreements	Resource?	Reflection on learning
	<ul> <li>Welcome participants</li> </ul>	<ul> <li>Review vocabulary</li> </ul>	Introduce activity	<ul> <li>Preview of next class</li> </ul>
	Question Box Q&A	Criteria Activity	Small Group Activity/	Cultural Teaching (if time allows)
	Media Wave group	Review 5 key Media     Hitarani Canaganta	Handout	
	energizer	Literacy Concepts	<ul> <li>Activity Review and Group Sharing</li> </ul>	
Did you complete these	Yes, completely	Yes, completely	Yes, completely	Yes, completely
Core Content	Yes, with adaptations	Yes, with adaptations	Yes, with adaptations	Yes, with adaptations
Components?	No (please write why in other notes section)	No (please write why in other notes section)	No (please write why in other notes section)	☐ No (please write why in other notes section)
Please indicate	☐ Activity Timing	☐ Activity Timing	☐ Activity Timing	☐ Activity Timing
adaptations made, if any:	Instructional Methods	Instructional Methods	Instructional Methods	Instructional Methods
	☐ Content	☐ Content	☐ Content	☐ Content
	<ul><li>Order of Activities</li><li>Cultural Adaptation</li></ul>	Order of Activities	Order of Activities	Order of Activities
	<ul><li>Cultural Adaptation</li><li>Other:</li></ul>	<ul><li>Cultural Adaptation</li><li>Other:</li></ul>	<ul><li>Cultural Adaptation</li><li>Other:</li></ul>	<ul><li>Cultural Adaptation</li><li>Other:</li></ul>
Please detail adaptations made:				
Please describe challenges experienced:				
Did your lesson include a	How engaged were youth	Other Notes:	,	
Cultural Teaching (Poem,	during this lesson?			
Song, Activity)?	Very Engaged			
☐ Yes	☐ Somewhat Engaged			
☐ No	■ Not Engaged			

# **Lesson 3 Drugs and Alcohol Research and Report**

Date: Facilitator(s): Location of Lesson:	Start Time: Stop Time:	
Please write first and last names of youth participants		
who attended this lesson		

# Lesson 3 Fidelity Log: Drugs and Alcohol Research and Report

Core Content Components:	<ul> <li>Welcome and Introductions</li> <li>Welcome Participants</li> <li>Question Box Q&amp;A</li> <li>A Friend that Strengthens Me Group Energizer</li> </ul>	Introducing Lesson Concepts and Drugs/ Alcohol Research and Report  Review lesson topics Review lesson vocabulary Small Group Research Activity Large Group Sharing	I Strengthen My Nation Video  Video Introduction and Viewing  Large Group Discussion  Homework review	<ul> <li>Closing</li> <li>Reflection on learning</li> <li>Preview of next class</li> <li>Cultural teaching (if time allows)</li> </ul>
Did you complete these Core Content Components?	<ul><li>Yes, completely</li><li>Yes, with adaptations</li><li>No (please write why in other notes section)</li></ul>	<ul><li>Yes, completely</li><li>Yes, with adaptations</li><li>No (please write why in other notes section)</li></ul>	<ul><li>Yes, completely</li><li>Yes, with adaptations</li><li>No (please write why in other notes section)</li></ul>	<ul><li>☐ Yes, completely</li><li>☐ Yes, with adaptations</li><li>☐ No (please write why in other notes section)</li></ul>
Please indicate adaptations made, if any:	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>
Please detail adaptations made:				
Please describe challenges experienced:				
Did your lesson include a Cultural Teaching (Poem, Song, Activity)?  Yes No	How engaged were youth during this lesson?  Very Engaged Somewhat Engaged Not Engaged	Other Notes:		

# **Lesson 4 Ask Auntie**

Date: Facilitator(s): Location of Lesson:	Start Time: Stop Time:	
Please write first and last names of youth participants who attended this		
lesson		

# Lesson 4 Fidelity Log: Ask Auntie

Core Content Components:	Welcome and Group Check In  Welcome Participants  Question Box Q&A	<ul> <li>Introducing Lesson Concepts</li> <li>Review Homework/         Discuss Health Lines</li> <li>Ask Auntie Intro Video</li> </ul>	Ask Auntie Worksheet and Team Role Play      Ask Auntie Research and Report     Large Group Sharing     Team Discussions     Role Play     Large Group Discussion	<ul><li>Closing</li><li>Final Reflection</li><li>Preview of next class</li></ul>
Did you complete these	Yes, completely	Yes, completely	Yes, completely	Yes, completely
Core Content Components?	<ul><li>Yes, with adaptations</li><li>No (please write why in other notes section)</li></ul>	<ul><li>Yes, with adaptations</li><li>No (please write why in other notes section)</li></ul>	<ul><li>Yes, with adaptations</li><li>No (please write why in other notes section)</li></ul>	<ul><li>Yes, with adaptations</li><li>No (please write why in other notes section)</li></ul>
Please indicate adaptations made, if any:	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>
Please detail adaptations made:				
Please describe challenges experienced:				
Did your lesson include a Cultural Teaching (Poem, Song, Activity)?  Yes No	How engaged were youth during this lesson?  Very Engaged Somewhat Engaged Not Engaged	Other Notes:		

## **Lesson 5 Native VOICES Video**

Date: Facilitator(s): Location of Lesson:	Start Time: Stop Time:	
Please write first and last names of youth participants who attended this lesson		

# Lesson 5 Fidelity Log: Native VOICES Video

Core Content Components:	Welcome and Group Check In  Welcome Participants Question Box Q&A Protection Brainstorm	<ul> <li>Introducing Lesson Concepts</li> <li>Review vocabulary</li> <li>Criteria Activity</li> <li>Review 5 key Media Literacy Concepts</li> </ul>	Native VOICES Video and Review  Distribute worksheet  Watch Video  Large Group Discussion	<ul><li>Closing</li><li>Final Reflection</li><li>Preview of next class</li></ul>
Did you complete these	Yes, completely	<ul><li>Yes, completely</li><li>Yes, with adaptations</li></ul>	<ul><li>Yes, completely</li><li>Yes, with adaptations</li></ul>	<ul><li>Yes, completely</li><li>Yes, with adaptations</li></ul>
Core Content Components?	<ul><li>Yes, with adaptations</li><li>No (please write why in other notes section)</li></ul>	No (please write why in other notes section)	<ul><li>Yes, with adaptations</li><li>No (please write why in other notes section)</li></ul>	No (please write why in other notes section)
Please indicate adaptations made, if any:	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>
Please detail adaptations made:				
Please describe challenges experienced:				
Did your lesson include a Cultural Teaching (Poem, Song, Activity)?  Yes No	How engaged were youth during this lesson?  Very Engaged Somewhat Engaged Not Engaged	Other Notes:		

# Lesson 6 Healthy Relationships, Personal Rules and Consent

Date: Facilitator(s): Location of Lesson:	Start Time: Stop Time:	
Please write first and last names of youth participants		
who attended this lesson		

# Lesson 6 Fidelity Log: Healthy Relationships, Personal Rules and Consent

Core Content Components:	Welcome and Group Check In  Welcome Participants  Question Box Q&A  Healthy/ Unhealthy Relationship Brainstorm  Brainstorm Debrief Discussion	Native VOICES Personal Rules • Personal Rules Worksheet	Consent Discussion and Report  Small Group Discussions  Large Group Presentations	<ul> <li>Closing</li> <li>Reflection on learning</li> <li>Preview of next class</li> <li>Cultural Teaching (if time allows)</li> </ul>
Did you complete these Core Content Components?	<ul><li>Yes, completely</li><li>Yes, with adaptations</li><li>No (please write why in other notes section)</li></ul>	<ul> <li>Yes, completely</li> <li>Yes, with adaptations</li> <li>No (please write why in other notes section)</li> </ul>	<ul> <li>Yes, completely</li> <li>Yes, with adaptations</li> <li>No (please write why in other notes section)</li> </ul>	<ul><li>Yes, completely</li><li>Yes, with adaptations</li><li>No (please write why in other notes section)</li></ul>
Please indicate adaptations made, if any:	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>
Please detail adaptations made:				
Please describe challenges experienced:				
Did your lesson include a Cultural Teaching (Poem, Song, Activity)?  Yes No	How engaged were youth during this lesson?  Very Engaged Somewhat Engaged Not Engaged	Other Notes:		

## **Lesson 7 We Need You Here**

Date: Facilitator(s): Location of Lesson:	Start Time: Stop Time:	
Please write first and last names of youth participants who attended this		
lesson		

# Lesson 7 Fidelity Log: We Need You Here

Core Content Components:	Welcome and Group Check In  Welcome Participants Question Box Q&A Cultural Teaching	<ul> <li>Introducing Lesson Concepts</li> <li>Introduction</li> <li>Safety Statement</li> <li>Vocabulary (if time allows)</li> <li>We Need You Here Videos</li> </ul>	Suicide Prevention Research Guide, Personal Support Plan, and Supporting Each Other  Suicide Prevention Research Worksheet Large Group Discussion My Support Plan We Need You Here Signmaking	<ul> <li>Closing</li> <li>Reflection on learning</li> <li>Preview of next class</li> </ul>
Did you complete these Core Content Components?	<ul> <li>Yes, completely</li> <li>Yes, with adaptations</li> <li>No (please write why in other notes section)</li> </ul>	<ul> <li>Yes, completely</li> <li>Yes, with adaptations</li> <li>No (please write why in other notes section)</li> </ul>	<ul> <li>Yes, completely</li> <li>Yes, with adaptations</li> <li>No (please write why in other notes section)</li> </ul>	<ul><li>☐ Yes, completely</li><li>☐ Yes, with adaptations</li><li>☐ No (please write why in other notes section)</li></ul>
Please indicate adaptations made, if any:	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>
Please detail adaptations made:				
Please describe challenges experienced:				
Did your lesson include a Cultural Teaching (Poem, Song, Activity)?  Yes No	How engaged were youth during this lesson?  Uery Engaged Somewhat Engaged Not Engaged	Other Notes:		

# Lesson 8 Stand Up. Stand Strong.

Date: Facilitator(s): Location of Lesson:	Start Time: Stop Time:	
Please write first and last names of youth participants who attended this		
lesson		

# Lesson 8 Fidelity Log: Stand Up. Stand Strong.

Core Content Components:	<ul> <li>Welcome and Introductions</li> <li>Welcome Participants</li> <li>Question Box Q&amp;A</li> <li>The Sacred Circle Activity</li> </ul>	<ul> <li>Introducing Lesson Concepts</li> <li>Introduction</li> <li>Safety Statement</li> <li>Vocabulary (if time allows)</li> </ul>	<ul> <li>Bullying Research Guide</li> <li>Bullying Research         Worksheet</li> <li>Large Group Sharing</li> <li>Bullying Intervention         Brainstorm</li> </ul>	<ul> <li>Snowball Game and Closing</li> <li>Snowball Game</li> <li>Final Reflection</li> <li>Preview of next class</li> </ul>
Did you complete these Core Content Components?	<ul><li>☐ Yes, completely</li><li>☐ Yes, with adaptations</li><li>☐ No (please write why in other notes section)</li></ul>	<ul> <li>Yes, completely</li> <li>Yes, with adaptations</li> <li>No (please write why in other notes section)</li> </ul>	<ul> <li>Yes, completely</li> <li>Yes, with adaptations</li> <li>No (please write why in other notes section)</li> </ul>	<ul> <li>Yes, completely</li> <li>Yes, with adaptations</li> <li>No (please write why in other notes section)</li> </ul>
Please indicate adaptations made, if any:	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>
Please detail adaptations made:				
Please describe challenges experienced:				
Did your lesson include a Cultural Teaching (Poem, Song, Activity)?  Yes No	How engaged were youth during this lesson?  Uery Engaged Somewhat Engaged Not Engaged	Other Notes:		

# **Lesson 9 Make a Difference in Your Community**

Date: Facilitator(s): Location of Lesson:	Start Time: Stop Time:	
Please write first and last names of youth participants who attended this		
lesson		

# Lesson 9 Fidelity Log: Make a Difference in Your Community

Core Content Components:	Welcome and Group Check In  Welcome Participants Question Box Q&A Cultural Teaching	Introducing Lesson Concepts  Introduction Vocabulary	Activism Gallery Walk and Making a Difference     Gallery Walk     Group Presentations     Cultural Teaching/Quote     Making a Difference     Worksheet     Large Group Sharing     Activity Recap	<ul><li>Closing</li><li>Reflection on learning</li><li>Preview of next class</li></ul>
Did you complete these Core Content Components?	<ul><li>Yes, completely</li><li>Yes, with adaptations</li><li>No (please write why in other notes section)</li></ul>	<ul><li>Yes, completely</li><li>Yes, with adaptations</li><li>No (please write why in other notes section)</li></ul>	<ul><li>Yes, completely</li><li>Yes, with adaptations</li><li>No (please write why in other notes section)</li></ul>	<ul> <li>Yes, completely</li> <li>Yes, with adaptations</li> <li>No (please write why in other notes section)</li> </ul>
Please indicate adaptations made, if any:	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>
Please detail adaptations made:				
Please describe challenges experienced:				
Did your lesson include a Cultural Teaching (Poem, Song, Activity)?  Yes No	How engaged were youth during this lesson?  Very Engaged Somewhat Engaged Not Engaged	Other Notes:		

# **Lesson 10 Make a Plan for Your Community**

Date: Facilitator(s): Location of Lesson:	Start Time: Stop Time:	
Please write first and last names of youth participants who attended this		
lesson		

# Lesson 10 Fidelity Log: Make a Plan for Your Community

Core Content Components:	Welcome and Group Check In  Welcome Participants Question Box Q&A Cultural Teaching	<ul> <li>Make a Plan Activity</li> <li>Introduction</li> <li>Project Idea Brainstorm/ Application</li> <li>Presentations</li> </ul>	Recap of We R Native  Review Lesson Topics  Student Feedback	<ul> <li>Closing</li> <li>Final Reflection</li> <li>Cultural Teaching</li> <li>Next Steps for Participants</li> </ul>
Did you complete these Core Content Components?	<ul><li>Yes, completely</li><li>Yes, with adaptations</li><li>No (please write why in other notes section)</li></ul>	<ul><li>Yes, completely</li><li>Yes, with adaptations</li><li>No (please write why in other notes section)</li></ul>	<ul><li>Yes, completely</li><li>Yes, with adaptations</li><li>No (please write why in other notes section)</li></ul>	<ul><li>Yes, completely</li><li>Yes, with adaptations</li><li>No (please write why in other notes section)</li></ul>
Please indicate adaptations made, if any:	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>	<ul> <li>□ Activity Timing</li> <li>□ Instructional Methods</li> <li>□ Content</li> <li>□ Order of Activities</li> <li>□ Cultural Adaptation</li> <li>□ Other:</li> </ul>
Please detail adaptations made:				
Please describe challenges experienced:				
Did your lesson include a Cultural Teaching (Poem, Song, Activity)?  Yes No	How engaged were youth during this lesson?  Very Engaged Somewhat Engaged Not Engaged	Other Notes:		