WE R NATIVE
An Evidence Informed Adolescent Health Program for American Indian and Alaskan Native Youth (13-18 Years Old)

The We R Native Curriculum is a comprehensive program for American Indian and Alaskan Native Youth. This program engages youth in learning more about a range of health topics that impact their wellbeing, while also learning important media literacy skills and exploring culturally relevant content.

Program Components
The We R Native program has several key components that can be utilized to support implementation in a variety of ways:

- WRN Website
- 10 Session Curriculum
- Text Messaging Line
- Community Service Grants
- WRN Ambassador Program

The program uses multi-media approaches and technology to help youth learn important information about Alcohol and Drugs, Sexual Health, Healthy Relationships, Consent and Personal Limit Setting, Suicide and Bullying. The We R Native website has information that youth can engage with as they learn about the topics in the 10 Session Curriculum. The Text Messaging line can help reinforce learning for students throughout the year. The curriculum also incorporates sessions for planning a service-learning project, which encourages youth to identify ways to strengthen their communities and apply their learning. Grants are available to support the service-learning projects. Youth around the country participate in the We R Native Ambassador Program to take their leadership to the next level and make a positive difference in their own communities.

We R Native Curriculum Outline

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<th>Unit 1: Introducing WRN Program &amp; Website</th>
<th>Unit 2: I Strengthen My Nation</th>
<th>Unit 3: Native VOICES</th>
<th>Unit 4: We Are Connected</th>
<th>Unit 5: Make a Difference</th>
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<td>• We R Native Introduction</td>
<td>• Drugs and Alcohol Research and Report</td>
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<td>• Media Literacy: Is WRN a Reliable Resource?</td>
<td>• Ask Auntie (Asking for Help &amp; Alcohol and Drug Prevention)</td>
<td>• Native VOICES Video (Sexual Health &amp; Relationships)</td>
<td>• We Need You Here (Suicide Prevention)</td>
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<td>• Healthy Relationships, Personal Rules, and Consent</td>
<td>• Stand Up, Stand Strong (Bullying Prevention)</td>
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<td>• Make a Difference in Your Community</td>
<td>• Make a Plan for Your Community</td>
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Program Evaluation
The We R Native curriculum is currently undergoing evaluation as part of the Inter-Tribal Council of Michigan’s Tribal PREP grant. Results from this evaluation are expected in 2020.

Program Implementation
A toolkit of resources are available to support organizations implementing the We R Native Program:

- We R Native Website
- We R Native Teachers Guide
- 3-Day Facilitator Training and Ongoing Technical Assistance
- Fidelity Monitoring Guide
- Printable Student Handouts
- Healthy Native Youth Community of Practice

For more information, please contact the Northwest Portland Indian Health Board:
HealthyNativeYouth.org  |  (503) 416-3290  |  Native@npaihb.org  |  Text HEALTHY to 97779