

WERNATIVE

Help Spread the Word

We R Native is a multimedia health resource for Native teens and young adults, developed by the Northwest Portland Area Indian Health Board. We hope you will use the service to spark youth's interest in community service, health and wellness, and important issues that affect Native people.



Things you can do:

1. Help a group of youth plan and carry out a community service project in your community. **We R Native** is offering up to \$475 to young people who come up with a plan to improve their community. Consider using this as a class project or a prevention/recreation learning activity. Learn more at: www.WeRnative.org.
2. Visit our YouTube channel (www.youtube.com/user/wernative) and select a few videos that highlight important topics - like cultural identity or Native pride. Screen the videos with youth and facilitate a group discussion, or ask students to watch the videos on their own and write a journal response based on what they saw.
3. Each month, **We R Native** will host a new monthly contest, where youth are asked to submit a photo, video, essay, digital story, or artwork in response to a question, like "*What does being Native mean to you?*" Offer students extra credit to develop a contest entry. Or better yet, make it a class project!
4. Organize a "scavenger hunt" using the www.WeRnative.org website. Check out the website, and create 10-15 questions based on information you find. Ask students to answer the questions using only the **We R Native** website. Offer prizes to those who accurately find all the answers.
5. We know that there are other topics important to Native youth, not yet covered by the website. Have your students brainstorm topics and create a new page. Each page should include 2-3 paragraphs of text, as well as an image or link to an accompanying video. Send your submission to: native@npaihb.org

6. Check out the Gear Page (<http://wernative.org/GearHome.aspx>) to access **We R Native**, fact sheets, posters and other gear. Print and use these materials to help spread the word in your community:
- Make the **We R Native** logo the desktop image and www.WeRnative.org the website landing page for computers in your computer lab.
 - Print and pass out the **We R Native** fact sheets to youth and parents.
 - Order a **We R Native** Promo Kit and put the **We R Native** logo or tip card in your Tribe's Newspaper/Newsletter.
 - Share **We R Native** stickers, business cards, and text message cards with teens and young adults.

All of these materials are also available at:

www.npaihb.org/epicenter/project/curricula_and_interventions/.

7. Finally, stay connected:

- Join our text messaging service: Text "NATIVE" to 24587
- Like our Facebook© page:
www.facebook.com/pages/We-R-Native/247261648626123
- Subscribe to our YouTube© Channel: www.youtube.com/user/weRnative
- Follow us on Twitter: twitter.com/weRnative
- And join our email listserv - text "YouthNews" to 22828 or visit:
[//visitor.r20.constantcontact.com/manage/optin/ea?v=001zyOLOEKlyAbJJL6k3s80Lw%3D%3D](http://visitor.r20.constantcontact.com/manage/optin/ea?v=001zyOLOEKlyAbJJL6k3s80Lw%3D%3D)

Let us know what works for you!

We would love to hear how you are using **We R Native** in the classroom or your afterschool program. We will share your ideas with other programs and agencies using **We R Native**. Share ideas or pictures at: native@npaihb.org.