**<Insert District or School Name>**

**Needs and Resource Assessment**

**<Insert School Year(s)>**

Started <Date>

Completed <Date>

Completed by <Name(s) of person(s) completing assessment>

On behalf of <Organization (e.g., SHAC)>

<Contact information for main person completing assessment>

# I. Key district/school staff information

[List the names of vital district/school staff members, their contact information, and their role within the district/school. Vital staff includes staff who may be involved in the planning of any sexual health education program or tracking of student data.]

|  |  |  |
| --- | --- | --- |
| **Organization Staff** |  |  |
| Name & Role Within District/School | Contact e-mail/phone number | Comments |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

# II. Understanding your student population

## Demographics

[Complete this section to describe your district’s or school’s population. This information will assist you in selecting a sexual health education program that fits your target population. Estimate the percent distribution in each of the following categories. Recommended data sources: District Accountability and Research Department; Student Services; Texas Education Agency.]

|  |  |  |
| --- | --- | --- |
| **Characteristic** | | **Percent a** |
| **Race/Ethnicity** | | |
|  | White/Caucasian, Non-Hispanic | \_\_\_\_\_\_\_ |
|  | Black/African American, Non-Hispanic | \_\_\_\_\_\_\_ |
|  | Hispanic/Latino | \_\_\_\_\_\_\_ |
|  | American Indian/Alaska Native | \_\_\_\_\_\_\_ |
|  | Asian/Pacific Islander | \_\_\_\_\_\_\_ |
|  | Other | \_\_\_\_\_\_\_ |
| **Age group** | | |
|  | 10-13 | \_\_\_\_\_\_\_ |
|  | 14-15 | \_\_\_\_\_\_\_ |
|  | 16+ | \_\_\_\_\_\_\_ |
| **Gender** | | |
|  | Male | \_\_\_\_\_\_\_ |
|  | Female | \_\_\_\_\_\_\_ |
| **Primary Language** | | |
|  | English only | \_\_\_\_\_\_\_ |
|  | Spanish only | \_\_\_\_\_\_\_ |
|  | Language other than English | \_\_\_\_\_\_\_ |
|  | Don’t know | \_\_\_\_\_\_\_ |
| **Free/Reduced Lunch** | | |
|  | Percent who qualify for free or reduced lunch | \_\_\_\_\_\_\_ |

a Data source: <Insert data source>

## Teen Births

[Complete this section to help you estimate the magnitude of the teen birth rate in your area. Insert the local teen birth rate in your community, which may be at the district, zip code, county, or city level. This information will assist you in selecting a sexual health education program that fits for your target population. Additionally, this information can be used to help you make the case for teen pregnancy prevention to stakeholders in your district/school. ]

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Teen Births | US a  (rate or %) | Texas b  (rate or %) | Local c  (rate or %) | Notes |
| **Total teen births** | | | | |
| Births to girls 15-19 years old | 27.0 | 44.4 | \_\_\_\_\_\_\_\_\_\_ |  |
| **Teen births by race/ethnicity** | | | | |
| White, Non-Hispanic | 19.0 | 26.3 | \_\_\_\_\_\_\_\_\_\_ |  |
| Black, Non-Hispanic | 39.0 | 44.1 | \_\_\_\_\_\_\_\_\_\_ |  |
| Hispanic/Latino | 42.0 | 62.0 | \_\_\_\_\_\_\_\_\_\_ |  |
| American Indian/Alaska Native | 31.0 |  | \_\_\_\_\_\_\_\_\_\_ |  |
| Asian/Pacific Islander | 9.0 |  | \_\_\_\_\_\_\_\_\_\_ |  |
| **Teen births by age** | | | | |
| Girls 10-14 years old | 1% | 1% | \_\_\_\_\_\_\_\_\_\_ |  |
| Girls 15-17 years old | 12.0 | 23.4 | \_\_\_\_\_\_\_\_\_\_ |  |
| Girls 18-19 years old | 47.0 | 76.6 | \_\_\_\_\_\_\_\_\_\_ |  |
| **Repeat/subsequent births by age** | | | | |
| Girls 15-17 years old | 9% | 10% | \_\_\_\_\_\_\_\_\_\_ |  |
| Girls 18-19 years old | 22% | 26% | \_\_\_\_\_\_\_\_\_\_ |  |
| ***Note*: Rates are per 1,000 females (e.g., the total teen birth rate to girls 15-19 years old in 2013 was 27.0 per 1,000 girls)**  **a Data source: The National Campaign to Prevent Teen and Unplanned Pregnancy, 2013 data**  **b Data source: The National Campaign to Prevent Teen and Unplanned Pregnancy, 2012 data**  **c Data source: <Insert data source>** | | | | |

## Teen Pregnancy

[Complete this section to help you estimate the number of teen pregnancies in your school or in your district by school. This information will help you in selecting your target population and can be used to help you advocate for teen pregnancy prevention to key stakeholders. If you do not know the number of teen pregnancies, estimate the number of students who are participating in the Pregnancy, Education and Parenting Program and/or the Parenting and Paternity Awareness Program. Recommended data sources: Accountability and Research Department; Data Department.]

|  |  |  |
| --- | --- | --- |
| School | Number of pregnancies a | Notes |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

a Data source: <Insert data source>

## STDs (if available)

[Complete this section if you would like to monitor additional outcomes related to adolescent sexual health, such as sexually transmitted diseases (STDs), in your district. These data may be difficult to find for your school district. Local data may include district, zip code, county, or city level data. Gathering this type of information may further assist you in identifying your target population. Additionally, consider other outcomes that may be influenced by teen pregnancy or STDs, such as school dropout rates or absenteeism. This type of information may be useful when advocating for teen pregnancy prevention to district decision-makers and/or funders.]

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Sexually Transmitted Diseases**  **(youth aged 15-19 years)** | **US\***  **(rate/percent)** | **State\***  **(rate/percent)** | **Local\*\*** | **Notes** |
| Chlamydia | 1583.46 | 1656.27 | \_\_\_\_\_\_\_\_\_\_ |  |
| Gonorrhea | 459.85 | 513.79 | \_\_\_\_\_\_\_\_\_\_ |  |
| HIV |  |  |  |  |
| Other:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | \_\_\_\_\_\_\_\_\_\_ | \_\_\_\_\_\_\_\_\_\_ | \_\_\_\_\_\_\_\_\_\_ |  |

*Note:* Rates are per 100,000 individuals (e.g., the Gonorrhea rate was 459.85 per 100,000 youth aged 15-19 years)

\*Data source: The Centers for Disease Control and Prevention (CDC) WONDER Online Database, 2013. http://wonder.cdc.gov/std-std-race-age.html

\*\*Recommended data source: State/City Health Department; District Data Department; District Accountability and Research Department; District School-Based or School-Linked Clinic

## Sexual Behaviors (if available)

[Complete this section if you would like to estimate and monitor the prevalence of sexual behaviors in your district. These data may be difficult to find for your school district. Some districts may choose to conduct a survey or in-depth interview to get a better idea of how many students are sexually experienced in the district; a sample Sexual Behavior Survey is provided in the Templates section. Getting this information from students may take some time and resources, but the information gathered can be helpful when selecting a program. Recommended data sources: Youth Risk Behavior Survey (for Houston and Dallas ISD); District Wellness Coordinator.]

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Outcomes** | | **Year** | **US\***  **(percent)** | **State\***  **(percent)** | **Local \*\*** | **Notes** |
| **Sexually Experienced** | | | | | |  |
|  | Proportion of youth who have ever had sex | 2013 | 46.8 | 45.9 | \_\_\_\_\_\_\_\_\_\_ |  |
| **Sexually Experienced by Gender** | | | | | |  |
|  | Male | 2013 | 47.5 | 48.5 | \_\_\_\_\_\_\_\_\_\_ |  |
|  | Female | 2013 | 46.0 | 43.4 | \_\_\_\_\_\_\_\_\_\_ |  |
| **Sexually Experienced by Race/Ethnicity** | | | | | |  |
|  | White | 2013 | 43.7 | 43.6 | \_\_\_\_\_\_\_\_\_\_ |  |
|  | Black | 2013 | 60.6 | 57.0 | \_\_\_\_\_\_\_\_\_\_ |  |
|  | Hispanic | 2013 | 49.2 | 45.9 | \_\_\_\_\_\_\_\_\_\_ |  |
| **Sexually Experienced by Grade** | | | | | | |
|  | 9th Grade | 2013 | 30.0 | 33.1 | \_\_\_\_\_\_\_\_\_\_ |  |
|  | 10th Grade | 2013 | 41.4 | 38.9 | \_\_\_\_\_\_\_\_\_\_ |  |
|  | 11th Grade | 2013 | 54.1 | 51.5 | \_\_\_\_\_\_\_\_\_\_ |  |
|  | 12th Grade | 2013 | 64.1 | 63.1 | \_\_\_\_\_\_\_\_\_\_ |  |
| **Contraceptive Use** | | | | | | |
|  | Proportion of youth who did not use a condom during last sexual intercourse | 2013 | 40.9 | 47.1 | \_\_\_\_\_\_\_\_\_\_ |  |
|  | Proportion of youth who did not use birth control (pills, injection, ring, implant, or IUD) before last sexual intercourse | 2013 | 74.7 | 79.8 | \_\_\_\_\_\_\_\_\_\_ |  |
| **Dating Violence** | | | | | | |
|  | Proportion of youth who have ever experienced sexual dating violence | 2013 | 10.4 | 11.1 | \_\_\_\_\_\_\_\_\_\_ |  |

\*Data source: The Centers for Disease Control (CDC) Youth Risk Behavior Surveillance System, 2013

# III. Identifying District Advocates for Sexual Health Education

[In the space below, list all district staff that are supportive of sexual health education in your district and may be willing to support your planning efforts. These staff may or may not be directly involved in the planning or implementation process; however, they should be willing to express support for the program to key decision makers. List their contact information and their role within the district. Collecting this information will be helpful during the approval and implementation process.]

|  |  |  |
| --- | --- | --- |
| **Advocates for Sexual Health Education** | | |
| Name & Role Within District/School | Contact e-mail/phone number | Comments |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

# IV. Understanding Parents’ Support for Sexual Health Education in Your District

[In the table below, estimate the number/percent of parents in your district who support sexual health education by each of the categories listed below. These data may be difficult to find in your school district. Some districts may choose to conduct a short survey or focus groups to get a better idea of the type of sexual health education parents’ support and when they believe sexual health education should begin. Gathering this information may take some time and resources, but the information you find will be helpful when advocating for sexual health education to key decision makers in your district. Refer to the Parent Views in Helpful Links for some previous research findings with parents. You may also use the Parent Poll Survey in the Templates section to download a survey to use with parents in your own district.]

|  |  |  |  |
| --- | --- | --- | --- |
|  | Harris County\* | Local\*\* | Notes |
| Parents who think sex education should start in middle school or earlier | 78% |  |  |
| Parents who think sex education should start in high school | 13% |  |  |
| Parents who think sex education should include abstinence plus teaching condoms/contraceptives | 66% |  |  |
| Parents who think sex education should include abstinence-only | 27% |  |  |
| Parents who think that students should be taught medically accurate information on condoms and contraception starting in middle school or earlier | 64% |  |  |
| Parents who think that students should be taught medically accurate information on condoms and contraception starting in high school | 28% |  |  |

\*Data source: Tortolero R, Johnson K, Peskin M, et al. (2011). Dispelling the myth: what parents really think about sex education in schools. *Journal of Applied Research on Children: Informing Policy for Children at Risk*, *2*(2), Art. 5. <http://digitalcommons.library.tmc.edu/childrenatrisk/vol2/iss2/5>

\*\*This information can be gathered by conducting a short survey with parents in your district. Refer to the Parent Poll Survey in the Assess section Templates to download a sample survey. You can also meet with district staff, such as the District Wellness Coordinator, Principal, and Health Teacher, to get their perceptions of what parents want in the district and summarize their thoughts in the notes columns.

## Summary of Focus Group(s)

Summary of when parents think sexual health education should begin in your district (elementary, middle or high school):

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Summary of the type of sexual health education parents want in your district (abstinence-only† or abstinence-plus ‡):

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Summary of when parents think medically accurate information about condoms and contraceptives should begin (elementary, middle or high school):

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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†Abstinence only includes programs that emphasize abstinence from all sexual behaviors. These programs do not include information about contraception or disease prevention methods.

‡Abstinence-plus includes programs that emphasize the benefits of abstinence from all sexual behaviors. These programs also include information about contraception and disease-prevention methods.

# V. Understanding your District’s Policy for Sex Education

[Complete the table below to help you identify your district’s policies regarding sexual health education. This information will be helpful when selecting and implementing an evidence-based program. Refer to the Facts & Tips on Finding Policies & Current Programs and Understanding Texas Sexual Health Laws for more information on where to find these policies and how to interpret them.]

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | | **District Sexual Health Education Policies \*** | | |
|  | **Program Policy** | | **Don’t Know** | **Notes** |
| Is your district abstinence only† or abstinence-plus‡? |  | |  |  |
|  | **Yes** | **No** | **Don’t Know** | **Notes** |
| Is sexual health education mandated in your district? |  |  |  |  |
| Is active parent consent needed for students to participate? |  |  |  |  |
| Does your district have a referral policy to outside agencies for reproductive health services? |  |  |  |  |

\*Recommended data source: District Wellness Coordinator; Superintendent; Principal; Health Teacher

†Abstinence only includes programs that emphasize abstinence from all sexual behaviors. These programs do not include information about contraception or disease prevention methods.

‡Abstinence-plus includes programs that emphasize the benefits of abstinence from all sexual behaviors. These programs also include information about contraception and disease-prevention methods.

# VI. Understanding the Current Sexual Health Education Programs in Your District

[In the table below, list the sexual health education programs that are currently being implemented in schools in your district. This information will help you determine if your current programs are evidence-based programs in addition to selecting an evidence-based program. Refer to the Finding Policies & Current Programs Facts & Tips to help you find the programs your district is currently using.]

|  |  |  |
| --- | --- | --- |
| School | Name of Current Program | Notes |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

# VII. Understanding Your District’s Resources

## Collaborations/Partnerships with Outside Organizations

[Complete this section to help you identify your district’s/school’s current partnerships or collaborations with outside organizations/agencies. List the agency’s contact information and note the type of relationship with the district/school. This information will be helpful when identifying persons who could potentially coordinate or teach the program or who could provide other resources to ensure successful implementation in your district.]

|  |  |  |
| --- | --- | --- |
| **Collaborations/Partnerships with Outside Organizations** | | |
| Organization/Contact | Contact e-mail/phone number | Relationship/contribution with District/School |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

## Staffing

[List the number of staff within the district and/or staff members from outside agencies who could potentially teach or support the implementation of the program in some capacity. This information is helpful when estimating how many schools/classes could receive the program.]

|  |  |  |
| --- | --- | --- |
| **Number of Staff** | | |
| Staff | Number within District | Number from Outside Agencies |
| Sexual Health Educators |  |  |
| Teachers |  |  |
| Nurses |  |  |
| Counselors |  |  |
| Social Workers |  |  |
| Volunteers |  |  |

## Specific District/School Resources Related to Program Implementation

[Estimate the level of resource availability in your district for each of the resources listed below. This information is helpful when selecting an evidence-based program as some programs require more resources than others. If there are resources that you feel are inadequate, list possible strategies to build the resource. Refer to the Building Resources Facts & Tips for some example strategies, and be sure to discuss these strategies with key staff.]

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Resources** | | | | | | |
| Resource | Available? | | | | | Strategy to get resource, if needed |
| Is funding available to purchase copies of the program for each campus? | 1  No funding is available to purchase copies of the program | 2 | 3 | 4 | 5  Funding is available to purchase copies for all campuses |  |
| Do all schools have audio-visual equipment available for program use? | 1  No schools have A/V equipment | 2 | 3 | 4 | 5  All schools have A/V equipment |  |
| Do all schools have access to computers for student use? | 1  No student has access to computers | 2 | 3 | 4 | 5  All students have access to computers |  |
| What is the average class size for schools | 1  Very small | 2 | 3 | 4 | 5  Very large |  |
| Is it possible to divide classes if average class size is very large? | 1  Not at all possible | 2 | 3 | 4 | 5  Very possible |  |
| Do schools have access to a school-based health clinic on campus? | 1  No school has access to a school-based health clinic | 2 | 3 | 4 | 5  All schools have access to a school-based clinic |  |