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## SUBMIT A HEALTH CURRICULUM

**Do you have an effective health curriculum for AI/AN youth?** Consider housing it on [www.HealthyNativeYouth.org](http://www.HealthyNativeYouth.org). Our goal is to create a one-stop-shop for educators to access effective, culturally-relevant healthy decision-making curricula for American Indian and Alaska Native youth and young adults. Plus, you'll receive feedback on program uptake and reach, with the ability to update training materials and lesson plans as needed.

**PLEASE NOTE: This is just a reference check list. Please upload your curriculum at:**

[www.healthynativeyouth.org/submit](http://www.healthynativeyouth.org/submit)

**Health categories covered by the curriculum** - check all that apply:

- Sexual Health
- Healthy Relationships
- A&D Prevention or Cessation
- Tobacco Prevention or Cessation
- Violence or Bullying Prevention
- Suicide Prevention/Mental Health Promotion
- Other Healthy Life-Skills

**Age Group** - select one:

- Grades K-2
- Grades 3-5
- Middle School
- High School
- Young Adults

**LGBT Inclusive** - select one:

- Yes
- No

**Where should the program be implemented?** - select one:

- In-school
- After-school
- Community-based
- Clinic-based
- Flexible

**Duration:** \_\_\_\_\_ (I.e. # lessons/sessions at # minutes apiece over # weeks)

**Cost to Implement:** \_\_\_\_\_ (I.e. Free, \$250 per class, or \$10 per student)

**Is Teacher Training or Certification required?** - select one:

- Yes
- No

**Student to Teacher Ratio:** \_\_\_\_\_ (I.e. 10:1)

**Program Outcomes** - Check those that apply:

- Delayed sexual initiation
- Improved contraception use
- Reduced teen pregnancy
- Reduced secondary pregnancy (birth)
- Other(s): \_\_\_\_\_

**Is your curriculum an evidence-based practice?** - check all that apply:

- Tribal Best Practice
- Best Practice
- Promising Practice
- Leading Practice
- Emerging Practice

**Is your curriculum endorsed by any of the following bodies?** - check those that apply:

- N/A
- CDC's HIV Effective Interventions
- OAH's Evidence-Based Programs
- National Campaign to Prevent Teen Pregnancy's Programs That Work
- National Registry of Evidence-based Programs and Practices
- Healthy Teen Network
- Other: \_\_\_\_\_

Please provide a brief description of the program. 2-3 sentences

EXAMPLE: Native VOICES (Video Opportunities for Innovative Condom Education and Safer Sex) is a 23-minute behavioral intervention, designed to encourage condom use and HIV/STI testing among heterosexual and LGBTQ (Lesbian, Gay, Bisexual, Trans, Queer, and Two Spirit) American Indian teens and young adults 15-24 years old. The video demonstrates condom negotiation and acquisition, and the importance of talking with sexual partners about STIs.

Please upload a logo or image to feature with your curriculum.

If you would like, you can also provide a link to a video to feature with your curriculum.

Please upload a 1 or 2 page fact sheet about your program for parents or decision-makers.

**Contact Information for Person Submitting the Curriculum:**

Name: \_\_\_\_\_

Tribe or Organization: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone Number: \_\_\_\_\_

**Contact Information for Person Listed on the Website: Can be same as "submitted by."**

Name: \_\_\_\_\_

Tribe or Organization: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### CULTURAL RELEVANCE

- Describe the cultural alignment, adaptation, or tailoring process used to design the program (comment field is **400 words**).

### EVALUATION

- Describe the evaluation methods and findings for your program (comment field is **400 words**).

### REFERENCES

- Upload any reports, articles, or publications that you'd like to include with your curriculum. Please submit them in the order you would like them to appear.

### TEACHER TRAINING

- Upload any training materials to prepare a facilitator to implement the curriculum. Please label your documents clearly and submit them in the order you would like them to appear.
- Please describe any teacher training or certification requirements, if applicable (comment field is **400 words**).

### LESSON PLANS

- Facilitator Manual or Users Guide
- Student Manual (optional)
- Class Handouts & Worksheets (optional, please combine into one document)
- Teacher's Answer Sheets (optional, please combine into one document)
- Homework Assignments (optional, please combine into one document)
- Quizzes (optional)
- PowerPoint Slides for Use with Lessons (optional, please combine into one document)
- Video(s) for Use with Lessons (optional)

### SUPPORTING MATERIALS

- Please upload any other materials that you've developed to increase awareness about or use of your program. Examples include marketing or promotional materials, or materials to support parent-child communication about the topics covered in the class. Label your documents clearly and submit them in the order you would like them to appear.
  - Marketing Materials (optional, curriculum-specific posters, fliers etc.)
  - Parent Materials (optional, newsletters, parent information letter, etc.)

*Questions? Please send inquiries to Stephanie at [scraig@npaihb.org](mailto:scraig@npaihb.org)*