HEALTHY NATIVE YOUTH

CREATING "A COMMUNITY OF PRACTICE" TO SUPPORT: *HEALTHY NATIVE YOUTH*

September 12, 2018, from 10-11am PST

Introductions

Workgroup Members

- Tribal Health Educators
- Tribal Advocates
- Teachers
- School Counselors
- University Partners

- Representatives from:
  - Tribal Epidemiology Centers
  - Indian Health Services
  - National Indian Health Board
  - Office of Minority Health
  - Bureau of Indian Education
  - Cardea
  - UNITY
  - Big Brothers, Big Sisters
  - Boys & Girls Club of American Native Services
  - Other Community-Based Organizations

Website Goals

1. Provide tribal health educators and teachers with a one-stop-shop to access age-appropriate, culturally tailored sex education resources for AI/AN youth
2. Prepare tribal health educators and teachers to deliver this content
3. Measure the reach and impact of our efforts

Today's Agenda

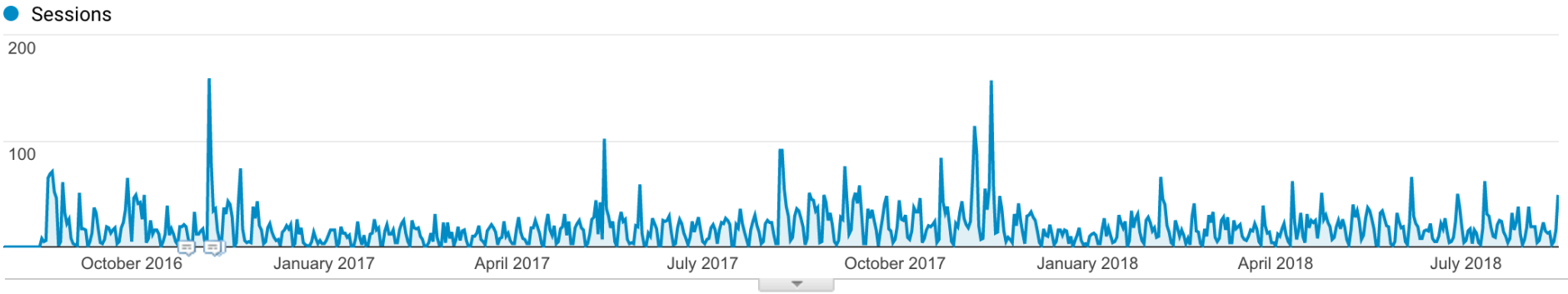
- **Background**
- **A Community of Practice**
- **Let's Check it Out:** *Healthy Native Youth* portal
- **How to Select a Curricula, using:**
  - Comparison Table
  - Curricula Tabs
- **Pros & Cons:** on choosing a curricula
- **Practice In Action – Getting Started!**

Background

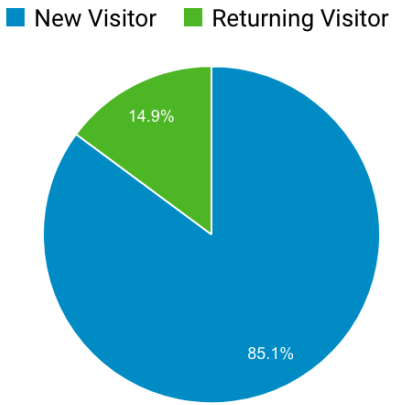
HEALTHY
NATIVE
YOUTH

Reach: Since it's launch in Aug 2016

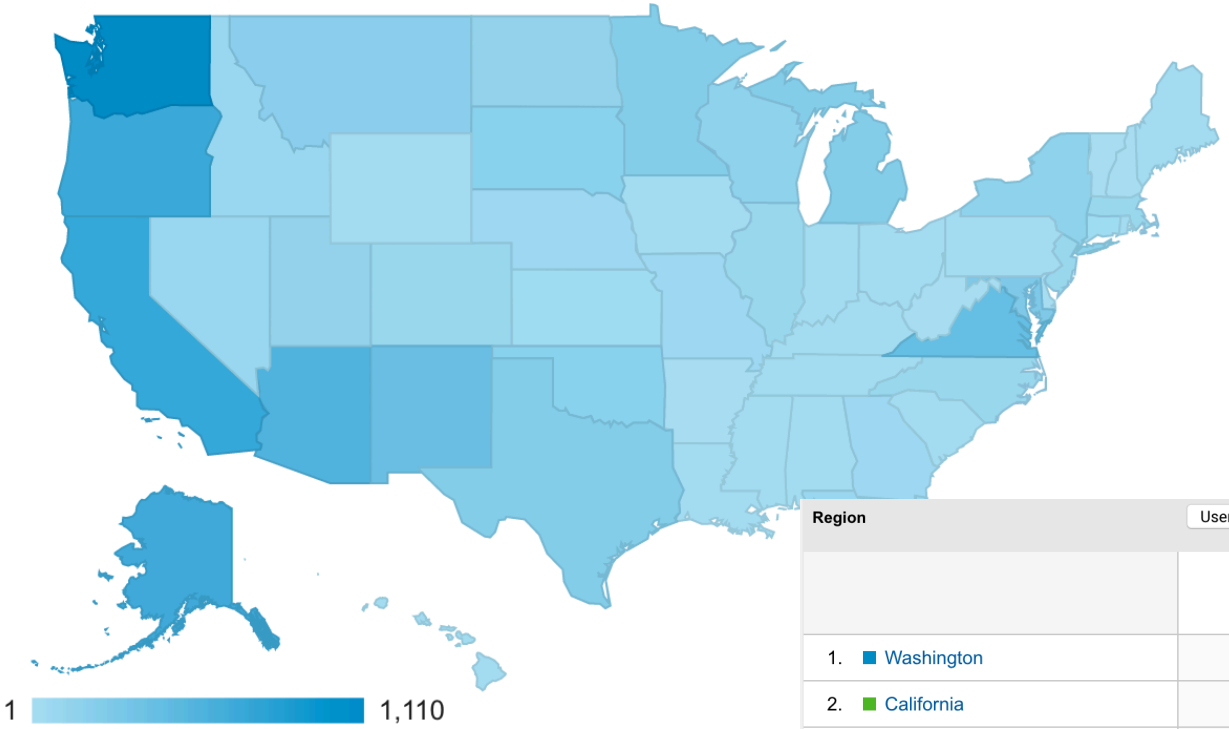
Reach



Users 9,007	New Users 9,132	Sessions 13,504
Number of Sessions per User 1.50	Pageviews 36,286	Pages / Session 2.69
Avg. Session Duration 00:03:02	Bounce Rate 46.54%	

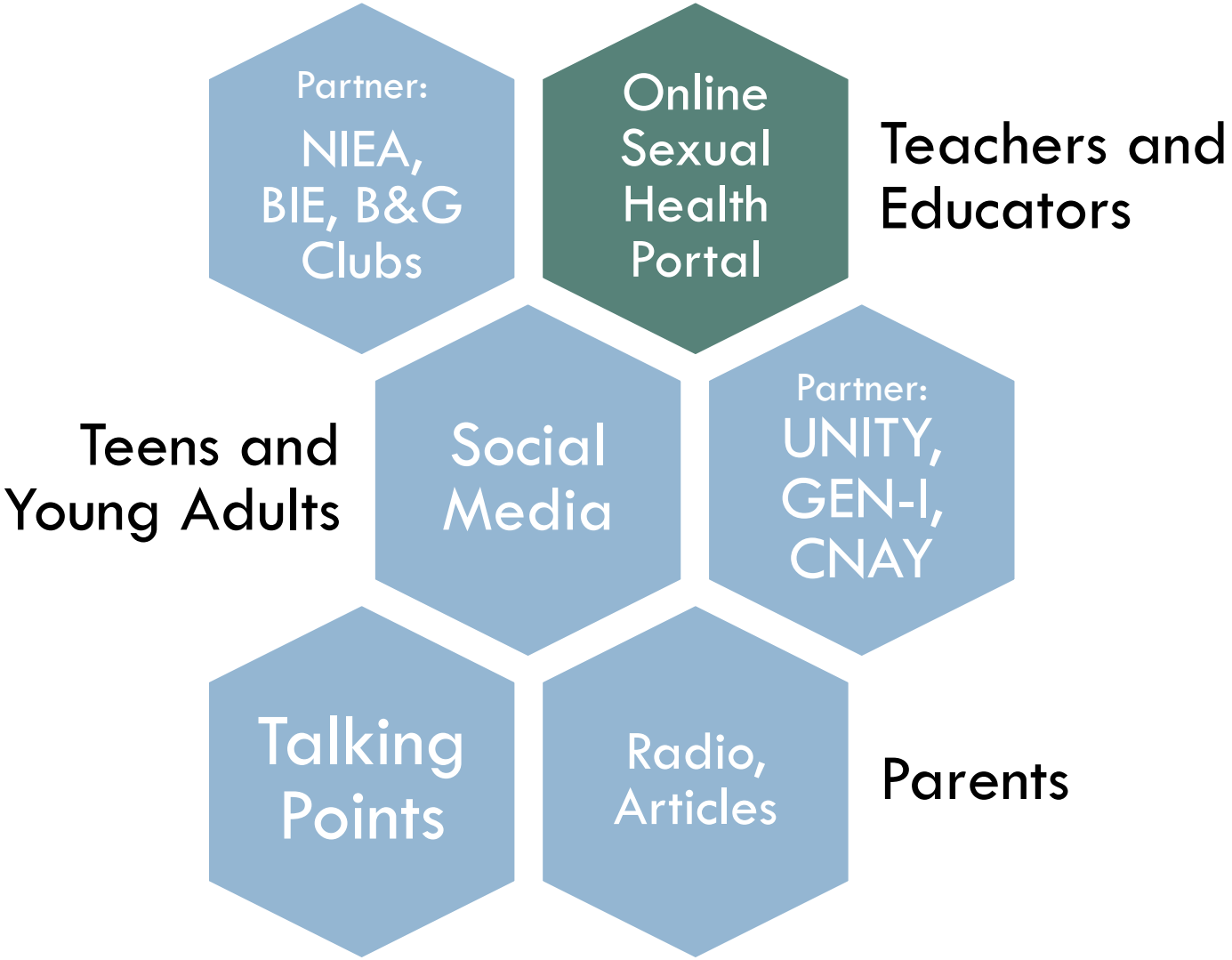


Reach



Region	Users	Users
	7,972 % of Total: 88.51% (9,007)	7,972 % of Total: 88.51% (9,007)
1. Washington	**1,110**	13.62%
2. California	**719**	8.82%
3. Oregon	**692**	8.49%
4. Alaska	**666**	8.17%
5. Arizona	**555**	6.81%
6. Virginia	**419**	5.14%
7. New Mexico	**389**	4.77%
8. Maryland	**255**	3.13%
9. Texas	**234**	2.87%
10. Michigan	**225**	2.76%

Communication Strategies



FEEDBACK

GIVE US FEEDBACK

We appreciate your feedback!

We'd like to track who is using curricula housed on the website, how many youth are being reached by each program, and improve your experience navigating the website. If you've subscribed to our listerv, we will ask you once or twice a year to return to this page to share your feedback. If you've decided not to use any of the programs on the site, that's helpful to know too. **The survey will take approximately 10 minutes to complete.**

First Name *

Last Name *

Email Address *

First, please tell us a little about yourself.

1. With what school, organization, or community are you affiliated? *

2. What is your role in your school, organization, or community? *

- [ ] Teacher

CURRICULUM SUBMISSION FORM

GIVE US FEEDBACK

Step 1 of 3

ABOUT THE PROGRAM

Health Categories (Check all that apply) *

- [ ] Sexual Health
- [ ] Healthy Relationships
- [ ] Alcohol and Drug Prevention/Cessation
- [ ] Tobacco Prevention/Cessation
- [ ] Violence or Bullying Prevention
- [ ] Suicide Prevention/Mental Health Promotion
- [ ] Other Healthy Life-Skills

Age Group Designed for *

Select One

Evidence of effectiveness (Check all that apply)

- [ ] Tribal Best Practice
- [ ] Best Practice
- [ ] Promising Practice
- [ ] Leading Practice
- [ ] Emerging Practice

Endorsements (Check those that apply)

- [ ] N/A
- [ ] CDC's HIV Effective Interventions
- [ ] OAH's Evidence-Based Programs
- [ ] National Campaign to Prevent Teen Pregnancy's

HAVE QUESTIONS?

The submission form is 3 pages long. Information entered into the form will automatically be saved so you can come back to complete it later (cookies required). If you have any questions during the submission process, or if you're not sure your program meets our criteria, please email scraig@npaihb.org before submitting the form.

Learn more about the submission process and eligibility criteria.

NOTE: The site currently includes sexual health curricula, but we are

Group Introductions

Use the Chat Box to tell us:

- Your Name
- Your role
- How long you've been at it
- Email Address

What is "A Community of Practice"?

Communities of Practice are groups of people who share a concern or a *passion* for something they do, and learn how to do it better as they interact regularly (in our case – monthly).

<u>Three characteristics</u>: a domain (shared identity), a community (who share & help), and a practice.

How Can Collaboration Serve our Youth?

- A mechanism for **collective action**
- A space to **SHARE Strengths and Expertise**
- **HELP**, it: enables another person to solve a problem, to accomplish something, or make something easier
- **PRACTICE**, involves: regular interaction to develop and share tools, concepts, resources, and capabilities for dealing with recurring problems and opportunities

Community of Practice Goals

Second Wed of every month @ 10-11am PST	Community of Practice Focus
September 12th	Using HNY to Select A Curriculum
October 10th	Organizational Approval/ Youth Recruitment
November 14th	Implementation Planning/ Fidelity Monitoring
December 12th	Parent Engagment/ How to Answer Parent Questions
January 9th	Youth Engagement: Social Media, Text Messaging
February 13th	Technical Assistance for Selected Curriculum
March 13th	Cultural Connectedness: Supporting curriculum with Enhancement Activities
April 10th	LGBTQ2S Inclusion
May 8th	Technology: Trouble-shooting Tech Issues for Online Curricula
June 12th	Tap into Online Resources: We R Native & I Know Mine
July 10th	Stay Connected: Community Engagement
August 14th	HNY Feedback Session

Rolling Topic Ideas…This is OUR Time

Can Add or Replace

- Finding the Time: Time Management Strategies
- Outside the Classroom: Managing Extra Curricular Activities (Behavior Management)
- Cultural Competency
- New to the Rez: Becoming an Ally- Understanding & Working with Tribal Communities
- Trauma Informed Practices
- ETHICS/ Human Subjects Research Training

What's Most Relevant to You?

Second Wed of every month @ 10-11am PST	Community of Practice Focus
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Use the Chat Box to tell us what you think…

Other Topics…

- Finding the Time: Time Management Strategies
- Outside the Classroom: Managing Extra Curricular Activities (Behavior Management)
- Cultural Competency
- New to the Rez: Becoming an Ally- Understanding & Working with Tribal Communities
- Trauma Informed Practices
- ETHICS/ Human Subjects Training

Let's Check it Out!

HEALTHY
NATIVE
YOUTH

find curricula

RAISING HEALTHY NATIVE YOUTH

THROUGH CULTURALLY RELEVANT HEALTH EDUCATION

ENGAGING. RELEVANT. EFFECTIVE.

Healthy Native Youth promotes age appropriate health curricula designed for American

How to Select a Curricula

HEALTHY
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YOUTH

SEXUAL HEALTH CURRICULA

GIVE US FEEDBACK

COMPARE CURRICULA

VIEW:

FILTER YOUR SEARCH

MULTIMEDIA CIRCLE OF LIFE (MCOL)

Ages: Middle School

Program Setting: Flexible

VIEW MORE

NATIVE IT'S YOUR GAME

Ages: Middle School

Program Setting: Flexible

VIEW MORE

NATIVE STAND

Ages: High School

Program Setting: Flexible

VIEW MORE

FINDING THE RIGHT CURRICULA

To be effective, health curricula must be age-appropriate, culturally-relevant, and reflect the values and learning styles of the learners being taught. Finding curricula that meet these requirements for American Indian and Alaska Native youth can be challenging. *Healthy Native Youth* is a one-stop-shop for educators and health advocates who want to expand learning opportunities for youth.

Click on the program name to learn more about each curriculum, including intended age-group, where it can be implemented, and how much time will be required. Lesson plans, handouts, and supplemental materials are also listed there. Many include recorded videos and webinars to help prepare educators to facilitate each program. Finally, we provide information about how the program was designed or adapted, and evaluated with AI/AN youth.

COMPARE ALL

NATIVE IT'S YOUR GAME

ABOUT THIS PROGRAM

Updated: 09/19/2016

Native It's Your Game (Native IYG) is a web-based HIV, STD, and pregnancy prevention curriculum for American Indian and Alaska Native (AI/AN) youth ages 12-14. Native IYG is comprised of thirteen 30-50 minute interactive lessons, which can be used in the classroom, or as an extracurricular program. The program teaches about healthy relationships, life skills, communication, and refusal skills using interactive activities, videos, games, personalized "journaling" activities, tailored feedback, and individually tailored activities. It emphasizes abstinence, but also teaches learners how to protect themselves from pregnancy and sexually transmitted infections using medically accurate information.

AGE GROUP DESIGNED FOR: Middle School

LGBT INCLUSIVE: Yes

PROGRAM SETTING: Flexible

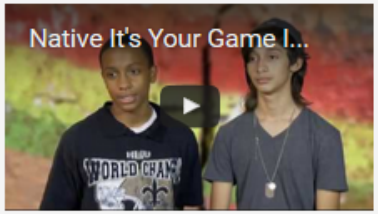
DURATION: 13 lessons (30-50 minutes each)

COST TO PURCHASE: Free

TEACHER TRAINING OR CERTIFICATION REQUIRED: No

STUDENT TO TEACHER RATIO: Any

PROGRAM OUTCOMES: Increased reasons not to have sex; Increased STI and condom knowledge; Increased condom availability self-efficacy; Increased condom use self-efficacy.



DOWNLOAD PROGRAM FACT SHEET

COMPARE

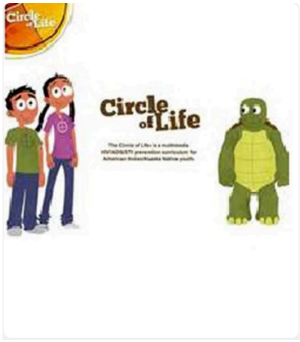
GIVE US FEEDBACK

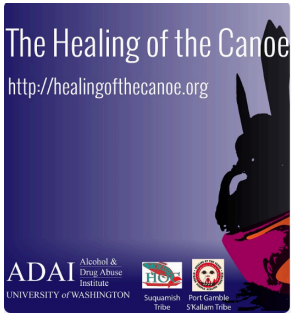
COMPARE | SHOW ALL

Check the programs you wish to compare. Then click the "Compare" button.

Name	Age	Program Setting	Duration	Cost	Student/Teacher Ratio	Certification Required	Evidence of Effectiveness	Endorsement
Multimedia Circle of Life (mCOL)	Middle School	Flexible	7 online lessons @ 20 min each + 7 group lessons @ 45 min each	Free	15:1	No	Leading Practice	Office of Minority Health
Native It's Your Game	Middle School	Flexible	13 lessons (30-50 minutes each)	Free	Any	No	Promising Practice	It's Your Game...Keep It Real is recognized as a Tier 1 intervention by TPP and by What Works 2010.
Native STAND	High School	Flexible	27 sessions (90 minutes each)	Free (plus cost of materials for class activities, roughly $500)	20:2	No	Leading Practice	N/A,
Native VOICES	High School,Young Adults	Flexible	1 lesson at 35 minutes; 1 lesson at 75 minutes; or 5 lessons at 60 minutes apiece	Free	Up to 75:1	No	Best Practice	CDC's HIV Effective Interventions,

What do you look for in a curriculum?





Use the Chat Box to tell us what you think…

Selecting Your Curricula: The Pro's & Con's

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Pro's & Con's

Pro's

- Time
- Implementation Site
- Staff Experience/ Training
- No/ Low Cost
- HNY Funding Support
- Technical Assistance
- Parent & Youth Engagement

Con's

- Time
- Implementation Site/ Equipment
- Tribal/ School Approval
- Community Support/ Trust
- Parent & Youth Engagement

What concerns do you have about selecting a curriculum?

Use the Chat Box to tell us what you think…

Image Source: Google Images

Practice in Action

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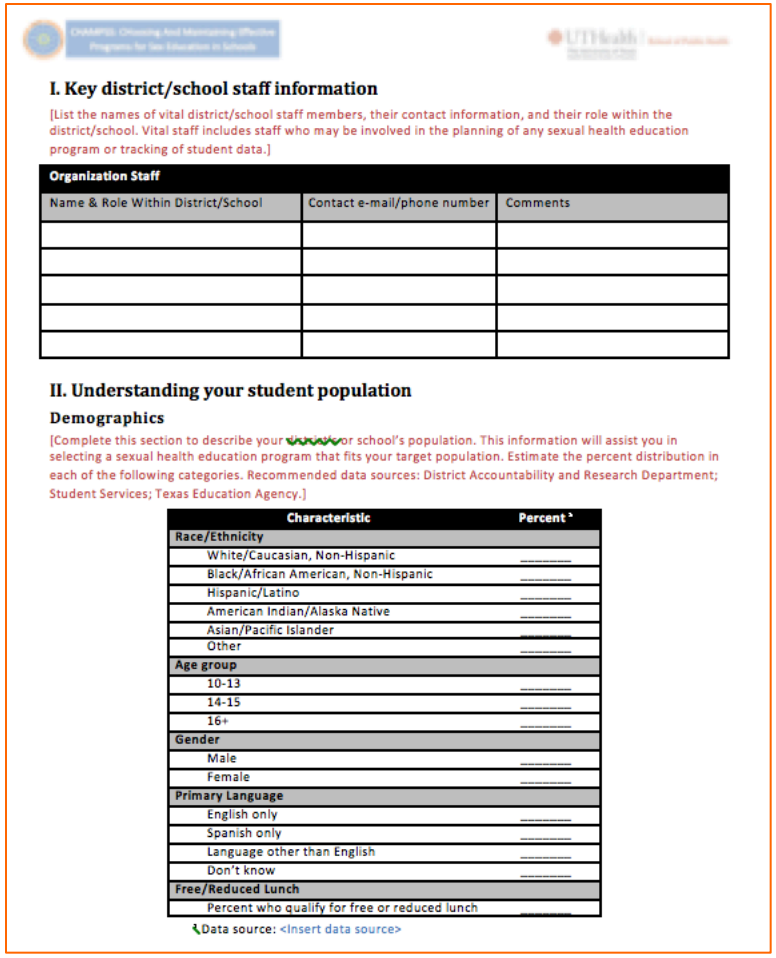
YOUTH

Getting Started…Preparing for Approval



I. Key district/school staff information

[List the names of vital district/school staff members, their contact information, and their role within the district/school. Vital staff includes staff who may be involved in the planning of any sexual health education program or tracking of student data.]

Organization Staff		
Name & Role Within District/School	Contact e-mail/phone number	Comments

II. Understanding your student population

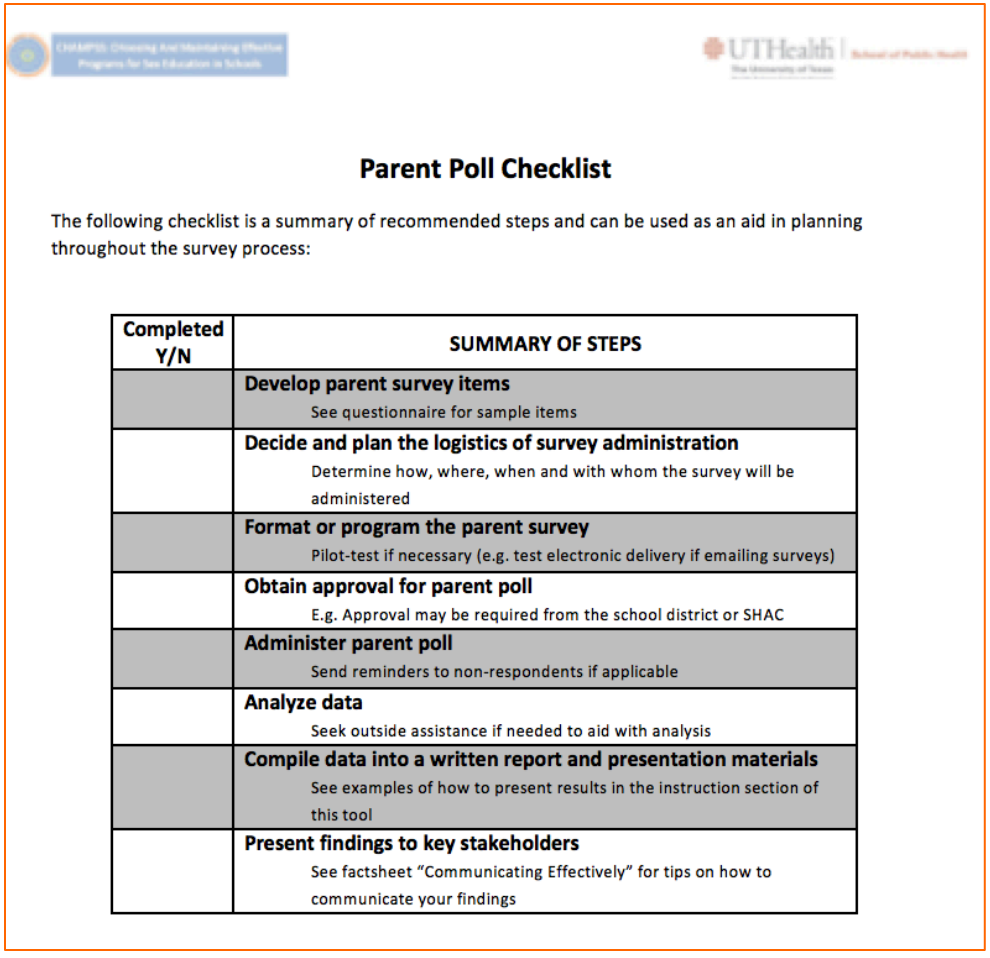
Demographics

[Complete this section to describe your district's or school's population. This information will assist you in selecting a sexual health education program that fits your target population. Estimate the percent distribution in each of the following categories. Recommended data sources: District Accountability and Research Department; Student Services; Texas Education Agency.]

Characteristic	Percent [1]
Race/Ethnicity	
White/Caucasian, Non-Hispanic	_____
Black/African American, Non-Hispanic	_____
Hispanic/Latino	_____
American Indian/Alaska Native	_____
Asian/Pacific Islander	_____
Other	_____
Age group	
10-13	_____
14-15	_____
16+	_____
Gender	
Male	_____
Female	_____
Primary Language	
English only	_____
Spanish only	_____
Language other than English	_____
Don't know	_____
Free/Reduced Lunch	
Percent who qualify for free or reduced lunch	_____

[1] Data source: <Insert data source>

Community Needs Assessment



Parent Poll Checklist

The following checklist is a summary of recommended steps and can be used as an aid in planning throughout the survey process:

Completed Y/N	SUMMARY OF STEPS
	Develop parent survey items See questionnaire for sample items
	Decide and plan the logistics of survey administration Determine how, where, when and with whom the survey will be administered
	Format or program the parent survey Pilot-test if necessary (e.g. test electronic delivery if emailing surveys)
	Obtain approval for parent poll E.g. Approval may be required from the school district or SHAC
	Administer parent poll Send reminders to non-respondents if applicable
	Analyze data Seek outside assistance if needed to aid with analysis
	Compile data into a written report and presentation materials See examples of how to present results in the instruction section of this tool
	Present findings to key stakeholders See factsheet "Communicating Effectively" for tips on how to communicate your findings

Parent Poll

What do we KNOW? What can we SHARE?

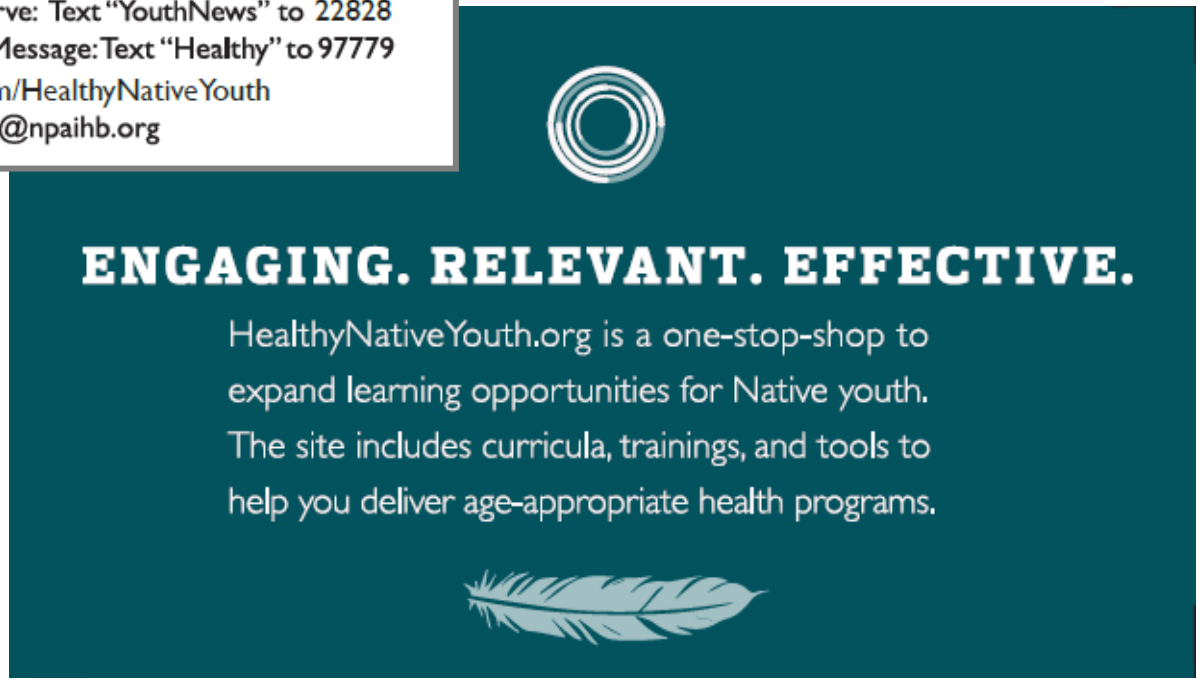
Use the Chat Box to tell us what you think…

Image Source: Google Images

HEALTHY NATIVE YOUTH

www.healthynativeyouth.org
@healthyN8Vyouth
Listserve: Text "YouthNews" to 22828
Text Message: Text "Healthy" to 97779
fb.com/HealthyNativeYouth
native@npaihb.org

Promotional Materials



Next Steps/ Collaboration…

- **Homework:**

  What is the process for getting a curriculum approved in your community?

- **Who Can I invite to the next call?**

  Organizational Approval/ Youth Recruitment

  October 10th (Wed.), 10-11am PST

Thank you! Questions?

Contact:

Amanda Gaston, MAT

agaston@npaihb.org

This project is funded by the Indian Health Service HIV and behavioral health programs. This work is also supported with funds from the Secretary's Minority AIDS Initiative Fund.