

# SAFE *in the* VILLAGE

**Program Description:** The Safe in the Village (SITV) program is designed to start conversations about healthy relationships and safe behaviors with Alaska Native youth. Included is a short movie, actor interviews and a facilitation guide. The movie is a story about Matt, Sarah and Ben, three friends in rural Alaska navigating life and dealing with peer pressure around relationships, sex, friendships and alcohol. It demonstrates how decisions affect one's future and the importance of having trusted adults and goals in life. The actor interviews are videos of them discussing key topics and the detailed guide covers planning, hosting, discussion tips and more.

**Age group:** High School, but it can also be used with middle school aged youth and young adults.

**LBGT Inclusive:** SITV does not specifically address LGBT sexual health or healthy relationships.

**Setting:** A classroom or any community space that allows for easy conversation (semi-circle format). The videos can also be used in waiting room areas.

**Duration:** The SITV movie runs 35 min. and the supplemental actor interviews are 25 min. The estimated program duration is 3 hours which includes time for watching the movie and interviews and holding group discussions. The program could be broken into two 1-1.5 hour sessions: session 1 movie/group discussion, session 2 actor interviews/group discussion.

**Facilitator to participate ratio:** The recommendation is 20 participants or less per facilitator. The group can be larger (20+ to 50) if there are multiple group facilitators to lead smaller group discussions.

**Cost:** The video program is free, if it's hosted outside of a classroom we recommend providing snacks.

**Required technology:** DVD player or laptop, audio speakers, a TV or projector and screen.

For more information visit: [www.HealthyNativeYouth.org](http://www.HealthyNativeYouth.org)

To order the SITV Program (DVD and guide) visit: [www.iknowmine/sitv](http://www.iknowmine/sitv)

