VIEWER CARE PLAN

1. START THE CONVERSATION
   - Normalize the topic: Talk about the issue to raise awareness.
   - Start the conversation: Ask a youth if they have seen any post online that made them feel concern.
   - Treat all posts as important: Tell a youth to reach out if they are unsure if a post is concerning or not.

2. LISTEN, GATHER INFORMATION, AND ASSESS VIEWER EXPERIENCE
   - Listen carefully: Ask the youth who found the concerning post what they saw.
   - Gather information: Ask the youth who found the concerning post what they have already tried to give support.
     - Assess their well-being: Ask the youth who found the concerning post how they are doing.
     - Clarify your role: Be clear how you can help and that you can take it from here.

3. PLAN AND ACT
   - Contact the person who posted: Contact the person who posted the concerning post and offer assistance.
   - Offer resources & tools: Offer resources and tools to the youth who found the concerning post.

TREAT ALL POSTS AS IMPORTANT
Lorem ipsum
RESPONDING TO CONCERNING POSTS ON SOCIAL MEDIA

A Training Video For Adults Who Work With Native Youth

www.healthynativeyouth.org
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SIGN UP TO RECEIVE UPDATES VIA TEXT MESSAGE
TEXT “HEALTHY” TO 97779