

THREE TIPS

FOR TALKING WITH YOUTH
ABOUT SEXUAL HEALTH

BE AN ASKABLE ADULT

Tips

Tip 1

SHARE what you've been thinking about, rather than waiting for your youth to talk.

Tip 2

LISTEN to their point of view, even when it's difficult to hear.

Tip 3

EXPRESS your opinion without putting down theirs; acknowledge that it's okay to disagree.

**Text
Empower to
97779**

Traits of Askable Adult



Wants communication, but doesn't expect to have all the answers.



Knows the most important part of communication is listening.



Doesn't expect to be perfect, and knows that admitting mistakes is a valuable lesson for youth to see.

#TalkingisPower
#HealthyNativeYouth