NATIVE- IT’S YOUR GAME:

A TECHNOLOGY-BASED SEXUAL HEALTH CURRICULUM FOR AMERICAN INDIAN AND ALASKA NATIVE YOUTH

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NIYG 2.0 CURRICULUM
Welcome!

Please introduce yourself in the chat box. Include your:

★ Name, Tribe, Pronouns
★ Role & Organization
★ Email address
★ How are you feeling today?
Find Curricula on Healthy Native Youth

★ Filter & Compare Tool
★ All Materials Needed to Implement
★ Enhancement Activities
★ Resources & Support
★ Upload & Submit Your Own Curricula
WEBINAR OUTLINE:

- What is Native It’s Your Game?
- Why N-IYG works!
- N-IYG 2.0 Features
- How to Access N-IYG
- Stay Updated on HNY Activities
ADOLESCENT SEXUAL HEALTH

- AI/AN teens (15-19 y. o.) had the highest teen birth rate among all races/ethnicities
  - 32.9 per 1,000 vs. 18.8 per 1,000 nationally

- AI/AN teens (15-19 y. o.) had the highest prevalence of repeat teen births among all races/ethnicities
  - 21.6% vs. 14.8% among White youth

- AI/ANs had the second highest rate of chlamydia reported among all races/ethnicities
  - 728.2 per 100,000
  - 4 times the rate of Whites (179.6 per 100,000)
ONLINE NATIVE YOUTH PRESENCE

- AI/AN youth use media technology at higher rates than the national average
  - 76% searched for online health information
    - Vs. ~40% of teens nationally, ages 14-17
- Use media to create social networks, and share culture within and beyond local community
Native It’s your Game (Native IYG) is a web-based HIV, STD, and pregnancy prevention curriculum for American Indian and Alaskan Native (AI/AN) youth ages 12-14.

The program teaches about healthy relationships, life skills, communication, and refusal skills using interactive activities, videos, games, personalized “journaling” activities, tailored feedback, and individually tailored activities.
WHAT IS NATIVE IT’S YOUR GAME?

Native IYG Themes

Game = Life

Real = Being true to yourself

Keeping Your Game Real = Respecting yourself and others and playing by your own rules.

Players in Your Game = People in your life that can help you keep your game real. Examples might include family, friends, elders, teachers, or other community members.
Navigating Native: It’s Your Game

• Native IYG is set in a “virtual mall” where learners will be directed to different “stores”, or locations to play interactive games, watch videos, evaluate scenarios, and follow role-model stories.

• Although learners experience “moving” from one location to the next, they cannot control the course of the lesson. Most locations have a special character that introduces the activities.
TRIBAL ELDERS AND NATIVE HEALTH EXPERT
Select the Teen Parents that you want to hear from...

Married Teen Couple
Teen Dads
Former Teen Mom
Teen Moms

YOUTH VIDEOS
NIYG LESSONS

Lesson 1  Pre-Game Show
Lesson 2  Keeping it Real...Among Friends
Lesson 3  Playing By Your Rules...SELECT DETECT PROTECT
Lesson 4  Protecting Your Rules
Lesson 5  Know Your Body
Lesson 6  Keeping it Real...Healthy Dating Relationships
Lesson 7  Protecting Your Rules...Regarding Sex
Lesson 8  Negotiating To Protect
Lesson 9  Keeping it Real...Consequences of Pregnancy
Lesson 10  Keeping it Real...Consequences of HIV & STDs
Lesson 11  Keeping it Real...Risk Reduction Strategies
Lesson 12  Playing By Your Rules...A Review
Lesson 13  Post-Game Show
EFFECTIVENESS STUDY: BY THE NUMBERS

- 2 study arms: Native IYG and Control
- 25 Tribal Sites randomized
- 3 regions: AK, NW, AZ
- 574 middle school aged youth enrolled
- 3 surveys: Pre, Post, 12-month follow-up
YOUTH WHO TOOK NIYG REPORTED:

- More reasons not to have sex
- Increased STI knowledge
- Increased condom knowledge
- More confidence about obtaining condoms
- More confidence about using condoms
- More likely to seek education beyond high school
- Retained knowledge about condoms
OUR EVOLUTION

NIYG 2.0 CURRICULUM
N-IYG 2.0 FEATURES

User friendly features
- More navigation control
- Lesson menus
- Progress tracker

Lesson 2 - Keeping It Real... Among Friends

1. Directory: Introduction
2. Infobooth: Security Guy
3. Arcade: Jazmine Has a Secret
4. Brainstorm: Build a Friend
5. Hot Ticket: Reel World Serial (Real Friends)
6. The Buzz: Teens Talk
7. Zines: Real Friends Quiz
**N-IYG 2.0 FEATURES**

- Includes
  - New Class Management Portal
  - New Facilitation Manual
  - New Fact Sheets
  - More inclusive for 2SLGBT students
  - Upgraded software to HTML/Java Script
DOWNLOADABLE LINKS NOW AVAILABLE FOR THOSE WITH LIMITED INTERNET ACCESS!
GREAT! HOW DO I GET STARTED?

HEALTHY NATIVE YOUTH.ORG

RAISING HEALTHY NATIVE YOUTH THROUGH CULTURALLY RELEVANT HEALTH EDUCATION
ABOUT THIS PROGRAM

Native It’s Your Game (N-YG) is a web-based HIV, STI, and pregnancy prevention curriculum for American Indian and Alaska Native (AI/AN) youth ages 12-14. N-YG is comprised of thirteen 30-50 minute interactive lessons, which can be used in the classroom, or as an extracurricular program. The program teaches about healthy relationships, life skills, communication, and refusal skills using interactive activities, videos, games, personalized “journaling” activities, tailored feedback, and individually tailored activities. It emphasizes abstinence, but also teaches learners how to protect themselves from pregnancy and sexually transmitted infections using medically accurate information.

What’s New in N-YG 2.0?
- New Class Management Portal
- New Facilitation Manual
- New Fact Sheets
- More inclusive for 25LGBT students
- Upgraded software to HTML/JavaScript
- Now Available: Downloadable versions for sites with low internet bandwidth

AGE GROUP DESIGNED FOR: Middle School

LGBT INCLUSIVE: Yes

TRAUMA INFORMED: No

PROGRAM SETTING: Flexible

DURATION: 13 lessons (30-50 minutes each)

COST TO PURCHASE: Free

TEACHER TRAINING OR CERTIFICATION REQUIRED: No

STUDENT TO TEACHER RATIO: Any
WELCOME TO NATIVE IT’S YOUR GAME

Facilitators registering for the first time: please click on Facilitator Enrollment. Facilitators with an existing account may enter their username and password below. Youths who are visiting for the first time, can click on Youth Enrollment, or login using the username and password their facilitators gave them.

Facilitator Enrollment  Youth Enrollment

Username *

Password *

Log in

Forgot password?
<table>
<thead>
<tr>
<th>Date</th>
<th>Title</th>
<th>Description</th>
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<tbody>
<tr>
<td>December 8, 2021</td>
<td><strong>Set the Stage for Program Success</strong></td>
<td>Our Elders have taught us the importance of the gathering season; to prepare and maintain us throughout the year, setting a strong foundation to create ease and success for the future. Join the HNY crew to talk about how to GATHER and process community and youth input on health priorities and interests to set the stage for program success.</td>
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<tr>
<td>January 12, 2022</td>
<td><strong>Pickers Can be Choosers: Choosing a Program</strong></td>
<td>You have gathered youth and community feedback to identify health priorities, resources and needs. Now you are ready for the CHOOSE phase! Let the HNY crew help chose critical criteria for program selection, getting approval, and tips for involving youth in the selection process. Hear from program developers on Native youth programming: We R Native, Native STAND, Native WYSE Choices, Native It’s Your Game.</td>
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<td>February 9, 2022</td>
<td><strong>Thrive in the Spaces we Create</strong></td>
<td>Help Native youth build affirmative, inclusive, FUN and creative spaces together using Indigenous leadership and peer mentoring approaches. Hear how Native youth are using creative expression to positively process emotions to thrive in their spaces. Come learn how you can help youth in your community do the same.</td>
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For Adults: Text “Empower” to 97779

★ Tips & Resources for Talking to Youth About Sexual Health
★ Need some help getting the convo started?
Lesson Enhancement: Two Spirit, LGBTQ and Sexual Identity

In response to requests from Native youth, Western States Center partnered with the Affiliated Tribes of Northwest Indians, the Center for Native American Youth, and Native Youth Leadership Alliance to develop a resource toolkit. This toolkit is written to support Native youth, tribal communities, Two-Spirit and Native LGBTQIA+ collectives, community leaders, and partners who intend to better understand and support our Two-Spirit and LGBTQIA+ communities. Download the guide here: IndigenizingLove+Love+Toolkit+Youth

Resources for Parents and Caring Adults: Talking is Power!

Join Talking is Power, a weekly text messaging series for parents and caring adults. We know talking to teens about sensitive topics is never easy, but it's important to talk to them openly and honestly. Text the word “EMPOWER” to 97779 and you'll receive culturally appropriate tips and resources, covering sexual health, pregnancy, STDs, and consent!

- Text “EMPOWER” to 97779
- Access all of the campaign’s tips and tools HERE. Share the campaign on your social media channels.

Community of Practice: Connecting our Past to our Present Re-traumatization

The Safe in the Village program is designed to start conversations about healthy relationships with Alaska Native youth. The program provides a safe space for youth to discuss their experiences and feelings related to trauma and healing. It emphasizes the importance of reconnecting with ancestral knowledge and cultural practices as a means of healing. The program also promotes the development of culturally sensitive, trauma-informed practices within the larger community. The ultimate goal is to help youth feel empowered and supported in their journey towards healing and resilience.
Sign up for the Healthy Native Youth Newsletter!

Stay up to Date with the Latest...
THANK YOU! QUESTIONS?

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