

NATIVE- IT'S YOUR GAME:

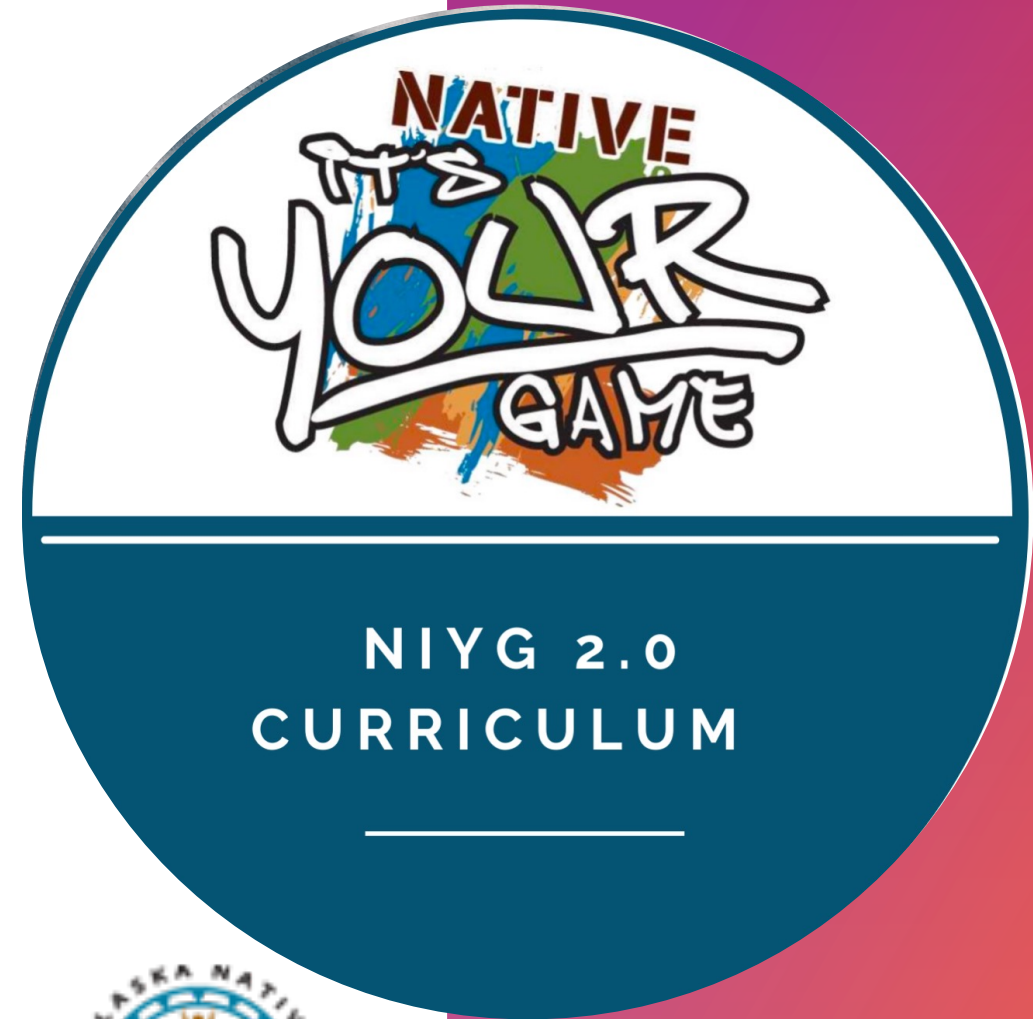
A TECHNOLOGY-BASED
SEXUAL HEALTH
CURRICULUM FOR
AMERICAN INDIAN AND
ALASKA NATIVE YOUTH

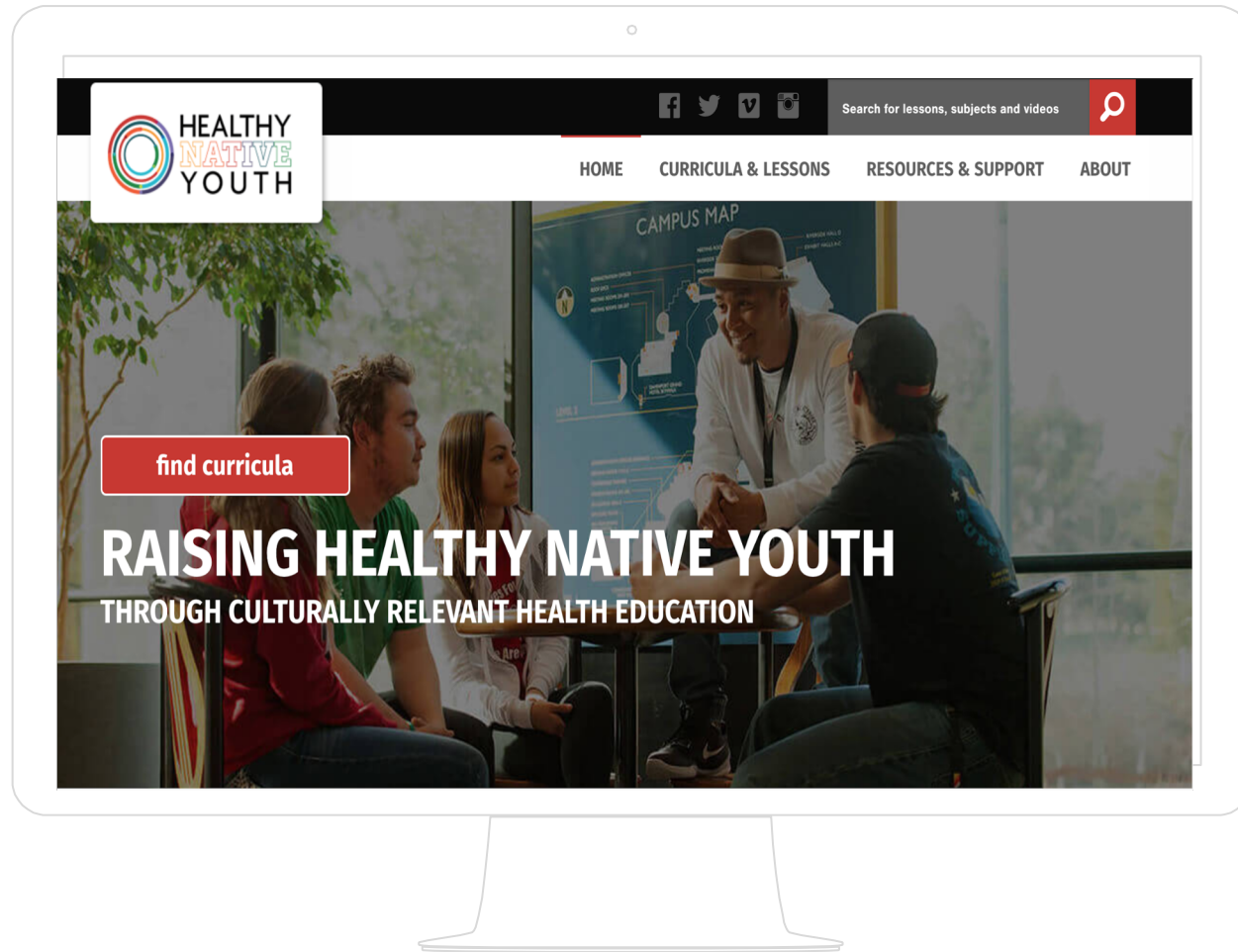
**University of Texas Health Science Center at Houston-
School of Public Health**

Claudia Luna-Meza, MPH

Christine Markham, PhD

Ross Shegog, PhD





Welcome, Welcome, Welcome!

Please introduce yourself in the chat box. Include your:

- ★ Name, Tribe, Pronouns
- ★ Role & Organization
- ★ Email address
- ★ How are you feeling today?

[find curricula](#)

RAISING HEALTHY NATIVE YOUTH

THROUGH CULTURALLY RELEVANT HEALTH EDUCATION

ENGAGING. RELEVANT. EFFECTIVE.


Healthy Native Youth promotes age-appropriate health curricula designed for American Indian and Alaska Native Youth. We will continue to expand the health curricula provided on this website to include more topics such as example A, example B and welcome you to submit your own curricula for consideration. [Learn More](#)

SIGN UP FOR CURRICULUM, NEWS AND UPDATES

Find Curricula on *Healthy Native Youth*

- ★ Filter & Compare Tool
- ★ All Materials Needed to Implement
- ★ Enhancement Activities
- ★ Resources & Support
- ★ Upload & Submit Your Own Curricula

WEBINAR OUTLINE:

- What is Native It's Your Game?
 - Why N-IYG works!
 - N-IYG 2.0 Features
 - How to Access N-IYG
 - Stay Updated on HNY Activities
- 
- A decorative horizontal bar at the bottom of the slide with a gradient from red on the left to purple on the right.



ADOLESCENT SEXUAL HEALTH

- ❑ AI/AN teens (15-19 y. o.) had the **highest teen birth rate** among all races/ethnicities
 - ❖ **32.9 per 1,000** vs. 18.8 per 1,000 nationally
- ❑ AI/AN teens (15-19 y. o.) had the **highest prevalence of repeat teen births** among all races/ethnicities
 - ❖ **21.6%** vs. 14.8% among White youth
- ❑ AI/ANs had the **second highest rate of chlamydia** reported among all races/ethnicities
 - ❖ **728.2 per 100,000**
 - ❖ 4 times the rate of Whites (179.6 per 100,000)



ONLINE NATIVE YOUTH PRESENCE

- ❑ AI/AN youth use media technology at higher rates than the national average
 - ❖ **76% searched for online health information**
 - ❖ Vs. ~40% of teens nationally, ages 14-17
- ❑ Use media to create social networks, and share culture within and beyond local community

WHAT IS NATIVE IT'S YOUR GAME?

Native It's your Game (Native IYG) is a web-based HIV, STD, and pregnancy prevention curriculum for American Indian and Alaskan Native (AI/AN) youth ages 12-14.

The program teaches about healthy relationships, life skills, communication, and refusal skills using interactive activities, videos, games, personalized “journaling” activities, tailored feedback, and individually tailored activities.



WHAT IS NATIVE IT'S YOUR GAME?

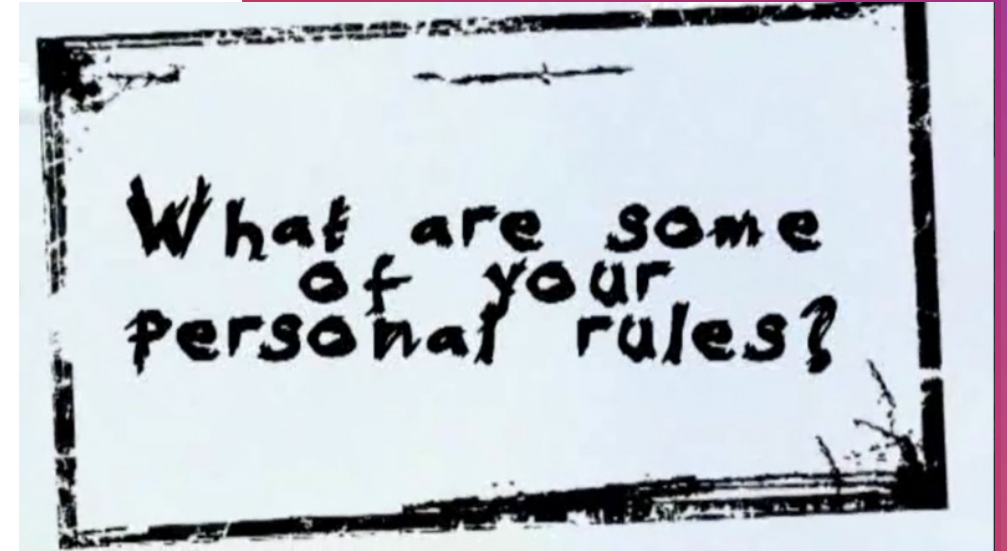
Native IYG Themes

Game = Life

Real = Being true to yourself

Keeping Your Game Real = Respecting yourself and others and playing by your own rules.

Players in Your Game = People in your life that can help you keep your game real. Examples might include family, friends, elders, teachers, or other community members.





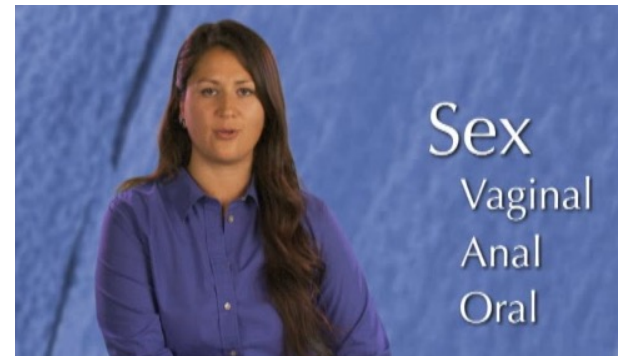
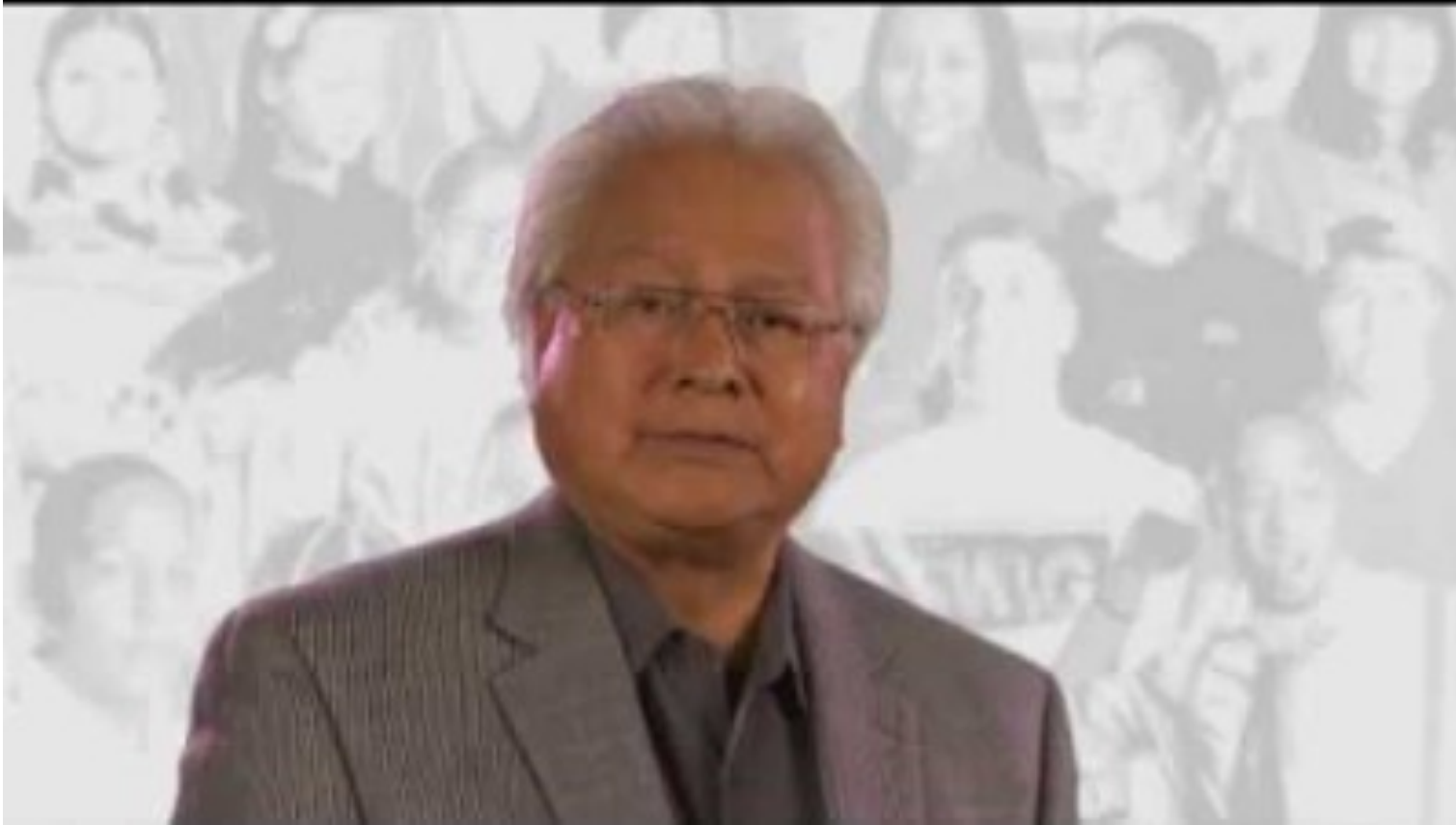
NAVIGATING NATIVE IT'S YOUR GAME



- *Native IYG* is set in a “virtual mall” where learners will be directed to different “stores”, or locations to play interactive games, watch videos, evaluate scenarios, and follow role-model stories.
- Although learners experience “moving” from one location to the next, they cannot control the course of the lesson. Most locations have a special character that introduces the activities.



TRIBAL ELDERS AND NATIVE HEALTH EXPERT



Select the Teen Parents that you
want to hear from...



Married Teen Couple



Teen Dads



Former Teen Mom
















Teen Moms

YOUTH VIDEOS



NIYG LESSONS

	Lesson 1	Pre-Game Show		Lesson 7	Protecting Your Rules...Regarding Sex
	Lesson 2	Keeping it Real...Among Friends		Lesson 8	Negotiating To Protect
	Lesson 3	Playing By Your Rules...SELECT DETECT PROTECT		Lesson 9	Keeping it Real...Consequences of Pregnancy
	Lesson 4	Protecting Your Rules		Lesson 10	Keeping it Real...Consequences of HIV & STDs
	Lesson 5	Know Your Body		Lesson 11	Keeping it Real...Risk Reduction Strategies
	Lesson 6	Keeping it Real...Healthy Dating Relationships		Lesson 12	Playing By Your Rules...A Review
				Lesson 13	Post-Game Show

EFFECTIVENESS STUDY: BY THE NUMBERS

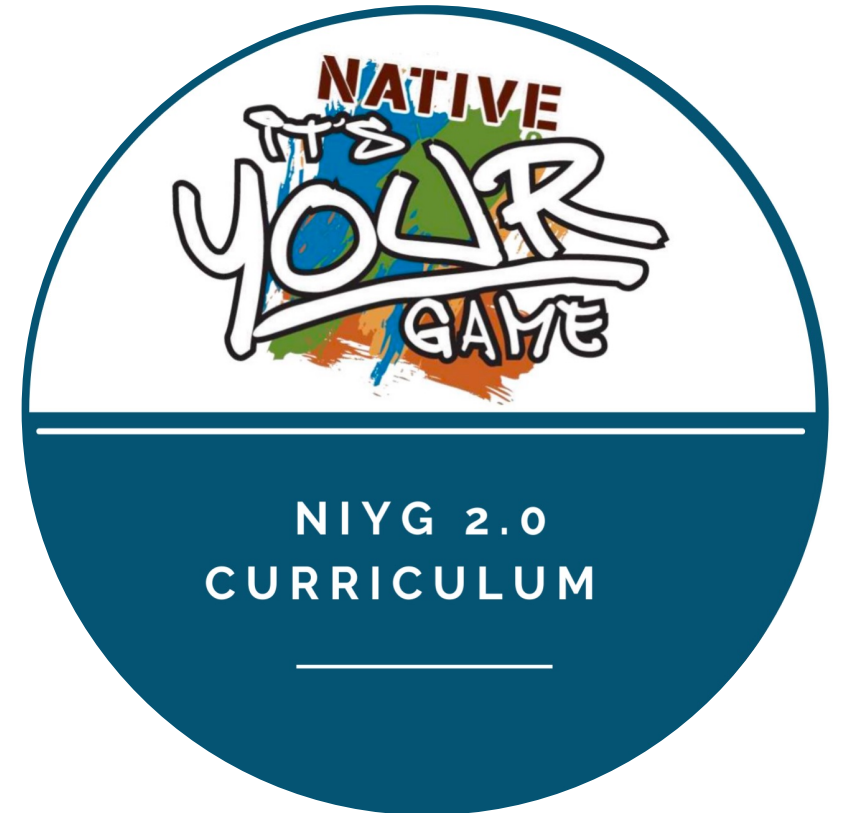
- ❑ **2** study arms: Native IYG and Control
- ❑ **25** Tribal Sites randomized
- ❑ **3** regions: AK, NW, AZ
- ❑ **574** middle school aged youth enrolled
- ❑ **3** surveys: Pre, Post, 12-month follow-up

YOUTH WHO TOOK NIYG REPORTED:

- ☐ More reasons not to have sex
- ☐ Increased STI knowledge
- ☐ Increased condom knowledge
- ☐ More confidence about obtaining condoms
- ☐ More confidence about using condoms
- ☐ More likely to seek education beyond high school
- ☐ Retained knowledge about condoms



OUR EVOLUTION



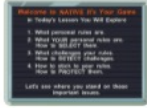



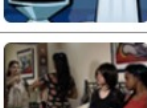

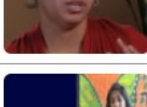
N-IYG 2.0 FEATURES



User friendly features

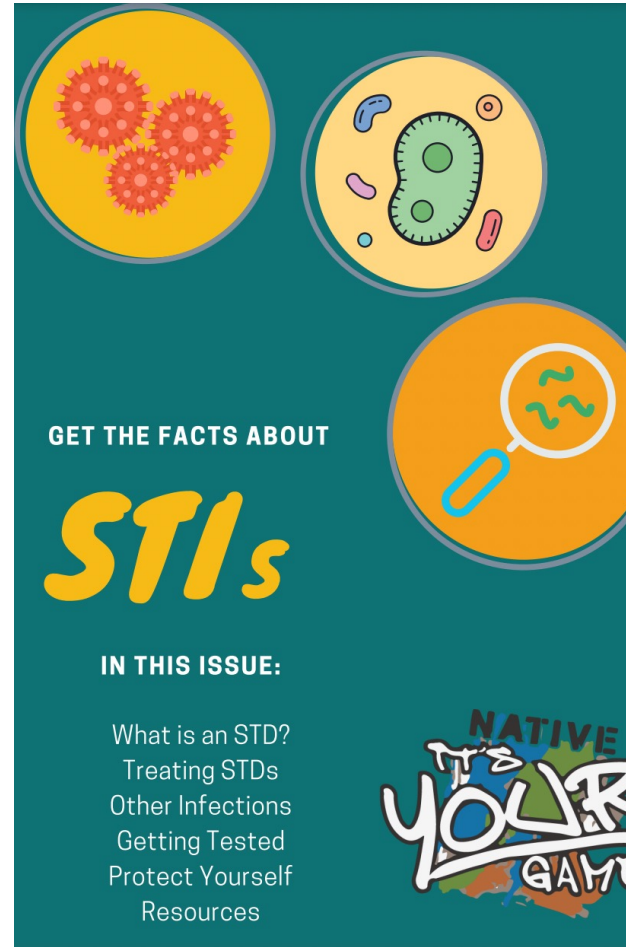
- More navigation control
- Lesson menus
- Progress tracker

LESSON 2 - KEEPING IT REAL... AMONG FRIENDS

	1. Directory: Introduction	✓	PLAY
	2. Infobooth: Security Guy	✓	PLAY
	3. Arcade: Jazmine Has a Secret	✓	PLAY
	4. Brainstorm: Build a Friend	✓	PLAY
	5. Hot Ticket: Reel World Serial (Real Friends)	✓	PLAY
	6. The Buzz: Teens Talk	✓	PLAY
	7. Zines: Real Friends Quiz	✓	PLAY

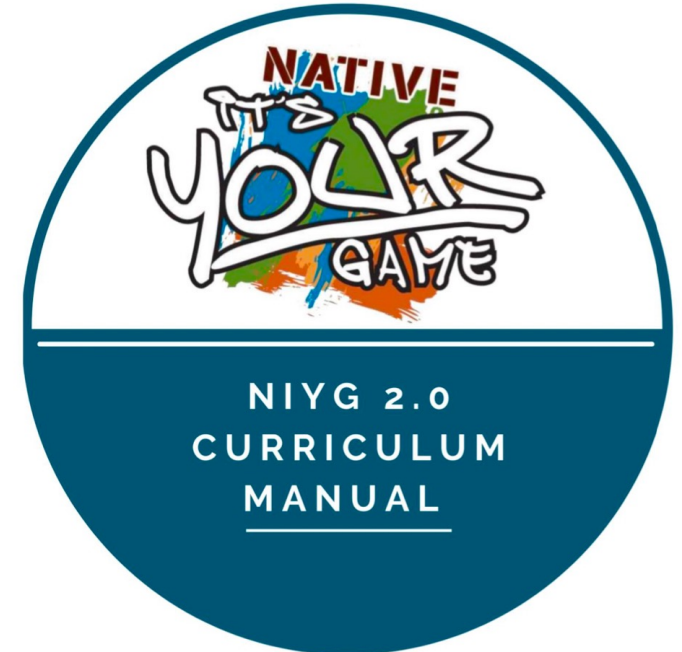
N-IYG 2.0 FEATURES

- Includes
 - New Class Management Portal
 - New Facilitation Manual
 - New Fact Sheets
 - More inclusive for 2SLGBT students
 - Upgraded software to HTML/Java Script



"Native It's Your Game"

A Web-Based HIV, STD & Teen Pregnancy Prevention Curriculum



A WEB-BASED HIV, STD, AND
PREGNANCY PREVENTION CURRICULUM
FOR AMERICAN INDIAN AND ALASKA
NATIVE YOUTH AGES 12-14

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N-IYG 2.0 FEATURES



No internet

Try:

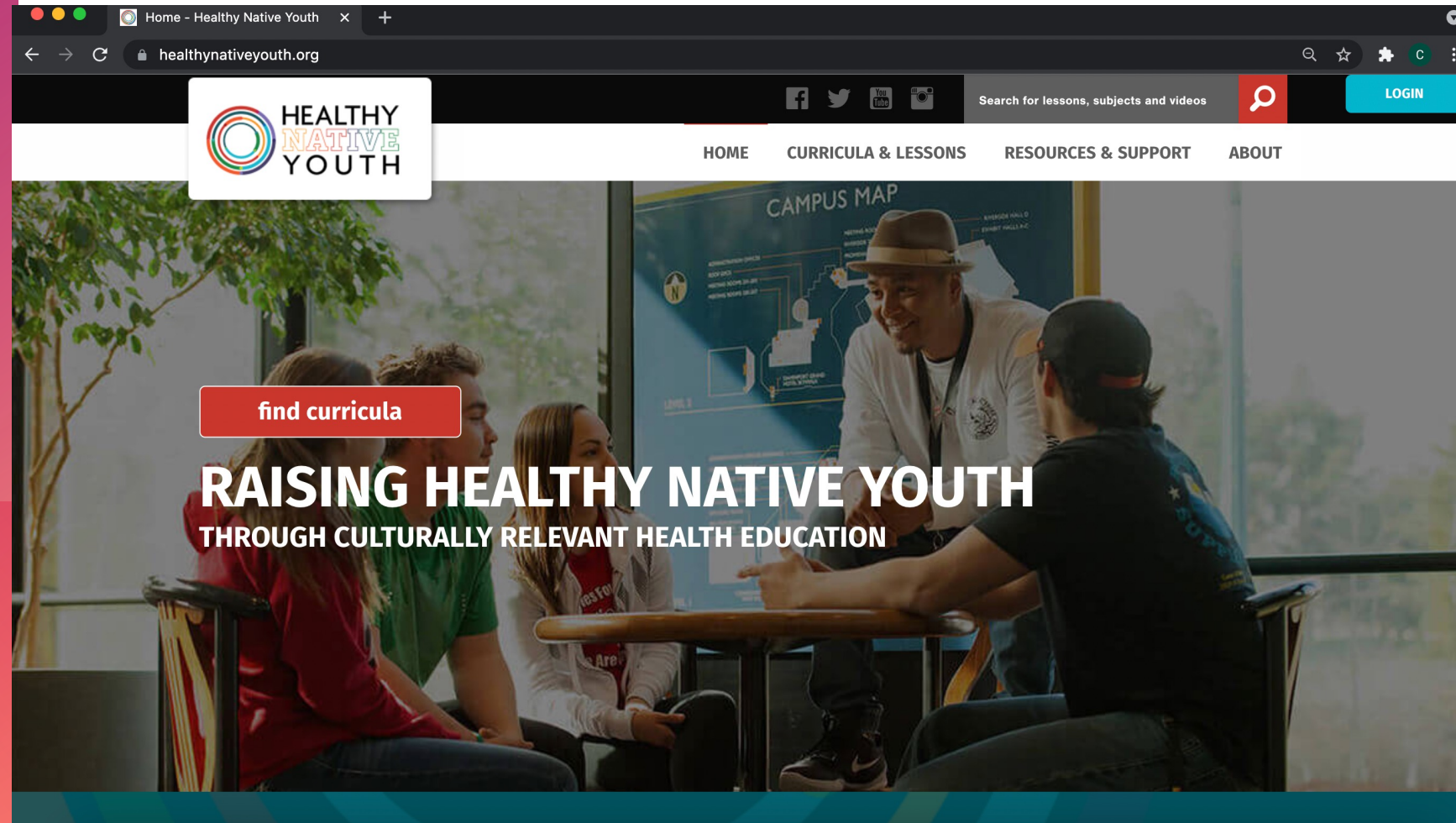
- Checking the network cables, modem, and router
- Reconnecting to Wi-Fi
- [Running Windows Network Diagnostics](#)

DNS_PROBE_FINISHED_NO_INTERNET

DOWNLOADABLE LINKS NOW AVAILABLE FOR THOSE WITH LIMITED INTERNET ACCESS!

HEALTHYNATIVEYOUTH.ORG

GREAT! HOW
DO I GET
STARTED?



HOW DO I LEARN MORE?



BRAVE

Ages
High School
Young Adults

Program Setting
Flexible

[VIEW MORE](#)



RESPECTING THE CIRCLE OF LIFE

Ages
Middle School
High School
Young Adults

Program Setting
Community-Based

[VIEW MORE](#)



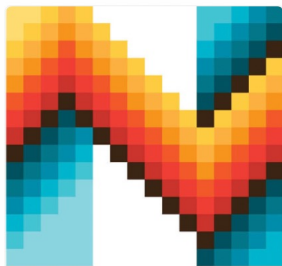
Native IYG is new & improved!

NATIVE IT'S YOUR GAME 2.0

Ages
Middle School

Program Setting
Flexible

[VIEW MORE](#)

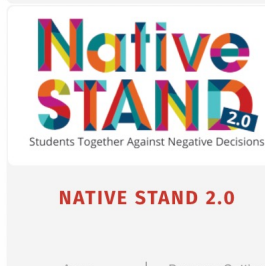


WE R NATIVE

WE R NATIVE TEACHER'S



NATIVE VOICES



NATIVE STAND 2.0

Ages
High School

Program Setting
Flexible

ABOUT

TRAINING

LESSONS PLANS

SUPPORTING MATERIALS

CULTURAL RELEVANCE

EVALUATION

REFERENCES

ABOUT THIS PROGRAM

Updated:11/24/2021

Native It's Your Game (N-IYG) is a web-based HIV, STI, and pregnancy prevention curriculum for American Indian and Alaska Native (AI/AN) youth ages 12-14. N-IYG is comprised of thirteen 30-50 minute interactive lessons, which can be used in the classroom, or as an extracurricular program. The program teaches about healthy relationships, life skills, communication, and refusal skills using interactive activities, videos, games, personalized "journaling" activities, tailored feedback, and individually tailored activities. It emphasizes abstinence, but also teaches learners how to protect themselves from pregnancy and sexually transmitted infections using medically accurate information.

What's New in N-IYG 2.0?

- New [Class Management Portal](#)
- New Facilitation Manual
- New Fact Sheets
- More inclusive for 2SLGBT students
- Upgraded software to HTML/Java Script
- **Now Available:** Downloadable versions for sites with low internet bandwidth

AGE GROUP DESIGNED FOR: Middle School

LGBT INCLUSIVE: Yes

TRAUMA INFORMED: No

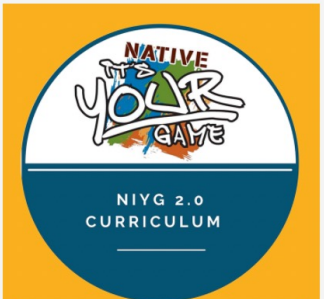
PROGRAM SETTING: Flexible

DURATION: 13 lessons (30-50 minutes each)

COST TO PURCHASE: Free

TEACHER TRAINING OR CERTIFICATION REQUIRED: No

STUDENT TO TEACHER RATIO: Any



Native IYG is new & improved!



[DOWNLOAD PROGRAM FACT SHEET](#)

REGISTER ONLINE!



WELCOME TO NATIVE IT'S YOUR GAME

Facilitators registering for the first time: please click on Facilitator Enrollment. Facilitators with an existing account may enter their username and password below.

Youths who are visiting for the first time, can click on Youth Enrollment, or login using the username and password their facilitators gave them.

Facilitator Enrollment

Youth Enrollment

Username *

Password *

Log in

Forgot password?

2021-22 Community of Practice Lineup

Date	Title	Description
December 8, 2021	<i>Set the Stage for Program Success</i>	<p>Our Elders have taught us the importance of the gathering season; to prepare and maintain us throughout the year, setting a strong foundation to create ease and success for the future.</p> <p>Join the HNY crew to talk about how to GATHER and process community and youth input on health priorities and interests to set the stage for program success.</p>
January 12, 2022	<i>Pickers Can be Choosers: Choosing a Program</i>	<p>You have gathered youth and community feedback to identify health priorities, resources and needs. Now you are ready for the CHOOSE phase!</p> <p>Let the HNY crew help chose critical criteria for program selection, getting approval, and tips for involving youth in the selection process. Hear from program developers on Native youth programming; We R Native, Native STAND, Native WYSE Choices, Native It's Your Game.</p>
February 9, 2022	<i>Thrive in the Spaces we Create</i>	<p>Help Native youth build affirmative, inclusive, FUN and creative spaces together using Indigenous leadership and peer mentoring approaches.</p> <p>Hear how Native youth are using creative expression to positively process emotions to thrive in their spaces. Come learn how you can help youth in your community do the same.</p>



Set the Stage for Program Success

**Dec 8
90-minutes**

START TIMES:
9:00 AM AK
10:00 AM PST
11:00 PM MST
12:00 PM CST
1:00 PM EST

How to Join
CLICK HERE TO REGISTER
IN ADVANCE

AFTER REGISTERING, YOU
WILL RECEIVE AN EMAIL
WITH INFO ON JOINING
THE COMMUNITY OF
PRACTICE CALLS

**Text "Healthy"
to 97779**

Our Elders have taught us the importance of the gathering season; to prepare and maintain us throughout the year, setting a strong foundation to create ease and success for the future.

Join the HNY crew to talk about how to GATHER and process community and youth input on health priorities and interests to set the stage for program success.

We hope to 'see' YOU there!



*Amanda Gaston
(Luna Pueblo)*

Contact us

✉ agaston-contractor@npaihb.org
✉ msinger@npaihb.org

🌐 www.healthynativeyouth.org

✉ Text HEALTHY to 97779

We welcome you to join the Healthy Native Youth Community of Practice monthly virtual gatherings that include new resources and opportunities to engage with topical experts and others!

TALKING IS POWER

A Text Messaging Service for Parents and Caring Adults

Talking with youth about sensitive topics is never easy, but it's important. You are your teen's biggest influencer when it comes to making decisions about sex and healthy relationships.

Text EMPOWER to 97779

You'll receive up to 3 text messages per week with conversation starters, tips, video demonstrations, and words of encouragement.

We'll cover sexual health, pregnancy, STDs, and consent. You don't need to have all the answers, you just need to start talking - be open and honest - and keep at it. Talking with your teen will help them make healthy decisions.

#TalkingIsPower #weRnative #HealthyNativeYouth

What's a rule you have for your relationships? How can you respect other people's rules and boundaries?

Ya'at eeh!
My name is Michelle!
My pronouns are she and her.
Give yourself a high five from me! I'm glad you're here!

www.healthynativeyouth.org
fb.com/HealthyNativeYouth
Listserve: Text "YouthNews" to 22828
https://www.instagram.com/healthynativeyouth/
@HealthyNativeYouth
native@npaihb.org

CURRICULA LESSON PLANS HANDOUTS RESOURCES

HEALTHY NATIVE YOUTH

For Adults: Text “Empower” to 97779

- ★ Tips & Resources for Talking to Youth About Sexual Health
- ★ Need some help getting the convo started?



HEALTHY NATIVE YOUTH MONTHLY NEWSLETTER

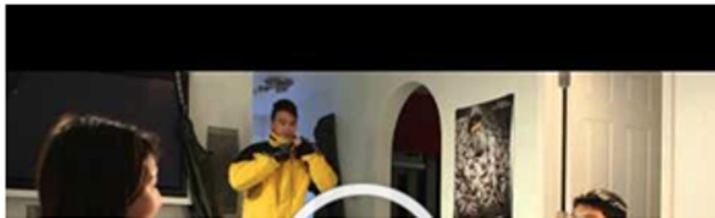
Healthy Relationships

In observance of Teen Dating Violence Awareness Month, we've included resources that will help you promote [healthy relationships](#) and deliver sexual health programming to youth in your community, virtually and in-person.

Healthy Native Youth Spotlight

Curriculum: I Know Mine

The [Safe in the Village](#) program is designed to start conversations about healthy relationships with Alaska Native youth. The



Lesson Enhancement: Two Spirit, LGBTQ and Sexual Identity

In response to requests from Native youth, Western States Center partnered with the Affiliated Tribes of Northwest Indians, the Center for Native American Youth, and Native Youth Leadership Alliance to develop a resource toolkit. This toolkit is written to support Native youth, tribal communities, Two-Spirit and Native LGBTQIA+ collectives, community leaders, and partners who intend to better understand and support our Two-Spirit and LGBTQIA+ communities. Download the guide here: [Indigenizing+Love+Toolkit+Youth](#)



Resources for Parents and Caring Adults: Talking is Power!

Join **Talking is Power**, a weekly text messaging series for parents and caring adults. We know talking to teens about sensitive topics is never easy, but it's important to talk to them openly and honestly. Text the word **"EMPOWER"** to **97779** and you'll receive culturally appropriate tips and resources, covering sexual health, pregnancy, STDs, and consent!

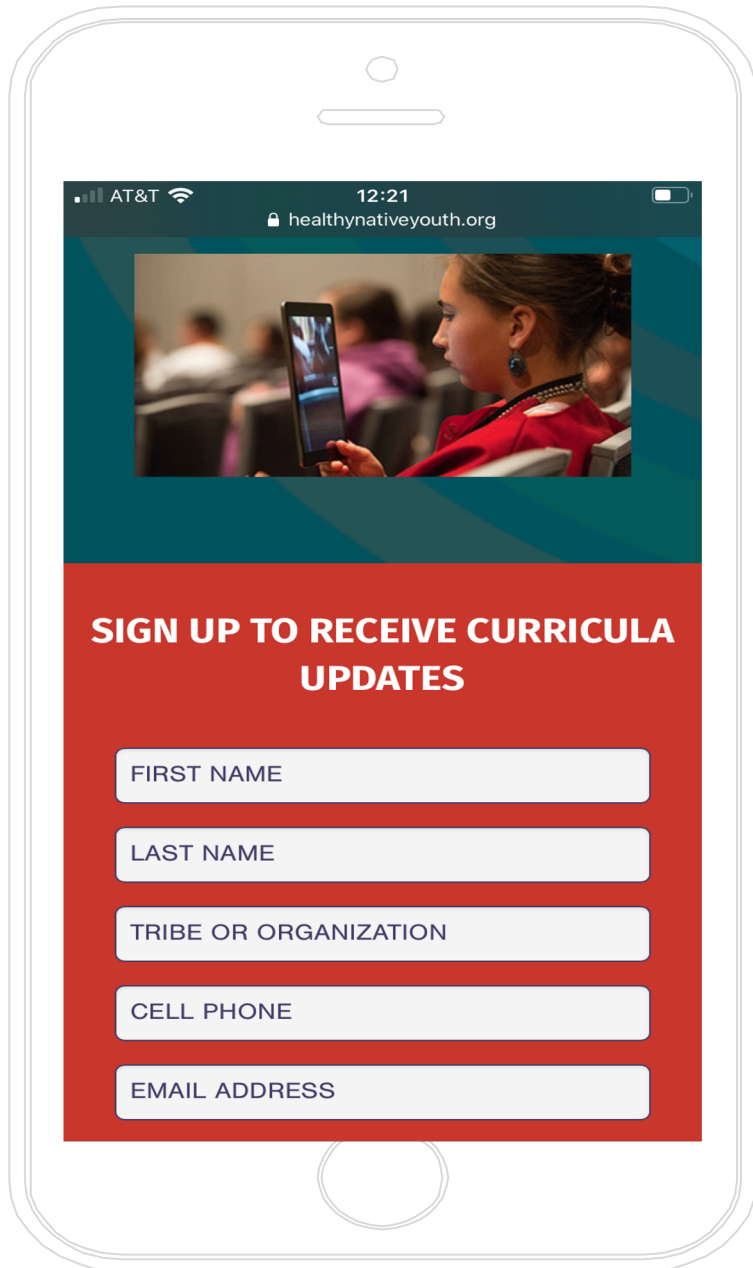
- Text **"EMPOWER"** to **97779**
- Access all of the campaign's tips and tools [HERE](#). Share the campaign on your social media channels.

Talking is Power
A TEXT MESSAGING SERVICE FOR
PARENTS AND CARING ADULTS

TEXT
"EMPOWER"
TO 97779



Community of Practice: Connecting our Past to our Present Re-traumatization



Sign up for the *Healthy Native Youth* Newsletter!

Stay up to Date with the Latest...

THANK YOU! QUESTIONS?

- Inter Tribal Council of Arizona, Inc.

- Jerri Thomas, jerri.thomas@itcaonline.com
- Travis Lane, travis.lane@itcaonline.com



- Northwest Portland Area Indian Health Board

- Stephanie Craig, Scraig@npaihb.org
- Amanda Gaston, Agaston@npaihb.org
- Michelle Singer, msinger@npaihb.org
- Jane Manthei, jmanthei@npaihb.org



- Alaska Native Tribal Health Consortium

- Jennifer Williamson, jjwilliamson@anthc.org
- Hannah Warren, hewarren@anthc.org



- University of Texas School of Public Health

- Ross Shegog, ross.shegog@uth.tmc.edu
- Christine Markham, christine.Markham@uth.tmc.edu
- Claudia Luna-Meza, claudia.lunameza@uth.tmc.edu

