

RESPECTING THE CIRCLE OF LIFE (RCL)

A PREGNANCY, STD & HIV PREVENTION PROGRAM FOR NATIVE AMERICAN YOUTH



Native youth need RCL

They are at increased risk for:

- Early sex
- Sexual risk-taking
- STDs like chlamydia & gonorrhea
- Teen pregnancy & repeat births

Additional education & support can help



RCL helps teens & parents build skills to prevent pregnancy & STDs



Problem-solving & partner negotiation



Safe sex & reproductive health choices



Communication & decision-making

How RCL Is Taught

8 Sessions at Camp

- 8 RCL sessions taught to same-sex peer groups
- Play basketball & other fun activities
- Win awards & prizes
- Camp is FREE: food & transportation provided

1 Session at Home

Youth & a parent or other trusted adult complete one session at home after camp with a facilitator



Research Shows RCL Works

Increased belief that condoms work



Increased ability & intention to use condoms



Increased knowledge of how to prevent STDs, pregnancy & HIV



FOR PURCHASING & MORE INFORMATION, PLEASE VISIT

[HTTP://CAIH.JHU.EDU/PROGRAMS/RCL-CAMP](http://CAIH.JHU.EDU/PROGRAMS/RCL-CAMP)