



HEALTHY NATIVE YOUTH

**WE WILL START AT 10:00 AM PST.
TALK SOON!**

Cultural Connectedness: Supporting Curriculum with
Enhancement Activities



HEALTHY NATIVE YOUTH

**CULTURAL CONNECTEDNESS: SUPPORTING
CURRICULUM WITH ENHANCEMENT ACTIVITIES**

GUEST SPEAKER: DR. DANICA LOVE BROWN

March 13, 2019, from 10-11 am PST

Welcome & Welcome Back!



Use the Chat Box to tell us:

- Your Name
- **Email Address**
- Your role
- What types of cultural adaptations are you interested in?



Today's Agenda

- **Welcome & Welcome Back!** (3 minutes)
- **Supporting Curriculum with Enhancement Activities** (40 minutes)
 - *Healing of the Canoe....Metaphor for life*
- **Time for Questions** (15 minutes)
- **Closing** (2 minutes)

Cultural Connectedness

...with Dr. Danica Love Brown, NPAIHB
(Choctaw Nation of Oklahoma)



HEALTHY
NATIVE
YOUTH



Healing of the Canoe

Is a metaphor for life



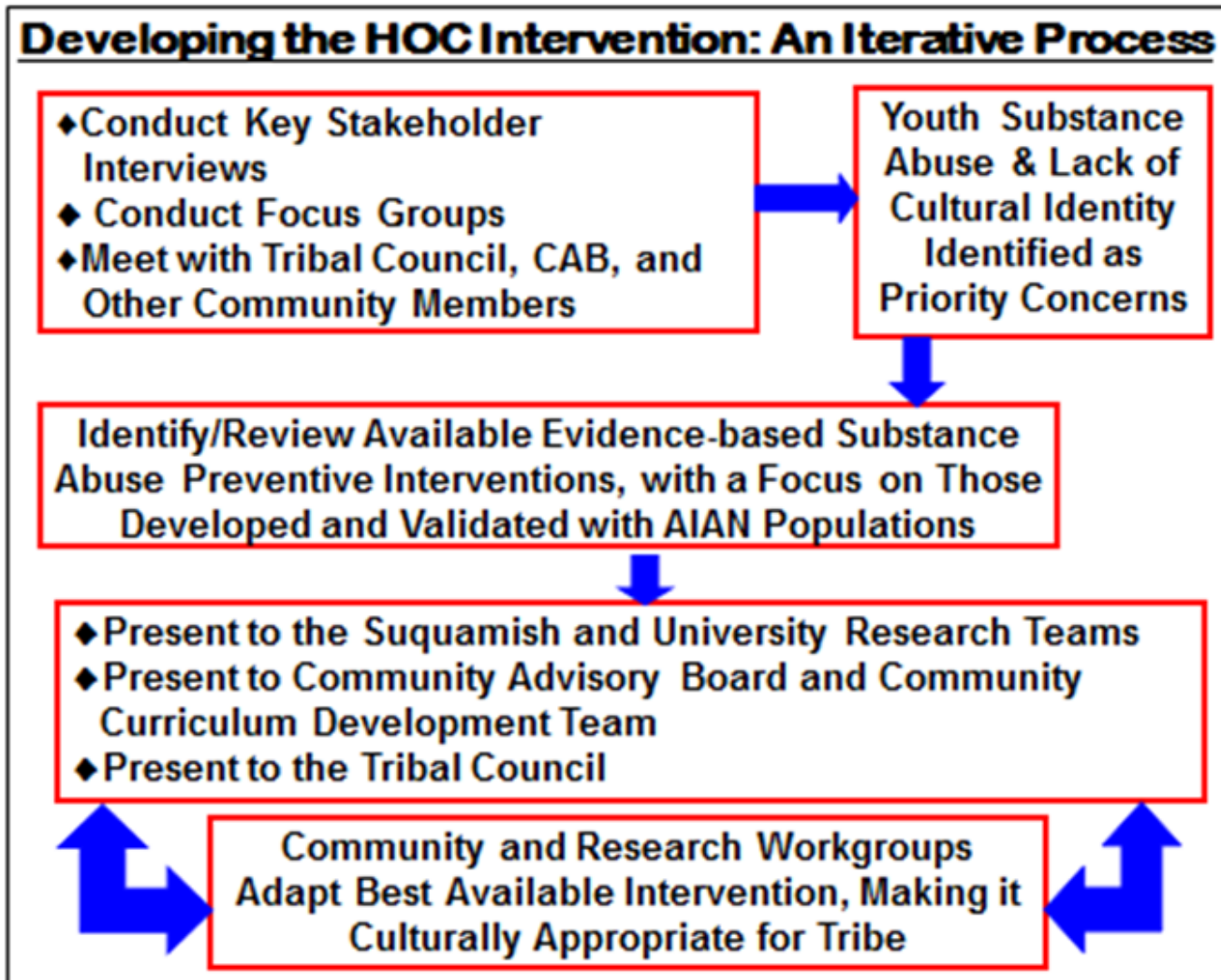


Stages of Implementation

1. Engage your community
2. Assess community needs/resources
3. Adapt your curriculum (integrating culture as prevention)
4. Implement the curriculum
5. Employ teaching strategies to build a learning environment that will support effective implementation
6. Establish a sustainable intervention
7. Evaluate intervention effectiveness



Where to start



Assessing Community Needs & Resources

- Tri-Ethnic Center
for Prevention
Research
 - ▣ Community
Readiness for
Community
Change
Handbook

http://www.triethniccenter.colostate.edu/wp-content/uploads/sites/24/2018/04/CR_Handbook_8-3-15.pdf

Community Readiness for Community Change

TRI-ETHNIC CENTER
FOR PREVENTION RESEARCH



Colorado
State
University

Engaging Community

- ❑ Tribal Community & Tribal Agency Approval
- ❑ Champions to Navigate Community
- ❑ Elders
- ❑ Parents and Family
- ❑ Build Bridges
- ❑ Advisory Board
- ❑ Strong Staff Leaders
- ❑ Best Tribal Agency to Take the Lead
- ❑ Community Meetings
- ❑ Target Population



Adaptable Curriculum



- What matters most is to find out your community or organization's primary issue(s) of concern

Discussion Time

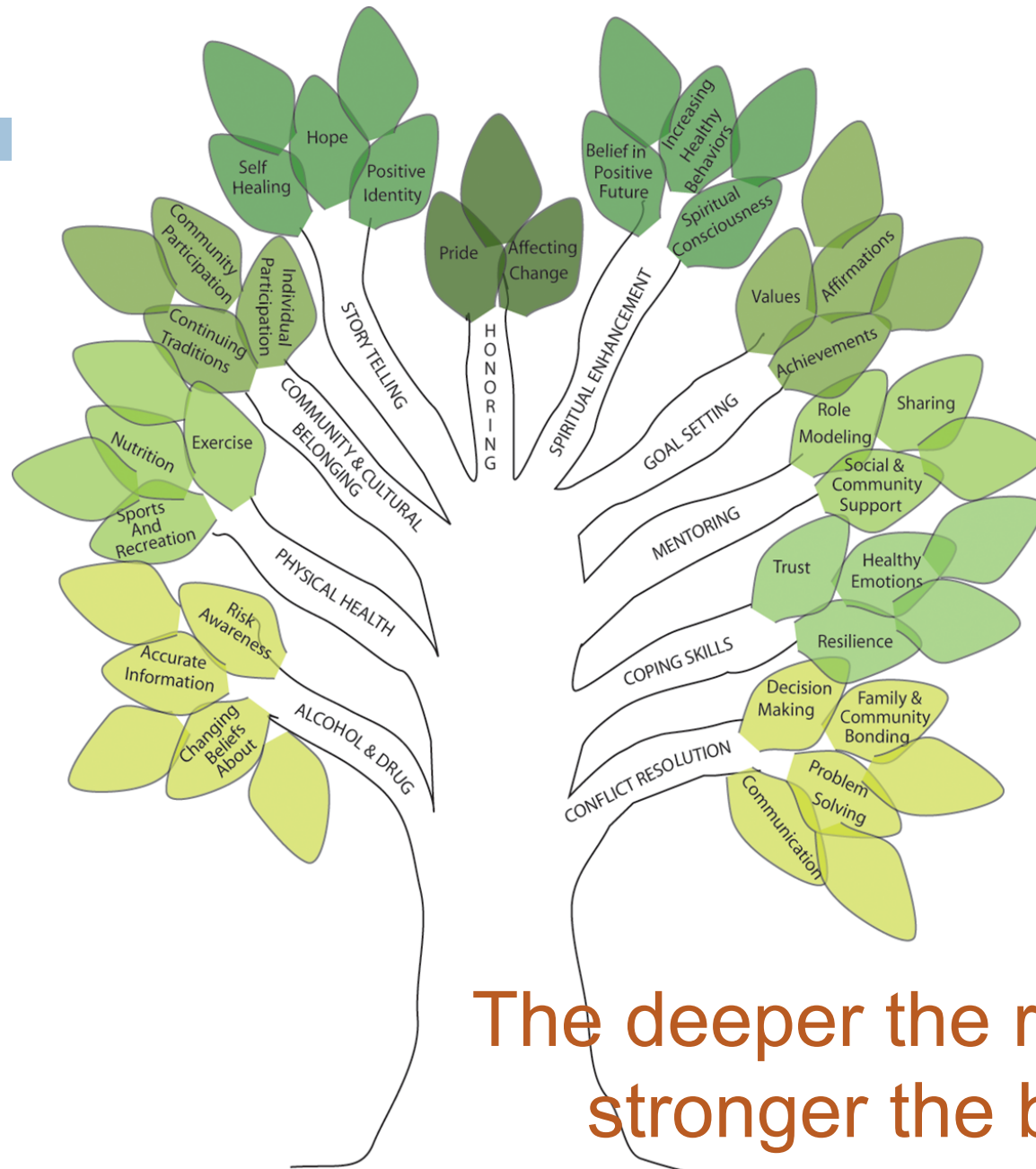


What cultural metaphors would be most useful in teaching life skills to youth?

Use the Chat Box or
Unmute your line...



Blending Tribal traditions and cultural values with evidence based practices



The deeper the roots, the stronger the branches

Implementing the Curriculum



- Structure
- Venue
- Community Engagement
- Traditional Activities
- Community Service Projects
- Technology
- Be patient and flexible

Sustainability

- Keep your leadership informed and involved by doing regular updates/presentations (e.g. at Council or Board meetings) and seeking approvals as appropriate.
- Give regular updates/presentations to the Elders, e.g. at an Elders lunch or other gathering.
- Train other community members/departments on how to implement the curriculum.



Host Community Nights



Evaluation

- ❑ Defining success at the community level
- ❑ Defining success at the implementing agency level
- ❑ Choosing appropriate evaluation measures



Question Time



Use the Chat Box
or Unmute your
line to ask...



Practice in Action



HEALTHY
NATIVE
YOUTH

Find Curriculum on Healthy Native Youth



Search for lessons, subjects and video



HOME

CURRICULA

SUBMIT YOUR CURRICULA

RESOURCES

ABOUT

find curricula

RAISING HEALTHY NATIVE YOUTH
THROUGH CULTURALLY RELEVANT HEALTH EDUCATION



RESPONDING TO CONCERNING POSTS ON SOCIAL MEDIA

GIVE US FEEDBACK



COMPARE CURRICULA



ABOUT

TRAINING

LESSON PLANS

SUPPORTING MATERIALS

CULTURAL RELEVANCE

EVALUATION

REFERENCES

ABOUT THIS PROGRAM

Updated: 12/13/2018

Suicide prevention remains challenging among youth, as many do not disclose suicidal ideation to others before attempting suicide. However, emerging research suggests that nearly one-third of AI/AN youth see concerning messages on social media on a daily or weekly basis. This webinar training will prepare adults who work with Native youth to identify youth who post or view concerning posts on social media, and connect them to appropriate services.

AGE GROUP DESIGNED FOR: Middle School, High School, Young Adults

LGBT INCLUSIVE: No

PROGRAM SETTING: Flexible

DURATION: 1, 1-hour webinar

COST TO PURCHASE: Free

TEACHER TRAINING OR CERTIFICATION REQUIRED: No

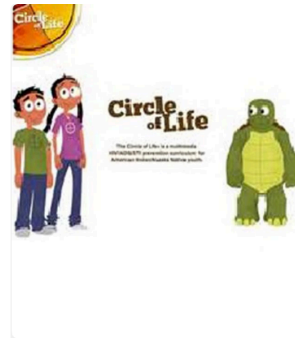
STUDENT TO TEACHER RATIO: 40:1

PROGRAM OUTCOMES: The training improved participants confidence and self-efficacy.

EVIDENCE OF EFFECTIVENESS: Promising Practice


[DOWNLOAD PROGRAM](#)

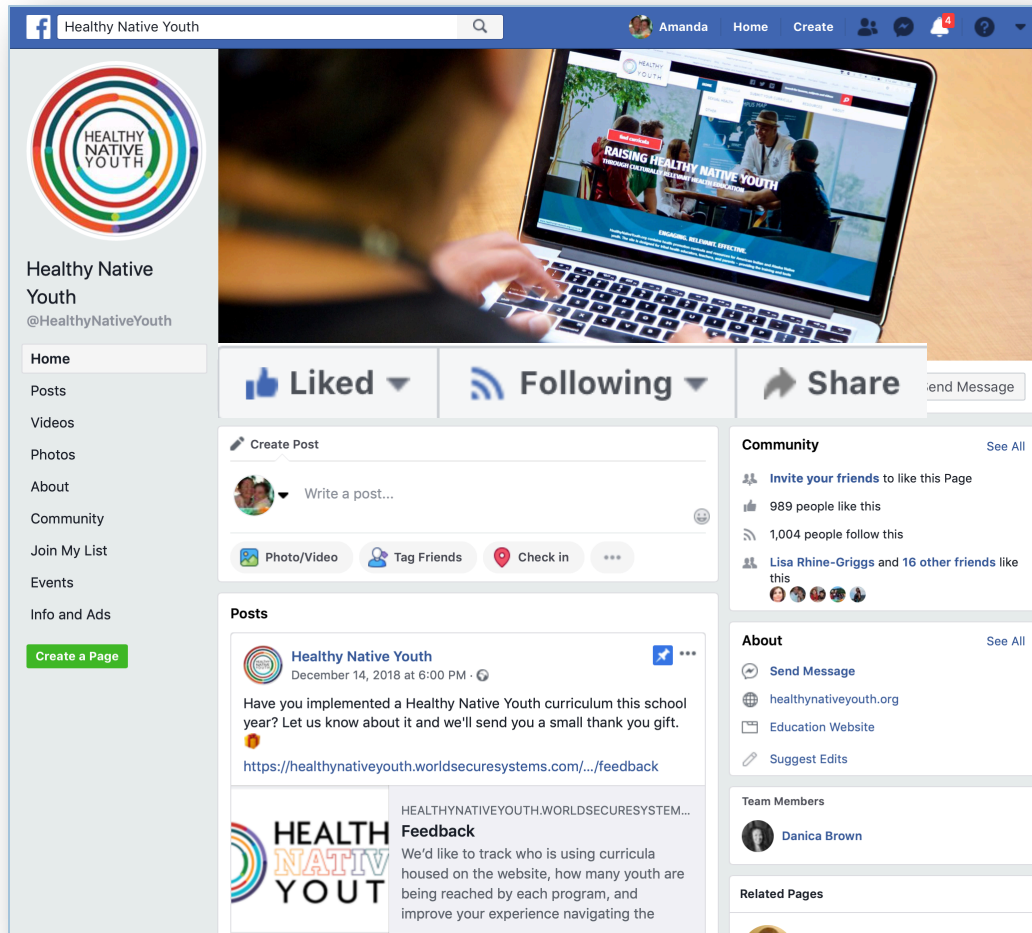
Have you decided on a curriculum?



Use the Chat Box
to tell us your:

- 1) SELECTION
- 2) EXPERIENCE
- 3) QUESTIONS

What do you KNOW? What can you SHARE?



1. Like *Healthy Native Youth* on Facebook,
2. Post to the Group
3. Receive a back-to-school kit!

Promotional Materials



ENGAGING. RELEVANT. EFFECTIVE.

HealthyNativeYouth.org is a one-stop-shop to expand learning opportunities for Native youth. The site includes curricula, trainings, and tools to help you deliver age-appropriate health programs.





Thinking Ahead...

□ **Ahead of the Game:**

- What am I doing to include LGBTQ2S youth?
- What is the community doing?
- What can I be better with?

□ **Who Can I invite to the next call?**

LGBTQ2S Inclusiveness

Guest Speakers: Jackie Malstrom & Nicole Trevino

April 10th (Wed.), 10-11am PST



Community of Practice Topics

Second Wed. of every month from 10-11PST	Community of Practice Focus
September 12 th	Using HNY to Select A Curriculum
October 10 th	Organizational Approval & Youth Recruitment
November 14 th	Implementation Planning & Fidelity Monitoring
December 12 th	Parent Engagement & How to Answer Parent Questions
January 9 th	Youth Engagement: Social Media & Text Messaging
February 13 th	Technical Assistance for Selected Curriculum & Trouble Shooting Tech Issues
March 13 th	Cultural Connectedness: Supporting Curriculum with Enhancement Activities
April 10th	LGBTQ2S Inclusion
May 8 th	New to the Rez: Becoming an Ally, Understanding & Working with Tribal Communities
June 12 th	Tap into Online Resources: We R Native & I Know Mine
July 10 th	Stay Connected: Community Engagement
August 14 th	HNY Feedback Session

Thank you! Other questions?

Contact:

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