



HEALTHY NATIVE YOUTH

**WE WILL START AT 10:00 AM PST.
TALK SOON!**

2SLGBTQ Inclusion in the Community & Classroom



HEALTHY² NATIVE YOUTH

2SLGBTQ INCLUSION IN THE COMMUNITY & CLASSROOM

GUEST SPEAKERS: MICK ROSE WAGGONER, BRIDGET VALENZUELA, MORGAN THOMAS, RENEA MENCHACA

February 12, 2020 from 10-11am PST



Today's Agenda

- **Welcome & Welcome Back!** (3 minutes)
- **Introduction** (12 minutes)
- **Level 1 – Just Getting Started** (10 minutes)
- **Level 2 – We're Getting There** (10 minutes)
- **Level 3 – Let's Celebrate** (8 minutes)
- **Discussion Time** (15 minutes)
- **Closing** (2 minutes)

Welcome & Welcome Back!

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Use the Chat Box to tell us:

- Your Name & Role
- **Email Address**
- How are you gauging what level of readiness your community is at?

Introduction

...with Mick Waggoner, *Dine, Omaha, Pawnee*

Pronouns: They/Them

Organization: Native American Youth and Family Center

Email: mickrosew@nayapdx.org

Phone: 503-288-8177 x 212





Support & Acceptance

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- Becoming a good accomplice and health educator
- Centering youth's hierarchy of needs
- What this might look like to someone in the 2SLGBTQ community



Maslow's hierarchy of needs



Support: Becoming an Ally

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Internal Work: Becoming an Ally

Suspend Judgements, be they from society or religion

Seek Knowledge in order to Resource and Educate yourself

Learn Language

- Gender Identities
- Sexual Identities

Find stories of Individuals to build empathy and compassion

- Documentaries: There's Heart Here, Decolonize Love, Fire Song, etc
- Podcasts: All My Relations, Gender Reveal
- Support Art, Culture and Music of 2SLGBTQ folx in your community

Trainings and Workshops locally and online

- Aorta
- Montana Two Spirit Society
- Family Acceptance Project



Support: Becoming an Accomplice

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External Work: Being an Accomplice for Systemic Change

It ALL Starts with you...TAKE ACTION

Attend a Pflag Meeting

<https://pflag.org/glossary>

Texting resource

- Text ALLY to 97779
- Text 2SLGBTQ to 97779

Watch

Queer Kids Video series

Create visibility of Safer Spaces

Signage, Pins, Ensuring Magazines available

Interrupt homophobia and transphobia

- Using pronouns proactively
- Asking others for their pronouns and name, ensuring those are respected
- Identifying Gender Neutral toilets and single user toilets and ensuring there is signage for folx use

Systemic Change

Tribal Equity Toolkit
Indigenizing+Love Toolkit

2SLGBTQ Community Readiness Survey



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Goal:

To successfully integrate the voice, expertise, and resources from all community members to improve the health and well-being of our 2SLGBTQ youth.

2SLGBTQ Community Readiness Survey



Goal of Community Readiness Survey:

To successfully integrate the voice, expertise, and resources from all community members to improve the health and well-being of our 2SLGBTQ youth.

Step 1: Identify community gatherings where 2SLGBTQ readiness survey can be distributed

Step 2: Distribute & Collect Survey

Step 3: Integrate survey results into current programming

Step 1: Identify Community Gatherings

1. Check the events that you can either host or co-host to collect community feedback on the current inclusion of Two Spirit and LGBTQ youth:

- | | |
|---|--|
| <input type="checkbox"/> Youth Events
List with dates/ times: | <input type="checkbox"/> Tribal Events
List with dates/ times: |
| <input type="checkbox"/> School Events
List with dates/ times: | <input type="checkbox"/> Parent Nights
List with dates/ times: |
| <input type="checkbox"/> Community Events
List with dates/ times: | <input type="checkbox"/> Cultural Nights
List with dates/ times: |

Indigenizing+Love Toolkit



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<https://www.westernstatescenter.org/indigenizinglove>

INDIGENIZING LOVE

*A Toolkit for Native Youth
to Build Inclusion*

INDIGENIZING LOVE

TOOLKIT HIGHLIGHTS

2
MODULES

1
ACTIVITY
WORKBOOK

SEVEN
ACTIVITIES

THREE
TWO-SPirit
LEADERSHIP PROFILES

100+
LINKS,
VIDEOS,
AND
RESOURCES

TOOLKIT & ACTIVITY WORKBOOK AT-A-GLANCE



Level 1 – Just Getting Started

...with Bridget Valenzuela (*Pascua Yaqui*)

Pronouns: she/her/hers

Organization: Pascua Yaqui Tribe, MSPI Program

Email: Bridget.Valenzuela@pascuayaqui-nsn.gov

Phone: (480) 768-2094



Level 1 - Visibility & Acceptance

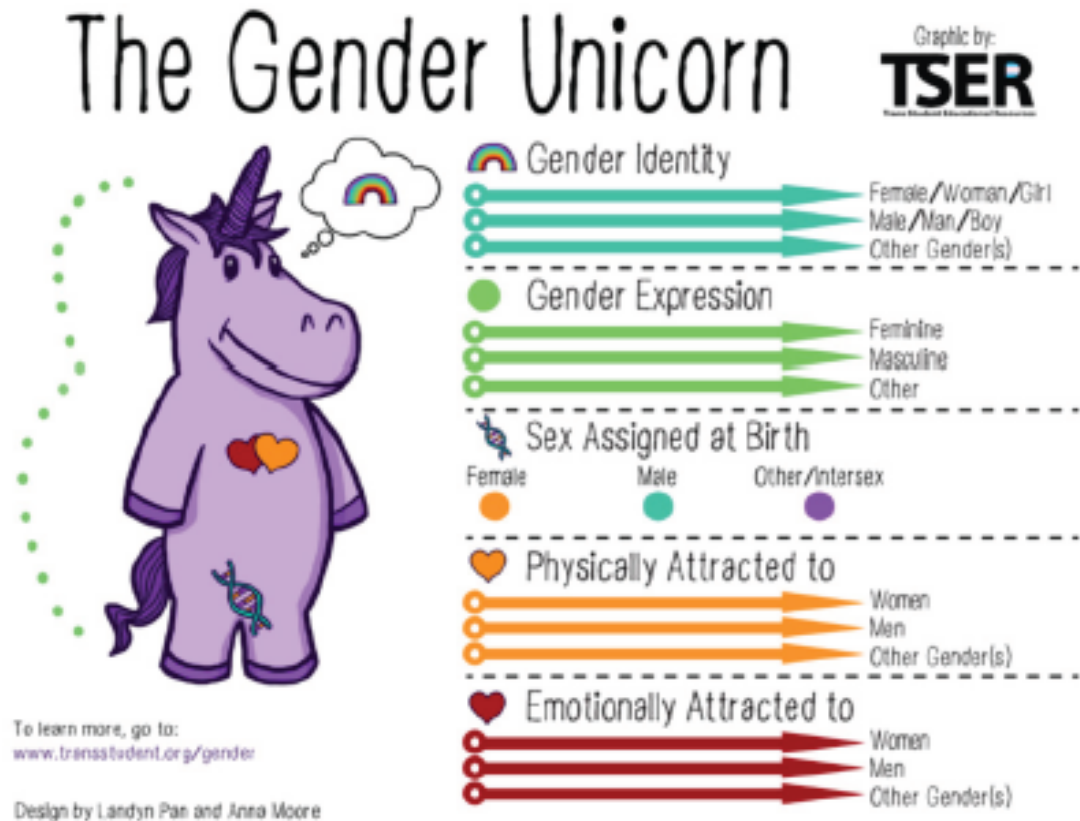
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Openly display

- Posters
- Pins
- Stickers



Email: Morgan Thomas at mthomas@npaihb.org



Detailed instructions about how to fill out your own Gender Unicorn can be found on the listed TSER website.



Identify Allies

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A horizontal bar with six segments of equal width, colored red, orange, yellow, green, blue, and purple from left to right.

**DIVERSE
INCLUSIVE
ACCEPTING
WELCOMING
SAFE SPACE
FOR EVERYONE**





Trainings & Free Posters

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- Trainings
 - ▣ Cultural Humility
 - ▣ Cultural Competency
 - ▣ Two Spirit Elders
 - ▣ Guest Speakers

- Free Materials
 - ▣ We R Native – Gear Page

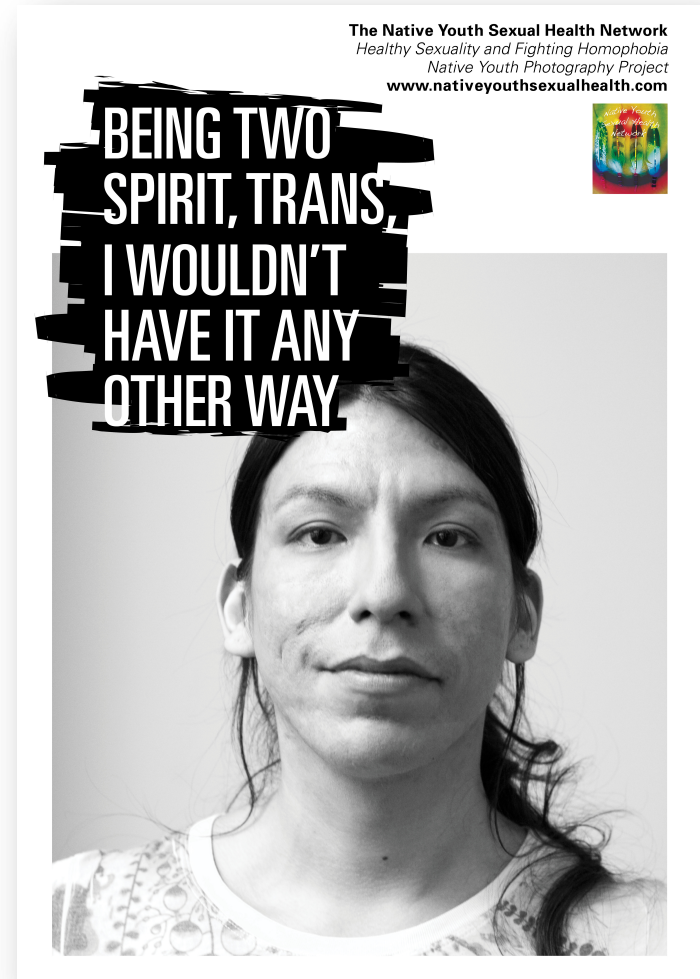


<https://www.wernative.org/gear/free-stuff>

Resources for Your Community

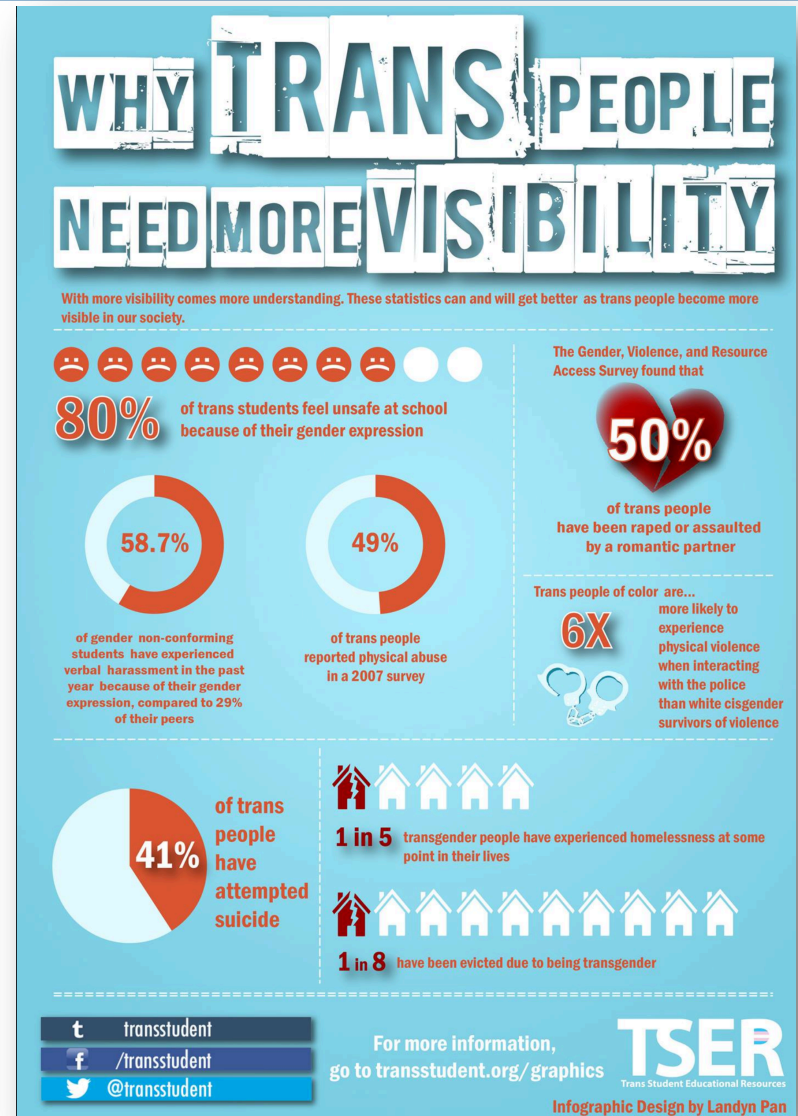
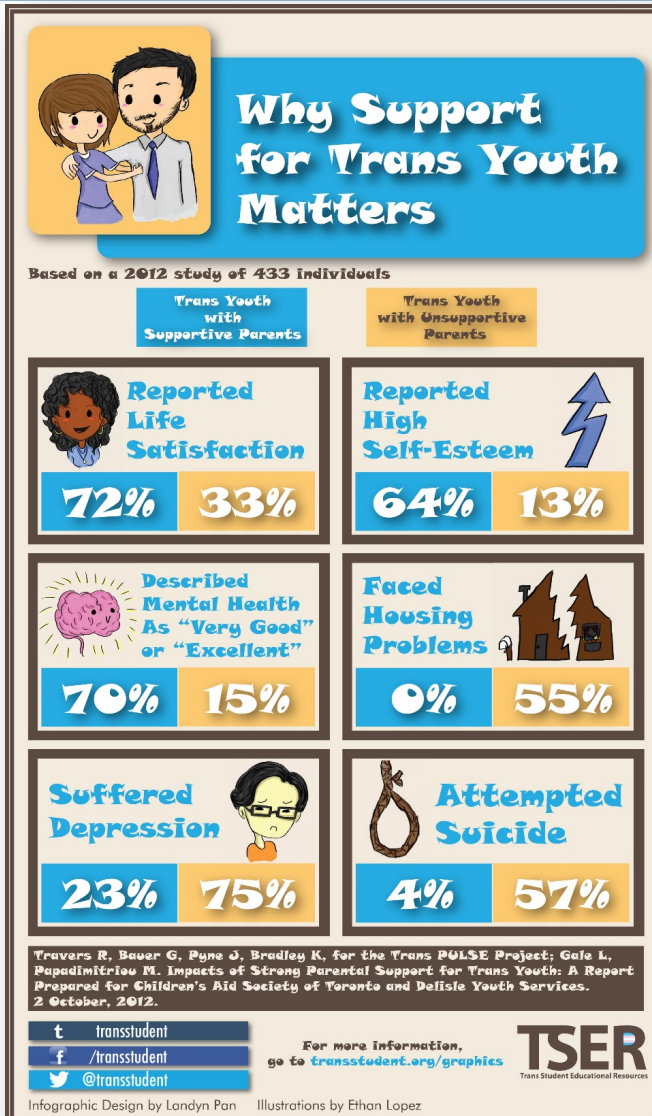


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<https://www.nativeyouthsexualhealth.com/>

Resources for Your Community



Level 2 – We're Getting There

...with Morgan Thomas

Pronouns: They/ Them

*LGBTQ 2 Spirit Outreach and Engagement Coordinator,
Northwest Portland Area Indian Health Board*

Email: mthomas@npaihb.org

Phone: 850.748.3458



*Northwest Portland Area
Indian Health Board*
Indian Leadership for Indian Health



**HEALTHY
NATIVE
YOUTH**

Level 2: We're Getting There



Areas of Strength

- Visibility
 - ▣ Two Spirit LGBTQ
 - ▣ Allies
- Initial Trainings
- Having conversations



Areas of Need

- Connection
- Infrastructural Support



Connection – Support Groups



2SLGBTQ Youth



Allies



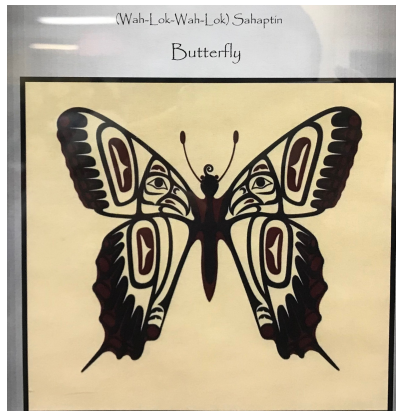
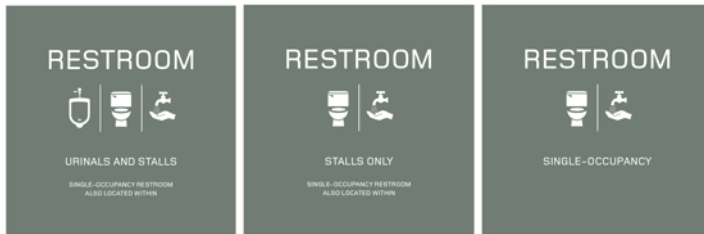
Native PFLAG Phoenix Chapter
Where everyone is **FAMILY!**
Support ♥ Educate ♥ Advocate



Support



Buildings



Gatherings & Events

My name is
Morgan, and I
use they/them
pronouns.



text
LGBTQ2S
to
97779



Level 3 – Let's Celebrate

...with Renea Menchaca (*Pascua Yaqui, White Mountain Apache*)

Pronouns: They/ Them

Two-Spirit Safe Space Alliance, NAYA

Email: ReneaL@nayapdx.org

Phone: 503-288-8177 ext. 221

Two Spirit



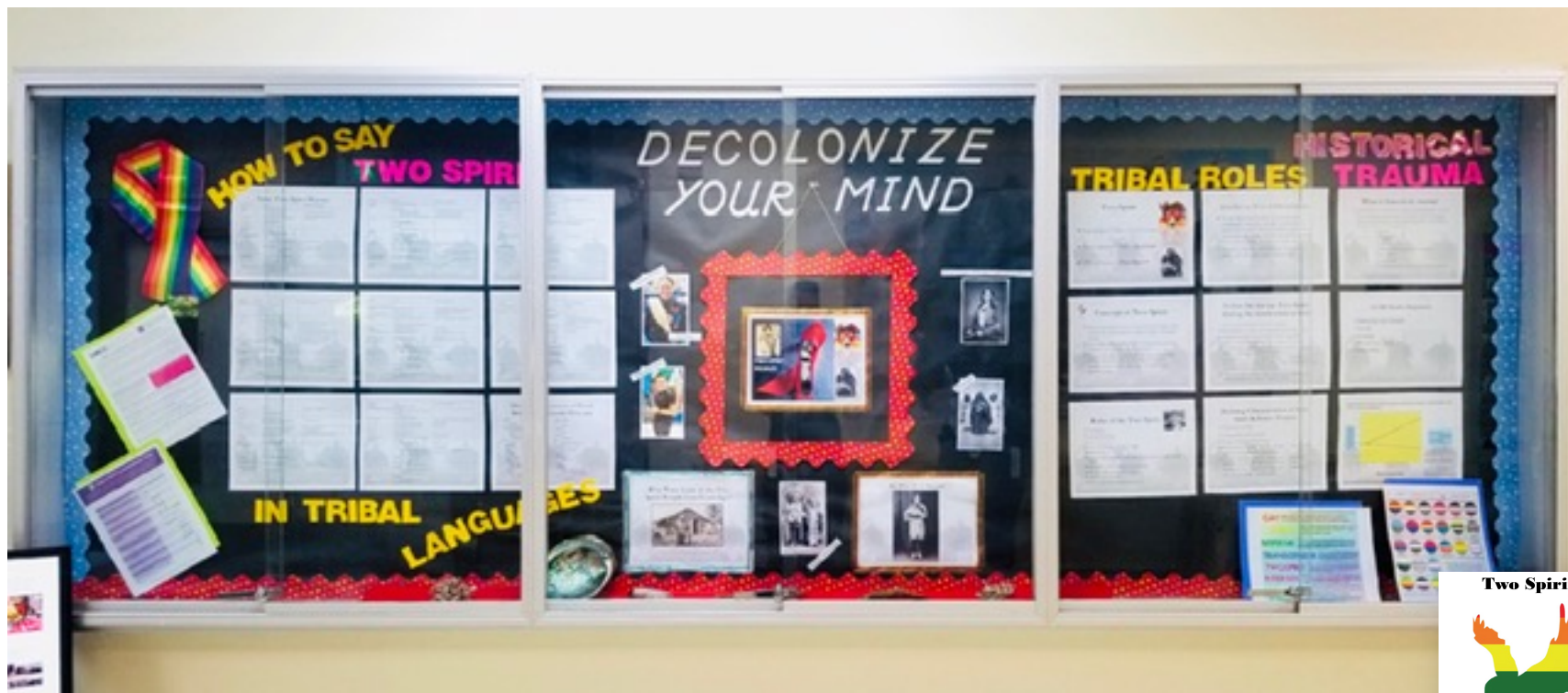
Safe Space Alliance



Upon Entering

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- Info on Impacts of Colonization & Historical Trauma on 2SLGTBQ tribal members





School Presence

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Classroom Door



In the Classroom



Staff Room



Youth Driven



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Inclusive Programming

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*Your presence is requested
at the LGBTQIA*

TWO SPIRIT PROM

DECOLONIZE YO LIFE

Saturday, June 9th, 2018 at six o'clock in the evening
NAYA FAMILY CENTER – PORTLAND, OR
5135 NE COLUMBIA BLVD

*Free, dinner, dancing and special performances
no registration required, lgbtqia youth ages 14 – 20*

FEATURING:
Gila River Monster, DJ
Carla Rossi, MULTIDISCIPLINARY ARTIST
Asa Wright, GRASS DANCER

Two Spirit



Safe Space Alliance

Winter 2020 Club Dates:

01/31	1:30pm-2:30pm	Rm 203
02/05	1:10pm-1:40pm	Rm 203
02/21	1:30pm-2:30pm	Rm 203
03/11	1:10pm-1:40pm	Rm 203
03/20	1:30pm-2:30pm	Rm 203



Club Contacts: Renea (503) 288-8177 x 221 or Mick (503) 288-8177 x212

- Build new friendships
- Enjoy culturally responsive projects
- Participate in planning efforts
- LGBTQIA 2-Spirit student friendly
- Leadership & Mentorship Opportunities

NATIVE AMERICAN YOUTH & FAMILY CENTER

1535 NE Columbia Blvd.
Portland, OR 97218
(503) 288-8177 x 221
www.nayapdx.org

Community Presence



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Resource Document

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Quick Resource List

- Documentaries
- Podcasts
- Social Media Channels
- Text Messaging
- Trainings/ Materials
- Terminology
- Free Print Materials



Discussion Time: Use the Chat Box...



Use the Chat Box
to tell us what
you think...

What do we
KNOW? What
can we *SHARE*?

Practice in Action



HEALTHY
NATIVE
YOUTH

Find Curriculum on Healthy Native Youth



Search for lessons, subjects and videos



HOME

CURRICULA & LESSONS

RESOURCES & SUPPORT

ABOUT

find curricula

RAISING HEALTHY NATIVE YOUTH THROUGH CULTURALLY RELEVANT HEALTH EDUCATION

ENGAGING. RELEVANT. EFFECTIVE.

HealthyNativeYouth.org contains health promotion curricula and resources for American Indian and Alaska Native

What do you KNOW? What can you SHARE?

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1. Like or Follow *Healthy Native Youth* on Facebook or IG,
2. Post to the Group
3. Receive a back-to-school kit!



Promotional Materials



**HEALTHY
NATIVE
YOUTH**

www.healthynativeyouth.org
[@healthyN8Vyouth](https://twitter.com/healthyN8Vyouth)
Listserve: Text "YouthNews" to 22828
Text Message: Text "Healthy" to 97779
fb.com/HealthyNativeYouth
native@npaihb.org



ENGAGING. RELEVANT. EFFECTIVE.

HealthyNativeYouth.org is a one-stop-shop to expand learning opportunities for Native youth. The site includes curricula, trainings, and tools to help you deliver age-appropriate health programs.





Thinking Ahead...

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□ **Who Can I invite to the next call?**

Title: ***Supporting Youth Experiencing Trauma in the Classroom & Beyond***

Guest Speakers: Alicia Mousseau, Laura Guay, & Veronica Willeto DeCrane from the National Native Children's Trauma Center

Date: *March 11, 2020 (Wed.), 10-11am PST*

□ **Ahead of the Game:**

▣ **How can I best support youth experiencing trauma?**

COMMUNITY OF PRACTICE

2020 Schedule

- **1/8/20** Who's the Best Health Educator Around?
Brush up on your Programming & Youth Skills
- **2/12/20** 2SLGBTQ Inclusion in the Community & Classroom
- **3/11/20** Supporting Youth Experiencing Trauma in the Classroom & Beyond
- **4/8/20** Keep Youth Safe on Social Media: Human Trafficking & MMIR
- **5/13/20** Youth Identity & Healthy Relationships
- **6/10/20** Prevention: Emerging Topics & Challenges
Youth Face
- **7/8/20** Raising Healthy Native Youth: Creating Positive Pathways

Watch Previously Recorded Sessions:

1. **Go to Healthy Native Youth website:**
<https://www.healthynativeyouth.org/>
2. **Go to Resources & Support Tab**
3. **Go to Recorded Sessions & Handouts**

We welcome you to join in Healthy Native Youth's Community of Practice monthly virtual gatherings that include new resources and opportunities to engage with topical experts and others!

HealthyNativeYouth contains health promotion curricula and resources for American Indian and Alaska Native youth. The site is designed for tribal health educators, teachers, and parents - providing the training and tools needed to access and deliver effective age-appropriate programs. www.healthynativeyouth.org

Second Wednesday of Every Month

10:00-11:00 AM PST



HEALTHY
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YOUTH

How to Join

**AT THE TIME OF MEETING,
JOIN US VIA ZOOM:
[HTTPS://ECHO.ZOOM.US/J/45
8332611](https://echo.zoom.us/j/458332611)**

**JOIN BY PHONE ONLY:
+1 669 900 6833
MEETING ID: 458 332 611
PRESS *6 TO MUTE YOUR LINE
WHEN NOT SPEAKING**



Thank you! Other questions?

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Contact:

Amanda Gaston

agaston@npaihb.org



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