Early Findings and Next Steps

Native STAND + Healthy Native Youth

Bill Lambert and Megan Skye
Since our last call...

We have emailed each site:

1. A report combining the pre- post- data for all of your youth
2. A report for all sites and all youth combined
   • You can compare your findings to those from the entire Native STAND Nation.
3. A list of key findings from the study – what we know to date
1. **Major Findings**
   - Barriers and facilitating factors in program delivery
   - Our Youth as they started Native STAND
   - Our Youth as they finished Native STAND

2. **Next Steps for Us**
   - Move Native STAND into Healthy Native Youth
   - Update and enhance -> “Native STAND 2.0”

3. **What does this mean for you?**
Major findings

Barriers and facilitating factors in program delivery
Geographical Reach of Native STAND
• 31 sites (65%) were able to implement within the 1st year following training.
• An additional 12 sites (23%) implemented in their 2nd or 3rd year.
• 4 sites (8%) implemented only in the first year and chose not to continue.
“I got feedback from a young man’s parents, and the dad was indicating that [Native STAND] made it easier to talk to him about the different STDs, and about relationships, because of what we’ve been implementing.” – Nichole Gonzales

“[Native STAND youth] are even being role models and mentors for their younger siblings and cousins -- they look up to them.” – Donna Quintana

“It’s just amazing, the conversations that these youth are having...they’re really not scared to talk about it. They just need a place to do it.” – Robby Bill
Barriers to implementing

- Site logistics, including space and scheduling issues (38%)
- Changes in primary educator (36%)
- Organizational changes - leadership, stability, or capacity (31%)
- Changes in other key staff (27%)
Facilitators of implementing

- Native STAND Project Staff (47%)
- Providing incentives for students (40%)
- Sharing resources and knowledge with other educators (36%)
- Sharing the educator role with another (33%)
- XX of the 43 sites which implemented (XX%) have reported continuing with Native STAND in some form.
What Units Were Taught?

<table>
<thead>
<tr>
<th>Units</th>
<th>% Of Implementations For Which We Have Lesson Fidelity Info</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-Welcome</td>
<td>92%</td>
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<tr>
<td>2-Team Building</td>
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<tr>
<td>3-Acting Out</td>
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<td>4-Culture Tradition</td>
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<tr>
<td>5-Honoring Diversity</td>
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<tr>
<td>6-Values and Goals</td>
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<tr>
<td>7-Hel. Relationships P1</td>
<td></td>
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<tr>
<td>8-Repro. Health P1</td>
<td></td>
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<tr>
<td>9-Repro. Health P2</td>
<td></td>
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<tr>
<td>10-Hooking Up</td>
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<tr>
<td>11-Preg. &amp; Parenting</td>
<td></td>
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<tr>
<td>12-Preventing Preg.</td>
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<tr>
<td>13-Condoms</td>
<td></td>
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<tr>
<td>14-STDs P1</td>
<td></td>
</tr>
<tr>
<td>15-STDs P2</td>
<td></td>
</tr>
<tr>
<td>16-HIV-AIDS P1</td>
<td></td>
</tr>
<tr>
<td>17-HIV-AIDS P2</td>
<td></td>
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<tr>
<td>18-Health Clinic</td>
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<tr>
<td>19-Whole Person</td>
<td></td>
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<tr>
<td>20-Hel. Relationship P2</td>
<td></td>
</tr>
<tr>
<td>21-Drugs &amp; Alcohol</td>
<td></td>
</tr>
<tr>
<td>22-Negotiation</td>
<td></td>
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<tr>
<td>23-Decision Making</td>
<td></td>
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<tr>
<td>24-Being a PE</td>
<td></td>
</tr>
<tr>
<td>25-Stages of Change</td>
<td></td>
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<tr>
<td>26-Effective Comm.</td>
<td></td>
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<tr>
<td>27- Putting It All Together</td>
<td></td>
</tr>
</tbody>
</table>

% Of Implementations For Which We Have Lesson Fidelity Info
Lessons taught By the Book vs. Not

% of Lessons Taught with All Activities Used

0% 10% 20% 30% 40% 50% 60% 70% 80% 90%


Lessons taught By the Book vs. Not

- 1-Welcome: 84%
- 2-Team Building: 75%
- 3-Acting Out: 71%
- 4-Culture Tradition: 61%
- 5-Honoring Diversity: 61%
- 6-Values and Goals: 58%
- 7-Hel. Relationships P1: 58%
- 8-Repro. Health P1: 58%
- 9-Repro. Health P2: 58%
- 10-Hooking Up: 75%
- 11-Preg. & Parenting: 75%
- 12-Preventing Preg.: 72%
- 13-Condoms: 72%
- 14-STDs P1: 72%
- 15-STDs P2: 72%
- 16-HIV-AIDS P1: 71%
- 17-HIV-AIDS P2: 71%
- 18-Health Clinic: 52%
- 19-Whole Person: 48%
- 20-Hel. Relationship P2: 48%
- 21-Drugs & Alcohol: 44%
- 22-Negotiation: 44%
- 23-Decision Making: 44%
- 24-Being a PE: 44%
- 25-Stages of Change: 44%
- 26-Effective Comm.: 44%
- 27-Putting It All Together: 44%

Lessons taught By the Book vs. Not
Major findings

Pre-questionnaire
Reach – Youth Participant Characteristics

- 85% AI/AN
- 83% Live in Rural Area
- 929 Youth
- 15 Years Median Age
- 52% Female
- 9% LGBTQ2S+

*929 youth completed both pre- and post- questionnaires

1,203 youth completed the pre-questionnaire only
Baseline Sexual Activity by Age

<table>
<thead>
<tr>
<th>Activity</th>
<th>14 and Under</th>
<th>15 and Over</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oral Sex</td>
<td>11%</td>
<td>26%</td>
</tr>
<tr>
<td>Vaginal Sex</td>
<td>17%</td>
<td>37%</td>
</tr>
<tr>
<td>Anal Sex</td>
<td>2%</td>
<td>13%</td>
</tr>
<tr>
<td>Pregnancy</td>
<td>3%</td>
<td>2%</td>
</tr>
<tr>
<td>STI Testing</td>
<td>9%</td>
<td>12%</td>
</tr>
</tbody>
</table>

% Responding Yes

14 and Under 15 and Over

Center for Healthy Communities
Oregon Prevention Research Center
Baseline Sexual Activity by Gender

<table>
<thead>
<tr>
<th>Activity</th>
<th>Girls</th>
<th>Boys</th>
<th>Trans/Non-Binary</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oral Sex</td>
<td>19%</td>
<td>25%</td>
<td>42%</td>
</tr>
<tr>
<td>Vaginal Sex</td>
<td>27%</td>
<td>30%</td>
<td>33%</td>
</tr>
<tr>
<td>Anal Sex</td>
<td>6%</td>
<td>8%</td>
<td>14%</td>
</tr>
<tr>
<td>Pregnancy</td>
<td>4%</td>
<td>4%</td>
<td>0%</td>
</tr>
<tr>
<td>STI Testing</td>
<td>12%</td>
<td>10%</td>
<td>7%</td>
</tr>
</tbody>
</table>

Center for Healthy Communities
Oregon Prevention Research Center
Baseline Sexual Activity by Orientation

<table>
<thead>
<tr>
<th>Activity</th>
<th>Straight</th>
<th>LGBTQ2S+</th>
<th>Unsure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oral Sex</td>
<td>24%</td>
<td>36%</td>
<td>7%</td>
</tr>
<tr>
<td>Vaginal Sex</td>
<td>35%</td>
<td>31%</td>
<td>12%</td>
</tr>
<tr>
<td>Anal Sex</td>
<td>8%</td>
<td>9%</td>
<td>4%</td>
</tr>
<tr>
<td>Pregnancy</td>
<td>4%</td>
<td>2%</td>
<td>2%</td>
</tr>
<tr>
<td>STI Testing</td>
<td>10%</td>
<td>17%</td>
<td>9%</td>
</tr>
</tbody>
</table>
Baseline Drugs and Alcohol by Age

<table>
<thead>
<tr>
<th></th>
<th>14 and Under</th>
<th>15 and Older</th>
</tr>
</thead>
<tbody>
<tr>
<td>Been Drunk</td>
<td>30%</td>
<td>47%</td>
</tr>
<tr>
<td>Cigarettes</td>
<td>27%</td>
<td>41%</td>
</tr>
<tr>
<td>Marijuana</td>
<td>5%</td>
<td>59%</td>
</tr>
<tr>
<td>Other Illegal Drugs</td>
<td>7%</td>
<td>10%</td>
</tr>
<tr>
<td>OTC Drugs</td>
<td>12%</td>
<td>6%</td>
</tr>
<tr>
<td>Rx Drugs</td>
<td>6%</td>
<td>14%</td>
</tr>
<tr>
<td>Inhalants</td>
<td>6%</td>
<td>9%</td>
</tr>
</tbody>
</table>
Baseline Drugs and Alcohol by Gender

![Bar chart showing the percentage of Responding Yes for different drugs by gender.

- **Been Drunk**
  - Girls: 30%
  - Boys: 40%
  - Trans/Non-Binary: 25%

- **Cigarettes**
  - Girls: 20%
  - Boys: 30%
  - Trans/Non-Binary: 15%

- **Marijuana**
  - Girls: 50%
  - Boys: 60%
  - Trans/Non-Binary: 40%

- **Other Illegal Drugs**
  - Girls: 10%
  - Boys: 20%
  - Trans/Non-Binary: 5%

- **OTC Drugs**
  - Girls: 15%
  - Boys: 25%
  - Trans/Non-Binary: 10%

- **Rx Drugs**
  - Girls: 10%
  - Boys: 15%
  - Trans/Non-Binary: 5%

- **Inhalants**
  - Girls: 5%
  - Boys: 10%
  - Trans/Non-Binary: 2.5%

Girls | Boys | Trans/Non-Binary
---|---|---
Been Drunk: 30% | 40% | 25%
Cigarettes: 20% | 30% | 15%
Marijuana: 50% | 60% | 40%
Other Illegal Drugs: 10% | 20% | 5%
OTC Drugs: 15% | 25% | 10%
Rx Drugs: 10% | 15% | 5%
Inhalants: 5% | 10% | 2.5%
Baseline Drugs and Alcohol by Orientation

![Graph showing the percentage of respondents who have tried various substances by orientation. The bars are color-coded as follows: Straight (dark red), LGBTQ2S+ (dark green), and Unsure (light blue). The substances include Been Drunk, Cigarettes, Marijuana, Other Illegal Drugs, OTC Drugs, Rx Drugs, and Inhalants.]
Baseline Abuse and Mental Health by Age

41% Bullying
32% Physical Abuse
9% 8% 8% Emotional Abuse
35% Depression
40% Suicidal Thoughts
31% Suicide Attempt

% Responding Yes

14 and Under
15 and Over
Baseline Abuse and Mental Health by Gender

The image displays a bar chart showing the percentage of respondents who have experienced different types of abuse and mental health issues by gender. The chart includes data for Bullying, Physical Abuse, Emotional Abuse, Depression, Suicidal Thoughts, and Suicide Attempts. The categories are color-coded and differentiated by gender:

- **Girls**
- **Boys**
- **Trans/Non-Binary**

The chart indicates the following percentages for each category:

- **Bullying**:
  - Girls: 47%
  - Boys: 28%
  - Trans/Non-Binary: 7%

- **Physical Abuse**:
  - Girls: 11%
  - Boys: 13%
  - Trans/Non-Binary: 15%

- **Emotional Abuse**:
  - Girls: 8%
  - Boys: 27%
  - Trans/Non-Binary: 25%

- **Depression**:
  - Girls: 52%
  - Boys: 44%
  - Trans/Non-Binary: 44%

- **Suicidal Thoughts**:
  - Girls: 86%
  - Boys: 23%
  - Trans/Non-Binary: 29%

- **Suicide Attempt**:
  - Girls: 57%
  - Boys: 14%
  - Trans/Non-Binary: 13%
Baseline Abuse and Mental Health by Orientation

% Responding Yes

- Bullying: 35% Straight, 61% LGBTQ2S+, 40% Unsure
- Physical Abuse: 11% Straight, 13% LGBTQ2S+, 10% Unsure
- Emotional Abuse: 11% Straight, 28% LGBTQ2S+, 7% Unsure
- Depression: 38% Straight, 32% LGBTQ2S+, 33% Unsure
- Suicidal Thoughts: 33% Straight, 26% LGBTQ2S+, 19% Unsure
- Suicide Attempt: 18% Straight, 51% LGBTQ2S+, 18% Unsure

Oregon Prevention Research Center

Prevention Research Centers
Major findings

Comparison of pre- to post- questionnaires (n = 923)
Pre/Post Differences – “Can use condom correctly” - Age
Pre/Post Differences – “Can use condom correctly” - Gender

<table>
<thead>
<tr>
<th>Gender</th>
<th>Pre</th>
<th>Post</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>37%</td>
<td>55%</td>
</tr>
<tr>
<td>Male</td>
<td>45%</td>
<td>60%</td>
</tr>
<tr>
<td>Trans/Non-Binary</td>
<td>22%</td>
<td>67%</td>
</tr>
</tbody>
</table>
Pre/Post Differences – “Can use condom correctly” - Orientation

![Bar chart showing percentage answering definitely sure pre and post for different orientations: Straight, LGBTQ2S+, Unsure.](chart.png)
Pre/Post Differences – “Can get a condom” - Age
Pre/Post Differences – “Can get a condom” - Gender

- **Female**: Pre: 39%, Post: 50%
- **Male**: Pre: 49%, Post: 61%
- **Trans/Non-Binary**: Pre: 44%, Post: 56%
Pre/Post Differences – "Can get a condom" - Orientation
Pre/Post Differences – “Had conversation about sex with friends” - Age

![Bar chart showing the percentage of respondents answering yes to the question "Had conversation about sex with friends" before (Pre) and after (Post) the intervention. The chart compares responses within the age groups of 14 and Under and 15 and Over.]
Pre/Post Differences – “Had conversation about sex with friends” - Gender

<table>
<thead>
<tr>
<th>Gender</th>
<th>Pre (%)</th>
<th>Post (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>32</td>
<td>43</td>
</tr>
<tr>
<td>Male</td>
<td>27</td>
<td>34</td>
</tr>
<tr>
<td>Trans/Non-Binary</td>
<td>44</td>
<td>50</td>
</tr>
</tbody>
</table>
Pre/Post Differences – “Had conversation about sex with friends” - Orientation

[Bar chart showing percentages for Straight, LGBTQ2S+, and Unsure categories pre and post intervention.]

Center for Healthy Communities
Oregon Prevention Research Center
Next Steps

- Improvements and enhancements to Native STAND
- Incorporating Native STAND into the Healthy Native Youth program
Improvements to Native STAND

- Make the curriculum more affirmative and inclusive of LGBTQ+2S youth.
- Make more extensive use of digital technology to deliver the learning activities.
- Add current issues: historical trauma, suicide, opioids, sexting, trafficking, vaping, sexual assault awareness
- Add journaling and mindfulness exercises
- Add personal plan for healthy relationships
Current actions

• Moving content to www.healthynativeyouth.org

• June workshop with 18 educators generated a “wish list” of recommendations and needs.

• Testimonials were video-taped for future marketing efforts.

• Plans are being made to develop new online technical support and training modules.
What does this mean for you?

How can you get technical assistance?
Please keep going with Native STAND!

- Sorry, but we can no longer process the pre- post- questionnaires!
  - But you can do this yourself. Just be careful to keep things anonymous and private.
  - We are happy to send you e-files for any of our supporting materials, but we cannot respond fast.
    (email Dr. Lambert at lambertw@ohsu.edu)

- Documentation is being added to the Healthy Native Youth website (www.healthynativeyouth.org)

- Participate in the Community of Practice calls (second Wednesdays at 10 AM PST)
Thank you!

• We are continuing to perform analyses and to write reports.

• We will send you copies as the reports are completed over the coming months.

• Soon you will receive copies of PowerPoint slides that you can use as you please to present your findings to your communities.