This activity was adapted from the National Indian Child Welfare Association (NICWA) and Native It’s Your Game – Clinic Teen-friendliness Survey

Healthynativeyouth.org
BINGO Data Collection
This activity was adapted from the National Indian Child Welfare Association (NICWA).

**Activity Overview: BINGO! Collect Community-based Feedback (~60-120 minutes)**

**Activity Purpose:** Bingo is a fun activity that can bring community members together in one place. Organizing a bingo night can be a great forum to collect community-based data that involves many community members—from youth to elders.

Community-based data can be around any topic you are hoping to gather community input on. For example, you can collect data on cultural strengths, program feedback, services feedback, after-school activities, satisfaction surveys, community-needs assessment, health topics, feedback on youth data reports, or how teen-friendly your clinic is.

**Materials:**
- Bingo cards (number varies by number of people and number of games)
  - You can print out free bingo cards here: [http://myfreebingocards.com/numbers/1-75](http://myfreebingocards.com/numbers/1-75)
- Bingo markers or daubers
- Individual slips of paper with each bingo number (75)
  - If you play more than one round, have 75 number slips for each round.
- Survey or Feedback questions
- Pens (enough for each participant)
- Flipchart or whiteboard
- Markers
- Prizes (e.g. cash, t-shirts, posters, coffee mugs, scarves, etc. Include one special ‘wild card’ prize)
- ‘Thank you’ gifts (e.g. gift cards, coffee gift cards, museum passes, etc.)

**Planning Process:**
- Location – consider locations that folks can get to easily, or places that folks regularly meet (e.g. elders’ center, community center, tribal building, library, or school)
- Transportation – consider offering or arranging for transportation, if necessary
- Combined Events – consider if there are opportunities to combine with other community events like community dinners, Bingo hall/night, cultural nights, et cetera
- Refreshments – consider offering traditional foods and refreshments
- Opening Prayer – consider inviting an elder to open with a blessing or prayer
- Volunteers/ Helpers – 1) Facilitator/ Bingo Caller, 2) Distribute Materials, 3) Scribe

**Preparations:**
- Print out slips of paper (75). On each slip of paper write or print one bingo number and leave one or two inches of blank space. Make sure that every bingo number is on a slip
of paper. If you plan to play more than one round of bingo, you should print out number slips for each round (75 x the number of rounds = number of paper slips).

- Have a list of questions prepared around the data you are hoping to gather.
  - Example Questions - Page 5 includes a list of example questions you can use as a guide for your data collection. These questions were adapted from the Native It’s Your Game Clinic teen-friendliness survey and include a template to include community recommendations that can be developed with community members.

<table>
<thead>
<tr>
<th>Activity Outline</th>
<th>Activity Components</th>
<th>Timing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Welcome &amp; Program</td>
<td>• Welcome Participants – Introduce Yourself &amp; Your Project (e.g. program goals, what you’re collecting feedback for, how it will be used, etc.)</td>
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<tr>
<td>Background</td>
<td>• Say, “It can’t be stressed enough how important and useful it is to get your feedback. Thank you for being willing to help us out. Rather than give you a boring survey or asking you questions, we thought it would be more fun to get your feedback through a game of Bingo”.</td>
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<tr>
<td></td>
<td>• Blessing/ Pray</td>
<td>5 minutes</td>
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<td></td>
<td></td>
<td>Time varies</td>
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<tr>
<td>Bingo!</td>
<td>• Instructions</td>
<td>5 minutes</td>
</tr>
<tr>
<td></td>
<td>• Procedures</td>
<td>Time varies</td>
</tr>
<tr>
<td>Closing</td>
<td>• Thank participants</td>
<td>5 minutes</td>
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<tr>
<td></td>
<td>• Distribute thank you gifts</td>
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</tbody>
</table>
BINGO Data Collection Procedures

Read Aloud Instructions (5 minutes)

- You will be given numbered strips of paper. On these paper strips, please write your answers to the questions I’ll ask you. We will then collect these strips and mix them up in this large (insert e.g. bowl, box, basket, etc.).
- Just like in regular Bingo, you will get a card and marker. I’ll then pull out one paper strip at a time. I’ll call out the number, you’ll mark it on your Bingo card, and we will record that answer on (insert flipchart, whiteboard, etc.), until someone has Bingo. We’ll keep going until all the strips are called. The game will finish with a discussion on the feedback you all will have given. At this time, you’ll all have a chance to earn a ‘wild card’ which I’ll tell you about later.
- Just so you know, our Bingo prizes are (insert) and each of you will receive (insert) as a token of our appreciation for your feedback and time. Any questions before we start?

Procedures (time will vary)

1. Hand out numbered slips of paper (at least one per person).
2. Hand out Pens.
3. Read out feedback questions. Remind participants to write their answers on numbered paper strips.
4. Collect the bingo slips (when questions are finished), place them in a large bowl, and mix them up.
5. Hand out bingo boards and daubers (markers).
6. Draw & Call Out bingo slips and read the answer written on the slip.
7. Record Answers (i.e. on a flip chart, or whiteboard) where everyone can see.
   *Having an assistant do this can be very helpful to move the action along. When duplicate activities/ responses are listed, add a check or hash mark to indicate the duplication.
8. Continue to Draw Slips until there is a winner(s).
9. Offer a prize to the winner(s).
   *Repeat the drawing until all of the slips have been drawn. When the last of the bingo numbers are drawn you may not yet have a winner and there will likely be more data to gather.
10. Discussion Time. When finished, tell group they now have a chance to earn their “wild card” numbers to complete bingo.
   a. Ask the group to review the list that has been generated. Report out on the numbers and types of activities.
   b. Ask if this seems right.
   c. Ask if anything is missing.
   d. Award each person who offers an additional activity/ response a “wild card” to place on any bingo number.
   e. Continue until you have a winner.
   f. Ask the group if there is anything else that should be added to the data.
g. Take a few minutes to discuss the data and ask if there are any impressions and to talk about why people listed these things.

h. Talk about what is important to people.

i. Take notes and use them to help make sense of the data later...and to show you value their feedback.

Closing

- Thank participants for their time and for playing along and providing their valuable feedback. Remind them what for and how you will be using their feedback.
- Distribute thank you gifts.
- Leave your contact information and provide any relative communication about next meeting, upcoming newsletter, etc.
*Example Questions for Data Collection*

The following survey questions were created to gauge how teen-friendly your local or tribal clinic is. The questions have been adapted to be used with the Bingo data collection activity.
How teen-friendly is your clinic?
Adapted from the Teen-friendliness Clinic Survey from Native It’s Your Game.

1. Do you know what the clinic hours of operation are? If so, what are they?
2. Where have you seen clinic hours posted or publicized?
3. Where would you recommend they be posted or publicized?
4. What hours or days would you recommend the clinic be open to make it easier for teens schedules?
5. Do you know what the clinic service costs are (e.g. low-cost or no-cost for tribal members)?
6. Where would you recommend the clinic post their service costs?
7. How and when does the clinic send out appointment reminders?
8. Are there other ways and times teens might like to receive reminders?
9. Can teens receive an appointment within the same week they call?
10. Does the clinic have a hotline? Do you know that number?
11. How easy to see are clinic signs?
12. How teen-friendly do you think clinic signs are?
13. How LGBTQ2S friendly do you think clinic signs are?
14. Would you recommend any changes to clinic signs to be more inclusive for teens, LGBTQ2S youth, or Indigenous languages speakers?
15. Where would you recommend these signs be posted or publicized?
16. Is there any way the clinic can have a more private entrance?
17. Where would you recommend creating a separate waiting area for youth (i.e. an obscure corner or alcove or behind a divider)?
18. Where would you recommend waiting rooms signs be posted that assure youth their information is kept private and confidential, as well as the assurance they will be seen, even if they are not able to pay for their services be posted?
19. Are there ways the clinic can be better at keeping people who are walking by from seeing who’s inside the waiting room?
20. Do you have any recommendations to improve or include transportation for teens to get to the clinic and back home?
21. What teen-friendly magazines, music, games, or LGBTQ2S materials would you suggest for the waiting room?
22. What pamphlets or health education materials or topics would you recommend the clinic display?
23. What recommendations would you give to make clinic forms more teen-friendly?
24. In what ways could clinic staff better support teens during their appointment?
25. Where could condoms be confidentially stored?
26. What recommendations would you give for clinic staff to build ongoing professional health care relationships with teens?
27. Is there anything that we’re missing?

Thank you!
*Example Clinic & Policy Changes*

The following document can be adapted together with the community to let folks know you value and respect their feedback. If there’s an opportunity to share how their feedback has helped to identify gaps and/or create new policies or clinic procedures, report this back to the community to keep the conversation going!

This template can help guide the process of taking inventory of your clinic’s current policies/procedures and what your community has recommended.

1. Edit each section of the “What We’re Doing” column to reflect your clinic’s current procedures.
2. Once you have your clinic policies and procedures updated, fill in what you community recommended during the Bingo data collection activity.
3. Share this with your community members!
We Hear You! Now, Let’s Get to Work.

1. Edit each section of the “What We’re Doing” column to reflect your clinic’s current procedures.
2. Once you have your clinic policies and procedures updated, fill in what you community recommended during the Bingo data collection activity and how you will implement those changes, when, and with whose help.
3. Share this with your community members!

<table>
<thead>
<tr>
<th>What We’re Doing</th>
<th>Community Recommendations</th>
<th>Changes We Will Make</th>
<th>Timeline &amp; Who’s Responsible</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CLINIC ACCESS</strong></td>
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<tr>
<td>Transportation Options</td>
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<tr>
<td>✓ Subsidize transportation costs for teens (i.e. shuttle service, providing public transportation passes, etc.) if applicable</td>
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<tr>
<td>Clinic Hours/Days of Operation</td>
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<tr>
<td>✓ Offer teens-only clinic hours during times that teens can access them</td>
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<tr>
<td>✓ Provide walk in hours for teens</td>
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<tr>
<td>Clinic Waiting Time</td>
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<tr>
<td>✓ Ensure teens can speak with a live person with minimal transfers and minimal wait time when they call</td>
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<tr>
<td>✓ Schedule teen’s appointment within a week of their call for an appointment</td>
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<tr>
<td>Appointment Reminders</td>
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</tbody>
</table>
Call or text teens with appointment reminders if teens elect to get reminders.

**Clinic Signs/Access**
- Use signs for teens that are fun and eye-catching

**Clinic Advertising/Marketing**
- Publicize services provided by the clinic at local schools, online, and in newsletters
- Distribute materials such as brochures/pamphlets/cards, that indicate low or no cost services
- Distribute materials such as brochures/pamphlets/cards that indicate confidentiality of services (e.g. information is not shared and
| **is kept private and confidential)** |  |  |
| **Teen hotline** | ✅ Have a teen hotline |  |  |

**WAITING ROOM**

**Privacy/Confidentiality**

- Have teens wait in an area that is not easily viewed by others in the clinic or by people walking outside
- The waiting area is only shared by people using similar services and/or by other teens if applicable
- Websites/resources for waiting area for teens

**Waiting Room Environment**

- Post signs that are relevant and welcoming to teens
- Have soothing activities while they wait, such as paper and crayons for drawing, coloring books, and/or materials for craft projects
- Consider playing movies to help pass the waiting time
- Websites/resources for creating waiting room environment for teens

**Posters**
- Take down baby or medical posters and replace them with teen friendly health posters

**Magazines**
- Put out teen magazines.
- Ask the library to donate old books that teens may like such as glossy fashion and celebrity magazines.

**Pamphlets/Health Education Materials**
- Provide teen appropriate/friendly health information which doesn’t sound preachy

**Teen Friendly Paperwork**
- Have a staff member help teens to complete the forms
- Make sure that the language in forms is teen friendly and at no higher than a 7th grade reading level
  Reading levels on forms can be checked at some websites such as [http://www.readability-score.com/](http://www.readability-score.com/)

**Teen Friendly Orientation Materials/Sessions**
- Include health education sessions/materials with age-
appropriate language and positive images of teens.

- Websites/resources to buy /obtain teen friendly health education materials include:
  - ETR Associates: http://www.etr.org/home
- Display health education materials in exam rooms, waiting rooms, and restrooms so that teens can read them at their convenience and in privacy

EXAM and EXAM ROOM

Posters

- Have teen posters and teen friendly health posters.

- Website/resource for teen posters:
Pamphlets
   ❖ Have teen friendly pamphlets explaining what to expect in a pelvic exam.

Health care providers
   ❖ Female Healthcare Providers such as Nurse Practitioner, Health Counselor available for female teens
   ❖ Providers treat teens with respect and positive regard
   ❖ Providers are supportive, honest, trustworthy and friendly
   ❖ Providers are able to explain and clarify health information to teens in an understandable way.
   ❖ Providers listen to teens carefully and respectfully
   ❖ Providers assure confidentiality (e.g., information of teens is not shared and is kept private and confidential)
   ❖ Some sources/tools for serving teen patients:
     Delayed Pelvic Exams
     ❖ Offer delayed pelvic exams in appropriate situations, e.g., if menstruating
<table>
<thead>
<tr>
<th>CONDOMS</th>
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<tbody>
<tr>
<td>✤ Provide free condoms for teens</td>
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<td></td>
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<tr>
<td>✤ Provide condoms in confidential places for teens to pick up such as the restroom</td>
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<thead>
<tr>
<th>TEEN INVOLVEMENT</th>
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<tbody>
<tr>
<td>✤ Involve teens in developing and implementing health care programs for teens</td>
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</table>

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<thead>
<tr>
<th>CLINIC SERVICES</th>
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<tbody>
<tr>
<td>✤ When services cannot be provided onsite, it is important to be able to refer youth elsewhere.</td>
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<tr>
<td>✤ Offer Emergency Contraception on site and provide advance prescriptions</td>
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<tr>
<th>FOLLOW UP</th>
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<tbody>
<tr>
<td>✤ Have a staff follow up with teens who are pregnant, had a positive STD result or Pap test, need a repeat pregnancy test, or had other issues such as dating violence or homelessness.</td>
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<tr>
<td>✤ Answer teens’ questions about their birth control methods</td>
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<tr>
<td>✤ Remind clients when their next</td>
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</tbody>
</table>
follow-up visit is due
- Websites/resources for follow-up with teens