



# Human Trafficking Quick Guide

Adapted by the Community of Practice workgroup:

- San Diego Regional Human Trafficking-CSEC Advisory Council
- Innovations Human Trafficking Collaborative (IHTC)
- Department of Children, Youth & Families

# Signs of Youth Trafficking

*Here are some red flags and indicators that may clue you in that a youth is being trafficked.*

## Physical Clues

- Traffickers often use violence to retain control
- Signs of sexual assault or abuse
- Sometimes bruises are hidden under the hair or clothing
- Dark glasses, broken bones
- New Tattoos



## Behavioral Clues

- Quickly escalates to anger or defensiveness; trying to hide something
- Depression or anxiety
- Reclusive, no eye contact, ashamed, PTSD, depression, suicidal
- Self-blame/self-loathing
- Loss of sexual desire, feelings, or response



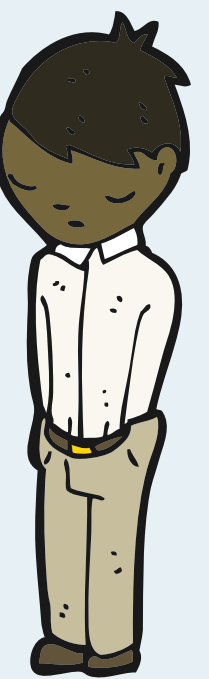
## Changes in Lifestyle

- Multiple cell phones you didn't buy
- Always texting on cell
- Has an unusually large number of friends on social networks, cell phone contacts
- Alluring messages from others:
  - "You're beautiful" or
  - "Can I be your friend?"
- Messaging and pictures allude to sexual activity
  - Sexting
  - Sending or posting nude/sexually related photo
- Profile photo is sexually provocative
- Posting with other young females or adults whom you do not know
- Pictures with sexually revealing poses (used in ads)
- Internet/web history shows access to certain websites used to post escort ads and solicit sex buyers
- Hotel key card(s)
- Clothing, shoes, a wardrobe you didn't buy
- Has hair and nails done regularly
- Dresses inappropriately or carries a change of clothes
- New, expensive purse, jewelry or other luxury items, gifts
- Prepaid credit cards (traffickers provide these for ads & escorts)



## Social Clues

- Changes in use of language or terminology
- May have an adult boyfriend/girlfriend or close adult companion
- Their friends are not a group they would normally have
- Traffickers will isolate victims from others & closely monitor them



## Changes in Habits & Patterns

- Sleep deprivation or sleep cycle is off, nightmares
- Appears malnourished
- Hyper-sexualization
- Grades drop, tired, late or missing of school
- Frequently runs away from home
- Drug use or increase in drug use
- Is gone a lot yet doesn't explain why, or to where
- His or her story doesn't add up
- Trust issues, difficulty maintaining relationships
- Disconnection from family, community
- Teen pregnancy



# EMOJIS USED BY TRAFFICKERS TO SELL YOUTH

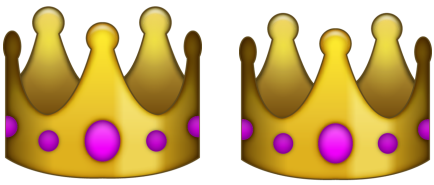
Know, so you can keep youth safe



1

## SINGLE CROWN

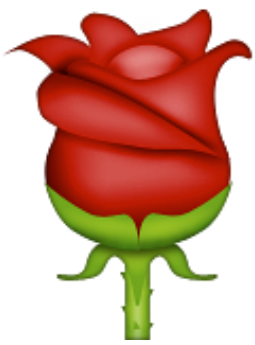
A single crown indicates the victim is advertising themselves and does not deal with a trafficker.



2

## DOUBLE CROWN

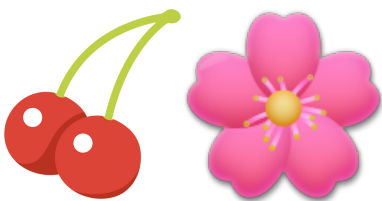
A double crown indicates the victim is advertising themselves and deals with their trafficker.



3

## HOW \$\$\$ TO BUY

The number of roses may indicate the youth's price (how much it costs to buy her or him).



4

## VIRGINITY

A cherry or cherry blossom implies youth virginity, or that they are underage.



5

## YOUTH IS A MINOR

A growing heart indicates the victim is a minor under 18 years old and/ or is “child-like”.



6

## NEW IN TOWN

An airplane indicates the victim is ‘new in town’ and that the buyer must travel to the designated city where the victim is located.

# Child Trafficking

# SEX RELATED ACRONYMS

It's important to know the hidden language that traffickers use to communicate with their victims.

**IWSN** I want sex now

**GNOC** Get naked on camera

**NIFOC** Naked in front of computer

**LH6** Let's have sex

**CU46** See you for sex

**53X** Sex

**CD9** Parents around/Code 9

**9** Parent(s) watching

**99** Parents gone

**PIR** Parents in room

**KPC** Keeping parents clueless

**POS** Parents over shoulder

**SUGARPIC** Suggestive or erotic photo

**LMIRL** Let's meet in real-life

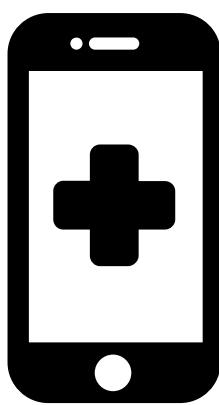
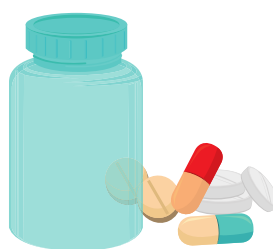
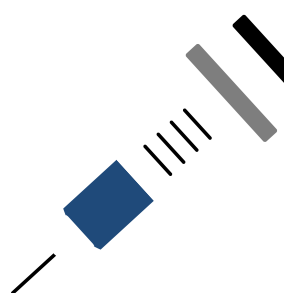
**8** Oral sex

**TDTM** Talk dirty to me

**IPN** I'm posting naked

**WTTP** Want to trade pictures?

**GYPO** Get your pants off





# PARENTAL CONTROL APPS

If you are concerned about your youths online presence, trust your gut, and follow up. Check out some Internet Filter Softwares that might work for your family.

## BARK

Created by parents, for parents to offer a better, easier, and more effective way to keep children safe online.

- Monitor texts, email, YouTube, and 30+ apps and platforms
- Get alerts for issues like cyberbullying, online predators, suicidal ideation
- Manage screen time
- Filter which websites your kids can visit
- Keep up with kids with location check-ins

One price regardless of the size of your family — or the number of devices they have.



[www.bark.us](http://www.bark.us)



[www.teensafe.com](http://www.teensafe.com)

## TEENSAFE

Prevents distractions from dings, snaps and clicks from your young driver's phone. Automatically. TeenSafe is an iOS compatible subscription service for parents of young drivers that disables your young driver's phone, except for the ability to send and receive phone calls, while they are driving..

## NET NANNY

Parents can monitor their family’s online activity and customize filters for each user. Net Nanny blocks inappropriate content in real-time and provides the option to block, warn or allow users when viewing websites. Families can use Net Nanny® to protect users from pornography, online predators, cyber bullying, and other threats that compromise online safety. It is able to filter the internet, monitor your child’s online activity, and block unsafe materials while still allowing kids access to safe websites.



[www.netnanny.com/](http://www.netnanny.com/)



[www.avg.com](http://www.avg.com)

## AVG FAMILY SAFETY

Protect youth against online predators, blocks inappropriate content, and sends you instant alerts if there’s a problem..

## WEBWATCHER

Monitor discretely from your secure online account. View all Recorded Data or leverage our Alert Log, which highlights only items identified as Risky Behavior. Protect youth against all online and offline dangers:

- online predators
- suicide prevention
- inappropriate behavior
- cyber bullying
- sexting
- drug & alcohol use



[www.webwatcher.com/](http://www.webwatcher.com/)

# GRACE BAGS

Human Trafficked Victims are told over and over again that no one cares about what happens to them. Show them you care by putting together a backpack full of the donated items below. Check with your Tribal clinic or call the National Human Trafficking Hotline to find a location to donate to at 1-888-373-7888.

- Pajamas (Elastic waist pants and sleep shirt. All sizes needed.)
- Socks (1 pair)
- Blanket
- Journal or spiral-bound notebook
- Pens (2)
- Hairbrush
- Shower puff and shower gel (travel size)
- Shampoo (travel size)
- Chap Stick
- Small stuffed animal (with tags still attached)
- Tampons (2) and liners (2) in a small Zip Loc bag
- Lotion (travel size)
- Deodorant (travel size)
- Granola bar (no chocolate)
- Bottled water
- Mini flashlight with batteries
- Small hand sanitizer



# HUMAN TRAFFICKING & MMIR RESOURCES

## CRISIS HOTLINES

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### National Suicide Prevention Lifeline

Call (24/7): 1-800-273-8255

Text: "START" to 741741

<https://suicidepreventionlifeline.org/>

### Human Trafficking Hotline

Call (24/7): 1-888-373-7888

Text HELP to 233733

<https://humantraffickinghotline.org/>

### RAINN - National Sexual Assault Hotline

Call (24/7): 1-800-656-HOPE

<https://www.rainn.org/>

### Stronghearts - Native Domestic Violence Helpline

Call (7am-10pm CST): 1-844-7NATIVE

<https://www.strongheartshelpline.org/>

### Love is Respect - National Domestic Violence Hotline

Call (24/7): 1-866-331-9474

Text: "loveis" to 22522

<https://www.loveisrespect.org/>

## TRAININGS & MATERIALS

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### SOAR ONLINE

<https://www.train.org/resources/01/5d/26/ae616de82d66f5c1d98ca62af1.pdf>

### QUESTION. PERSUADE. REFER. INSTITUTE

<https://qprinstitute.com/>

### INNOVATIONS HUMAN TRAFFICKING COLLABORATIVE

[www.innovationshtc.org](http://www.innovationshtc.org)

### SOVEREIGN BODIES INSTITUTE

[www.sovereign-bodies.org/](http://www.sovereign-bodies.org/)

### HOMELAND SECURITY - BLUE CAMPAIGN

[www.dhs.gov/blue-campaign](http://www.dhs.gov/blue-campaign)

### OFFICE FOR VICTIMS OF CRIME - HUMAN TRAFFICKING

<https://ovc.ncjrs.gov/humantrafficking/>

## PRINT MATERIALS

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### NATIVE YOUTH TOOLKIT ON HUMAN TRAFFICKING

[https://www.acf.hhs.gov/sites/default/files/otip/native\\_youth\\_toolkit\\_on\\_human\\_trafficking.pdf](https://www.acf.hhs.gov/sites/default/files/otip/native_youth_toolkit_on_human_trafficking.pdf)

### RIGHTS4GIRLS

<http://rights4girls.org/>

### SEX TRAFFICKING IN INDIAN COUNTRY ADVOCACY CURRICULUM

<https://www.tribaltrafficking.org/sex-trafficking-advocacy-curriculum>

## TEXT MESSAGE SERVICES

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### National Human Trafficking Hotline

Text "HELP" to 233733

### National Suicide Prevention Lifeline:

Text "START" to 741741

### Love is Respect:

Text "loveis" to 22522

## VIDEOS

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### The Life Story

[www.thelifestory.org](http://www.thelifestory.org)

### Ask Auntie & Ask Uncle

[www.weRnative.org](http://www.weRnative.org)

## SOCIAL MEDIA

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@Rights4Girls

@Human Trafficking in Indian Country

@weRnative

@iknowmine