



HEALTHY NATIVE YOUTH

**WE WILL START AT 10:00 AM PST.
TALK SOON!**

Escape the Vape: Tobacco & Vaping



HEALTHY² NATIVE YOUTH

ESCAPE THE VAPE: TOBACCO & VAPING

GUEST SPEAKERS: RYAN SEALY, ANTIONETTE AGUIRRE,
KERRI LOPEZ, MARK PETRIE, THOMAS GHOST DOG, AND
DR. STEPHANIE CRAIG RUSHING

June 10, 2020 from 10-11am PST

BLACK

ALTERNATIVE

LIVES

ALTERNATIVE

MATTER

ALTERNATIVE



Today's Agenda

- **Welcome & Welcome Back!** (3 minutes)
- **Attack of Tobacco: E- Cigs 101** (10 minutes)
- **We R Native Youth Tobacco Survey** (10 minutes)
- **Sacred Tobacco** (20 minutes)
 - Reclaiming Tradition Video(5 minutes)
- **Discussion Time** (10 minutes)
- **Closing** (2 minutes)

Welcome & Welcome Back!

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Image Source: Healthy Native Youth, NPAIHB

Use the Chat Box to tell us:

- Your Name & Role
- **Email Address**
- How do we reclaim and reframe tobacco use?

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E-Cigs 101

...with **Ryan Sealy**
(Chickasaw)

*Northwest Portland Area
Indian Health Board*

Email: rsealy@npaihb.org

Phone: (503) 416-3304

...with **Antionette Aguirre**
(Navajo)

*Northwest Portland Area Indian
Health Board*

Email: AAguirre@npaihb.org

Phone: (503) 416-3304



*Northwest Portland Area
Indian Health Board*
Indian Leadership for Indian Health

What is Tobacco?

Tobacco is a plant, which is prepared by drying the leaves



History

- ❑ First used by Native Americans
- ❑ Not all Native Americans used traditional tobacco
- ❑ Can be used for ceremonies, gifts, offerings, and medicine
- ❑ European settlers cultivated tobacco in 1672
- ❑ Over time 7,000 chemicals have been added
 - ❑ **70 are known to cause cancer**
- ❑ Today, commercial tobacco **kills 50% of it's users**, and it's still sold for profit



Image Source: Google Images





Electronic cigarettes

- E-cigarette, ENDS (Electronic Nicotine Delivery System), vape pen, mod, etc.
- Mimics the act of smoking a cigarette
- Inhale aerosol that usually contains nicotine, along with other ingredients
- E-cigarettes AND e-liquids are NOT FDA approved
- Little to no evidence proven they're a "healthy alternative" or cessation tool
- 7 FDA-approved medications

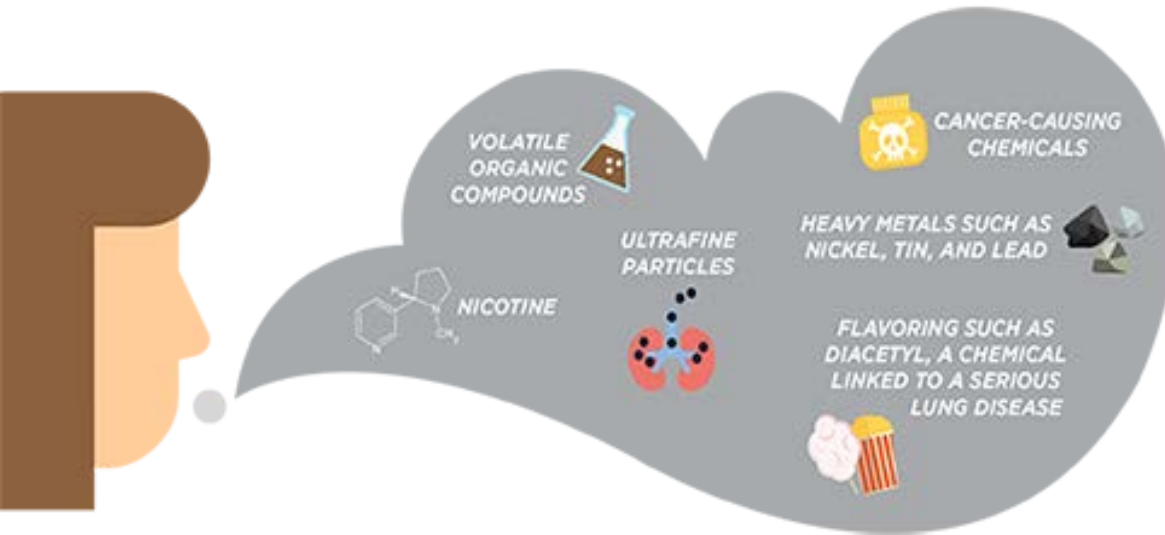




Image Source: Google Images



Dangers





Dangers conti.

- Flavor additives – appealing to youth (**over 7,500 flavors**)
- Contains toxic chemicals (Diacetyl-popcorn lung)
- **Secondhand** vaping and potentially **third-hand** exposure
- FDA up against the tobacco industry
- Less harmful doesn't mean harmless OR safe



Image Source: Google Images



American Association of Poison Control Centers

Human exposures to e-cigarettes and liquid nicotine



Year	Number of Cases
2011	269
2012	459
2013	1,540
2014	4,012
2015	3,733
2016	2,899
2017	2,470
2018	3,139
2019	5,236
2020 YTD	1,485

2020 by Month	Number of Cases
January	366
February	303
March	267
April	269
May	280





Marketing to our Youth

In 2016, **4 in 5** middle and high school students in the U.S. reported exposures to e-cigarette advertisement from at least one source.

Youth are exposed to e-cigarette advertisements from multiple sources.

Sources of e-cigarette advertisement exposure



14.4 MILLION
youth are exposed at
retail stores



10.5 MILLION
youth are exposed
through the Internet



9.6 MILLION
youth are exposed
through TV/movies



8 MILLION
youth are exposed through
magazines/newspapers

Marketing



- ❑ Ads targeting youth are copying Big Tobacco
- ❑ Flavors that are appealing to the youth (chocolate, strawberry, cotton candy, mint, grape, etc.)
- ❑ ENDS proponents are deceptively marketing the products to the public—especially to young adults via social media—as a “safe” alternative to smoking and an easy way to quit smoking tobacco cigarettes and entice use with flavors attractive to youth; and



Image Source: Google Images





Market Ads

**TAKE BACK
YOUR FREEDOM**

with **blu eCigs®**, the smart alternative to cigarettes.

- Smoke Virtually Anywhere
- No Tobacco Smoke, Only Vapor
- Flavors Made in the U.S.A.

**WHY QUIT?
SWITCH TO BLU**

- Have the Freedom to Smoke Anywhere
- No Tobacco, No Ash, No Smell
- All Flavors Made in the U.S.A.



Market Ads cont.

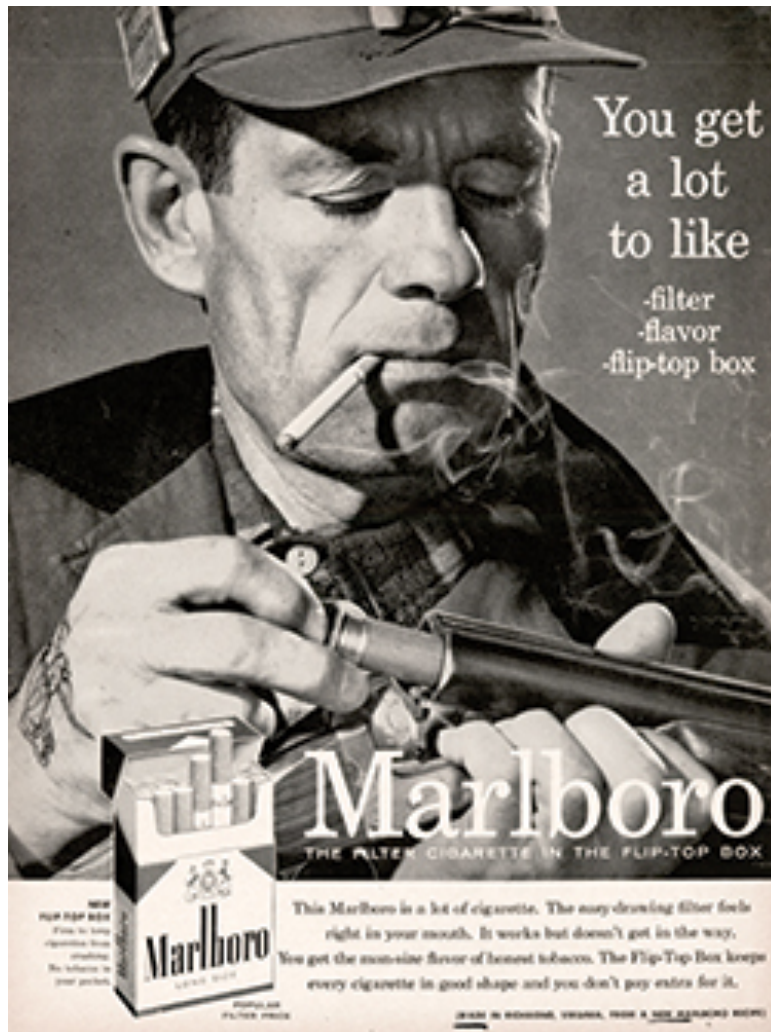


Image Source: Google Images



Market Ads conti.



Image Source: Google Images





Targeting our people

- Targeting sovereignty/ laws
- Use of false Native American imagery
- Event marketing
- Tribal gaming
- False reports regarding economic consequences of banning smoking at work (economic scare tactics)



Image Source: Google Images



Image Source: Google Images



Zoom Poll...



Image Source: We R Native, NPAIHB

Take the Zoom poll...

Vaping-related lung injuries & death

- **2,807 hospitalized of e-cigarette, or vaping, product use associated lung injury (EVALI)** reported to CDC
 - ▣ From all 50 states
 - ▣ median age was 24 years, ranged from 13–85 years*
- **68 vaping-related deaths** have been confirmed in 29 states
 - ▣ Median age of deceased was 49.5 years, ranged from 15-75 years
- **Vitamin E acetate** has been identified as concern and link - additive, most notably as a thickening agent in THC-containing e-cigarette, or vaping, products.
 - ▣ Investigation still underway for contribution of other chemicals of concern, chemicals in either THC or non-THC products
- Outbreaks are decreasing, new cases continue to be reported

*Information current as of January 14, 2020

Updated as of February 18, 2020

Youth Tobacco Survey

...with **Thomas Ghost Dog Jr.** (Burns Paiute/ Oglala Sioux),

*Northwest Portland Area
Indian Health Board*

Email:

tghostdog@npaihb.org

...with **Dr. Stephanie Craig Rushing, MPH, PhD**

*Northwest Portland Area
Indian Health Board*

Email: scraig@npaihb.org



*Northwest Portland Area
Indian Health Board*
Indian Leadership for Indian Health

We R Native Vaping Survey



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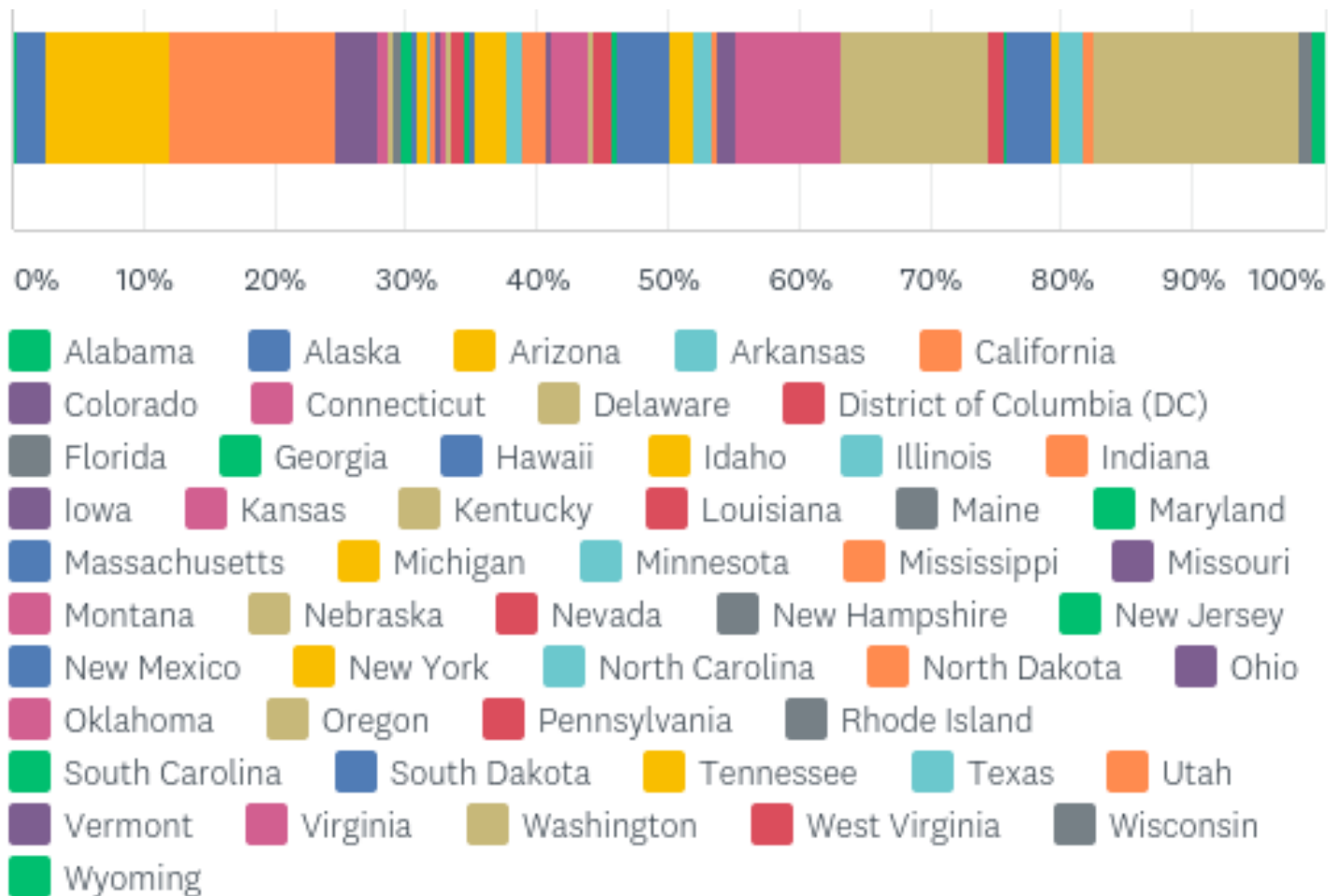
Friday, May 01, 2020

289

Total Responses

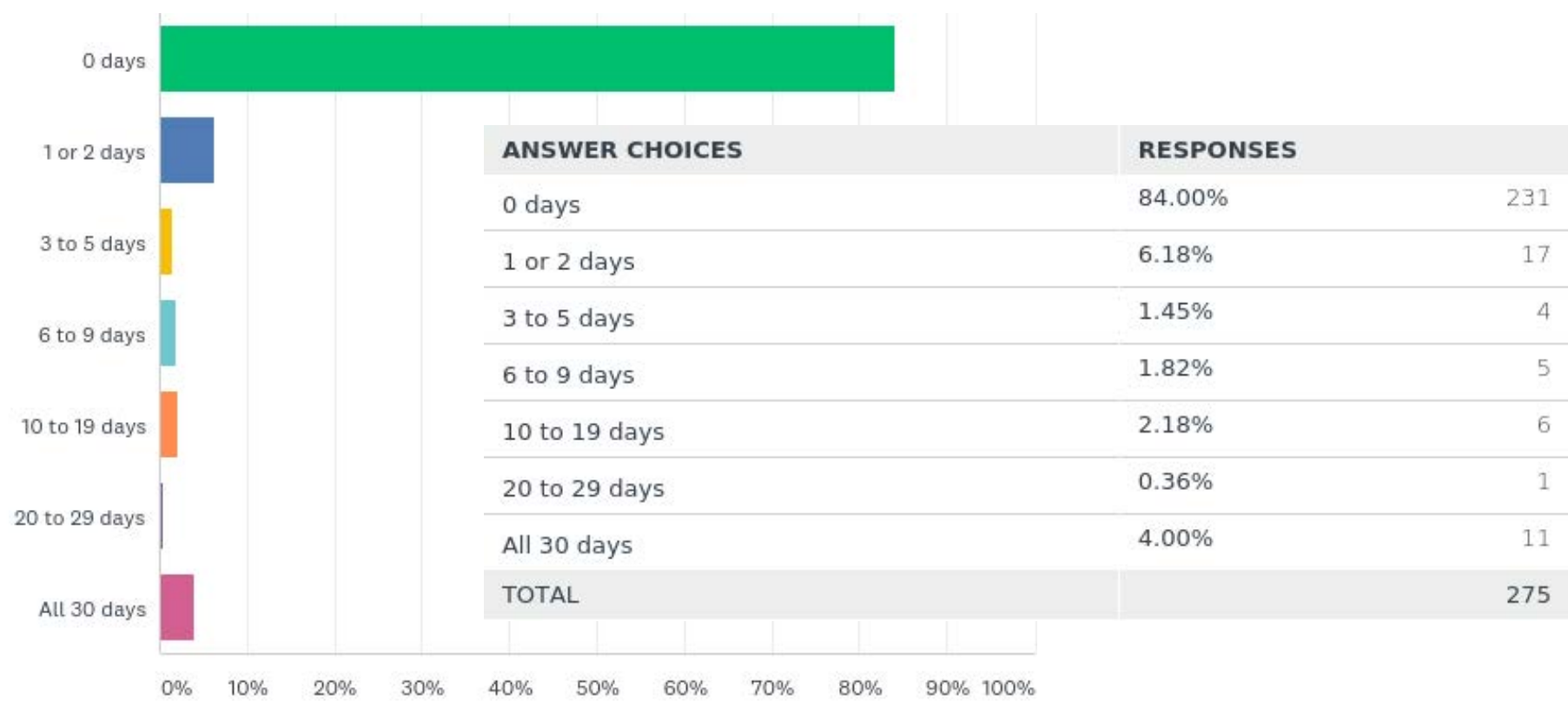
Q3: What state do you live in most of the time?

Answered: 275 Skipped: 14



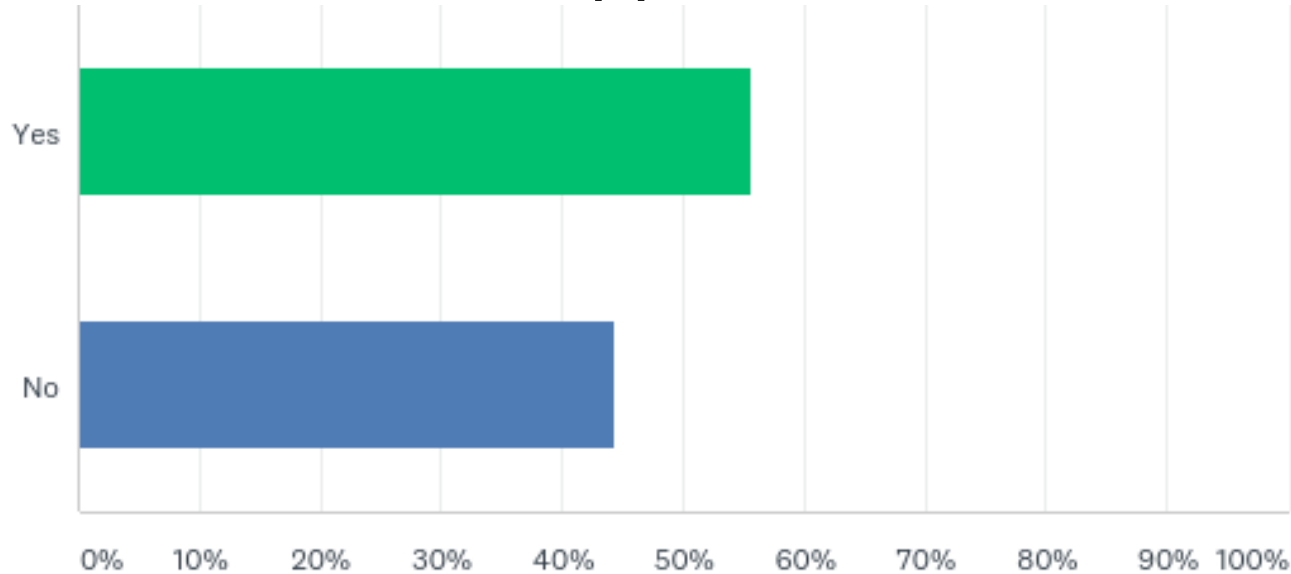
Q4: During the past 30 days, how many days did you smoke cigarettes?

Answered: 275 Skipped: 14



Q5: Have you ever used an electronic vapor product?

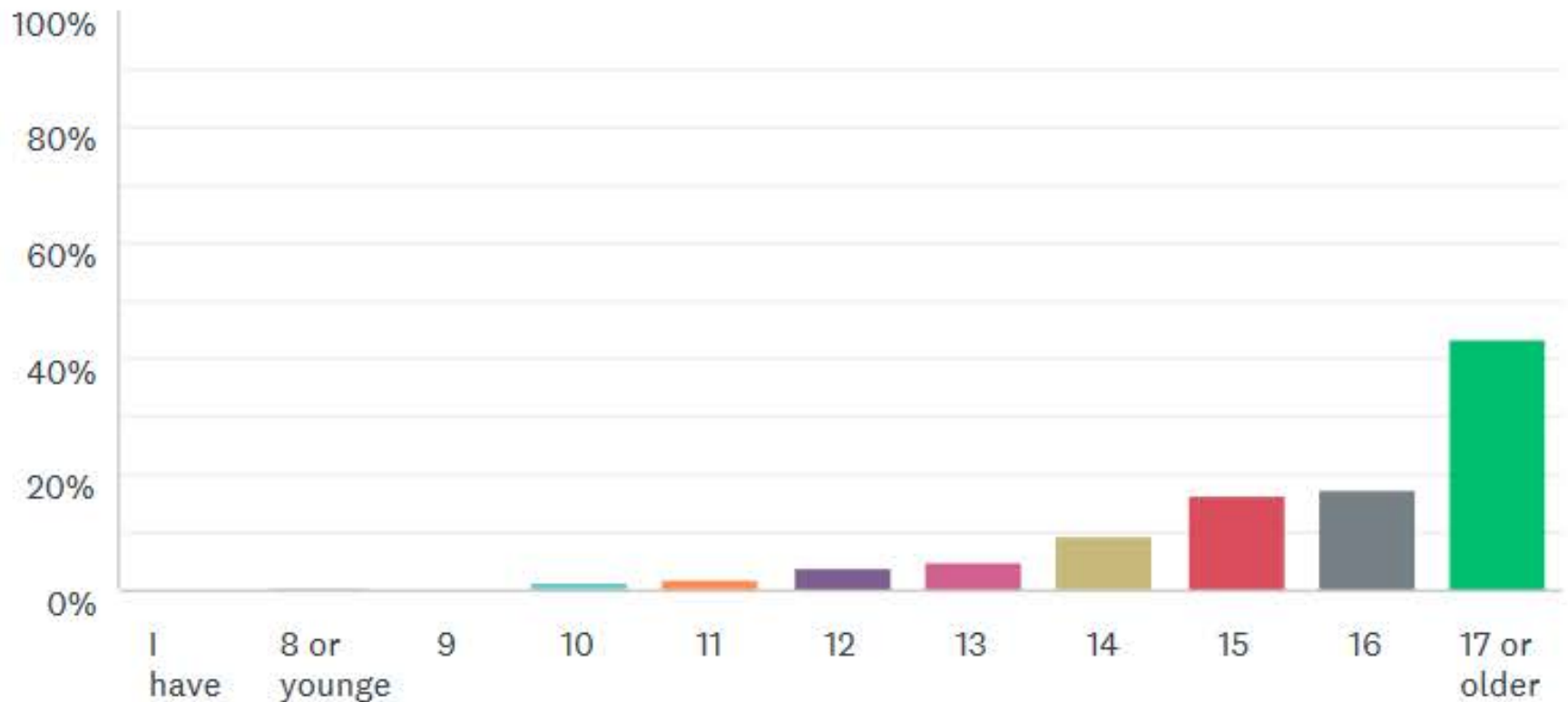
Answered: 275 Skipped: 14



ANSWER CHOICES		RESPONSES	
Yes		55.64%	153
No		44.36%	122
TOTAL			275

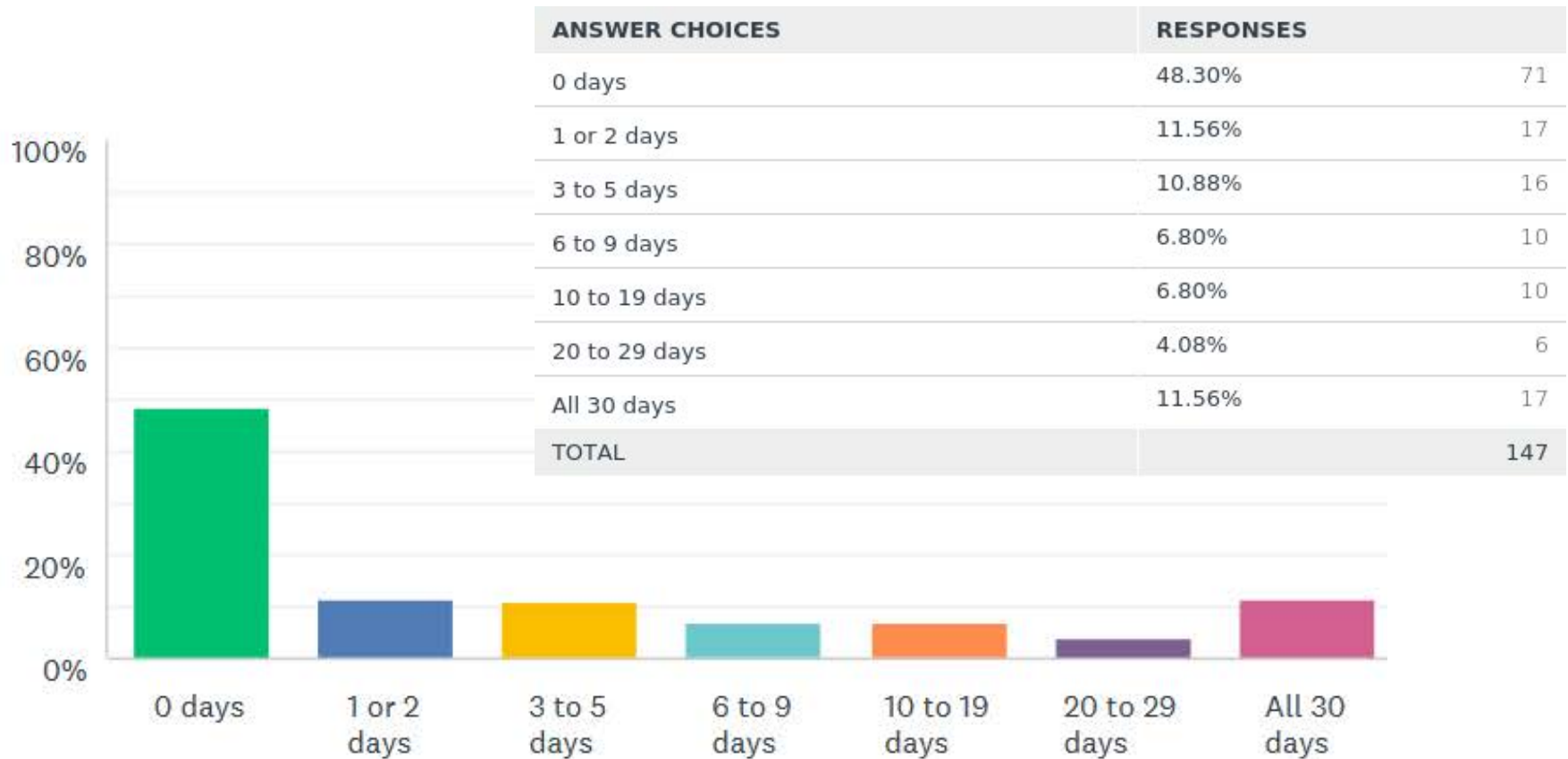
Q6: How old were you the first time you used an electronic vapor product?

□ Answered: 147 Skipped: 142



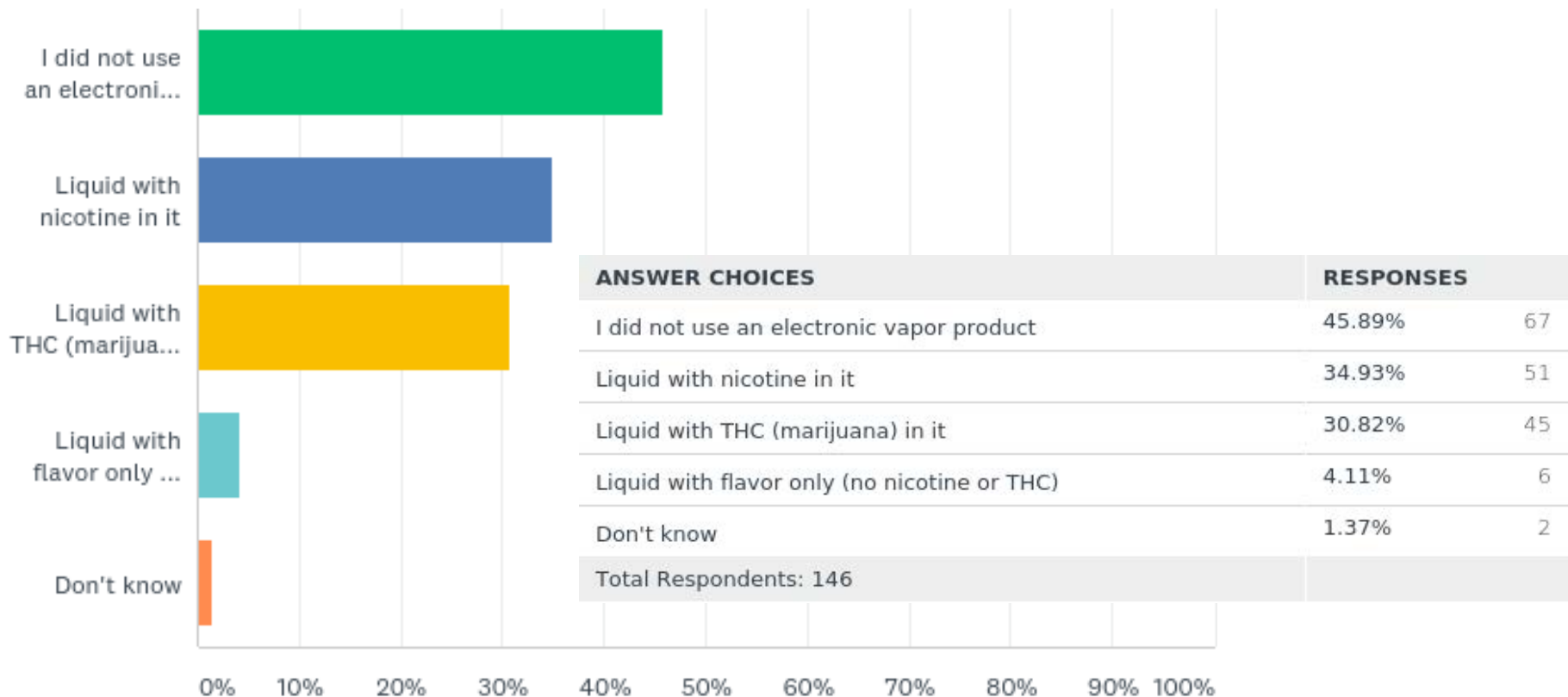
Q7: During the past 30 days, on how many days did you use an electronic vapor product?

□ Answered: 147 Skipped: 142



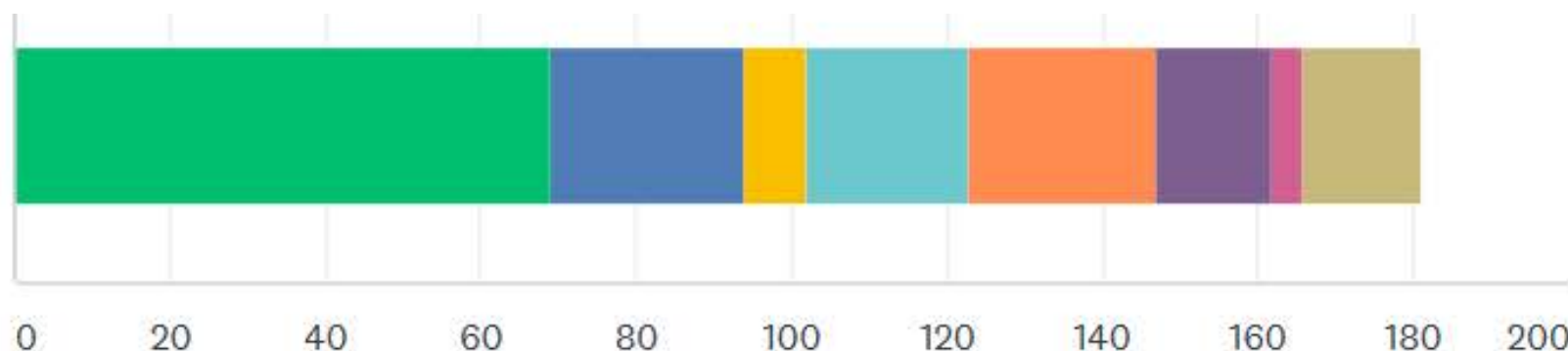
Q8: During the past 30 days, what type of substances did you use in an electronic vapor product? Select all that apply.

Answered: 146 Skipped: 143



Q9: During the past 30 days, how did you usually get your electronic vapor products? Select all that apply.

□ Answered: 147 Skipped: 142

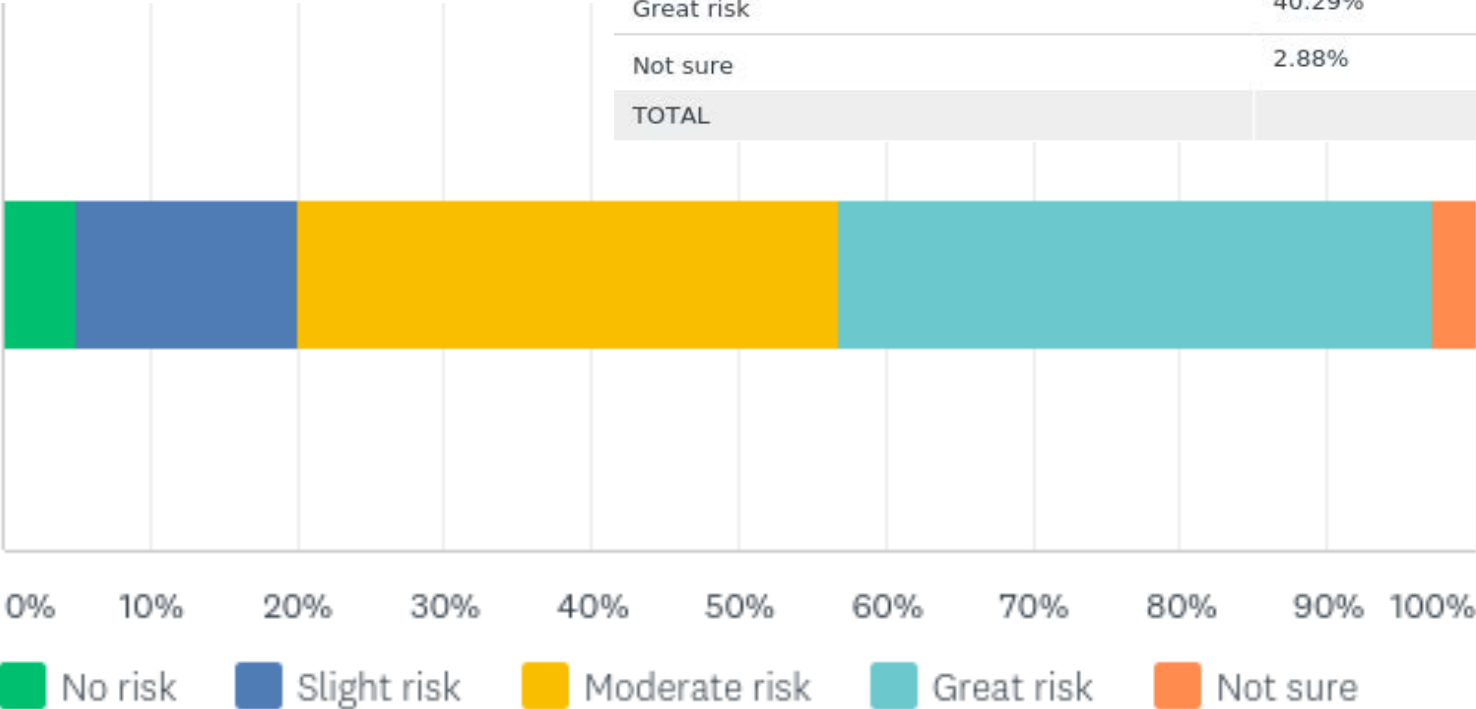


- I did not use electronic vapor products in the past 30 days
- I bought them in a store such as a convenience store, supermarket, discount store, or
- I got them on the Internet ■ I gave someone else money to buy them for me
- I borrowed (or bummed) them from someone else
- A person 18 years old or older gave them to me
- I took them from a store or family member ■ I got them some other way

Q11: In your opinion, how much do you think people risk harming themselves if they use electronic vapor products regularly (almost daily)?

Answered: 139 Skipped: 150

ANSWER CHOICES	RESPONSES	
No risk	5.04%	7
Slight risk	15.11%	21
Moderate risk	36.69%	51
Great risk	40.29%	56
Not sure	2.88%	4
TOTAL		139



Q12: What challenges or barriers would you or your friends face if they wanted to quit using electronic vapor products? Please describe:

I started Juuling junior year of high school, and didn't try to quit until the beginning of my spring (2020) semester. I guess I only did it because everyone else was. The challenges I face are the availability of those products, and the addictive aspect. I sometimes have urges to get a hit of a Juul related product, but it is minimal.

It would be hard to get past the craving of nicotine. I would very agitated from it because I'm use to doing it for days at a time.



Graphic Source: Healthy Native Youth, NPAIHB

Withdrawals and everyday stresses

My friends will try another person's vape with nicotine in it at parties or in gatherings, then because they can't get that flavor without the nicotine they will buy it. After this they become addicted. I only hit a vape once, and then decided it wasn't for me. For some of my peers it becomes a social thing. Many started out only using vape without nicotine.



Graphic Source: Healthy Native Youth, NPAIHB

Q13: What would motivate you to quit?

A support system

4/9/2020 1:10 PM

If I wanted to stop it would be nice if the people around me weren't using marijuana

4/3/2020 6:07 PM

If I ended up in the hospital from it

4/8/2020 3:10 PM

Having health problems

4/3/2020 5:46 PM

Just say no like I do, takes self discipline

4/8/2020 2:23 PM

Family support, being a role model for little siblings or little cousins

4/3/2020 5:41 PM

Just the stories of people, under 30, who have been hospitalized because of those products.

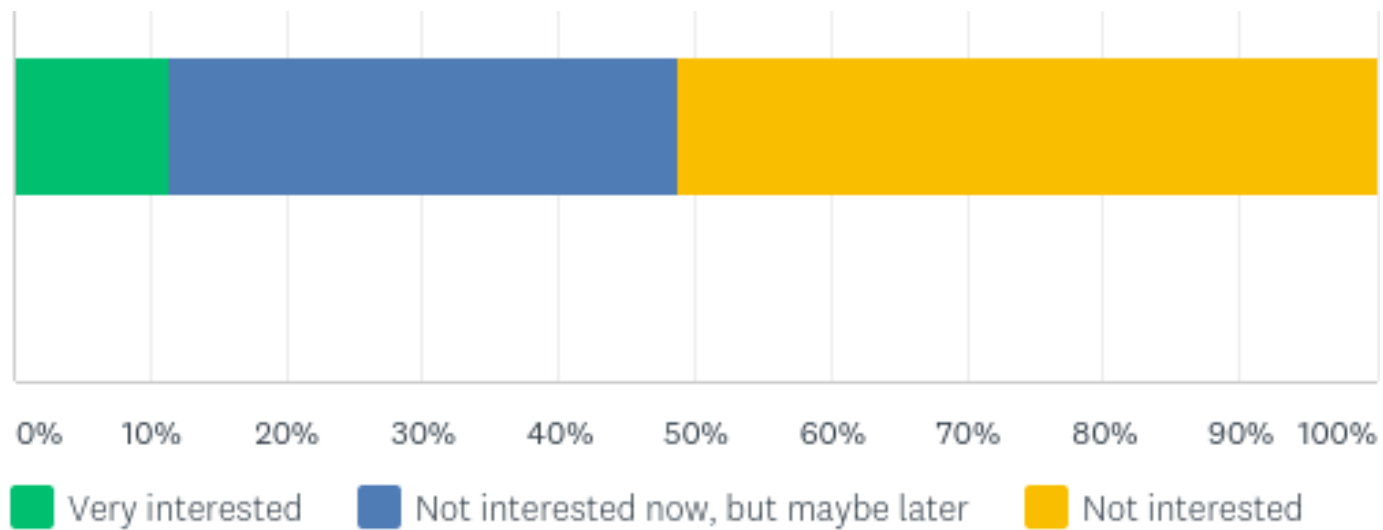
4/8/2020 11:03 AM

Information proving e-cigarettes are bad for your health

4/3/2020 5:37 PM

Q14: How interested are you in getting help to quit vaping?

Answered: 131 Skipped: 158



ANSWER CHOICES	RESPONSES	
Very interested	11.45%	15
Not interested now, but maybe later	37.40%	49
Not interested	51.15%	67
TOTAL		131

#Don't Be Dumb



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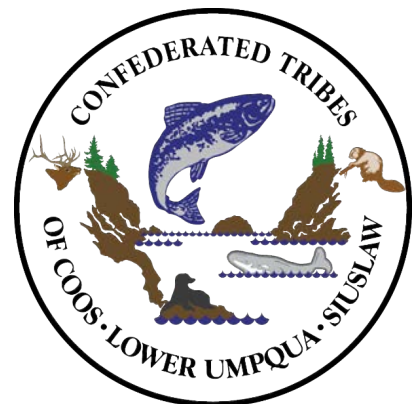
Image Source: We R Native, NPAIHB

Sacred Tobacco

...with **Mark Petrie** (Coos Lower Umpqua Siuslaw)
Confederated Tribes of Coos Lower Umpqua Siuslaw
(CTCLUSI)

Email: mark.petrie@ctclusi.org

Phone: 541-297-3681



Family is Everything



Image Source: Mark Petrie



Image Source: Mark Petrie

Stages of growth



Image Source: CTCLUSI Sacred Tobacco



Image Source: CTCLUSI Sacred Tobacco

Growing Tobacco in the Greenhouse



Image Source: CTCLUSI Sacred Tobacco



Image Source: CTCLUSI Sacred Tobacco

Time to start the Harvest and Preservation



Image Source: CTCLUSI Sacred Tobacco



Image Source: CTCLUSI Sacred Tobacco

Why do we consider tobacco sacred?



Tradition
Respect
Connection
Gift from the Creator

Image Source: CTCLUSI Sacred Tobacco

Traditional Ceremonial Pipes



Image Source: CTCLUSI Sacred Tobacco



Image Source: CTCLUSI Sacred Tobacco



Canoe Journeys

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Image Source: CTCLUSI Sacred Tobacco

Canoe Journey cont.

44



Image Source: CTCLUSI Sacred Tobacco

Canoe Journey cont.

45



Image Source: CTCLUSI Sacred Tobacco

Say “No” to Commercial Tobacco



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NativeQuitLine.com

Honor The Sacred

Quit commercial tobacco

Call 1-800-QUIT-NOW (1-800-784-8669) and press “7”



In Partnership With
NPAAHB
Indian Leadership for Indian Health
Oregon Health
University

Campaign for Tobacco Free Kids



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U.S. RESOURCES

GLOBAL RESOURCES

ADVOCACY TOOLS

ENGLISH ▾



DONATE

THE PROBLEM ▾

WHAT WE DO ▾

GET INVOLVED ▾

ABOUT US ▾

MEDIA ▾



COVID-19: Quit Smoking and Vaping to Protect Your Lungs

Health experts warn the virus can be even more dangerous for people who smoke or vape.

LEARN MORE

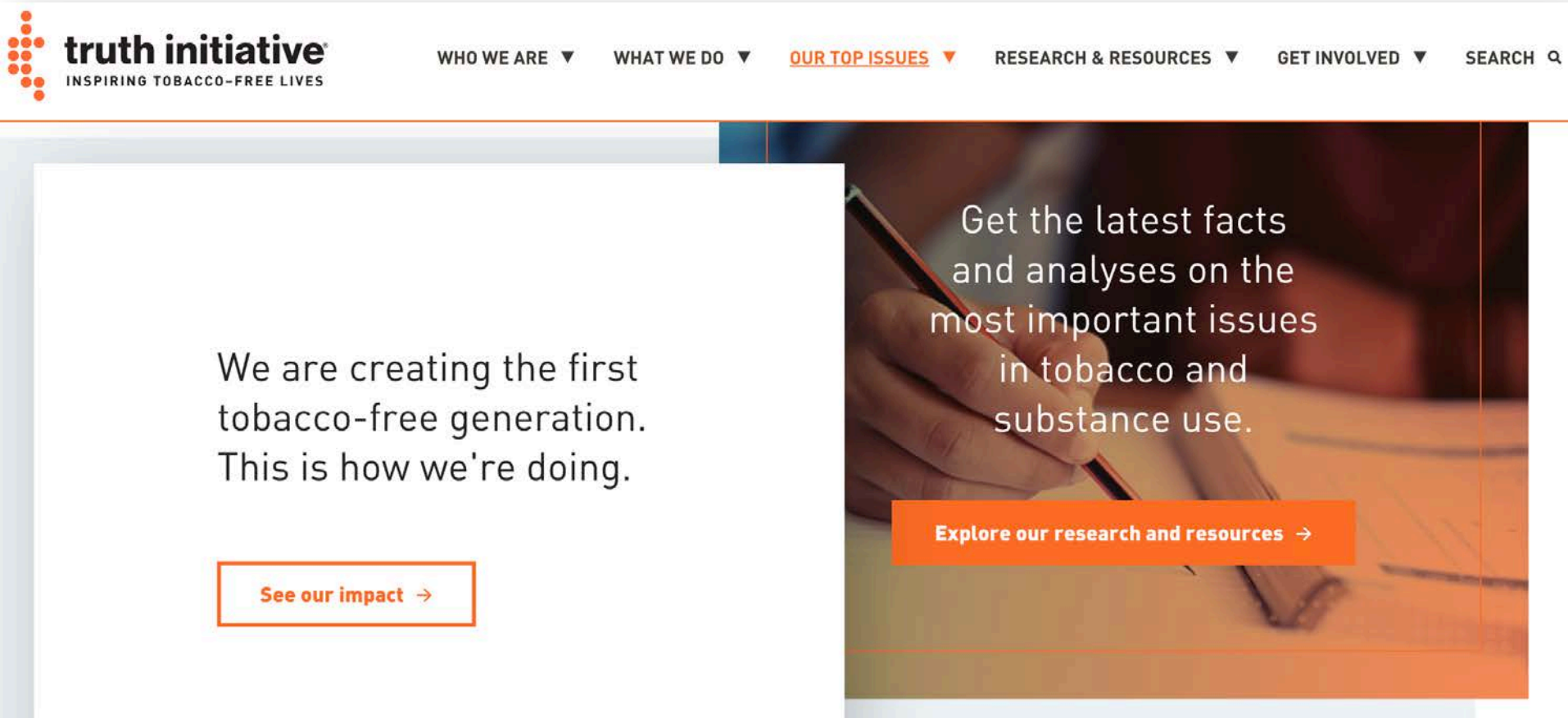


Resources for Parents:
Get The Facts About E-Cigarettes



Truth Initiative – Inspiring Tobacco-Free lives

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The image is a screenshot of the Truth Initiative website. At the top, there is a navigation bar with the logo on the left and several menu items: 'WHO WE ARE', 'WHAT WE DO', 'OUR TOP ISSUES' (highlighted in orange), 'RESEARCH & RESOURCES', 'GET INVOLVED', and a 'SEARCH' button with a magnifying glass icon. Below the navigation bar, the main content area is split. On the left, a white box contains the text 'We are creating the first tobacco-free generation. This is how we're doing.' and a button labeled 'See our impact →'. On the right, there is a large background image of a hand holding a pen over a document. Overlaid on this image is the text 'Get the latest facts and analyses on the most important issues in tobacco and substance use.' and a button labeled 'Explore our research and resources →'.

truth initiative
INSPIRING TOBACCO-FREE LIVES

WHO WE ARE ▼ WHAT WE DO ▼ **OUR TOP ISSUES ▼** RESEARCH & RESOURCES ▼ GET INVOLVED ▼ SEARCH 🔍

We are creating the first tobacco-free generation. This is how we're doing.

[See our impact →](#)

Get the latest facts and analyses on the most important issues in tobacco and substance use.

[Explore our research and resources →](#)



smokefree.gov

smokefreevet

smokefreewomen

smokefreeteen

smokefreeespañol

smokefree60+

HOME

TOOLS & TIPS

QUIT SMOKING

CHALLENGES WHEN QUITTING

STAY SMOKEFREE FOR GOOD

HELP OTHERS QUIT

I Want to Quit

My Quit Day

I Recently Quit

Staying Quit

Tools & Tips

Learn about different tools to help you quit and how to use them.



**Smokefree
Texting
Programs**



**Build Your Quit
Plan**



**Using Nicotine
Replacement
Therapy**



**Smokefree
Social Media**



**Smokefree
Apps**

Build Your Quit Plan & Download quitStart App



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smokefree.gov

My Quit Plan

Congratulations on taking this important step and making a plan! This road map is designed to be your guide for keeping you motivated on your quit journey and aware of the things to watch out for while you build your new smokefree life. Keep this on your phone so you can reread it or to make changes and updates.

My Quit Date: 06/15/2020

My Smokefree Savings

Quitting smoking has a lot of benefits, but one of the easiest benefits to see is the savings. We calculated what you'll save by becoming smokefree. Take a moment to think about the specific things you'll do with the extra money.



1 Day Smokefree: **\$25.00**



1 Week Smokefree: **\$175.00**



1 Month Smokefree: **\$750.00**



1 Year Smokefree: **\$9,125.00**

smokefree.gov

smokefreevet

smokefreewomen

smokefreeteen

HOME

TOOLS & TIPS

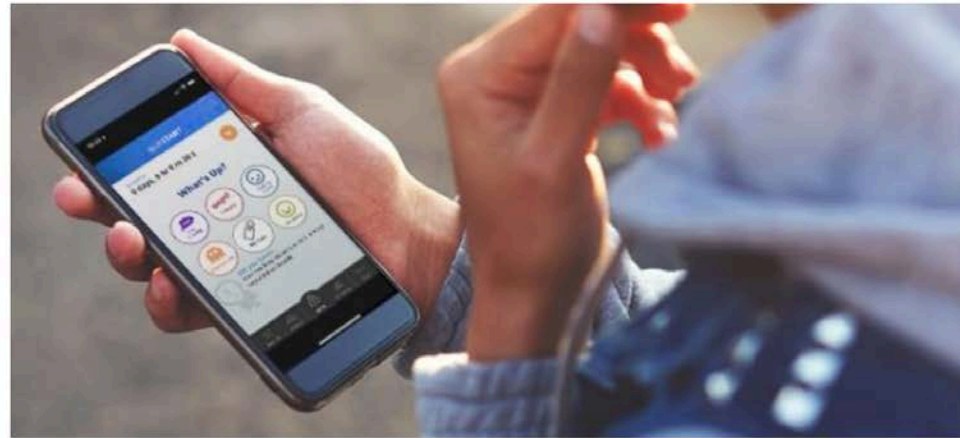
QUIT SMOKING

CHALLENGES WHEN QUITTING

STAY SMO

quitSTART

The quitSTART app is a free smartphone app that helps you quit smoking with tailored tips, inspiration, and challenges.



Available for download on:



Available on the
App Store



ANDROID APP ON
Google play

Use the Chat Box to...



Image Source: We R Native, NPAIHB

SHARE:

*Does your
community have a
commercial tobacco
free pledge?*

Reclaiming Tradition Video



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Commercial Tobacco Free Pledge



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- Have Youth, Elders, Employees, Parents/ Caring Adults pledge to *Keep Tobacco Sacred*
- Use for registration at public and Tribal events

COMMERCIAL TOBACCO FREE PLEDGE

KEEP TOBACCO SACRED

In order to keep tobacco sacred, it is vital that I, do my part and take the "Commercial Tobacco FREE Pledge". Today, I will do my part and sign the pledge.

#KeepTobaccoSacred #WeRNative #HealthyNativeYouth

SIGNATURE:

DATE:

TODAY, I COMMIT TO:

MAINTAINING A 'COMMERCIAL TOBACCO FREE' ENVIRONMENT AT ALL TRIBAL EVENTS.

Including but not limited to:

- Cigarettes
- Chewing Tobacco
- Electronic Cigarettes

MY ACTION PLAN. I HEAR MY ANCESTORS CALL.

I am committed to keeping all commercial tobacco away from public and tribal events to support the reclaiming and sacredness of traditional tobacco.





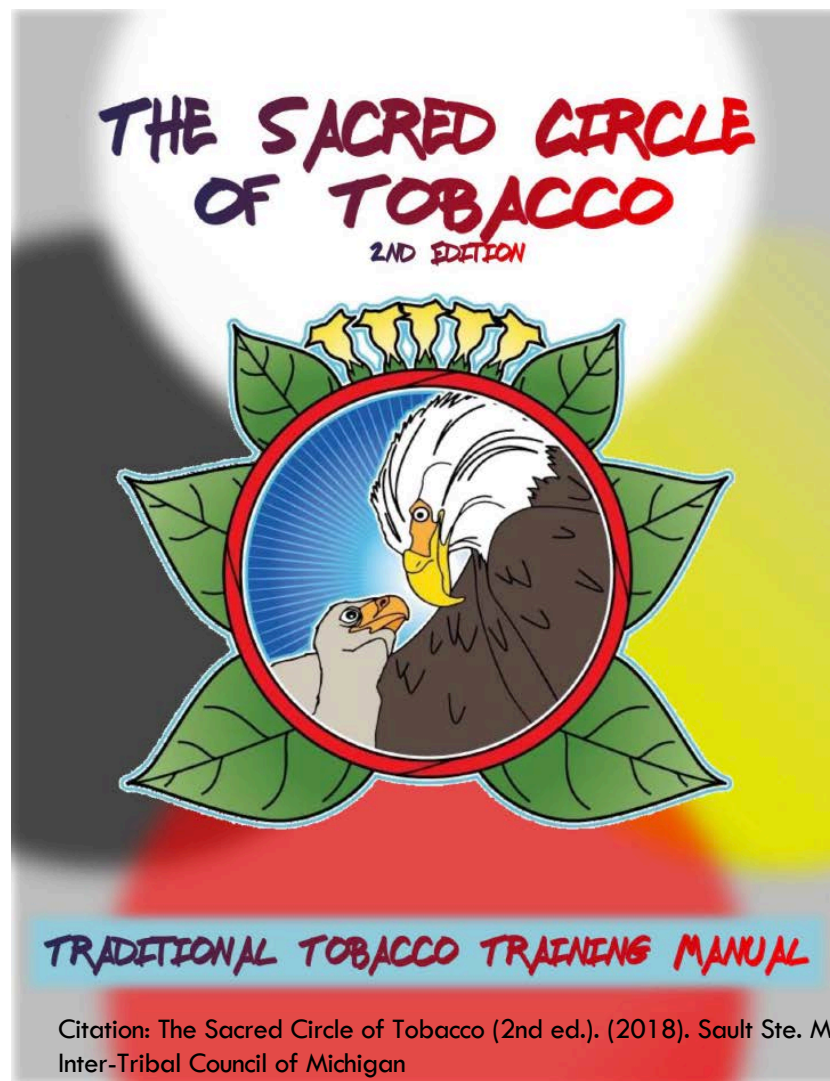
The Sacred Circle of Tobacco

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Table of Contents

- ❑ Project Mission and Goals
- ❑ Background
- ❑ Module 1 – Getting Started
- ❑ Module 2 – Sacred Circle of Tobacco
- ❑ Module 3 – Origins of Tobacco
- ❑ Module 4 – Cultural Uses of Tobacco
- ❑ Module 5 – Preparing for Peer Teaching
- ❑ Resources

Within each module, there are several lessons and activities, which are outlined at the beginning of the modules.



Citation: The Sacred Circle of Tobacco (2nd ed.). (2018). Sault Ste. Marie, MI: Inter-Tribal Council of Michigan

Sources

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- CDC E-cigarettes Ads and Youth. Web. At: <http://www.cdc.gov/vitalsigns/ecigarette-ads/index.html>. Accessed March 5, 2016
- CDC National Center for Health Statistics, No. 217, Oct 2015
- CDC National Youth Tobacco Survey, 2013 at: <http://keepitsacred.itcmi.org/tobacco-and-tradition/e-cigarettes/>
- CDC National Youth Tobacco Survey, 2014 at: <http://www.cdc.gov/vitalsigns/ecigarette-ads/index.html>
- CNN Health News, 'Man Say's E-cigarette battery Exploded in His Pocket'. Web. Feb. 25, 2016. Viewed March 18, 2016.
- Global News 'Alberta teen Injured After He Says E-cigarette Exploded'. Web. Jan. 26, 2016. Viewed March 1, 2016.
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- See also, Health and Human Services (HHS). Preventing tobacco use among youth and young adults: A report of the surgeon general, 2012. Available at <http://www.surgeongeneral.gov/library/reports/preventing-youth-tobacco-use/full-report.pdf>. Accessed 2016 Oct 21. See also, Hegmann KT, et al. The effect of age at smoking initiation on lung cancer risk. *Epidemiology* 4(5):444-48, September 1993; Lando HA, et al. Age of initiation, smoking patterns, and risk in a population of working adults. *Preventive Medicine* 29(6 Pt 1):590-98, December 1999.
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- Myers ML. New study finds over 40 percent of youth smokers use flavored little cigars or cigarettes, shows need for FDA to regulate all tobacco products. Campaign for Tobacco-Free Kids. Oct. 22, 201
- Diamond, N., Bainbridge, C., Hayes, J., Beach, A., Jarmusch, J., Littlefeather, S., ... & Robertson, R. (2010). *Reel Injun. Ottawa, Ontario, Canada: National Film Board.*
- Hancock, T., Spady, D. W., & Soskolne, C. L. (2016). *Global change and public health: addressing the ecological determinants of health.* Canadian Public Health Association.
- https://www.cdc.gov/tobacco/basic_information/e-cigarettes/about-e-cigarettes.html
- Washington Poison Center
- American Lung Association
- Oregon Health Authority, Public Health Division, Health Promotion and Chronic Disease Prevention section. Current tobacco use and related topics among 8th and 11th graders by race and ethnicity, Oregon 2015.

Discussion Time: Use the Chat Box...



Use the Chat Box
to tell us what
you think...

What do we
KNOW? What
can we *SHARE*?

Practice in Action



HEALTHY
NATIVE
YOUTH

Find Curriculum on Healthy Native Youth



Search for lessons, subjects and videos



HOME

CURRICULA & LESSONS

RESOURCES & SUPPORT

ABOUT

find curricula

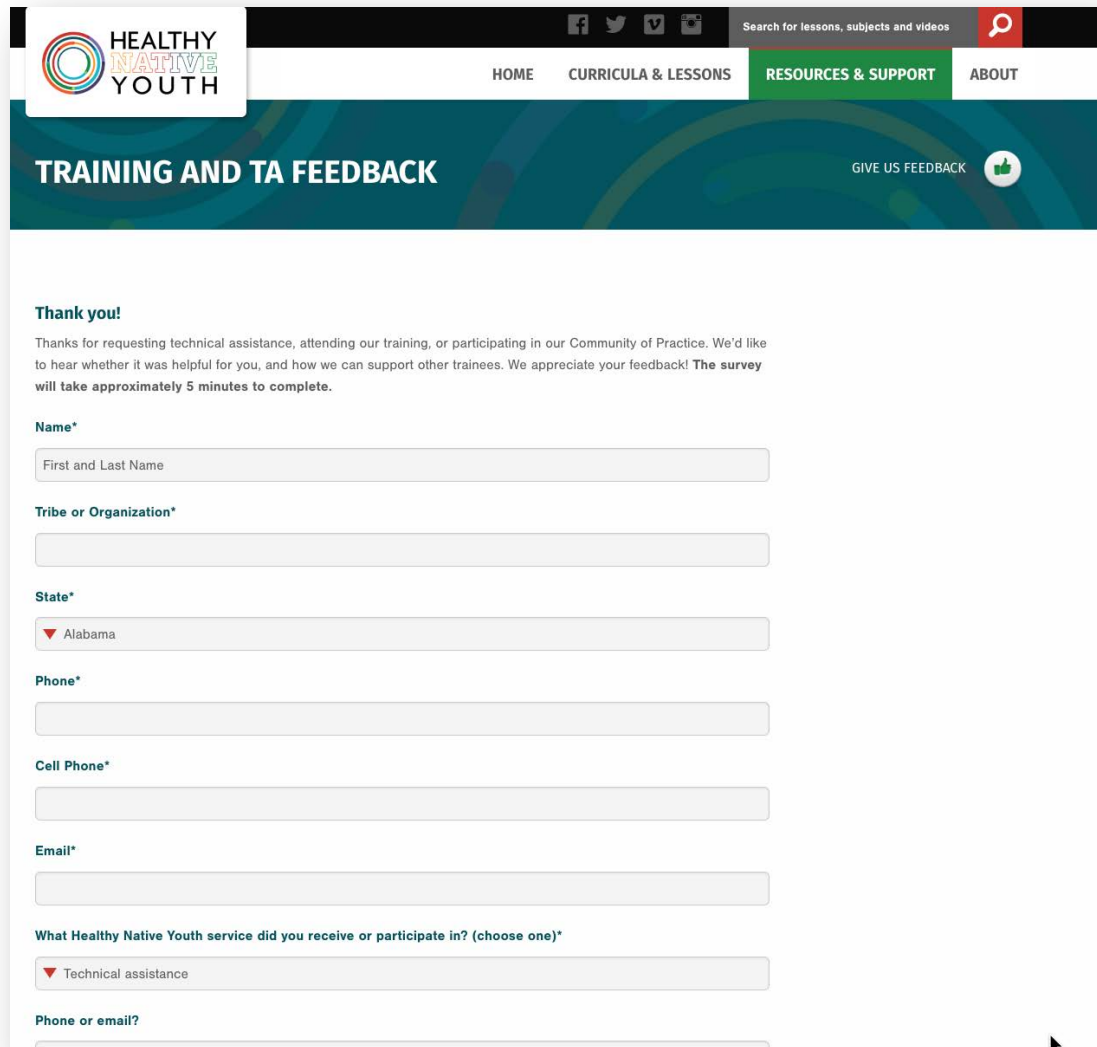
RAISING HEALTHY NATIVE YOUTH THROUGH CULTURALLY RELEVANT HEALTH EDUCATION

ENGAGING. RELEVANT. EFFECTIVE.

HealthyNativeYouth.org contains health promotion curricula and resources for American Indian and Alaska Native

How are we doing?

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The screenshot shows the 'TRAINING AND TA FEEDBACK' form on the Healthy Native Youth website. The header includes the logo, navigation links (HOME, CURRICULA & LESSONS, RESOURCES & SUPPORT, ABOUT), a search bar, and a 'GIVE US FEEDBACK' button with a thumbs-up icon. The form content includes a 'Thank you!' message, a survey description, and several input fields: Name* (First and Last Name), Tribe or Organization*, State* (Alabama), Phone*, Cell Phone*, Email*, What Healthy Native Youth service did you receive or participate in? (choose one)* (Technical assistance), and Phone or email*.

HEALTHY NATIVE YOUTH

HOME CURRICULA & LESSONS **RESOURCES & SUPPORT** ABOUT

Search for lessons, subjects and videos

TRAINING AND TA FEEDBACK GIVE US FEEDBACK

Thank you!

Thanks for requesting technical assistance, attending our training, or participating in our Community of Practice. We'd like to hear whether it was helpful for you, and how we can support other trainees. We appreciate your feedback! **The survey will take approximately 5 minutes to complete.**

Name*

First and Last Name

Tribe or Organization*

State*

▼ Alabama

Phone*

Cell Phone*

Email*

What Healthy Native Youth service did you receive or participate in? (choose one)*

▼ Technical assistance

Phone or email*

Fill out a Training
& TA Feedback
form and...

Receive some
HNY swag!

Talking is Power is LIVE!

Talking is Power One pager

Ya'at eeh!
My name's Michelle!
My pronouns are she and her.
Give yourself a high five from me. I'm glad you're here!

TALKING IS POWER

A Text Messaging Service for Parents and Caring Adults

Talking with youth about sensitive topics is never easy, but it's important. You are your teen's biggest influencer when it comes to making decisions about sex and healthy relationships.

Text EMPOWER to 97779

You'll receive up to 3 text messages per week with conversation starters, tips, video demonstrations, and words of encouragement.

We'll cover sexual health, pregnancy, STDs, and consent. You don't need to have all the answers, you just need to start talking - be open and honest - and keep at it. Talking with your teen will help them make healthy decisions.

#TalkingIsPower #weRnative #HealthyNativeYouth

What's a rule you have for your relationships? How can you respect other people's rules and boundaries?

www.healthynativeyouth.org
fb.com/HealthyNativeYouth
Listserve: Text "YouthNews" to 22828
https://www.instagram.com/healthynativeyouth/
@HealthyNativeYouth
native@npaihb.org

HEALTHY NATIVE YOUTH

CURRICULA LESSON PLANS HANDOUTS RESOURCES



Talking is Power Postcard

Ya'at eeh!
My name's Michelle!
My pronouns are she and her.
Give yourself a high five from me. I'm glad you're here!

TALKING IS POWER

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#TalkingIsPower #HealthyNativeYouth #weRnative

CURRICULA LESSON PLANS HANDOUTS RESOURCES

www.healthynativeyouth.org
fb.com/HealthyNativeYouth
Listserve: Text "YouthNews" to 22828
https://www.instagram.com/healthynativeyouth/
@HealthyNativeYouth
native@npaihb.org

HEALTHY NATIVE YOUTH

SIGN UP TO RECEIVE UPDATES VIA TEXT MESSAGE
TEXT "HEALTHY" TO 97779



Sign up for Newsletter



SIGN UP TO RECEIVE CURRICULA UPDATES

FIRST NAME

LAST NAME

TRIBE OR ORGA

CELL PHONE

EMAIL ADDRESS

SIGN UP

What do you KNOW? What can you SHARE?

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1. Like or Follow *Healthy Native Youth* on Facebook or IG,
2. Post to the Group
3. Receive a back-to-school kit!



Promotional Materials



**HEALTHY
NATIVE
YOUTH**

 www.healthynativeyouth.org
 [@healthyN8Vyouth](https://twitter.com/healthyN8Vyouth)
 Listserve: Text "YouthNews" to 22828
 Text Message: Text "Healthy" to 97779
 fb.com/HealthyNativeYouth
 native@npaihb.org



ENGAGING. RELEVANT. EFFECTIVE.

HealthyNativeYouth.org is a one-stop-shop to expand learning opportunities for Native youth. The site includes curricula, trainings, and tools to help you deliver age-appropriate health programs.





Thinking Ahead...

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□ **Who Can I invite to the next call?**

Title: Social Media Platforms to Reach Youth

Guest Speakers: Celena McCray, Thomas Ghost Dog, Roger Peterson, Paige Smith, Corey Begay, Lael Tate

Date: July 8, 2020 (Wed.), 10am -12pm PST

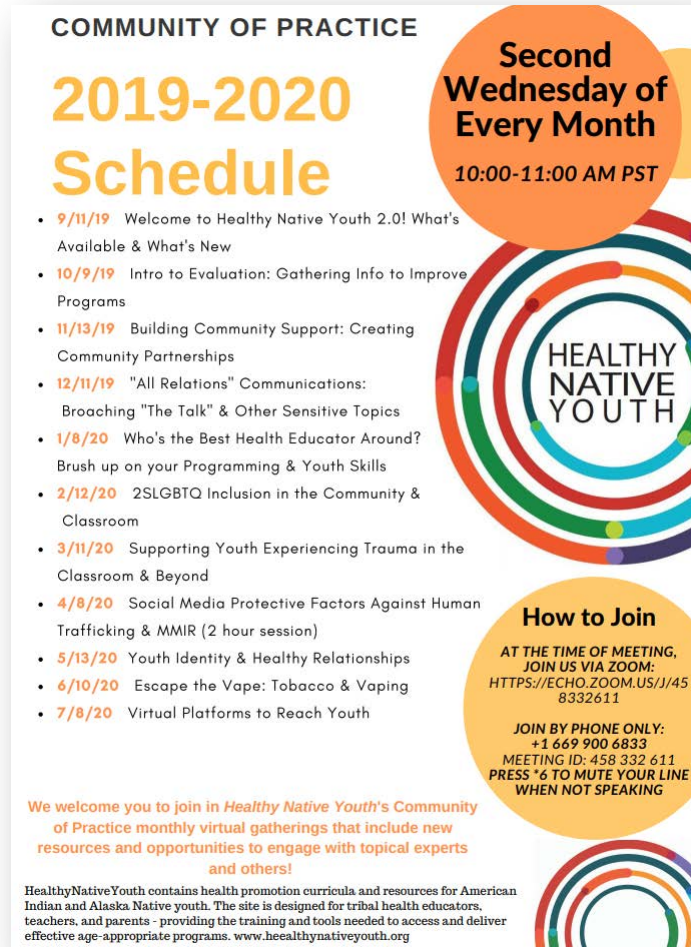
□ **Ahead of the Game:**

▣ **How can I use Social Media to reach and engage youth?**

Next Year: What do you want to talk about?

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Last Year's Lineup:



COMMUNITY OF PRACTICE

2019-2020 Schedule

Second Wednesday of Every Month
10:00-11:00 AM PST

- **9/11/19** Welcome to Healthy Native Youth 2.0! What's Available & What's New
- **10/9/19** Intro to Evaluation: Gathering Info to Improve Programs
- **11/13/19** Building Community Support: Creating Community Partnerships
- **12/11/19** "All Relations" Communications: Broaching "The Talk" & Other Sensitive Topics
- **1/8/20** Who's the Best Health Educator Around? Brush up on your Programming & Youth Skills
- **2/12/20** 2SLGBTQ Inclusion in the Community & Classroom
- **3/11/20** Supporting Youth Experiencing Trauma in the Classroom & Beyond
- **4/8/20** Social Media Protective Factors Against Human Trafficking & MMIR (2 hour session)
- **5/13/20** Youth Identity & Healthy Relationships
- **6/10/20** Escape the Vape: Tobacco & Vaping
- **7/8/20** Virtual Platforms to Reach Youth

How to Join

AT THE TIME OF MEETING, JOIN US VIA ZOOM:
[HTTPS://ECHO.ZOOM.US/J/458332611](https://echo.zoom.us/j/458332611)

JOIN BY PHONE ONLY:
+1 669 900 6833
MEETING ID: 458 332 611
PRESS *6 TO MUTE YOUR LINE WHEN NOT SPEAKING

We welcome you to join in *Healthy Native Youth's* Community of Practice monthly virtual gatherings that include new resources and opportunities to engage with topical experts and others!

HealthyNativeYouth contains health promotion curricula and resources for American Indian and Alaska Native youth. The site is designed for tribal health educators, teachers, and parents - providing the training and tools needed to access and deliver effective age-appropriate programs. www.healthenativeyouth.org

Use the Chat Box to tell us:

1. What topics do you want to cover?
2. What do you want to know more about?
3. What are you done talking about?
4. Other suggestions for improvement?

Thank you! Other questions?

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Contact:

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This project is funded by the Indian Health Service HIV and behavioral health programs. This work is also supported with funds from the Secretary's Minority AIDS Initiative Fund.



HEALTHY
NATIVE
YOUTH



HEALTHY NATIVE YOUTH

ESCAPE THE VAPE: TOBACCO & VAPING

GUEST SPEAKERS: RYAN SEALY, ANTIONETTE AGUIRRE,
KERRI LOPEZ, MARK PETRIE, THOMAS GHOST DOG, AND
DR. STEPHANIE CRAIG RUSHING

June 10, 2020 from 10-11am PST