



Preparing & Planning for Virtual and In- person Learning

September 9, 2020, 10:00-11:30 am PST



Hello!

I am Nicole Treviño, MA, CHES, Consultant
I love helping folks who work with Native youth.
You can find me at info@nicoletrevino.com

Let us Start with a Blessing

“I have great respect for the
past. If you don't know where
you've come from, you don't
know where you're going.”

-Maya Angelou



Live Virtual Training Logistics

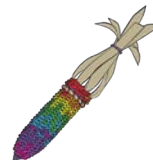
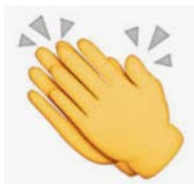


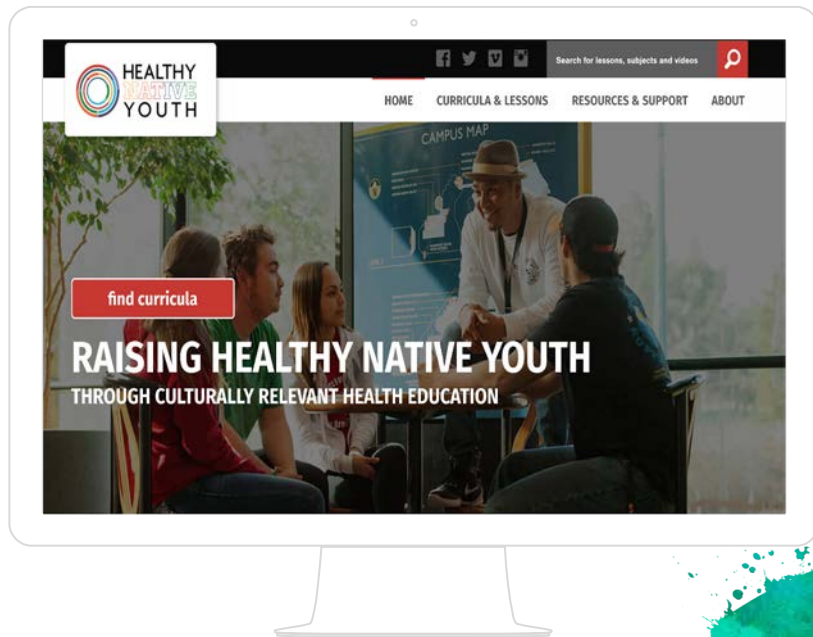
Logistics

- You are muted
- If comfortable, share video

Engagement

- Breakout rooms
- Chat box
- Icons (Zoom & More)





Welcome, Welcome, Welcome!

Please introduce yourself in the chat box. Include your:

- ★ Name, Tribe, Pronouns (if you're comfortable)
- ★ Role & Organization
- ★ Email address

Group Agreements

- ★ Participate Fully
- ★ Delay Distractions
- ★ Honor Different Experiences
- ★ Be Brave & Explore
- ★ Others? (Type in the chat)



We've Got Goals!

Practical strategies, tips, and resources for preparing and planning either virtual or in-person adaptations for Fall 2020.





Where we are going

1. Virtual Platforms Overview
2. Preparations Stages
3. Planning
4. Implementation
5. Let's Talk About it!

Wellness Moment

Let's Take Some Deep Breaths Together



1. Platforms Options

Let's talk about what's out there...



Platform	Uses/ Function	Pros	Cons
Virtual Meeting Software: <ul style="list-style-type: none"> • Zoom • GoToMeeting • WebEx • MS Teams • Google Meet 	<ul style="list-style-type: none"> •Delivering live and recording •Polling •Chat •Annotation/ Whiteboards 	<ul style="list-style-type: none"> •Easy to have interactive live sessions and make recordings •Can be joined via computer or phone <p>Easy to use with tools you already know- powerpoint, etc.</p>	<ul style="list-style-type: none"> •Some concerns about security/safety for youth •Can be pricey for some organizations
Virtual Classroom Software: <ul style="list-style-type: none"> • Google Classroom • Seesaw • School-Based Platforms 	<ul style="list-style-type: none"> •Hosting full courses with homework, videos, discussions, etc. 	<ul style="list-style-type: none"> •Can host a comprehensive set of resources •Use both live and asynchronous 	<ul style="list-style-type: none"> •Can be a little challenging to put together/design
Social Media <ul style="list-style-type: none"> • Instagram • Facebook Live • TikTok 	<ul style="list-style-type: none"> •Interactive sessions that can be live and recorded 	<ul style="list-style-type: none"> •Connect on platforms where youth already are 	<ul style="list-style-type: none"> •May not offer all the functionality you need, such as sending documents
Interaction Software: <ul style="list-style-type: none"> • Google Jamboard • Padlet • Google Sites • Kahoot • Quizlet/ Quizizz 	<ul style="list-style-type: none"> •Use for interactive activities in conjunction with other resources/ tools 	<ul style="list-style-type: none"> •Great addition to existing software <p>Anonymous Question Box</p>	<ul style="list-style-type: none"> •May complicate delivery (Too many things to remember or manage!)

Virtual Platforms Overview



Welcome to Ms. Nicole's Classroom!

My Courses:

- We R Native
- Introduction to Tejano History & Culture
- Native Plants of Texas
- Youth and Community Activism



Today's Agenda:

- Opening Activity
- Cultural Teaching/Sharing
- Introducing New Topics
- Skill Building & Application
- Reflection
- Closing/ Preview Next Session



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WRN GROUP VALUES

Be Strong in Body, Mind & Spirit:

- Stay open to learning & teaching about health, self-confidence/respect, pride, courage & spirituality.

You Can Change the World:

- Advocate for the future you want to see- in your life, tribe/community, & health/ wellbeing.

You Are Not Alone:

- Support each other in navigating life, health, & tough times. Strengthen one another!



BE YOUR BEST SELF!

We Are Native:

- We come from diverse & vibrant communities. Remember that your culture is a strength!

Be Whole:

- Bring your culture & whole self into the room!

You Are in Control:

- You decide what is right for you, share your boundaries & respect the boundaries of others.

Padlet Activity

Use the link in the chat box to add to the pad...

What platforms
have you used?

What did
you like?

What did
not like?



2. Start Preparing

Let's talk about how to get started...



Preparation Stages



1. Community Needs Assessment

- Understand what youth need and want
- Learn about the community context you'll be implementing in

2. Organizational & Staff Capacity Assessment

- Identify the resources and constraints of your team and organization

3. Logistics Planning

- Timing, scheduling
- Reminders
- Follow Up

4. Platform(s) Selection

- Identify the ways you'll interact and what tools are needed



Preparation Stages



1. Community Needs Assessment

- Understand what youth need and want
- Look for Community Resources available

2. Organizational & Staff Capacity Assessment

- Who do you have on your team and what can they help with?

3. Logistics Planning

- Timing, scheduling
- Reminders
- Follow Up

4. Platform(s) Selection

- Identify the ways you'll interact



CNA Template

WE WANT TO HEAR FROM YOU!



Instructions

The (insert name) would like to hear from you and your staff about what your districts (insert e.g., schools, community partners, homelife, etc.) needs are, so that we can best support your work.

As a reminder, our role as (insert) is to (add description of services).

This Needs Assessment can be done:

- Individually
- As a Group – Fill out the survey together during a staff meeting

The Plan...

We would like to continue to touch base to make sure we are prioritizing your needs and focusing our efforts as best we can throughout

BEGINNING OF SCHOOL YEAR

- Needs Assessment Survey
- FAQ Document

MID-YEAR

- (insert name) will revisit FAQ Document and make updates as necessary

YEAR END

- End of year Needs Assessment
- Update FAQ Document

the year, so we would like to check back in, at the:

I



Preparation Resources

- × Needs Assessment Planning Template
- × Needs Assessment Surveys/ Guides
- × Organizational Assessment
- × Platform Selection Checklist





Wellness Moment



Mindfulness: Find a scratch piece of paper and try doodling during this next section...or use your coloring page





*Questions, Ask
Away!*



3. Planning Stages

Now we're ready to start planning...



Planning Stages



Building
Partnerships

Creating a
Safety and
Response Plan

Adapting
Current
Programming to
Online Platform

Aligning
Programming to
Youth Needs

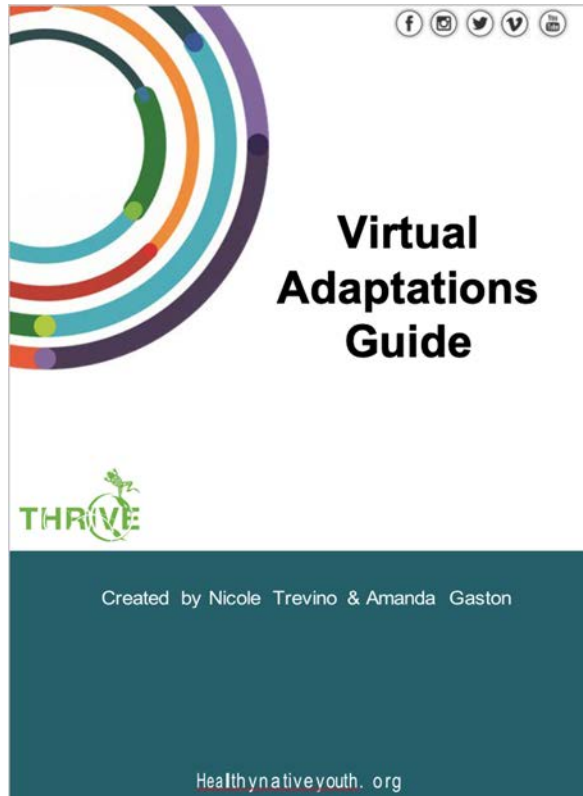


Planning Resources

- × Stakeholder Assessment
- × Online Response Plan
- × Detailed Run of Show Template
- × Needs Assessment to Program Adaptation Crosswalk












Planning Templates



Resource: Identifying Stakeholders and Building Partnerships

Who are the potential partners for your programs/ services that can support you?

How can they support or participate in your virtual programming?

Youth		
Families		
Tribes		
Community Organizations		
Schools		
Health Organizations		
		
		
		



Wellness Moment

Positive Self-Statements or Affirmations





*Questions, Ask
Away!*

4. Implementation, Monitoring & Quality Improvement

You've got this!



Implementation Stages



Setting Platform Expectations



Group Agreements & Building Group Connection



Energizers & Engagement Options



Maintaining Trauma Informed Practices



Get youth participant feedback




Implementation, Monitoring & QI Resources


- × Platform Expectations Guidance
- × Group Agreements Template
- × Online Energizers & Team Building
- × Trauma Informed Virtual Implementation Guidance
- × Fidelity Template & Attendance Form
- × QI Reflection Guide & Tracker



Monitoring & Quality Improvement



Virtual
Adaptations
Guide



Created by Nicole Trevino & Amanda Gaston

Healthynativeyouth.org



Fidelity Monitoring Log

Lesson # _____ Fidelity Log: [Lesson Title]

Lesson Outline and Core Content Components:	[Section 1 Title] • [Subsection]	[Section 2 Title] • [Subsection]	[Section 3 Title] • [Subsection]	[Section 4 Title] • [Subsection]
Did you complete these Core Content Components?	<input type="checkbox"/> Yes, completely <input type="checkbox"/> Yes, with adaptations <input type="checkbox"/> No (please write why in other notes section)	<input type="checkbox"/> Yes, completely <input type="checkbox"/> Yes, with adaptations <input type="checkbox"/> No (please write why in other notes section)	<input type="checkbox"/> Yes, completely <input type="checkbox"/> Yes, with adaptations <input type="checkbox"/> No (please write why in other notes section)	<input type="checkbox"/> Yes, completely <input type="checkbox"/> Yes, with adaptations <input type="checkbox"/> No (please write why in other notes section)
Please indicate adaptations made, if any:	<input type="checkbox"/> Activity Timing <input type="checkbox"/> Instructional Methods <input type="checkbox"/> Content <input type="checkbox"/> Order of Activities <input type="checkbox"/> Cultural Adaptation <input type="checkbox"/> Other:	<input type="checkbox"/> Activity Timing <input type="checkbox"/> Instructional Methods <input type="checkbox"/> Content <input type="checkbox"/> Order of Activities <input type="checkbox"/> Cultural Adaptation <input type="checkbox"/> Other:	<input type="checkbox"/> Activity Timing <input type="checkbox"/> Instructional Methods <input type="checkbox"/> Content <input type="checkbox"/> Order of Activities <input type="checkbox"/> Cultural Adaptation <input type="checkbox"/> Other:	<input type="checkbox"/> Activity Timing <input type="checkbox"/> Instructional Methods <input type="checkbox"/> Content <input type="checkbox"/> Order of Activities <input type="checkbox"/> Cultural Adaptation <input type="checkbox"/> Other:
Please detail adaptations made:				
Please describe any challenges experienced:				
Did your lesson include a Cultural Teaching (Poem, Song, Activity)? <input type="checkbox"/> Yes <input type="checkbox"/> No	How engaged were youth during this lesson? <input type="checkbox"/> Very Engaged <input type="checkbox"/> Somewhat Engaged <input type="checkbox"/> Not Engaged	Other Notes:		

This resource was adapted from the We R Native Fidelity Monitoring Guide.



Breakout Groups

Let's share what we know...

What adaptations
have you made
either virtually or
for in-person
learning?

What can
you share
about the
process?

Would you
do
anything
differently
?

Be prepared to share your great ideas with the larger group!





Energizer Time!

Model with your youth...Popcorn Movement



5. Let's Talk About it!

Logistics

- Share Your Video
- Use the Chatfeed

Engagement

- Use the Chatfeed
- ASL
- Zoom Reactions



Group Agreements

- ★ Participate Fully
- ★ Delay Distractions
- ★ Honor Different Experiences
- ★ Be Brave & Explore
- ★ Others? (Type in the chat)

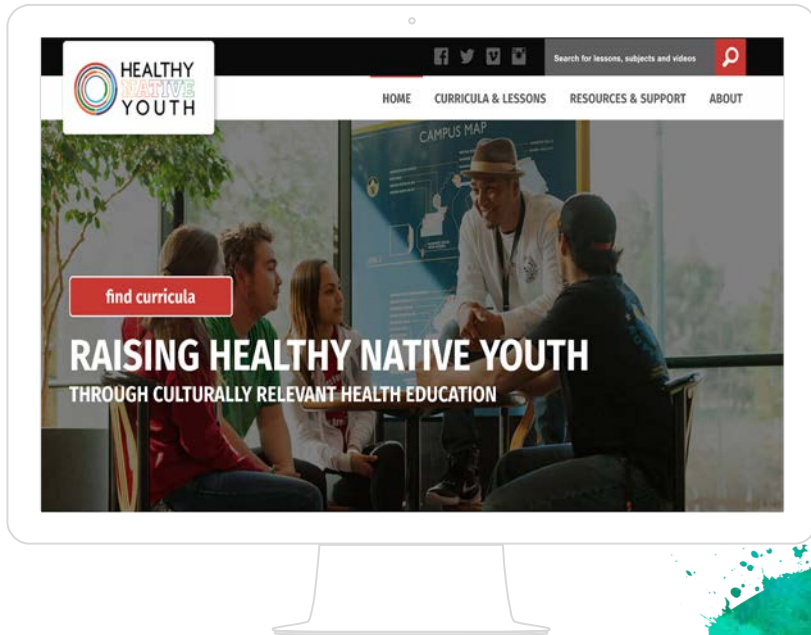


Practice in Action

Taking it back home!



Find Curricula on *Healthy Native Youth*

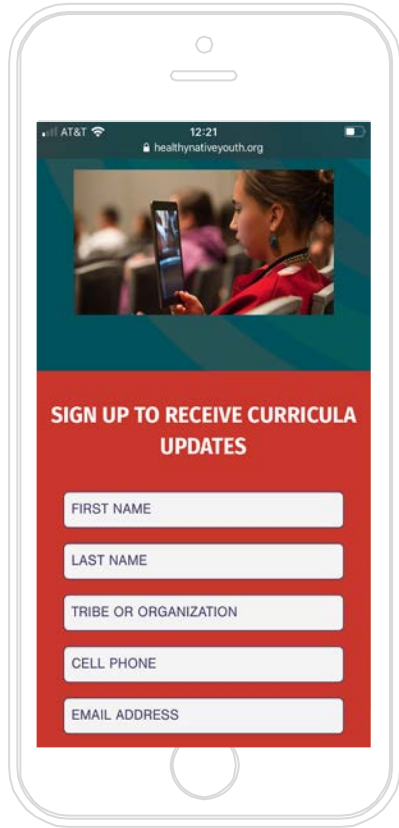


- ★ Filter & Compare Tool
- ★ All Materials Needed to Implement
- ★ Enhancement Activities
- ★ Resources & Support
- ★ Upload & Submit Your Own Curricula



Text “EMPOWER” to 97779

- ★ Tips & Resources for Talking to Youth About Sexual Health
- ★ Need some help getting the convo started?



Sign up for the *Healthy Native* *Youth* Newsletter!

★ Stay up to Date with the Latest...

COMMUNITY OF PRACTICE 2020-2021 Schedule

Sept. 9, 2020	Preparing & Planning for Virtual and In-Person Learning
Oct. 14, 2020	How to Support Youth Living in Domestic Violence Households
Nov. 18, 2020	Mental Health & Wellness: Suicide Prevention
Dec. 9, 2020	How to Support Youth through COVID-19
Jan. 13, 2021	Substance Misuse and Help-seeking Skills
Feb. 10, 2021	Connecting our Past to our Present Re-traumatization
March 10, 2021	Culture as Prevention
April 14, 2021	Supporting Youth Identity: We R Native!
May 12, 2021	Circles of Support: Create a Q&A Service like "Ask Auntie/Ask Uncle"
June 9, 2021	2SLGBTQ: Level up the Inclusion
July 14, 2021	Text Messaging Campaigns

We welcome you to join in Healthy Native Youth's Community of Practice monthly virtual gatherings that include new resources and opportunities to engage with topical experts and others!

Second Wednesday of Every Month

10-11:30 A.M. PST



How to Join:

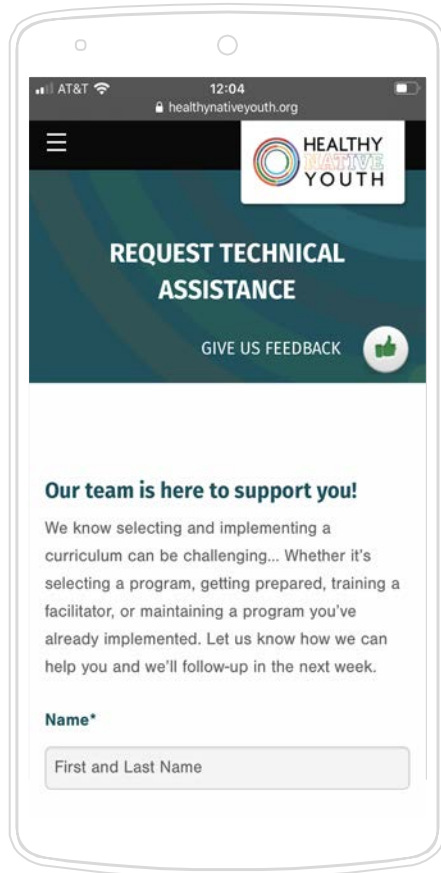
Access the link via

[HealthyNativeYouth.org
/communityofpractice](https://HealthyNativeYouth.org/communityofpractice)

or

Text: **HEALTHY** to 97779 to
receive monthly reminders

Leave Your Email in Chatbox



AT&T 12:04
healthynativeyouth.org

HEALTHY
NATIVE
YOUTH

REQUEST TECHNICAL ASSISTANCE

GIVE US FEEDBACK

Our team is here to support you!

We know selecting and implementing a curriculum can be challenging... Whether it's selecting a program, getting prepared, training a facilitator, or maintaining a program you've already implemented. Let us know how we can help you and we'll follow-up in the next week.

Name*

First and Last Name

We LOVE helping...

- ★ Training & TA Evaluation Form
- ★ Request TA

Two Stars & a Wish

Instructions:

Share two things you learned today (TWO STARS).

Share one thing you wish you would have learned more about.



One thing I learned today...



Another thing I learned today...



I wish I would have learned more about...



Meet the Team



**Dr. Stephanie Craig
Rushing, Phd, MPH**
Principal Investigator
scraig@npaihb.org



Amanda Gaston, MAT
Zuni Pueblo
Community of
Practice, Ask Auntie
agaston@npaihb.org



Michelle Singer
Navajo
Healthy Native
Youth Manager
msinger@npaihb.org



Thomas Ghost Dog, Jr.
*Burns Paiute/ Oglala
Sioux*
We R Native
Coordinator
tghostdog@npaihb.org



Celena McCray, MPH
Navajo
THRIVE & WA DOH
Parenting Teens
cmccray@npaihb.org



Roger Peterson
Siletz
Text Message Specialist
rpeterson@npaihb.org



Paige Smith
*Paiute, Modoc, Wasco and
Shoshone from Warm Springs*
Youth Engagement
Coordinator
psmith@npaihb.org



Corey Begay
Navajo
Multimedia Specialist
cbegay@npaihb.org



Lael Tate
Navajo
THRIVE Project
Assistant
ltate@npaihb.org

Funding Credit

This project is funded by the Indian Health Service HIV and behavioral health programs. This work is also supported with funds from the Secretary's Minority AIDS Initiative Fund.



Let us Close with a Blessing

Thank you for being here. Today you
are taking care of yourself and the
youth you serve. You are a rockstar!



Thank you!

You can find us at:
Amanda Gaston
agaston@npaihb.org

Michelle Singer
msinger@npaihb.org

