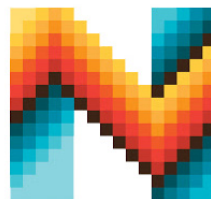


BRAVE is a text message series that provides helpful information on healthy relationships, intimate partner violence, mental health and wellness skills, while promoting cultural pride and resilience.

**Text BRAVE to 94449 to sign up**

The videos and text messages will give you the tools you need to get support for yourself or a friend, if they're going through a tough time.

You will receive 3 text messages per week for 8 weeks.



WERNATIVE

**Stand Up.  
Stand Strong.  
Don't just Stand by.**

National Suicide Prevention  
Lifeline: 1-800-273-TALK (8255)

National Domestic Violence  
Hotline: 1-800-799-SAFE (7233)