In what ways does Culture shape how I see the world?

- How I understand interactions and what I value or how I make decisions
- Being humble.
- Connection to the earth
- being grateful
- Connection
- Ancestral foods/patience
- Generational vision
- How I celebrate life
- My spirituality
In what ways does Culture shape how I see the world?

- In every way, through engagement and observation
- Culture shapes the way I think and connect to others
- How I interact with others
- How I view myself and others
- Understanding Diversity
- Connection to ancestors powers my work
- Allows me to be sensitive others in the conversation
- Keeps me grounded and helps the direction of my life
- What is humorous, what my role is within my community, etc.
In what ways does Culture shape how I see the world?

- Connecting with others:
  - How I see myself moving in my environment and others moving with me
  - It connects me and who I am to the world
  - Centers me as a spiritual person

- How I interpret life and its cycle through passages:
  - Its my spiritual foundation and design for living
  - How I interact with others, choose my friends, and value things
  - Shows me who I am and where I belong
In what ways does Culture shape how I see the world?

- Connection to my surroundings
- How I view what’s important in life
- It broadens my perspective, builds compassion, and is humbling.

- Culture helps dictate the way I live my life and how I interact with others
- Connects me to the land which grounds me
- Bolsters my sense of belonging and self

- Culture helps me see how connected individuals are even when they don’t feel they are. This allows me to engage with others as I would want to be engaged.
- Allows the opportunity for me to constantly learn
- Our unique tribal area and how we have lived and what traditions we carry such as language and basically ways of life
In what ways does Culture shape how I see the world?

Where I come from and Where I want to go

My values and how I see my purpose in this life.

Makes me see all of the beauty that exists in the world.

Culture also shapes how the world sees and understands me

Being connected

How I connect with the world and identity

Allows me to see the beauty in the World with a different lens

Humble Respect Family connection Tribal connection Spiritual connection

Humble Respect Family, tribal and spiritual connections
How can I incorporate Culture into my Youth Programming?

- Smudge box/kit
- Traditional games
- Working with Elders, sharing/teaching values, include traditional foods, and storytelling or making regalia or dances

- Bring a story, poem, food or quote to share
- Involve the elders and youth; digital story telling.
- Digital Story telling

- Storytelling
- Making value discussions an ongoing talking point
- Pen pal to elders with our elder’s program
How can I incorporate Culture into my Youth Programming?

- Using stories, poems, books, a lot of story telling and bringing it back to our youth and those who are lost or confused.
- Being out in Nature.
- Virtual Cultural Sharing Nights, book groups including indigenous authors, sending out language books for young families, virtual drum groups. Minecraft - create plank houses in game.
- Cooking is always appreciated.
- With values and ground rules, allow everyone to share specific cultural teachings - talk to their elders.
- Birch basket kits that will require some mentorship time with an Elder. Storytelling hour describing values of one's tribe.
- Using sacred colors; beadings. pow wows.
- Start sending a newsletter to youth each month and include native culture in there; such as traditional foods they can eat, native events going on virtually or in community. Attach links/reading materials over Native culture. Also make videos.
- Word of the day in Native language.
How can I incorporate Culture into my Youth Programming?

Teaching language or songs — a word a day or a song a week/month — good to tie in with adolescent health lesson or use traditional stories for holistic health for teaching.