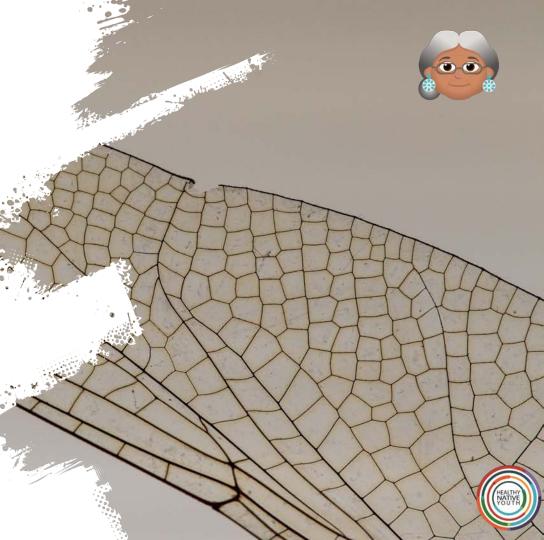


April 14th, 2021, 10:00-11:30 am PST

Let us Start with a Blessing

"If you've never been oppressed it's hard to contextualized." -Lockstock



## Yá'át'ééh! Keshi! Hello!



Jeremy Fields Pawnee, Crow, Chickasaw (he/ him) I love seeing my people empowered.

jeremy@thriveunltd.com





Thomas Lee Ghost Dog, Jr. Burns Paiute, Oglala Sioux (he/him)

tghostdog@npaihb.org

**NPAIHB** 



Southern Ute/Diné (she/her)

I love playing golf and being outdoors. <u>Sacha@nb3f.org</u> Leroy "Buster" Silva Pueblo of Laguna (he/ him) I love Traveling and Coffee!

leroy@nb3f.org





#### Live Virtual Training Logistics

#### Logistics

- You are muted
- If comfortable, share video

#### Engagement

- Padlet Activity
- Chat box
- Icons (Zoom & More)



#### Welcome, Welcome, Welcome!

Please introduce yourself in the chat box. Include your:

- ★ Name, Pronouns
- ★ Tribe/ Organization
- ★ Where are you from?
- ★ Maternal/ Paternal Relatives
   ★ Email address

5



#### TALKING IS POWER

O AMA GIFT CARD

#### For Adults: TEXT NOW FOR 530 AMAZON Text "Empower" to 97779

★ Tips & Resources for Talking to Youth About Sexual Health  $\star$  Need some help getting the convo started?

#### Group Agreements

- ★ Participate Fully
- ★ Delay Distractions
- ★ Honor Different Experiences
- ★ Be Brave & Explore
- ★ Others? (Type in the chat)



#### We've Got Goals!

By the end of today's session, you will be able to...

- ★ explain the importance of affirming Native youth identity
- ★ identify ways to incorporate and support Native youth identity into existing programming

"Let us put our minds together and see what life we can make for our children."

#### Where we are going

- 1. Youth Identity Activity (padlet) 5 min
- 2. Native Youth Identity 15 min
- 3. Notah Begay III (NB3) Foundation 10 min
- 4. We R Native (NPAIHB) 10 min
- 5. Thrive Untld 10 min
- 6. Let's Talk About it!

#### Padlet Flowing Grid

Use the link in the chat box to join...

I Am I Can I Enjoy





# Wellness

# Moment

Body Scan

## 1. Native Youth Identity

Let's get some background here...



#### We Are The New Tradition



Chatfeed Convo: Type Questions, Ask Away!



## 2. Notah Begay III Foundation

To ensure Native children achieve their full potential by advancing cultures of Native American community health.





#### Four Core Areas

A star the star

Youth Development

Physical Activity

Cultural

Connect ions

#### Organization Reflections





18

#### "Providing Spaces for Growth and Representation"



#### Responsibility to ALL Native Yout





. William . state

## We R Native

3.

HEALTHY

## Enhancing Identity through safe digital

spaces

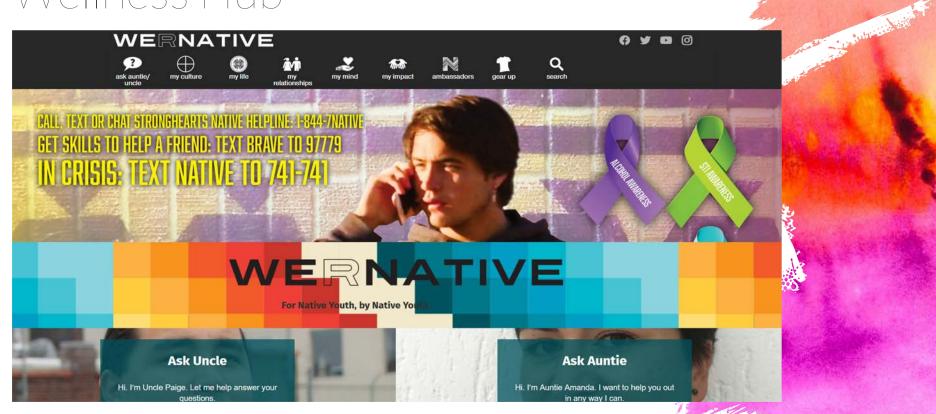


#### Stand by what we say...

# WERNATIVE YOUTH BY NATIVE YOUTH...

Posted: September 14th, 2012

#### Wellness Hub



We R Native acts as a hub for wellness/health info that tailors to Native youth and young adults.

#### How to Keep Youth Coming Back

A Sullivision

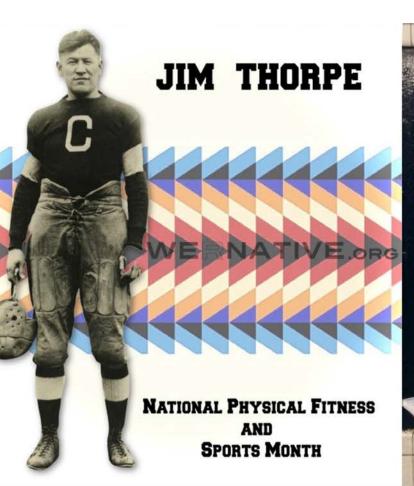


#### 

By using characteristics of Identity to connect to Natives as a whole

- ★ Language/slang
- ★ Imagery
- ★ Humor
- ★ Native pop culture
- ★ Values







#### **SNAG APPLICATION**

#### **QUARANTINE EDITION**

Name:	Age:
Tribe:	
Why you tyna Snag?	
Do you get Per Cap?	Yes No
Can you make frybread?	
Can your cousin join?	Yes No
Are you sure?	Yes 🗌 No 🗌
Have you been STD tested	? Yes No
Have you been STD tested	? Yes No

WERNATIVE

#### On a scale from Kicking Bird to Wind In His Hair

How are you feeling today?

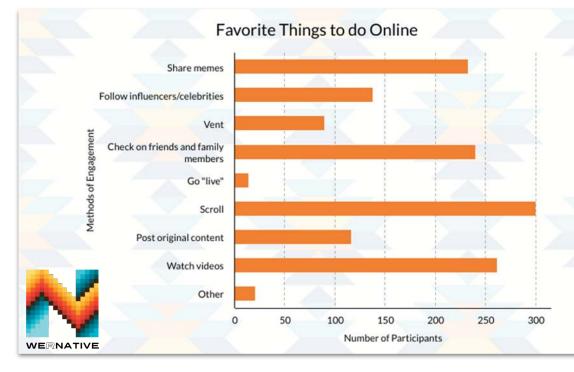


WERNATIVE

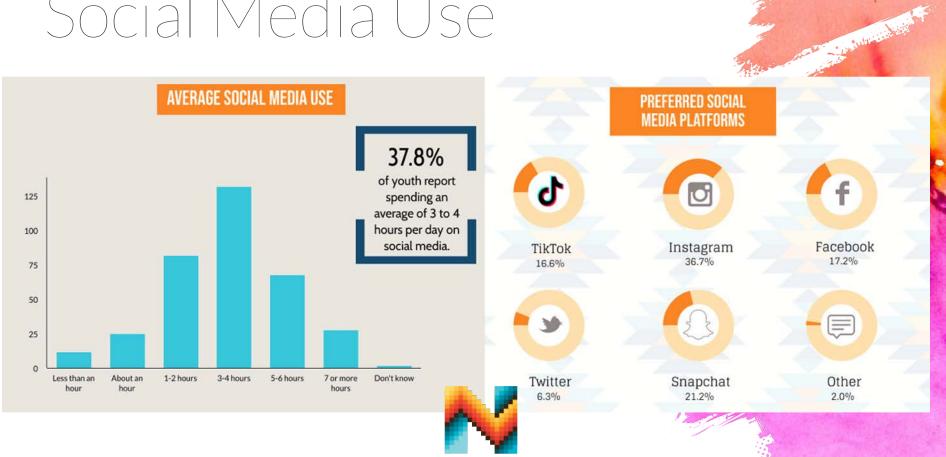
Dances with Wolves Wellness Meter Pt. 1

## Technology Use among Native Youth

A STATE OF THE STATE



#### Social Media Use

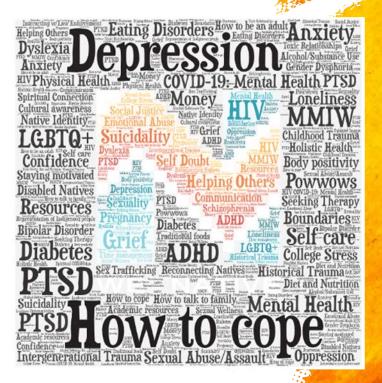


WERNATIVE

#### Top 3 Health Topics

For Native Youth to learn about...

- 1. Native Identity or Cultural Pride (73%)
- 2. Mental Health (57%)
- 3. Social Justice and Equality (31%)



Willieman

#### What Native Youth say about

WERNATIVE, MUTAL "The positivity around the "The inclusivity!" "I love the connection "It's the Native part "It's about natives for me." to my culture community." That is exists in the first of all tribes" The inclusivity! place! Natives need more recognition and I think "I like the cultural information, and how it's accessible for someone like me, who isn't always able "I love the websites like this will help "I never grew up on the Rez and to get info from people I know in real life, especially information it achieve that" don't know much about my provides. living in a white-majority town." culture this is how I keep up with especially considering most all native things around." I love how open they are to talk of the information about sensitive subjects or about sensitive things that arent spoken about we have access to "Connect with things "Awebsite "It's strictly directed "Just having a is biased or pough. They never hesitate to specific for that happen more towards native youth" connection to my inaccurate." elping/ educating youth on people like me" culture. Our culture is frequently in native things. so under represented communities" and it's sad"

#### Thrive Untld

Moving forward together...



## Reclaiming Cultural Identity through transcending trauma

- ★ Historical trauma has become integrated into modern understandings of culture
- ★ We often associate with our experiences rather than aligning with our values
- ★ Racism, Colorism, and Lateral Violence do not belong to us



PHOTO: TYLER GLASSES: https://www.teenvogue.com/story/navaio/



#### Padlet Flowing Grid

Use the link in the chat box to join...

I have a Hard Time with I want to Work on I want Help with





# 4. Let's TalkAbout it!

#### Logistics

Share Your Video Use the Chatfeed

#### Engagement

- Use the Chatfeed
- ASL
- Zoom Reactions





#### Practice in Action

Taking it back home!





#### Curricula on Healthy Native Youth

Find

- ★ Filter & Compare Tool
  ★ All Materials Needed to Implement
- ★ Enhancement Activities
- ★ Resources & Support
- ★ Upload & Submit Your Own Curricula



## For Youth: Text "Caring" to 65664

William

To get regular reminders about how awesome you are from people who care and who've got your back!



#### TALKING IS POWER

### For Adults: Text "Empower" to 97779

★ Tips & Resources for Talking to Youth About Sexual Health  $\star$  Need some help getting the convo started?



## Sign up for the **Healthy Native** Youth Newsletter!

ulities and

Stay up to Date with the Latest...

## Community of Practice 2021 Schedule

Second Wednesday of	January 13th	Substance Misuse & Help-Seeking Skills
Every Month 10:00-11:00 AM PST	February 10th	Connecting our Past with our Present Re-traumatization
	March 10th	Culture as Prevention
How to Join AT THE TIME OF MEETING, CLICK THIS	April 14th	Supporting Youth Identity: We R Native!
PASSWORD: 020558 JOIN BY PHONE ONLY: +1 646 558 8656 US MEETING ID: 929 2852 5787	May 12th	Circles of Support: Create a Q&A Service "Ask Auntie/ Ask Uncle"
TEXT: HEALTHY TO 97779	June 9th	2SLGBTQ: Level up the Inclusion

ary 10th	Connecting our Past with our Present	
	Re-traumatization	
10th	Culture as Prevention	

es of Support: Create a Q&A Service like Auntie/ Ask Uncle"

July 14th

Text Messaging Campaigns

#### Leave

#### Your **Email in** Chatbox



#### Our team is here to support you!

We know selecting and implementing a curriculum can be challenging... Whether it's selecting a program, getting prepared, training a facilitator, or maintaining a program you've already implemented. Let us know how we can help you and we'll follow-up in the next week.

#### Name\*

First and Last Name

## LOVE helping...

· ANIMA STATE

We

★ Training & TA
 Evaluation Form
 ★ Request TA

# Thank you!

You can find us at: Amanda Gaston agastoncontractor@npaihb.or

g



- antilising





The University of Texas Health Science Center at Houston





#### Funding Credit

This project is funded by the Indian Health Service HIV and behavioral health programs. This work is also supported with funds from the Secretary's Minority AIDS Initiative Fund.



## Let us Close with a Blessing

"Can't stop the spirits when they need you This life is more than just a read through"

Red Hot Chili Peppers

