



May 12, 2021

Guest Speakers

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Thomas Lee Ghost Dog, Jr. (Burns Paiute, Oglala Sioux): tghostdog@npaihb.org

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Paige Smith (Paiute, Modoc, Wasco and Shoshone from Warm Springs): psmith@npaihb.org

Stay connected

Text HEALTHY to 97779 and receive Community of Practice connection info each month on your phone!

Previously recorded CoP Sessions and presentation slides:

<https://www.healthynativeyouth.org/community-of-practice-sessions/>

Upcoming 2021 Community of Practice Schedule Here: <https://www.healthynativeyouth.org/community-of-practice/>

HNY Curricula: <https://www.healthynativeyouth.org/curriculum/>

Request Technical Assistance: <https://www.healthynativeyouth.org/request/>

Resources

HNY Resources: www.healthynativeyouth.org/resources/

Text Messaging Service for Adults and Parents!!! Text the Word **EMPOWER** to **97779**

<https://www.healthynativeyouth.org/resources/talking-is-power-tools-for-parents/>

WeRNative, www.wernative.org

iknowmine, www.iknowmine.org

Speaker Resources

Ask Auntie, Guided Meditation video:

https://www.youtube.com/watch?v=qCeM2eh6HO4&list=PLvLfi7yZ2zQFDrw_CPSK--KGt-Rq_O3qs

Ask Auntie: <https://www.wernative.org/ask-auntie-chat>

Text "NATIVE" to 741741

Virtual Adaptation Guide: https://www.healthynativeyouth.org/wp-content/uploads/2020/12/Virtual-Adaptation-Guide_Final-12.17.20.pdf

Virtual Adaptation workbook, Word Document: https://www.healthynativeyouth.org/wp-content/uploads/2020/12/Workbook_Virtual-Adaptation-Guide-12.17.20.docx

Ask Misty: <https://www.mohican.com/covid-19-ask-auntie-misty>

Ask Nurse Lisa sexual health questions and more: <https://www.iknowmine.org/ask-nurse-lisa>

Chat feed

10:04:11 From: Wonderful Michelle!

10:04:22 From: Mvto Michelle!

10:04:29 From: Thank you, Michelle

10:05:01 From: Thank you Michelle!

10:11:36 From Celena McCray to Everyone: welcome, welcome :D

- Good afternoon! Nebraska Indian Child Welfare Coalition (NICWC).
- NPAIHB Adolescent Health
- Warm Springs/Wasco, NAYA Family Center
- nimiipuu, NARA NW
- Halito and Hesci! Oklahoma Choctaw working for the Muscogee Nation in Oklahoma.
- Alaska Native Tribal Health Consortium, jjwilliamson@anthc.org
- Good morning! I am a member of the Skokomish Indian Tribe. I work as the Suicide Prevention Program Manager for the tribe.
- Hello, Ioway of Nebraska and Kansas, Youth Advocate at NAYA
- Hi Everyone, I am a member of the Stockbridge-Munsee Band of Mohican Indians. I work for Good Medicine.
- Youth and Family Prevention Program Coordinator @ Gerald L. Ignace Indian Health Center, Inc. in Milwaukee, WI.
- A citizen of the Choctaw Nation of OK from the Muscogee Nation in Oklahoma. Southern Plains Tribal Health Board.
- Contractor with Healthy Native Youth. Email: Info@nicoletrevino.com. I'm originally from San Antonio, Texas, now in Austin. My maternal grandparents are English and Irish, my paternal grandparents are the Indigenous people of the Rio Grande Valley & Spanish colonizers.
- Good morning, my friends! Welcome! Michelle Singer (Navajo | she/her), Healthy Native Youth Project Manager, NPAIHB -- msinger@npaihb.org -- Glad you are with us!
- Bishop Paiute Tribe - Youth Activities Specialist at the Bishop Indian Education Center
- Hello! Makah Tribe Neah Bay, WA. I come from the Ward and Peterson families of Makah
- Hi - Cup'ik Quissunamiut Tribe, HIV/STD Prevention Program Manager with ANTHC in Anchorage, Alaska - land of the Dena'ina people.
- Pascua Yaqui/White Mtn. Apache, Youth Advocate and Cultural Arts Instructor at NAYA Family Center
- Hi all! I am a member of the Quileute Tribe. I work with Quileute New Beginnings Program as the Wellness Advocate. Glad to be here today with you all.
- Hello team! Yakama Nation

10:16:17 From Celena McCray to Everyone: it's great to meet you all!

- Hello Everyone. Happy to be here with you all. I am a member of the Costanoan Ohlone Tribe. I am a Program Assistant for North Fork Rancheria Tribal TANF
- Hey! Skokomish Youth Program, from Shelton WA.
- Youth Advocate at NAYA Family Center.

10:11:15 From Michelle Singer: Welcome everyone! If you could please add your name, org and email -- we would appreciate it!

- (Indigenous Egyptian & Armenian), Public Health Associate, NCUIH & Youth Advisor for NCUIH's AI/AN Youth Council.
- Unfortunately, I'm not a member of a tribe. But we are surrounded by tribes both by the Tulalip and the Stillaguamish to the south and to the north, the Swinomish. We work to educate youth to protect them from being trafficked. We also educate the community. Our organization is Hope Unlimited.

10:21:52 From Michelle Singer: @ ~ glad you are here! No worries! Everyone has family & relations -- so you are a relative! Thank you for your service in what you do!

- Taos Pueblo Division of Health & Community Services. I coordinate the Youth Outreach Program.
- EASA Center for Excellence, early intervention for psychosis in adolescents and young adults support for families and support networks, Oregon, I am happy to get to be here today. Sephardic and Ashkenazi Jewish heritage.
- Tribal Community Health Provider Project Specialist
- Capacity Builders Inc. in Farmington, NM. Maternal family is from Navajo & Crystal, NM. Paternal family is from Wheatfield & Lukachukai, AZ.
- Hi All, from Kewa Pueblo, NM Public Health Consultant
- from the Pueblo of Tesuque in New Mexico.

10:22:35 From Nicole Treviño: we <3 Auntie (& Uncle too!)

10:23:54 From Nicole Treviño (She/They) to Everyone: Ask Relatives!

10:24:03 From Amanda to Everyone: I like that!

10:24:30 From Amanda to Everyone: Ask the Fam Bam :)

10:26:05 From Amanda to Everyone: So good to have everyone on the call! :)

10:28:04 From Amanda to Everyone: The Circles of Support example I share was from Native It's Your Game. An online middle school sexual health curriculum from 12-14 year olds. It is on the Healthy Native Youth website. Updates to flashplayer are currently being made, but let us know if you'd like more info. :)

10:29:10 From: Totally is a health topic! Identity is so central to our wellbeing.

10:29:35 From Amanda to Everyone: 100%

10:31:47 From: World's best frybread!

10:32:17 From: Zuni frybread!

10:32:19 From: hot topics :)

10:32:57 From: Wow, YouTube wasn't listed as top online platforms.

10:32:58 From: Thank you Thomas! We always appreciate your words!

10:33:23 From: Thank you Thomas so much! What an awesome group you are with :)

10:33:33 From Michelle Singer to Everyone: Hey friends, if you haven't entered in your name, org, email -- please do! :-)

10:36:06 From Paige Smith to Everyone: like many uncles, I am a tad long winded

10:36:29 From Thomas Ghost Dog to Everyone: unnuhhhhh!

10:37:12 From: @Paige- Long winded or a breath of fresh air?! Your videos are amazing.

10:37:18 From: I enjoy y'all's videos and share them with my youth and on my social media

10:38:28 From: Each of your videos are amazing!

10:40:34 From Amanda to Everyone: The questions come in waves! Sometimes we have a ton and sometimes there's just a few that trickle in.

10:41:52 From Amanda to Everyone: Here is the Guided Meditation video:

https://urldefense.com/v3/https://www.youtube.com/watch?v=qCeM2eh6HO4&list=PLvLfi7yZ2zQFDrw_CPSK--KGt-Rq_O3qs

10:42:25 From Amanda to Everyone: The "Q&A" service for We R Native: <https://www.wernative.org/ask-auntie-chat>

10:43:25 From Amanda to Everyone: Text "NATIVE" to 741741

10:50:19 From Asia Brown (she/hers) to Everyone: Managing and tracking incoming messages (via a Management Doc)

Protocol for suicide ideation WITH & WITHOUT contact information

Notification of a Crisis Response Team

"Q&A" Service Algorithm for answering incoming questions

3-month Follow-up: Caring Contact - emphasis on the follow-up :)

Resources

10:51:24 From: Yes that would be great :)

10:51:26 From: Would love to receive the handbook

10:51:51 From: I am interested in the handbook

10:51:54 From: Thank you all for this. Please share here:

10:52:01 From: Hi- yes I am very interested in this toolkit and any additional resources available for our network. This is an incredible resource. thank you for sharing it!

10:52:09 From: Me as well!

10:52:29 From: We would love to receive the handbook also. Thanks.

10:52:30 From: Yes, would love handbook!

10:52:50 From: We would love the handbook

10:52:54 From: yes would love a handbook!

10:52:57 From: handbook

10:53:18 From: How to reach elders and families that do not have internet? Due to being very rural.

10:53:23 From: Handbook please

10:54:13 From: Requesting a handbook:

10:55:06 From Amanda to Everyone: @ - great question! Well share on this in a sec. :)

10:57:02 From: I am very interested in this toolkit and any additional resources available for our network. This is an incredible resource... Thank you

10:59:17 From: handbook.

10:59:58 From Wendee Gardner to Everyone: We mailed elders responses around COVID.

11:00:06 From Wendee Gardner to Everyone: Also put them in the newspaper.

11:00:31 From Wendee Gardner to Everyone: Also added Q/A from Auntie in our food boxes

11:01:14 From Celena McCray to Everyone: That's cool, Wendee.

11:01:42 From: Do you work with Prevention Pays for the text response system and protocol?

11:01:43 From: please send links for algorithm:

11:03:46 From Nicole Treviño (She/They) to Everyone: Love this decision flow chart

11:03:47 From Celena McCray to Everyone: Hi, I just looked up that tool, Prevention Pays and wow looks great.

11:04:01 From Celena McCray to Everyone: Our team has an internal text message service portal called Mobile Commons. That is what we use at WeRNative

11:04:26: Hello, sorry I'm late

11:04:44 From Amanda to Everyone: The Concerning Messages Protocol will walk through these steps in more detail and will provide draft emails and responses.

11:05:02 From: Thanks Celena! I'll write that down too :)

11:05:39 From Thomas Ghost Dog to Everyone: Yes, K. Upland Mobile Commons is the texting platform we use.

11:05:54 From: awesome, thanks for sharing K.

11:06:13 From: Glad you here

11:06:34 From: Thanks Thomas. Is that Native owned or operated by any chance?

11:06:42 From: It's hard to get participation with assessments. Usually need to incentivize outreach participation.

11:07:50 From Michelle Singer to Everyone: Gentle reminder - if you haven't signed in with a name, org and email - please do! We want to stay in touch!

11:07:59 From Thomas Ghost Dog to Everyone: We use to have Mozeo, but had to upgrade. I don't believe it is, sadly. If you know of any Native owned texting platforms, please let us know. We always try to make an effort to work with Native vendors.

11:08:04 From Amanda to Everyone: Yes...incentives is the way to go. :)

11:08:36 From Celena McCray to Everyone: @, absolutely, our team can also help in that department if needed. We have "WeRnative packets" that can be sent to you for incentivizing efforts. Stickers, lanyards, tipcards with resources, etc. Just let us know :)

11:08:37 From Amanda to Everyone: Have folks used Remind text service? It's free.

11:09:07 From Amanda to Everyone: Thanks Celena!

11:09:50 From: I really like Remind

11:09:56 From: Yes, I would appreciate some "swag"! Thank you!

11:11:03 From: @M how do you think it would work with a Q&A service?

11:11:42 From Amanda to Everyone: 130 words!

11:13:49 From M: @Amanda, Fairly well. So there is no text limit if messaging directly. However unless not utilizing your name when signing up, nothing would be anonymous.

11:14:54 From Amanda to Everyone: Thanks M. That's helpful to know. I've heard good things about Remind...just haven't tried it out yet.

11:16:02 From Amanda to Everyone: We will share the Management Doc template out with the recorded session and other resources. :)

11:17:30 From Michelle Singer to Everyone: And, We R Native is on TikTok as well @ We_r_native

11:18:22 From: the analytics would be helpful, thanks:

11:10:04 From: Yes:) We will share the slides out too. :)

11:11:07 From Michelle Singer to Everyone: You can find the recorded session and handouts at <http://www.healthynativeyouth.org> website! Check out our website and all CoP materials and upcoming schedule can be found under the Resources & Support tab.

11:21:38 From Nicole Treviño (She/They) to Everyone: Q&A Service requires that extra capacity! This template is great for thinking about what your capacity looks like as an organization.

11:22:55 From Celena McCray to Everyone: yay, Wendee!

11:23:47 From Michelle Singer to Everyone: <3 Wendee!

11:24:20 From Amanda to Everyone: Virtual Adaptation Guide
https://www.healthynativeyouth.org/wp-content/uploads/2020/12/Virtual-Adaptation-Guide_Final-12.17.20.pdf

Workbook: https://www.healthynativeyouth.org/wp-content/uploads/2020/12/Workbook_Virtual-Adaptation-Guide-12.17.20.docx

11:24:39 From Amanda to Everyone: Ask Misty: <https://www.mohican.com/covid-19-ask-auntie-misty>

11:27:07 From Paige Smith to Everyone: i still have a tough time watching myself

11:27:11 From Jennifer Williamson to Everyone: Ask Nurse Lisa is a resource available at iknowmine.org, <https://www.iknowmine.org/ask-nurse-lisa>

It was created to increase access for youth in Alaska to ask a confidential sexual health questions to a provider. When people submit a question we work with our HIV clinical services staff, Nurse Lisa to draft the response. And then we email it from an IKM email address.

11:27:38 From Lael to Everyone: Yes! Super awkward to see my videos haha!

11:27:49 From Nicole Treviño (She/They) to Everyone: Such great content from everyone!

11:27:50 From Jennifer Williamson to Everyone: Past sexual health questions can be found here, <https://www.iknowmine.org/topic/sexual-health-faqs/>

11:28:23 From: Thank you all for today's session. I always come away inspired, connected, and way more informed. Take good care :)

11:28:58 From Amanda to Everyone: Thanks K!

11:29:43 From Jennifer Williamson to Everyone: jjwilliamson@anthc.org

11:29:52 From Michelle Singer to Everyone: The <http://www.iknowmine.org> website is gorgeous!!!

11:30:02 From: Thanks for the links!

11:30:14 From Jennifer Williamson to Everyone: <http://www.iknowmine.org>

11:31:34 From: Padlet is fun and interactive!

11:31:45 From Jennifer Williamson to Everyone: <http://www.healthynativeyouth.org>

11:32:56 From: Thank you all for all this great information.

11:33:12 From Michelle Singer to Everyone: HNY e-News Link on HNY Facebook Pages & HNY IG Linktree!

11:33:20 From: the links are helpful, thank you!! :) see you all next time, take care and stay safe <3

11:33:21 From Michelle Singer to Everyone: For May issue!

11:33:26 From: This was amazing! What GREAT information! Thank you Everyone:)

11:33:49 From: Thank You to Everyone!!!!

11:34:02 From: Thank you all very much!

11:34:07 From: thank you all for attending!

11:34:13 From: Agreed! This was awesome! Really helpful, great examples and ideas, love it.

11:34:17 From: Wonderful as usual and great to hear from all the WRN/HNY Relatives~

11:34:59 From: Thank you and best wishes everyone!

11:35:08 From: qe'cii yew yew to all presenters. Valuable information! ta'c leeheyn!

11:35:20 From: great to see you all

11:35:26 From: Thanks y'all!!

11:35:28 From: Thank you!