

**MY MIND, BODY, AND SPIRIT  
ARE SACRED.**

**SEXUAL ASSUALT IS NOT OKAY.**

**IF YOU THINK YOU HAVE BEEN  
SEXUALLY ASSAULTED, WE BELIEVE YOU.  
HELP IS AVAILABLE.**

**STRONGHEARTS NATIVE HELPLINE | 1-844-7NATIVE | [WWW.STRONGHEARTSHELPLINE.ORG](http://WWW.STRONGHEARTSHELPLINE.ORG)**

