

TALKING IS POWER

Cama'i!

My name is Greg!
My pronouns are
he and him. Give
yourself a high
five from me! I'm
glad you're here!



A Text Messaging Service for Parents and Caring Adults

Talking with youth about sensitive topics is never easy, but it's important. You are your teen's biggest influencer when it comes to making decisions about sex and healthy relationships.

Text EMPOWER to 97779

You'll receive up to 3 text messages per week with conversation starters, tips, video demonstrations, and words of encouragement.

We'll cover sexual health, pregnancy, STDs, and consent. You don't need to have all the answers, you just need to start talking – be open and honest – and keep at it. Talking with your teen will help them make healthy decisions.

#TalkingIsPower

#HealthyNativeYouth

#weRnative

CURRICULA


LESSON PLANS

HANDOUTS

RESOURCES

www.healthynativeyouth.org

 [fb.com/HealthyNativeYouth](https://www.facebook.com/HealthyNativeYouth)

 Listserve: Text "YouthNews" to 22828

 <https://www.instagram.com/healthynativeyouth/>
[@HealthyNativeYouth](https://www.instagram.com/HealthyNativeYouth)

 native@npaihb.org

**SIGN UP TO RECEIVE UPDATES
VIA TEXT MESSAGE**

TEXT "HEALTHY" TO 97779



HEALTHY
NATIVE
YOUTH