# Sexual Health Observances 2022

Black = **Month** of recognition  
Red = **Day** of recognition  
Blue = **Week** of recognition

*Italics + Gray = relatable events for messaging*

## Jan
- Cervical Health Awareness Month  
- National Stalking Awareness Month  
  - **Women’s Self-empowerment Week = First week of Jan (1/3 - 1/7)**  
  - National Cuddle Up Day = 1/6  
  - International Fetish Day = Third Friday of Jan (1/21)  
  - National Hugging Day = 1/21  
  - National Spouses Day = 1/26

## Feb
- Black History Month  
- Body Awareness Month  
- Creative Romance Month  
- National Wedding Month  
- International Boost Self-Esteem Month  
- International Prenatal Infection Prevention Month  
- Safer Sex Awareness Month  
- Self-Love month  
- Teen Dating Violence Awareness Month  
  - **National Marriage Week = 2/7 - 2/14**  
  - **Condom Week = Second Week of Feb (2/7 - 2/11)**  
  - **International Flirting Week = Second Week of Feb (2/11 - 2/7)**  
  - **Sex Responsibility & Consent Week = Second Week of Feb (2/7 - 2/11)**  
  - National Shower Together Day = 2/5  
  - International Day of Zero Tolerance for Female Genital Mutilation = 2/6  
  - National Freedom to Marry Day = 2/12  
  - Galentine’s Day = 2/13  
  - National Condom Day = 2/14  
  - V-day = 2/14  
  - Valentine’s Day = 2/14  
  - Single’s Awareness Day = 2/15  
  - National Random Acts of Kindness Day = 2/17

## March
- National Endometriosis Awareness Month
- National Women's History Month
- Colorectal Cancer Awareness Month
- Vulval Health Awareness Month
- LGBTQ+ Health Awareness Week = Last week of March (3/28 - 4/1)
- National I Want You to be Happy Day = 3/3
- International Sex Worker Rights Day = 3/3
- Human Papillomavirus (HPV) Awareness Day = 3/4
- National Restock Your Lube Day = 3/5
- International Women's Day = 3/8
- National Women and Girls HIV/AIDS Awareness Day = 3/10
- National Awkward Moments Day = 3/18
- National Native American HIV/AIDS Awareness Day = 3/20
- National Single Parent Day = 3/21
- International Day of Trans Visibility = 3/31
- Dead Week
- Finals Week
- Spring Break

April

- Oral Cancer Awareness Month
- National Child Abuse Prevention Month
- National Couple Appreciation Month
- National Minority Health Month
- Sexual Assault Awareness and Prevention Month
- Sexually Transmitted Infection (STI) Awareness Month
- Stress Awareness Month
- Testicular Cancer Awareness Month
- National Public Health Week = 4/1 - 4/7
- National Infertility Awareness Week = Last Week of April (4/24 - 4/30)
- World Immunization Week = 4/24 - 4/30
- Sexual Assault Awareness Month Day of Action = First Tues. of April (4/5)
- RAINN Day = 4/1
- National Equal Pay Day = Second Tues of April (4/12)
- National Day of Silence = Second Fri of April (4/15)
- World Health Day = 4/7
- National Youth HIV/AIDS Awareness Day = 4/10
- National Transgender HIV Testing Day = 4/18
- Denim Day = Last Wed of April (4/27)
- Earth Day = 4/22
- World Day for Safety & Health at Work = 4/28
- Gathering of Nations = 4/28 - 4/30
### May

- Hepatitis Awareness Month
- National Date Your Mate Month
- National Teen Pregnancy Prevention Month
- Masturbation Month
- Mental Health Awareness Month
- Sex Ed for All Month
- **Children’s Mental Health Awareness Week = 5/7 - 5/13**
- **National Women’s Health Week = 5/8 - 5/14**
- Global Love Day = 5/1
- National Infertility Survival Day = First Sun of May (5/1)
- MMIW Awareness Day = 5/5
- World Wide Day of Genital Autonomy = 5/7
- Mother’s Day = Second Sun of May
- Honor Our LGBTQ+ Elders Day = 5/16
- International Day Against Homophobia, Transphobia, and Biphobia = 5/17
- HIV Vaccine Awareness Day = 5/18
- National Hepatitis Testing Day = 5/19
- Pansexual & Panromantic Visibility Day = 5/24
- Masturbation Day = 5/28
- International Day of Action for Women’s Health = 5/28
- World Menstrual Hygiene Day = 5/28
- **Memorial Day Weekend 5/31**
- Prom Season

### June

- Men’s Health Month
- National Congenital Cytomegalovirus (CMS) Awareness Month
- PRIDE Month
- PTSD Awareness Month
- **Cervical Screening Awareness Week = Second Week of June (6/6 - 6/10)**
- **Men’s Health Week = 6/13 - 6/19**
- National Best Friends Day = 6/8
- National Sex Day = 6/9
- National Loving Day = 6/12
- Father’s Day = Third Sun of June (6/19)
- Autistic Pride Day = 6/18
- Juneteenth = 6/19
- **National Selfie Day = 6/21**
- National HIV Testing Day = 6/27
- National PTSD Awareness Day = 6/27
- Graduation
- Dead Week
- Finals Week
- Summer Vacation

July

- Disability PRIDE Month
- Purposeful Parenting Month
- Kissing Day = 6/7
- International Nonbinary Day = 7/14
- World Hepatitis Day = 7/28
- International Friendship Day = 7/30
- National Orgasm Day = 7/31
- Summer Vacation

Aug

- National Anal Health & Awareness Month
- National Breastfeeding Month
- National Immunization Month
- National Wellness Month
- Romance Awareness Month
- World Breastfeeding Week = 8/1 - 8/7
- National Resurrect Romance Week = Second Week of Aug (8/8 - 8/12)
- National Partner (Girlfriend) Day = 8/1
- National Lingerie/Underwear Day = 8/5
- International Female Orgasm Day = 8/8
- International World Indigenous Peoples Day = 8/9
- International Youth Day = 8/12
- National I Love My Feet Day = 8/17
- National Couples Day = 8/18
- National Kiss & Make Up Day = 8/25
- National Women’s Equality Day = 8/26
- National Just Because Day = 8/27
- Summer Vacation
- College Move In

Sept

- Gynecological Cancer Awareness Month
- Newborn Screening Awareness Month
- Ovarian Cancer Awareness Month
- Pain Awareness Month
- Pleasure Your Mate Month
- Polycystic Ovary Syndrome (PCOS) Month
- Prostate Cancer Awareness Month
- Sexual Health Awareness Month
- National Preparedness Month
  - [https://www.cdc.gov/reproductivehealth/emergency/index.html](https://www.cdc.gov/reproductivehealth/emergency/index.html)
- Ovarian Cancer Awareness Month
- **National Singles Week** = Third Week of Sept (9/19 - 9/23)
- World Sexual Health Day = 9/4
- Global Internal/Female Condom Day = 9/16
- National HIV/AIDS and Aging Awareness Day = 9/18
- Celebrate Bisexuality Day = 9/23
- World Contraception Day = 9/26
- National Gay Men’s HIV/AIDS Awareness Day = 9/27
- International Safe Abortion Day = 9/28
- National Women’s Health & Fitness Day = 9/29
- **College Move In**

### Oct

- Breast Cancer Awareness Month
- Domestic Violence Awareness Month
- LGBTQ+ History Month
- Medical Ultrasound Awareness Month
- Menopause Awareness Month
- National Family Sexuality Education Month
- Pregnancy and Infant Loss Awareness Month
- Sudden Infant Death Syndrome (SIDS) Awareness Month
- **International Infection Prevention Week** = 10/17 - 10/23
- **National Healthcare Quality Week** = 10/17 - 10/23
- **National Midwifery Week** = First Week of Oct (10/3 - 10/7)
- **Ace (Asexual) Awareness Week** = Fourth Week of Oct (10/24 - 10/28)
- National Partner (Boyfriend) Day = 10/3
- Child Health Day = 10/3
- Sweetest Day = Third Sat of Oct (10/15)
- Indigenous Peoples Day = Second Mon of Oct (10/10)
- International Day of the Girl = 10/11
- Herpes Awareness Day = 10/13
- National No Bra Day = 10/13
- World Pregnancy & Infant Loss Remembrance Day = 10/15
- National Mammography Day = 10/21
- National I Care About You Day = 10/25
- Intersex Awareness Day = 10/26
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<tr>
<th>Nov</th>
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<tbody>
<tr>
<td>Native American Heritage Month</td>
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<td>National Erectile Dysfunction Month</td>
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<td>Prematurity Awareness Month</td>
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<td>TransParent Day = First Sun of Nov (11/6)</td>
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<td>National Sex Toy Day = 11/7</td>
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<td>World Vasectomy Day = 11/7</td>
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<td>World Prematurity Day = 11/17</td>
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<td>International Mens Day = 11/19</td>
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<td>International Transgender Day of Remembrance = 11/20</td>
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<td>National Day of Mourning = Fourth Thurs of Nov (11/24)</td>
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<td>International Day For the Elimination of Violence Against Women Day = 11/25</td>
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<td>Native American Heritage Day = 11/25</td>
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<td>World Compassion Day = 11/28</td>
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<td>AIDS Awareness Month</td>
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<td>Universal Human Rights Month</td>
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<td>World AIDS Day = 12/1</td>
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<td>International Disabled Person’s Day = 12/3</td>
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<td>Pansexual Pride Day = 12/8</td>
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<td>International Day to End Violence Against Sex Workers = 12/17</td>
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