



GET THE FACTS ABOUT

HIV TESTING

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THE FACTS

You are at risk for HIV & other STIs if you:

- Had vaginal, anal, or oral sex (risk is higher if no condom was used)
- Shared needles or syringes when injecting drugs, medications or vitamins
- Shared needles for tattoos or body piercing

*Many STDs, including HIV, have no symptoms. The only way to know for sure is to **get tested***

A person should get tested every 6 months or before starting a new sexual relationship

DID YOU KNOW?

If you are under 18 you do not need parent/guardian's permission for HIV & most STI testing

In most states, a person under the age of 18 can get tested for HIV and most other STIs without permission from a parent. However, check with the doctor's office or clinic before going to find out if you need your guardian's permission. Even if you don't need your parent/guardian's permission, talking about getting tested for STIs with your guardian or a trusted adult is a good idea.

HIV tests can be confidential or anonymous.

CONFIDENTIAL TESTING:

You give your name. The results go in your medical record and can only be shared with people authorized to see your medical records.

ANONYMOUS TESTING:

You don't have to give your name and you're assigned a number to get your results. Anonymous testing is not available in every state.

TESTING INFORMATION

LOCATIONS

- Public health clinics
- Family planning clinics
- Private doctors and clinics
- Hospital emergency rooms
- Tribal health clinics



COSTS

- **The cost of testing varies at each location.**
- **At family planning and public health clinics, the cost of testing is usually free or very low cost.**
- **The cost of treatment varies at each location.**
- **At-home test are between \$35-80 depending on the type of STI test.**
- **At tribal clinics testing is free.**



THERE ARE MORE THAN ONE...

Types of HIV Tests

There are several different ways to get tested for HIV, including:

- **HIV Blood Test:** Blood is drawn. Results are usually ready within a few days to 2 weeks.
- **Rapid HIV Test:** A blood sample is drawn or a fingerprick is done and then tested immediately.
- **Oral Test:** The inside of the mouth is rubbed with a cotton swab. Results are usually ready within a few days to 2 weeks.
- **Rapid Oral Test:** The inside of the mouth is rubbed with a small plastic comb. Results are available within 20 minutes. Must be reconfirmed with another test if positive.
- **Home Test:** A blood sample is taken at home and sent to a lab by mail. Results are usually ready by phone within a few days.
- **Rapid Home Test:** This is an at-home rapid oral test that will provide results at-home within 30 minutes. Must be reconfirmed with another test if positive.

Types of STI Tests

There are several different ways to get tested for STIs, including:

- **Blood Tests**
- **Urine Tests**
- **Pelvic and physical exams**
- **Genital (penile/vaginal) and anal swabs**

RESOURCES

www.iknowmine.org

www.wernative.org

www.healthynativeyouth.org

www.sexetc.org

www.plannedparenthood.org/learn/stds-hiv-safer-sex

www.sexualhealth.org/stds_a_to_z

