

Pickers Can Be Choosers: Choosing a Program

January 12, 2022 10am-11:30am PT



Host

Amanda Gaston: agaston-contractor@npaihb.org

Guest Speakers

Dr. Stephanie Craig Rushing: scraig@npaihb.org

Michelle Singer: msinger@npaihb.org

Michelle Sarche: michelle.sarche@cuanschultz.edu

Nicole Trevino: info@nicoletrevino.com

Claudia Luna-Meza: Claudia.Lunameza@uth.tmc.edu

Objectives

- By the end of today's session, you will be able to...
 - choose which criteria are most critical to your program
 - identify tools to help you choose the best program for your site/ setting
 - listen to the highlights of Native youth programming

Stay connected

- Text HEALTHY to 97779 and receive Community of Practice connection info each month on your phone!
- **Previously recorded CoP Sessions and presentation slides:**
<https://www.healthynativeyouth.org/community-of-practice-sessions/>
- **Upcoming 2021 Community of Practice Schedule Here:**
<https://www.healthynativeyouth.org/community-of-practice/>
- **HNY Curricula:** <https://www.healthynativeyouth.org/curriculum/>
- **Request Technical Assistance:** <https://www.healthynativeyouth.org/request/>

Resources

- **HNY Resources:** www.healthynativeyouth.org/resources/
- **Text Messaging Service for Adults and Parents!** Text the word **EMPOWER** to **97779**:
<https://www.healthynativeyouth.org/resources/talking-is-power-tools-for-parents/>
- **WeRNative** www.wernative.org

Speaker Resources

- Native WYSE Choices overview:
- <https://coloradosph.cuanschutz.edu/research-and-practice/centers-programs/caianh/projects/native-wyse-choices>
- Native WYSE Choices Instagram: <https://www.instagram.com/nativewysechoices/?hl=en>
- If you are willing to share information about our WYSE Choices study with your youth - and the recruitment materials - please let me know! michelle.sarche@cuanschutz.edu

Chat links:

Implementation Toolbox:

- Healthy Native Youth Implementation Toolbox: <https://www.healthynativeyouth.org/implementation-toolbox/>
- Choose Phase overview: <https://www.healthynativeyouth.org/implementation-toolbox/choose/>
- Choose Phase – Get Approval if Needed: <https://www.healthynativeyouth.org/implementation-toolbox/choose/get-approval-if-needed/>

Template links:

- Letter of Support: <https://www.healthynativeyouth.org/wp-content/uploads/2021/10/Choose-Step-3-Letter-of-Support-Template.doc>
- Memorandum of Agreement: <https://www.healthynativeyouth.org/wp-content/uploads/2021/10/Choose-Step-3-Partner-Memorandum-of-Agreement-Template.docx>

Curricula:

- We R Native Facilitator's Guide: <https://www.healthynativeyouth.org/curricula/we-r-native-teachers-guide-2-2/>
- Native STAND (original and 2.0): <https://www.healthynativeyouth.org/curricula/native-stand-2-0/>
- Native It's Your Game (NIYG) 2.0: <https://www.healthynativeyouth.org/curricula/native-its-your-game/>
- NIYG 2.0 recorded informational webinar: <https://www.youtube.com/watch?v=dUbEXlrlnak>
- Youth Support Resources: <https://www.wernative.org/wp-content/uploads/Youth-Support-Resources.pdf>

Chat feed (names and emails have been removed)

9:57 AM Michelle to Waiting Room Participants: Good morning friends!!! We will begin here shortly and admit folks in soo!

9:57 AM Michelle to Waiting Room Participants: soon!

10:07 AM Stephanie to Everyone: Stephanie (she/her), NPAIHB, Adolescent Health

10:08 AM Gabrielle to Everyone: Gabrielle (she/her), Haliwa-Saponi Tribe. UTHHealth - Graduate Research Assistant, 3rd Year Doctoral Student, & Sexuality Educator/Researcher

10:08 AM Michelle to Everyone: Michelle Singer (She/Her | Navajo), NPAIHB Adolescent Health -- msinger@npaihb.org -- happy you all are here!

10:08 AM Michael to Everyone: Michael (He/Him)
Southern Plains Tribal Health Board
Oklahoma City, OK
Choctaw Nation of OK

10:08 AM Donna to Everyone: Donna, Prevention Specialist, YCIC/Youth Shelter, Winnebago Tribe of NE.

10:08 AM opal to Everyone: Great Plains Tribal Chairmen's Health Board I am the STITPPI Program Manager and we work with tribes in SD, ND, IA and NE

10:09 AM Tess to Everyone: Tess, she/her, Daybreak Star native preschool Seattle, Aztec & Mayan indigenous scholar

10:09 AM Sara to Everyone: Ramon, (United American Indian Involvement, Inc.), Youth Services Director

10:09 AM Mariela to Everyone: Mariela, She/Her , San Pascual Education department Americorps Mentor.

10:09 AM Karla to Everyone: Karla, Skokomish Tribe, SPIPA Cancer Data & Systems Coordinator

10:09 AM Donna to Everyone: Donna from the Pueblo of Cochiti in New Mexico. I work in the Pueblo of Tesuque as the ICWA Case Manager, Youth Coalition Coordinator and Prevention Specialist

10:09 AM Sara to Everyone: Gamyu my name Sara
She/her/hers
Havasupia & Hopi
United American Indian involvement department
Clubhouse- Administrative Assistant

10:09 AM Chris to Everyone: Chris (She/Her) Univ of Texas School of Public Health, Houston, TX

10:09 AM Vurlene to Everyone: Good Morning Everyone-I'm Vurlene -Jicarilla Apache Nation-Community Health Educator-Salt River Pima Maricopa Indian Community-Scottsdale, AZ

10:10 AM Sara to Everyone: Shiigo Bi

10:10 AM Michelle to Everyone: Michelle (she/her), Lac Courte Oreilles Ojibwe, Clinical Psychologist, Associate Professor, University of Colorado Anschutz Medical Campus, Colorado School of Public

Health, Centers for American Indian and Alaska Native Health, mom of 2 teen boys

10:10 AM Umit to Everyone: Umit (He/Him)/ University of Colorado- Centers for American Indian and Alaska Native Health/ Native WYSE CHOICES

10:10 AM Jennifer to Everyone: Good morning everyone! Jeni (she/her), Project Coordinator with ANTHC and iKnowMine.org in Anchorage, AK.

10:10 AM Sara to Everyone: Lea, United America Indian Involvement Clubhouse- Program Assistant Los Angeles, CA

10:10 AM Sara to Everyone: Shiigo Biililitso Navajo Activity Coordinator United American Indian Involvement

10:11 AM Adina to Everyone: I'm from the Quechan Ft, Yuma Indian Tribe my name is Adina I work at our local school district San Pasqual Valley Unified School District as the Community Liaison,

10:12 AM Claudia to Everyone: Claudia, University of Texas Health Science Center School of Public Health, former teacher and current graduate research assistant

10:12 AM Katie (she/her) to Everyone: Katie , Sephardic and Ashkenazi Jewish, mom of a soon to be high school graduate (!), work @ Center for Excellence early psychosis intervention for youth, Holistic Care Development Director, OHSU-PSU School of Public Health, live in Bend, Oregon

10:13 AM Karla to Everyone: I am new and chose other program

10:14 AM opal to Everyone: I selected Other would like multiple curriculum and other training and curriculum selections

10:15 AM Michael to Everyone: LOL- Okay, I did it too Stephanie.

10:17 AM Michelle to Everyone: Healthy Native Youth Implementation toolbox Link: <https://www.healthynativeyouth.org/implementation-toolbox/>

10:17 AM Ross to Everyone: Hi all :) Ross Shegog from University of Texas, Houston :)

10:24 AM Michelle to Everyone: CHOOSE Phase Link that includes these templates: : <https://www.healthynativeyouth.org/implementation-toolbox/choose/>

10:24 AM Amanda to Everyone: Here are those template links: LoS: <https://www.healthynativeyouth.org/wp-content/uploads/2021/10/Choose-Step-3-Letter-of-Support-Template.doc>
MoA <https://www.healthynativeyouth.org/wp-content/uploads/2021/10/Choose-Step-3-Partner-Memorandum-of-Aggreement-Template.docx>

10:24 AM leanne to Everyone: Thank you for all the great information!

10:25 AM Amanda to Everyone: Yes, such a time saver! :)

10:28 AM Amanda to Everyone: In case the links I sent aren't working for folks, please check here:

<https://www.healthynativeyouth.org/implementation-toolbox/choose/get-approval-if-needed/>
10:32 AM Claudia to Everyone: claudia.lunameza@uth.tmc.edu
10:32 AM Katie (she/her) to Everyone: This is great Claudia! Can I email you to see if the project I have is a fit for the opportunity?
10:35 AM Claudia to Everyone: Yes, please feel free to email with questions!
10:36 AM Stephanie to Everyone: And tommy Ghost Dog is in the house!
10:36 AM Amanda to Everyone: Alright...so let's take a moment for our 20/20 screenbreak activity. Let's take 20 seconds to look away from your screen, find the back wall, then see if you can look out a window. Ah. :)
10:37 AM Thomas to Everyone: Woot Woot!
10:37 AM Donna to Everyone: How does a youth become a WeRNative ambassador?
10:37 AM Michelle to Everyone: We R Native Facilitator's Guide on the Healthy Native Youth website -- click here --
<https://www.healthynativeyouth.org/curricula/we-r-native-teachers-guide-2-2/>
10:39 AM Katie (she/her) to Everyone: @claudia I will, thanks so much
10:40 AM Thomas to Everyone: Hi Donna, we are currently figuring out the future of the Ambassador program as covid has interrupted our outreach efforts. Applications are closed, but the best way is to follow our social media channels for any updates
10:40 AM Vurlene to Everyone: I am now teaching it in the school here in Salt River.
10:41 AM Stephanie to Everyone: Love it Vurlene!
10:41 AM Michelle to Everyone: Native STAND (original and 2.0 version) can be found on the Healthy Native Youth website -- click for the NS 2.0 version -- <https://www.healthynativeyouth.org/curricula/native-stand-2-0/>
10:41 AM Vurlene to Everyone: The students love it!! I have a waiting list each semester
10:42 AM Michelle to Everyone: Ms. Vurlene -- you are a Rockstar!!!
10:43 AM Vurlene to Everyone: Challenge now because of COVID we are teaching on line but the students are all signing on and ready to learn
10:45 AM Amanda to Everyone: Ah, so beautiful too!
10:45 AM Elaina to Everyone: I've taught the old one and my students loved it!
10:45 AM Michelle to Everyone: @Elaina, the original is an oldie but goodie! Both are awesome -- so glad you are implementing it!! Thank you!
10:49 AM Elaina to Everyone: Is Native STAND 2.0 going to be on OAH's Evidence-Based Programs?
10:49 AM Jane to Everyone: you can register for the Native Stand Informational Webinar (Jan. 26 at 10am) online at linktr.ee/HealthyNativeYouth
10:50 AM Stephanie to Everyone: I'm not sure when OAH updates their list of evidence-based programs, but we have been working with State Depts of

Education to make sure it is on their approved lists for sex ed programs

10:51 AM Elaina to Everyone: That's so great to hear! Thank you!

10:51 AM Amanda to Everyone: That's my Uncle Kirby! :)

10:51 AM Michelle to Everyone: Native It's Your Game (NIYG) 2.0 can be found on the Healthy Native Youth website -- link here: <https://www.healthynativeyouth.org/curricula/native-its-your-game/>

10:52 AM Nicole (She/They) to Everyone: Elaina- OAH, now OPA, hasn't updated their list in a while, but you could make the case using the evidence based for Native STAND and request approval for using NS2.0 as an adaptation.

10:53 AM Sara to Everyone: Is the link [linktree.com/healthynativeyouth?](http://linktree.com/healthynativeyouth?link=linktr.ee/HealthyNativeYouth)

10:53 AM Nicole (She/They) to Everyone: We're happy to help provide some guidance for using any of the programs on OPA grants or using elsewhere!

10:53 AM Jane to Everyone: linktr.ee/HealthyNativeYouth

10:53 AM Nicole (She/They) to Everyone: <https://linktr.ee/HealthyNativeYouth>

10:53 AM Jane to Everyone: Thank you Nicole!

10:54 AM Nicole (She/They) to Everyone: Sure thing!

10:54 AM Elaina to Everyone: Yes, thank you!

10:55 AM Nicole (She/They) to Everyone: to request support: <https://www.healthynativeyouth.org/request/>

10:55 AM Michelle to Everyone: A one-hour Native IYG 2.0 orientation webinar can be viewed by clicking . Interested users can view the latest updates and view first-hand orientation of how to get ready for implementation. For technical assistance or questions, contact Claudia Luna-Meza at Claudia.LunaMeza@uth.tmc.edu

10:55 AM Michelle to Everyone: NIYG 2.0 recorded informational webinar: <https://www.youtube.com/watch?v=dUbEXlrlnak>

10:58 AM Amanda to Everyone: Second 20/20 screenbreak activity! Take 20 seconds to look away from your screen, find the back wall, then see if you can look out a window. Ah. :)

10:59 AM Amanda to Everyone: Coming up...Breakout Room! 1) Talk about steps you've taken to get approval for your programs
2) Talk about how you have engaged youth in the selection process

11:06 AM Stephanie to Everyone: It's exciting to see another program on the horizon

11:06 AM Jennifer to Everyone: <https://www.instagram.com/nativewysechoices/?hl=en>

11:07 AM Umit to Everyone: Thanks Jennifer!

11:09 AM Michelle to Everyone: 1) Talk about steps you've taken to get approval for your programs
2) Talk about how you have engaged youth in the selection process

11:09 AM Stephanie to Everyone: <https://www.healthynativeyouth.org/implementation-toolbox/choose/>

11:21 AM Amanda to Everyone: Yes!

11:23 AM Amanda to Everyone: Love it!

11:23 AM Nicole (She/They) to Everyone: Several in our group had a Native Youth Council or engaged youth and families in brainstorming ideas for summer programming, reviewing curricula or sharing insights via social media!

11:23 AM Amanda to Everyone: Yes hit them up! :)

11:23 AM Michelle to Everyone: We R Native Project Coordinator, Thomas Lee Ghost Dog Jr (Burns Paiute/Oglala Lakota) -- tghostdog@npaih.org

11:24 AM Michelle to Everyone: @Tess, love that quote! Can you put that in the chat?

11:25 AM Tess to Everyone: give them what they want, so they want what u have to give -Malachi York, holy tablets

11:25 AM Katie (she/her) to Everyone: We are in a start up phase as a non-Tribal group for engaging Tribal community leaders for mental health resources for their youth. I am sitting with how to respectfully identify youth perspectives into the forum for collaboration. If anyone has additional resources to share I would welcome them. We have some funding to compensate Tribal communities as well. Thanks! I can be reached at: haydenle@ohsu.edu

11:26 AM Michelle to Everyone: IF you are willing to share information about our study with your youth - and the recruitment materials - please let me know! michelle.sarche@cuanschultz.edu

11:27 AM Tess to Everyone: Thank you for sharing space. always a pleasure

11:27 AM Nicole (She/They) to Everyone: Thanks for your insights Tess! You bring so much even while actively teaching!

11:28 AM Katie (she/her) to Everyone: Thank you to the presenters and everyone here! These calls are the best :)

11:28 AM Jane to Everyone: <https://www.wernative.org/wp-content/uploads/Youth-Support-Resources.pdf>

11:29 AM Lea to Everyone: Someone in our group stated, Democracy is a Native Tradition, that stood out to me. We as staff at Clubhouse propose ideas to our Native Youth Council and they choose what they want in a quorum, they vote on it..

11:29 AM Nicole (She/They) to Everyone: Lea, I loved that you engage youth as leaders in decision making!

11:30 AM Michelle to Everyone: @Lea, nice share from your group!

11:31 AM Nicole (She/They) to Everyone: Lots of this info available on the link tree: <https://linktr.ee/HealthyNativeYouth>

11:31 AM Nicole (She/They) to Everyone: including the link to request TA Support!

11:34 AM Nicole (She/They) to Everyone: Thanks everyone! Join us for the January 26 session to learn more about Native STAND 2.0

11:34 AM Jennifer to Everyone: Thank you everyone! :)

11:34 AM Vurlene to Everyone: thank you!!!

11:34 AM Chris (she/her/hers) to Everyone: Thank you, Michelle!

11:34 AM Elaina to Everyone: Thank you all!

11:34 AM Michelle to Everyone: Thanks all!

11:34 AM Ross to Everyone: Thank you :)

11:42 AM Stephanie to Everyone: Especially as schools are going virtual again