Set the Stage for Program Success
December 8, 2021  10am-11:30am PT

Host
Amanda Gaston: agaston-contractor@npaihb.org

Guest Speakers
Dr. Stephanie Craig Rushing: scraig@npaihb.org
Michelle Singer: msinger@npaihb.org
Jane Manthei: jmanthei@npaihb.org
Dr. Chris Markham: christine.markham@uth.tmc.edu
Claudia Luna-Meza: Claudia.Lunameza@uth.tmc.edu

Objectives
• By the end of today’s session, you will be able to...
  o describe the five phases of the Healthy Native Youth Toolkit
  o practice using the Healthy Native Youth Toolkit
  o determine what phase you are at in the implementation process

Stay connected
• Text HEALTHY to 97779 and receive Community of Practice connection info each month on your phone!
• Previously recorded CoP Sessions and presentation slides: https://www.healthynativeyouth.org/community-of-practice-sessions/
• Upcoming 2021 Community of Practice Schedule Here: https://www.healthynativeyouth.org/community-of-practice/
• HNY Curricula: https://www.healthynativeyouth.org/curriculum/
• Request Technical Assistance: https://www.healthynativeyouth.org/request/
• Click or tap here to enter text.

Resources
• HNY Resources: www.healthynativeyouth.org/resources/
• Text Messaging Service for Adults and Parents! Text the word EMPOWER to 97779: https://www.healthynativeyouth.org/resources/talking-is-power-tools-for-parents/
• WeRNative www.wernative.org
Click or tap here to enter text.

**Speaker Resources**

- Implementation Toolbox: [https://www.healthynativeyouth.org/where-do-i-start/](https://www.healthynativeyouth.org/where-do-i-start/)

**Chat links:**

- Toolkit Scavenger Hunt pdf: [https://npaihborg.box.com/s/996m6mpcxumfjzduh7458ir5b123bd39](https://npaihborg.box.com/s/996m6mpcxumfjzduh7458ir5b123bd39)
- Bingo Data Collection Activity: [https://npaihborg.box.com/s/d7clapf5a4cxhtomvfd5zbww00ypsypd](https://npaihborg.box.com/s/d7clapf5a4cxhtomvfd5zbww00ypsypd)
Chat feed (names and emails have been removed)

10:06 AM From Tess to Everyone: Tess
10:07 AM From Donna to Everyone: Donna
10:07 AM From Ross to Everyone: Ross from UTHealth in Houston :) great to be here :) important info for all of us :) Hi Everyone! Chris
10:07 AM From Katherine to Everyone: Kitty - Nebraska Indian Child Welfare Coalition- Tribal Liaison
10:07 AM From Maulette to Everyone: Maulette
10:07 AM From Katrina to Everyone: Katrina
10:07 AM From Kasey to Everyone: Kasey (she/her) Project SAFE Shelter Crow Creek South Dakota
10:07 AM From Monica to Everyone: Monica
10:08 AM From dayna to Everyone: Hello Everyone :) Dayna and Kaitlyn from Port Gamble S'Klallam Tribe Wellness Dept.
10:08 AM From Gesine to Everyone: Jamie
10:08 AM From ANITA to Everyone: Anita SUDP Sub abuse Youth Counselor with Nisqually Indian tribe Olympia WA :) female pronouns
10:08 AM From Karlita to Everyone: Karlita Probation & Truancy Programs Manager
10:08 AM From Marlinda to Everyone: Marlinda
10:08 AM From Isabell to Everyone: Hello! Isabell
10:09 AM From Heather to Everyone: Heather with Dine College calling in from Tohono O'odham and Pascua Yaqui homelands.
10:09 AM From Danelle to Everyone: Danelle Tribal Services Specialist Confederated tribes of Siletz Indians in Siletz Oregon. We also work with youth
10:09 AM From Jennifer to Everyone: Good morning! Jeni (she/her)
10:10 AM From Carolyn to Everyone: Good Morning
10:10 AM From Veronica to Everyone: Ya'at'eeh! I'm Veronica
10:10 AM From Vashti to Everyone: Vashti Cowlitz Tribe Healing of the Canoe Program Coordinator
10:10 AM From Alexandria to Everyone: Alexandria
10:10 AM From Stephanie to Everyone: Sorry I'm late... Zoom room drama :) Stephanie
10:11 AM From Claudia to Everyone: Good morning all -Claudia
10:11 AM From Michelle (she/her) to Everyone: Stephanie
10:12 AM From Alexandria to Everyone: This is Awesome!
10:12 AM From Elise to Everyone: Good Morning - Elise - Burns Paiute Tribe Youth Services Coordinator. WE/Us
10:13 AM From Stephanie to Everyone: https://www.healthynativeyouth.org/implementation-toolbox/
10:14 AM From Jo to Everyone: Good morning
10:14 AM From Heather to Everyone: Thank you for the link!
10:15 AM From Emily to Everyone: Good Morning! Program Coordinator for Nevada Urban Indians non-profit
10:16 AM From Amanda to Everyone: Good morning everyone! ;) I forgot to mention that if folks want to private message me
10:23 AM From Stephanie to Everyone: https://www.healthynativeyouth.org/where-do-i-start/
10:24 AM From Monica to Everyone: I love the indigo-icons!
10:24 AM From Monica to Everyone: indigi-icons
10:26 AM From Michelle (she/her) to Everyone: Monica
10:26 AM From Ross to Everyone: indigi-icons = great term :)
10:27 AM From Amanda to Everyone: HNY = one-stop-shop!
10:28 AM From Michelle (she/her) to Everyone: Templates are so very easy to use as starting points for anyone or site!
10:29 AM From Amanda to Everyone: A meaty process
10:34 AM From Jane to Everyone: Toolkit Scavenger Hunt pdf: https://npaihborg.box.com/s/996m6mpcxumfjzduh7458ir5b123bd39
10:34 AM From Michelle (she/her) to Everyone: https://hnydevelopment.wpengine.com/implementation-toolbox/
10:42 AM From Jane to Everyone: Introduction templates and sentence stems are great! I still use some of the ones I learned back in school

10:57 AM From Amanda to Everyone: Good point :) as folks are going through the toolkit

10:59 AM From Amanda to Everyone: Incentives are always key!

11:00 AM From Michelle (she/her) to Everyone: When in person -- have food and they will come!

11:00 AM From Nicole to Everyone: agree Hannah!!

11:00 AM From Amanda to Everyone: Me too!

11:01 AM From Claudia to Everyone: whooohoooo

11:01 AM From Jane to Everyone: yessssss

11:01 AM From Michelle (she/her) to Everyone: Tess

11:01 AM From Nicole to Everyone: yes

11:03 AM From Hannah to Everyone: A question we posed as an example of what could be on the survey was "What health issues are important to you? What health issues are important to your friends?"

11:05 AM From Jane to Everyone: Oh hey is that an example of GATHERING community feedback?

11:05 AM From Claudia to Everyone: claudia.lunameza@uth.tmc.edu

11:06 AM From Amanda to Everyone: Hit Claudia up!

11:06 AM From Monica to Everyone: are we able to share this with folks not on this call?

11:06 AM From Ross to Everyone: Thank you !!! :)

11:06 AM From Michelle (she/her) to Everyone: @Monica

11:06 AM From Claudia to Everyone: Yes yes! Or if you have questions in general :) share away Monica!

11:07 AM From Alexandria to Everyone: This is soooo amazing! We ae just beginning our Youth Project

11:08 AM From Stephanie to Everyone: Mine says "Zoom Options" - Annotation

11:08 AM From Michelle (she/her) to Everyone: My zoom is on the top of the screen under "View Options" and look for Annotate
<table>
<thead>
<tr>
<th>Time</th>
<th>From</th>
<th>To</th>
<th>Message</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:08 AM</td>
<td>Claudia</td>
<td>Everyone</td>
<td>That's helpful</td>
</tr>
<tr>
<td>11:09 AM</td>
<td>Celena</td>
<td>Everyone</td>
<td>it should also be next to the green bar that state &quot;You are viewing Amanda Gast (she/her)'s screen&quot;</td>
</tr>
<tr>
<td>11:10 AM</td>
<td>Jolene</td>
<td>Everyone</td>
<td>Jolene Tribal Health We had success in our community!</td>
</tr>
<tr>
<td>11:10 AM</td>
<td>Stephanie</td>
<td>Everyone</td>
<td>I got a screen shot</td>
</tr>
<tr>
<td>11:10 AM</td>
<td>Amanda</td>
<td>Everyone</td>
<td>Thanks Steph!</td>
</tr>
<tr>
<td>11:12 AM</td>
<td>Michelle</td>
<td>Everyone</td>
<td>Jolene</td>
</tr>
<tr>
<td>11:12 AM</td>
<td>Michelle</td>
<td>Everyone</td>
<td>Alexandria</td>
</tr>
<tr>
<td>11:12 AM</td>
<td>Elise</td>
<td>Everyone</td>
<td>When we did meet we always had pizza</td>
</tr>
<tr>
<td>11:13 AM</td>
<td>Michæl</td>
<td>Everyone</td>
<td>A cool incentive I did this year was custom basketball shorts with the youth org. logo (by a Native owned company to boot.)</td>
</tr>
<tr>
<td>11:13 AM</td>
<td>Jane</td>
<td>Everyone</td>
<td>Something a little different from shirts/hoodies.</td>
</tr>
<tr>
<td>11:13 AM</td>
<td>Maulette</td>
<td>Everyone</td>
<td>Make sure the community is represented in your program! Use local pictures</td>
</tr>
<tr>
<td>11:13 AM</td>
<td>Amanda</td>
<td>Everyone</td>
<td>Over pandemic and when we tried to reconnect with youth we held zoom family feud. Now we have onsite meetings and food and cultural activities help.</td>
</tr>
<tr>
<td>11:14 AM</td>
<td>Michelle</td>
<td>Everyone</td>
<td>Ah</td>
</tr>
<tr>
<td>11:14 AM</td>
<td>Michelle</td>
<td>Everyone</td>
<td>Jolene implemented the Native STAND curriculum in her community -- a partnership between the local IHS and tribal school -- they've been doing it for years now.</td>
</tr>
<tr>
<td>11:14 AM</td>
<td>Stephanie</td>
<td>Everyone</td>
<td>A stipend - even better than pizza</td>
</tr>
<tr>
<td>11:14 AM</td>
<td>Kasey</td>
<td>Everyone</td>
<td>Using previous youth to talk and share with new youth</td>
</tr>
<tr>
<td>11:16 AM</td>
<td>Michelle</td>
<td>Everyone</td>
<td>Kasey</td>
</tr>
<tr>
<td>11:16 AM</td>
<td>Michael</td>
<td>Everyone</td>
<td>interacting with other youth groups</td>
</tr>
<tr>
<td>11:20 AM</td>
<td>Jane</td>
<td>Everyone</td>
<td><a href="https://npaihborg.box.com/s/d7clapf5a4cxhtomvfd5zbww00ypsypd">https://npaihborg.box.com/s/d7clapf5a4cxhtomvfd5zbww00ypsypd</a></td>
</tr>
<tr>
<td>11:21 AM</td>
<td>Donna</td>
<td>Everyone</td>
<td>Loved the Bingo Data Collection</td>
</tr>
<tr>
<td>Time</td>
<td>User</td>
<td>Message</td>
<td></td>
</tr>
<tr>
<td>------------</td>
<td>---------------------</td>
<td>-------------------------------------------------------------------------</td>
<td></td>
</tr>
<tr>
<td>11:21 AM</td>
<td>Adina to Everyone</td>
<td>AWESOME!</td>
<td></td>
</tr>
<tr>
<td>11:21 AM</td>
<td>Adina to Everyone</td>
<td>very user friendly!</td>
<td></td>
</tr>
<tr>
<td>11:21 AM</td>
<td>Alexandria to Everyone</td>
<td>AWESOME!!</td>
<td></td>
</tr>
<tr>
<td>11:21 AM</td>
<td>Katherine to Everyone</td>
<td>concretely helpful tools</td>
<td></td>
</tr>
<tr>
<td>11:21 AM</td>
<td>dayna to Everyone</td>
<td>Excited to use this toolkit in our Native Connections young adult program</td>
<td></td>
</tr>
<tr>
<td>11:21 AM</td>
<td>Katrina to Everyone</td>
<td>Tool kit helpful and easy to understand</td>
<td></td>
</tr>
<tr>
<td>11:22 AM</td>
<td>dayna to Everyone</td>
<td>The healthy native newsletter is not working for me right now on the website</td>
<td></td>
</tr>
<tr>
<td>11:22 AM</td>
<td>Alexandria to Everyone</td>
<td>No suggestions or challenges at this time</td>
<td></td>
</tr>
<tr>
<td>11:23 AM</td>
<td>Stephanie to Everyone</td>
<td>Oh</td>
<td></td>
</tr>
<tr>
<td>11:23 AM</td>
<td>Heather to Everyone</td>
<td>QUESTION: How do you access the 1-2 page word documents that Stephanie was sharing towards the beginning?</td>
<td></td>
</tr>
<tr>
<td>11:23 AM</td>
<td>Emily to Everyone</td>
<td>visually great</td>
<td></td>
</tr>
<tr>
<td>11:24 AM</td>
<td>Amanda to Everyone</td>
<td>It took a minute for me to open up too :)</td>
<td></td>
</tr>
<tr>
<td>11:24 AM</td>
<td>Amanda to Everyone</td>
<td>Thanks Emily</td>
<td></td>
</tr>
<tr>
<td>11:24 AM</td>
<td>Stephanie to Everyone</td>
<td>You're roboty amanda</td>
<td></td>
</tr>
<tr>
<td>11:24 AM</td>
<td>Claudia to Everyone</td>
<td>Oh. Super echo on my end</td>
<td></td>
</tr>
<tr>
<td>11:25 AM</td>
<td>Elise to Everyone</td>
<td>I really enjoyed the interaction of other tribes and programs. great to meet others.</td>
<td></td>
</tr>
<tr>
<td>11:25 AM</td>
<td>Emily to Everyone</td>
<td>can you include email contacts for all hosts?</td>
<td></td>
</tr>
<tr>
<td>11:26 AM</td>
<td>Michelle (she/her) to Everyone</td>
<td>@Dayna</td>
<td></td>
</tr>
<tr>
<td>11:26 AM</td>
<td>Alexandria to Everyone</td>
<td>Thank you for making this presentation available! Wow Amazing resources!!</td>
<td></td>
</tr>
<tr>
<td>11:27 AM</td>
<td>Amanda to Everyone</td>
<td>Yes! We will also put the chat feed together that will have emails for speakers and links we used. :)</td>
<td></td>
</tr>
<tr>
<td>11:27 AM</td>
<td>Elise to Everyone</td>
<td>Do you have posters that we could put up around the community?</td>
<td></td>
</tr>
</tbody>
</table>
Yes! You can download from the HNY website or Michelle can get in touch around a bailout. :)  
Elise  
mailout  

she's not a bondsman ;)  
Thanks Steph! Each session has a new registration link.  

:D  

are the text messaging resources on the website as well.?  
@Alexandria - yes!  

Please check out the page and register for individual link:  
https://hnydevelopment.wpengine.com/community-of-practice/  

Here's the text resources:  
https://www.healthynativeyouth.org/resources/  

I have to step out for another meeting but thank you all!  
Thank you!  

This just keeps getting better and better!!  
thank you all so much! These are always such a refreshing way to get re-energized.  
Thank you!  
Thank you!  
Thank you!  
Thank you!  

Thank you! Exciting to see the toolbox live!  
Next CoP is January 12  
Thank you everyone!!
11:32 AM From Jo to Everyone: Happy Holidays everyone
11:32 AM From Hannah to Everyone: Happy holidays and thank you
11:33 AM From Amanda to Everyone: Thanks everyone!!
11:33 AM From Amanda to Everyone: Must be time to go! :)
11:33 AM From Amanda to Everyone: Take care!