<table>
<thead>
<tr>
<th>Tips</th>
<th>Try This</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Tip 1</strong></td>
<td><strong>Tip 1</strong></td>
</tr>
<tr>
<td><strong>Tip 2</strong></td>
<td><strong>Tip 2</strong></td>
</tr>
<tr>
<td><strong>Tip 3</strong></td>
<td><strong>Tip 3</strong></td>
</tr>
</tbody>
</table>

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Text "Empower" to 94449

#TalkingisPower
#HealthyNativeYouth