

**If you or a friend are in crisis, we've got your back!**



# **FOR NATIVE YOUTH**

**Reach out for Help When you Need to**

We all need a little support from time to time. No worries! You're not alone. If you or a friend are in crisis...

**Text "Native" to 741741  
for free 24/7 counseling support**

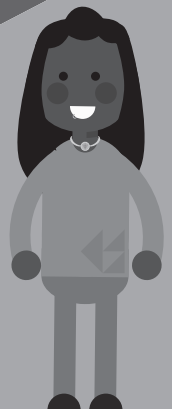
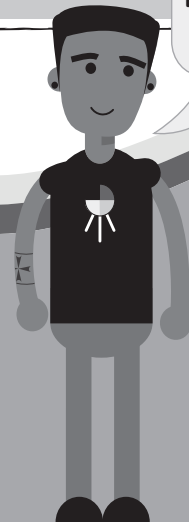
**CRISIS TEXT LINE |**

You can help those you care about by letting them know you're around if they need to talk. Need support? Talk to a trusted adult for help.

Scan the QR code using your phone for Native Youth Support Resources



I just want to let you know that I'm here if you ever want to talk about anything, big or small.



**#WeRNative**

**#CaringMessages**

**#CrisisTextLine**