If you or a friend are in crisis, we've got your back!



Scan the QR code using your phone for Native Youth Support Resources



FOR NATIVE YOUTH

Reach out for Help When you Need to

We all need a little support from time to time. No worries! You're not alone. If you or a friend are in crisis...

Text "Native" to 741741 for free 24/7 counseling support

CRISIS TEXT LINE

You can help those you care about by letting them know you're around if they need to talk. Need support? Talk to a trusted adult for help.



#WeRNative

#CaringMessages

#CrisisTextLine