



# HEALTHY NATIVE YOUTH

**PARENT ENGAGEMENT & PARENT QUESTIONS**

**GUEST SPEAKERS: NICOLE TREVINO & JENNIFER TORRES**

December 12, 2018, from 10-11 am PST

# Introductions





# Today's Agenda

- **Welcome & Welcome Back! (5 min)**
  - A Community of Practice
- **Parent Engagement – Nicole Trevino (25min)**
- **Parent Questions – Jennifer Torres (25 min)**
- **Practice In Action & Time for Questions (5 min)**

# Welcome & Welcome Back!



Use the Chat Box to tell us:

- Your Name
- Email Address
- Your role
- How did you hear about this call?



# What is “A Community of Practice”?



Communities of Practice are groups of people who share a concern or a *passion* for something they do, and learn how to do it better as they interact regularly (in our case – monthly).

Three characteristics: a domain (shared identity), a community (who SHARE & HELP), and a practice.

# Have you decided on a curriculum?



Use the Chat Box to tell us of *either* your :

- SELECTION & EXPERIENCE
- QUESTIONS

# Parent Engagement

...with Nicole Trevino, Nicole Trevino Consulting



HEALTHY  
NATIVE  
YOUTH

# Why Parent/Caregiver Engagement?



- Holistic Approach to Adolescent Health
- Reinforcing Key Messages of Programming
- Protective Factor for Youth Risk Behaviors
- Partnership in Youth Health





# How to Engage Parents

- What are some of the ways you've engaged parents?
  
- Strategies can include:
  - ▣ Parent Info Sessions before implementation
  - ▣ Topical Parent Letters to Youth
  - ▣ Parent Newsletters throughout programming
  - ▣ Parent/Child Discussion or Homework Activities
  - ▣ Simultaneous Parent Lessons
  - ▣ Parent Engagement in Curriculum Selection

# Preparing for Parent Engagement

- Follow Plan, Do, Study, Act process to create a thoughtful process for parent engagement
- Think about ways you can start small and build your parent engagement
- Start early! Don't make Parent Engagement an afterthought!

# Parent Questions

...with Jennifer Torres, UT School of Public Health



**HEALTHY**  
**NATIVE**  
**YOUTH**



# General tips

- Engagement from the start is key!
- Transparency
  - Be prepared with facts (statistics, 1 pager, approval process, etc.)
- Address specific concerns with empathy
  - Have an outline of topics ready to pinpoint area(s) of concern
  - Listen to their reasoning
  - Speak to their concerns and offer to go over the content with them
- Be clear on what you are able to negotiate
  - School/program guidelines
  - Alternatives
  - Funding requirements
  - Fidelity
- Although we prepare for the worst, expect the BEST
  - Always keep your language positive
  - Assume that parents are supportive
- Remind yourself as needed that your goal is to support the youth



# Questions



- Your turn!
- Use the chat box to type in challenging questions you've gotten from parents
- Feel free to offer a response to questions from others
- After the webinar, we will compile Q&As with some of ours to offer as a resource.

# Example: Parent fact sheet



About Native IYG



Fact sheet for parents

## Native *It's Your Game!* A Healthy Life Skills Curriculum



### About Native *It's Your Game* (Native IYG)

Native IYG is an educational, interactive computer-based program focused on:

- Setting personal limits
- Healthy relationships & resisting peer pressure
- Puberty & reproduction
- Communication & negotiation skills
- Avoiding unplanned pregnancy & HIV/STDs

Additional features of Native IYG:

- Interactive games, peer videos, virtual role plays, and stories
- AI/AN youth, music, and dancing
- Parent-child take home activities
- Elders to introduce sensitive topics
- Much more!

Native IYG is available for educators, youth service providers, parents, and youth **FREE** of charge on the Healthy Native Youth website:

[HealthyNativeYouth.org](http://HealthyNativeYouth.org)



Date	Lesson Number	Lesson Title
	1	The Pre-Game Show
	2	Keeping it Real...Among Friends
	3	Playing by Your Rules...SELECT, DETECT, PROTECT <b>Take home activity</b>
	4	Protecting Your Rules
	5	Know Your Body
	6	Keeping it Real... Healthy Dating Relationships <b>Take home activity</b>
	7	Protecting and Playing by Your Rules... Regarding Sex
	8	Negotiate to PROTECT
	9	Keeping it Real... Consequences of Pregnancy <b>Take home activity</b>
	10	Keeping it Real... Consequences of HIV and STIs
	11	Keeping it Real... Risk Reduction Strategies
	12	Playing by Your Rules...A Review
	13	The Post-Game Show

Questions? *Contact us today!*

Contact info:

# Practice in Action



HEALTHY  
NATIVE  
YOUTH

# Find Curriculum on Healthy Native Youth



Search for lessons, subjects and video



HOME

CURRICULA

SUBMIT YOUR CURRICULA

RESOURCES

ABOUT

find curricula

**RAISING HEALTHY NATIVE YOUTH**  
THROUGH CULTURALLY RELEVANT HEALTH EDUCATION





# What can the website be used for?



Search for lessons, subjects and videos



HOME

CURRICULA

SUBMIT YOUR CURRICULA

RESOURCES

ABOUT

## SEXUAL HEALTH CURRICULA

GIVE US FEEDBACK



COMPARE CURRICULA



VIEW:



FILTER YOUR SEARCH

### FINDING THE RIGHT CURRICULA



**MULTIMEDIA CIRCLE OF LIFE (MCOL)**

Ages  
Middle School

Program Setting  
Flexible

[VIEW MORE](#)




**NATIVE IT'S YOUR GAME**

Ages  
Middle School

Program Setting  
Flexible

[VIEW MORE](#)



**NATIVE STAND**

Ages  
High School

Program Setting  
Flexible

[VIEW MORE](#)

To be effective, health curricula must be age-appropriate, culturally-relevant, and reflect the values and learning styles of the learners being taught. Finding curricula that meet these requirements for American Indian and Alaska Native youth can be challenging. *Healthy Native Youth* is a one-stop-shop for educators and health advocates who want to expand learning opportunities for youth.

Click on the program name to learn more about each curriculum, including intended age-group, where it can be implemented, and how much time will be required. Lesson plans, handouts, and supplemental materials are also listed there. Many include recorded videos and webinars to help prepare educators to facilitate each program. Finally, we provide information about how the program was designed or adapted, and evaluated with AI/AN youth.

# What do we KNOW? What can we SHARE?









1. Like *Healthy Native Youth* on Facebook,
2. Post to the Group
3. Receive a back-to-school kit!

# Need Promotional Materials?



## HEALTHY NATIVE YOUTH

-  [www.healthynativeyouth.org](http://www.healthynativeyouth.org)
-  [@healthyN8Vyouth](https://twitter.com/healthyN8Vyouth)
-  Listserve: Text "YouthNews" to 22828
-  Text Message: Text "Healthy" to 97779
-  [fb.com/HealthyNativeYouth](https://fb.com/HealthyNativeYouth)
-  [native@npaihb.org](mailto:native@npaihb.org)



### **ENGAGING. RELEVANT. EFFECTIVE.**

HealthyNativeYouth.org is a one-stop-shop to expand learning opportunities for Native youth. The site includes curricula, trainings, and tools to help you deliver age-appropriate health programs.



# Next Steps/ Collaboration...



## □ **Thinking Ahead:**

### ***Youth Engagement: Social Media & Text Messaging***

How are you currently engaging youth (e.g. school newsletter, word of mouth, FB groups, other social media outlets)? Is it working?

How do you know if you're reaching your intended audience?

Are you doing it enough, or too much?

## □ **Who Can I invite to the next call?**

*Youth Engagement: Social Media & Text Messaging*

*Guest Speakers: David Stephens & Thomas Ghost Dog*

January 9<sup>th</sup> (Wed.), 10-11am PST





# Community of Practice Goals

Second Wed. of every month from 10-11PST	Community of Practice Focus
September 12 <sup>th</sup>	Using HNY to Select A Curriculum
October 10 <sup>th</sup>	Organizational Approval & Youth Recruitment
November 14 <sup>th</sup>	Implementation Planning & Fidelity Monitoring
December 12 <sup>th</sup>	Parent Engagement & How to Answer Parent Questions
January 9 <sup>th</sup>	<b>Youth Engagement: Social Media &amp; Text Messaging</b>
February 13 <sup>th</sup>	Technical Assistance for Selected Curriculum & Trouble Shooting Tech Issues
March 13 <sup>th</sup>	Cultural Connectedness: Supporting curriculum with Enhancement Activities
April 10 <sup>th</sup>	LGBTQ2S Inclusion
May 8 <sup>th</sup>	New to the Rez: Becoming an Ally, Understanding & Working with Tribal Communities
June 12 <sup>th</sup>	Tap into Online Resources: We R Native & I Know Mine
July 10 <sup>th</sup>	Stay Connected: Community Engagement
August 14 <sup>th</sup>	HNY Feedback Session

# Thank you! Other questions?

## Contact:

Amanda Gaston

[agaston@npaihb.org](mailto:agaston@npaihb.org)



*This project is funded by the Indian Health Service HIV and behavioral health programs. This work is also supported with funds from the Secretary's Minority AIDS Initiative Fund.*



HEALTHY  
NATIVE  
YOUTH