



# Set the Stage for Program Success - Phase 1: HNY Toolkit

December 8, 2021, 10:00-11:30 am PST

# Let us Start with a Blessing

“I invite peace into my day – to calm  
the storms, to quiet my mind, and to  
settle my spirit.” – Unknown



# Yá'át'ééh! Keshi! Hola!



**Dr. Stephanie Craig  
Rushing**

(she/her)

I love coffee.

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**Michelle Singer**

*Navajo*

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I love music.

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**Dr. Christine  
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I love my dogs.

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(she/her)

I love stories.

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**NORTHWEST PORTLAND AREA  
INDIAN HEALTH BOARD**  
*Indian Leadership for Indian Health*



# Live Virtual Training Logistics

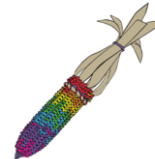


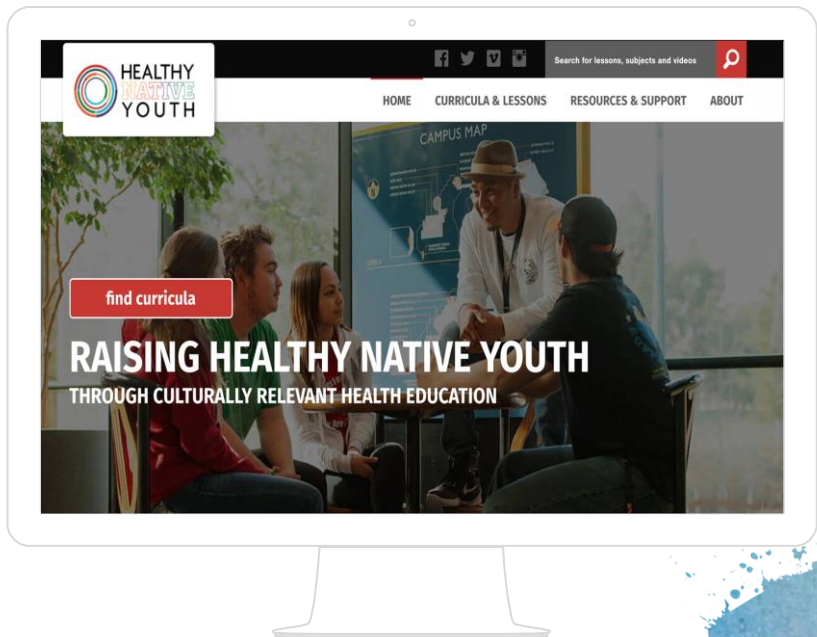
## Logistics

- You are muted
- If comfortable, share video

## Engagement

- Padlet & Mentimeter
- Chat box
- Icons (Zoom & More)





# Welcome, Welcome, Welcome!

Please introduce yourself in the chat box. Include your:

- ★ Name, Pronouns
- ★ Tribe/ Organization

# Group Agreements

- ★ Participate Fully
- ★ Delay Distractions
- ★ Honor Different Experiences
- ★ Be Brave & Explore
- ★ Others? (Type in the chat)



# We've Got Goals!

By the end of today's session, you will be able to...

- ★ **describe** the five phases of the Healthy Native Youth Toolkit
- ★ **practice** using the Healthy Native Youth Toolkit
- ★ **determine** what phase you are at in the implementation process



"Let us put our minds together and see what life we can make for our children."



# Where we are going

1. *Zoom Poll - 1 min*
2. *The Big Picture - 15 min*
3. *Breakout Session: Toolkit Scavenger Hunt - 15 min*
4. *Deeper Dive - 5 min*
5. *Annotation Activity - 5 min*
6. *Examples from the Field - 5 min*
7. *Reflection Activity - 5 min*
8. *Let's Talk About it! - 10 min*



# 1. The Big Picture

Subtitle



## Gather

Get Support:  
Connect with  
community  
members for  
guidance and  
feedback

Gather youth  
interests and  
health priorities

Identify your  
community's needs  
and resources

Select your  
program setting

Youth Voice: Gather  
youth input

## Choose

Get Support:  
Identify decision-  
makers

Choose which  
criteria are core

Select a program  
that aligns with  
your goals

Get approval if  
needed

Youth Voice: Seek  
input from youth  
and community

## Prepare

Get Support: Invite  
guest speakers and  
attend CoPs

Prepare an  
implementation  
action plan

Order supplies,  
teaching tools, and  
incentives

Practice going  
through the  
curriculum &  
activities

Youth Voice:  
Recruit caregivers,  
youth and allies

## Implement

Get Support:  
Explore technical  
assistance and  
resource supports

Implement your  
program with  
confidence!

Track your  
implementation  
journey

Assess student  
learning and  
experiences

Youth Voice:  
Celebrate the youth

## Grow

Get Support:  
Collaborate with  
other youth  
programs

Grow with your  
program

Document and  
share lessons  
learned

Keep the  
momentum going

Youth Voice:  
Stay connected  
beyond  
programming





## Get Tools From Our Implementation Toolbox

As a member of your community, you already know a lot about what your community needs to better support youth. Other members of your community – like youth, parents, teachers, youth advocates and school counselors – also have important perspectives and are vital decision-makers and champions when you select and implement a health ed curriculum.

The steps and tools in the Implementation Toolbox will help walk you through important phases in the planning process with ready-to-go templates, tips, examples, and words of encouragement.

[Start From the Beginning](#)

[Find Your Best Starting Point](#)

[See the Big Picture](#)



# IMPLEMENTATION TOOLBOX

CONTACT US



BIG PICTURE



Gather



Choose



Prepare



Implement



Grow

## Stay connected beyond programming

All things are rooted in relationships! Keep cultivating potential collaborations and utilize community engagement opportunities to find ways to stay connected with youth, caregivers and community beyond programming. The momentum of a first round of implementation will grow with youth involvement and peer support. Keep the implementation journey going and expand your circle of support.

Feedback



# Gather

**OVERVIEW:** Gather your community to get guidance and feedback

**Goal:** Connect with community members who understand and care about adolescent health priorities. Gather to identify youth interests and health priorities, as well as your community's resources and needs. Choose a setting to deliver the program.





# Choose

**OVERVIEW:** Choose a culturally-relevant health program and get approval if needed

**Goal:** Decide which program aligns with your goals and values. Consult with decision-makers to find a curriculum that meets community needs. Choose a culturally-relevant health curriculum and get approval if needed.





# Prepare

**OVERVIEW:** Start making preparations for your program – gather supplies, order materials, and preview the lessons

**Goal:** Create a plan to implement the curriculum in your school or community setting. Start reading through your program of choice and begin ordering materials for activities and incentives.



# Implement

**OVERVIEW:** Implement your program and celebrate the journey.

**Goal:** Deliver the program with confidence! Track the experience as you go. Explore technical resources and celebrate participants throughout the program.







# Grow

OVERVIEW: Sustain and grow your program

**Goal: Reflect on what works, what can change, and what you are learning as you go on this journey. Use this knowledge to grow and to keep the momentum going.**



# The Big Picture



Gather



Choose



Prepare



Implement



Grow

Where do I start?



# The Big Picture



## Gather

**Get Support:** Connect with community members for guidance and feedback. [Learn more](#) 

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**Gather input on youth interests and health priorities.** [Learn more](#)

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**Identify your community needs and resources.** [Learn more](#) 

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**Select your program setting.** [Learn more](#) 

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**Gather input from youth and program participants.** [Learn more](#) 

# Where do I Start?

I want to engage in the youth planning process

I want to do a community needs assesment

I want to select a health curriculum.

I need help planning the logistics to deliver a program.

I want to join a Community of Practice.

I want to know if my curriculum is working.

I want to celebrate and motivate students.



### **Gather | Basket**

Baskets have been created for multipurpose use. The basket symbolizes community coming together to gather feedback and stakeholder support.



### **Implement | Water**

Water is life and a river is a power source. The water symbolizes program implementation with movement, positive flow and energy.



### **Choose | Berries**

Traditionally, communities came together to seasonally harvest berries. Berries symbolizes choosing a culturally-relevant curriculum as a source of nourishment.



### **Grow | Tree**

A tree is as strong as its roots. The tree symbolizes wisdom, cultural connection and community growth.



### **Prepare | Cedar**

A cedar tree is a multipurpose wisdom keeper. The branch symbolizes medicine to prepare and plan for program delivery in the community.



### **Tool | Knife**

The Uluq is an Alaska Native all-purpose tool is used to prepare food. The knife symbolizes the tool to get ready for implementation.





Template: Identify Youth & Community Partners Map

## GATHER

### Identify Youth Advocates and Community Partners



**Get Support:** This is a resource that can help you identify community partners and key decision-makers that can help support the delivery and implementation of your program. These partners may have resources or contributions beyond what you can think of, so stay open to learning about what they are doing and how they want to work together.

**Instructions:** In the left column, brainstorm potential and existing partners that can support your work. Include actual names or organizations, if you know them. There are a few





Template: Identify Youth & Community Partners Map

## Youth Advocates and Community Partners

Who can support the program?

How can they support the program?



Youth:



Families & Relatives:



Tribal Departments:



Decision Makers:  
Health committee,  
Tribal council





Template: Community Needs and Resource Assessment

## Sample Q's for Youth

### Health Priorities and Ideas

1. What health topics are most important to you and your friends right now?
2. What health resources do you and your friends use in the community?
3. Are there any you avoid? Why?
4. What additional health resources do you wish our community had?
5. What ideas do you have that would make the health resources in our community better for teens and young adults?

## Sample Q's for Parents and Caregivers

### Health Priorities and Ideas

1. What health topics are most important to your kids/family right now?
2. What health resources does your family use in the community?
3. Are there any you avoid? Why?
4. What additional health resources do you wish our community had?
5. What ideas do you have that would make the health resources in our community better for teens and young adults?







Template: Community Needs and Resource Assessment



### Step 3: Share Your Finding

Once you have gathered input from community partners, you will want to share your findings back with those who contributed to it.

#### What Health Topics or Skills were mentioned most?

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##### Community Needs

###### Possible Themes

- Most students didn't feel comfortable booking clinic appointments.
- Most students mentioned needing better access to counselors.

What Needs Stood Out...

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##### Community Resources

###### Possible Themes

- Most students have WiFi access at school
- Parents are supportive of health programs at school.

What Resources Stood Out...

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##### Ways to Incorporate

###### Possible Ways

- Invite clinic staff to attend health class
- Invite a behavioral health counselor to attend a class

What ways can you incorporate your findings? Who can help?

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Template: [Program Selection Checklist](#)

	Strengths	Challenges or Limitations	Available Teaching Tools	Other Pros and Cons
<b>Option 1:</b>				
	<ul style="list-style-type: none"><li><input type="checkbox"/> Support from Leadership</li><li><input type="checkbox"/> Structured Access to Youth</li><li><input type="checkbox"/> Dedicated Space to meet</li><li><input type="checkbox"/> Co-Facilitator</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> Shared space</li><li><input type="checkbox"/> Limited access</li><li><input type="checkbox"/> Other:</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> Classroom</li><li><input type="checkbox"/> Computer lab</li><li><input type="checkbox"/> Virtual Meeting Software</li><li><input type="checkbox"/> Interaction Software</li><li><input type="checkbox"/> Other:</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> In school</li><li><input type="checkbox"/> Afterschool</li><li><input type="checkbox"/> In-person delivery</li><li><input type="checkbox"/> Virtual delivery</li><li><input type="checkbox"/> Hybrid delivery</li></ul>
<b>Option 2:</b>				
	<ul style="list-style-type: none"><li><input type="checkbox"/> Support from Leadership</li><li><input type="checkbox"/> Structured Access to Youth</li><li><input type="checkbox"/> Dedicated Space to meet</li><li><input type="checkbox"/> Co-Facilitator</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> Shared space</li><li><input type="checkbox"/> Limited access</li><li><input type="checkbox"/> Other:</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> Classroom</li><li><input type="checkbox"/> Computer lab</li><li><input type="checkbox"/> Virtual Meeting Software</li><li><input type="checkbox"/> Interaction Software</li><li><input type="checkbox"/> Other:</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> In school</li><li><input type="checkbox"/> Afterschool</li><li><input type="checkbox"/> In-person delivery</li><li><input type="checkbox"/> Virtual delivery</li><li><input type="checkbox"/> Hybrid delivery</li></ul>
<b>Option 3:</b>				
	<ul style="list-style-type: none"><li><input type="checkbox"/> Support from Leadership</li><li><input type="checkbox"/> Structured Access to Youth</li><li><input type="checkbox"/> Dedicated Space to meet</li><li><input type="checkbox"/> Co-Facilitator</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> Shared space</li><li><input type="checkbox"/> Limited access</li><li><input type="checkbox"/> Other:</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> Classroom</li><li><input type="checkbox"/> Computer lab</li><li><input type="checkbox"/> Virtual Meeting Software</li><li><input type="checkbox"/> Interaction Software</li><li><input type="checkbox"/> Other:</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> In school</li><li><input type="checkbox"/> Afterschool</li><li><input type="checkbox"/> In-person delivery</li><li><input type="checkbox"/> Virtual delivery</li><li><input type="checkbox"/> Hybrid delivery</li></ul>

# Breakout Activity: Toolkit Scavenger Hunt



1

In Your Breakout  
Room:  
Find “**Gather**”

What activity can you  
use to ensure your  
program reflects youth’s  
needs and concerns?

What did  
your  
group  
find?

2

In Your Breakout  
Room:  
Find “**Gather**”

What is the  
2nd step in  
the Gather  
Phase?

Talk About  
Activities You’ve  
Done to Gather  
Community Input



# 3. Deeper Dive

User Experience Study



# Seeking Volunteers!



- Use the Toolkit for six months
- Provide feedback on what works well and what can be improved
- Recommend other tools to include in the Toolkit
- Complete two online surveys before and after using the Toolkit
- \$25 e-gift card *Thank You* for each survey
- **More info:**  
[Claudia.Lunameza@uth.tmc.edu](mailto:Claudia.Lunameza@uth.tmc.edu)



4.

Where Do I Start?







*Chatfeed Convo:  
Type Questions,  
Ask Away!*

**What are some of your favorite ways to build program partnerships and buy-in?**





# Wellness Moment

• Energizer



# Reflection Activity



Instructions: Share something for each box.

Initial Impressions



Unanswered Questions



Suggestions



Challenges



# Where are you at?



Gather



Choose



Prepare



Implement



Grow



# 6. Let's Talk About it!

## Logistics

- Share Your Video
- Use the Chatfeed

## Engagement

- Use the Chatfeed
- ASL
- Zoom Reactions

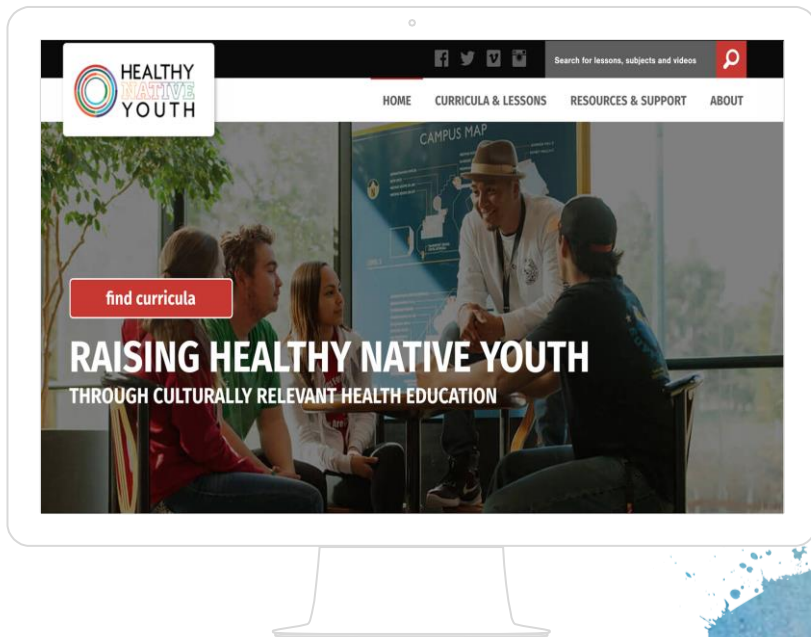


# Practice in Action

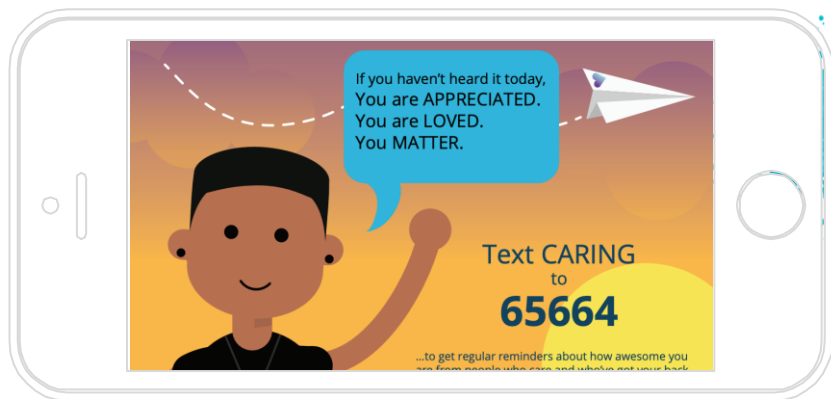
Taking it back home!



# Find Curricula on *Healthy Native Youth*



- ★ Filter & Compare Tool
- ★ All Materials Needed to Implement
- ★ Enhancement Activities
- ★ Resources & Support
- ★ Upload & Submit Your



<https://www.healthynativeyouth.org/resources/>

# Text “Caring” to 65664 For Youth

To get regular reminders about how awesome you are from people who care and who've got your back!



**LAUNCHED  
SEPT. 6TH!**

# Text “College” to 65664 For College Youth

To get regular reminders about how awesome you are from Native College students who have been there and care about what you're going through!



# Youth Support



In crisis? Connect 24/7...

CRISIS TEXT LINE |

Crisis Text Line  
Text: NATIVE to 741 741  
WhatsApp



National Suicide Prevention Lifeline  
Call: 1-800-273-TALK  
Chat

## Abuse & Sexual Assault



StrongHearts Native Helpline  
Call, text, or chat 24/7  
1-844-7NATIVE (762-8483)  
Chat



National Sexual Assault Hotline Call  
(24/7): 1-800-656-HOPE  
Chat



National Teen Dating Abuse Helpline  
Call (24/7): 1-866-331-9474  
Text: LOVEIS to 22522  
[www.loveisrespect.org](http://www.loveisrespect.org)



Childhelp National Child Abuse Hotline  
(24/7): 1-800-4-A-Child (422-4453)

## Drugs, Alcohol & Tobacco



National Institute on Drug Abuse for  
Teens  
Call: 1-800-662-HELP



Truth: Smoking, Vaping, and Opioids  
[Get 24/7 Support](#)  
Text: DITCHVAPE to 88709



Get the Facts About Drugs:  
Just Think Twice  
Call: 1-855-378-4373  
Text: 55753



National Drug Information  
Treatment & Referral  
Hotline  
Call: 1-800-662-4357

## Mental Health



Mental Health America  
Call: 1-800-969-6642  
Text: MHA 741 741



National Hotline. Reach Out  
& Get Help  
Call: 1-800-448-3000  
Text: VOICE to 20121



Teens Helping Teens  
Call: 1-800-852-8336  
Text: TEEN to 839 863



Caring Messages - to  
remind you of how  
awesome you are!  
Text: CARING to 65664  
Text: COLLEGE to 65664



We R Native: My Mind  
[Ask Auntie & Uncle](#)  
Text: CARING to 65664

PAGE 1

CLICK ON THE LOGOS TO GO TO RESOURCE

<https://www.wernative.org/wp-content/uploads/Youth-Support-Resources.pdf>

# Youth Support



PAGE 2

## Relationships & Dating



StrongHearts Native Helpline  
Call, text, or chat 24/7  
1-844-7NATIVE (762-8483)  
Chat



Love is Respect  
Call (24/7): 1-866-331-9474  
Text: LOVEIS to 22522  
[www.loveisrespect.org](http://www.loveisrespect.org)



That's Not Cool  
Healthy Relationships, Online & Off  
Call (24/7): 1-866-331-8453



We R Native: My Relationships  
[Ask Auntie & Uncle](#)

## Sexual Identity - 2SLGBTQ+



Paths (Re)Membered Project  
Text: 2SLGBTQ to 97779



Native Youth Sexual Health Network



The Trevor Project  
Call (24/7): 1-866-488-7386  
Text: START to 678 678  
Chat



IT GETS BETTER PROJECT  
Embrace the Journey

## Sexual Health



Planned Parenthood  
Call: 1-800-230-7526  
Chat: [Ask Bogo](#)  
[Find a Clinic](#)



We R Native: Sexual Health  
Text: SEX to 97779  
[Ask Auntie & Uncle](#)



I Know Mine  
[Ask Nurse Lisa](#)  
[I Want the Kit & Order](#)  
Condoms (AK mailing only)



It's Your Sex Life  
Live Chat



Bedsider



Get Yourself Tested #GYT  
[Find a clinic near you](#)



Trans Life  
Call: 1-877-565-8860



Human Trafficking Hotline  
Call (24/7): 1-888-373-7888  
Text HELP to 233 733  
[www.humantraffickinghotline.org](http://www.humantraffickinghotline.org)



CLICK ON THE LOGOS TO GO TO RESOURCE

Click on icons to go to resource

# Youth Support



PAGE 3

## Bullying



Stopbullying.gov  
[What Teens Can Do](#)  
[What Adults Can Do](#)



Cyberbullying  
[Resources for Youth](#)  
[Report Cyberbullying](#)



We R Native: Bullying Prevention  
[Ask Auntie & Uncle](#)

## Text Message Campaigns



Text: NATIVE to 97779  
For health & wellness tips



Caring Messages - to remind you of how  
awesome you are!  
Text: CARING to 65664 (ages 13-24)  
Text: COLLEGE to 65664 (college youth)



Text: SEX to 97779  
Get tips and resources to protect your sexual  
health



Text: LGBTQ2S to 97779 or ALLY to 97779  
Native. Two-Spirit. LGBTQ. #BornSacred



Text: STEM to 97779  
For inspiration and motivation on your journey  
in Health, Technology, Engineering or Math



Text: FITNESS to 97779  
For inspiration and motivation to conquer your  
personal wellness goals and you could win  
fitness gear or a fitbit!!

CLICK ON THE LOGOS TO GO TO RESOURCE

TIP: SIGN UP FOR ONE CAMPAIGN AT A TIME. OTHERWISE  
YOUR MESSAGES WILL GET ALL MIXED UP AND THAT'S NO  
BUENO

We ALL need Help...

... at different points in time. Every single one of us! Trust your gut and...

**Share** - any concerns you have

**Talk** - with someone you can trust

**Report** - if you're worried about someone



# Talking is Power

## For Adults

### Tips & Resources for

- ★ Talking to Youth About Sexual Health
- ★ Getting the convo started
- ★ Online Printable Resources [here](#)

**TEXT  
"EMPOWER"  
TO 97779**

**TALKING IS POWER**  
A Text Messaging Service for Parents and Caring Adults

Talking with youth about sensitive topics is never easy, but it's important. You are your teen's biggest influencer when it comes to making decisions about sex and healthy relationships.

**Text EMPOWER to 97779**

You'll receive up to 3 text messages per week with conversation starters, tips, video demonstrations, and words of encouragement.

We'll cover sexual health, pregnancy, STDs, and consent. You don't need to have all the answers, you just need to start talking - be open and honest - and keep at it. Talking with your teen will help them make healthy decisions.

#TalkingIsPower #weRnative  
#HealthyNativeYouth

What's a rule you have for your relationships? How can you respect other people's rules and boundaries?

Ya'at eeh!  
My name is Michelle!  
My pronouns are she and her.  
Give yourself a high five from me! I'm glad you're here!

www.healthynativeyouth.org  
fb.com/HealthyNativeYouth  
Listserve: Text "YouthNews" to 22828  
https://www.instagram.com/healthynativeyouth/@HealthyNativeYouth  
native@npalhb.org

CURRICULA LESSON PLANS HANDOUTS RESOURCES

HEALTHY NATIVE YOUTH

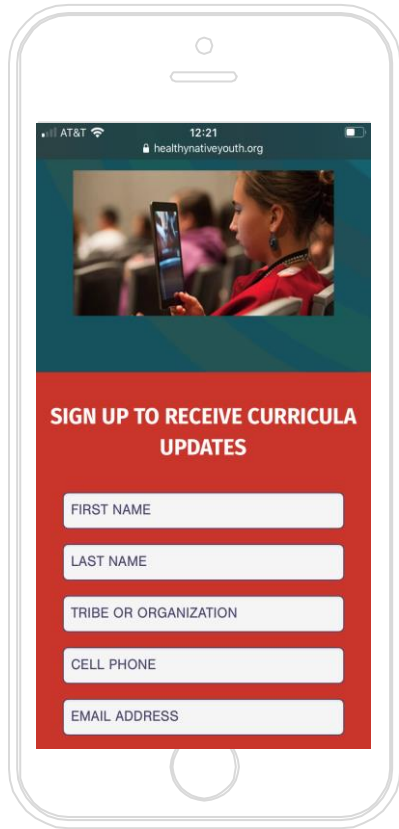
**LAUNCHED  
VETERANS DAY!  
11/11/21**



<https://www.healthynativeyouth.org/resources/>

# Text “Veterans” to 65664 For Native Vets

To get regular reminders about how much you are appreciated and cared for from other Native Vets who have been there and care about what you're going through!



# Sign up for the *Healthy Native* *Youth* Newsletter!

Stay up to Date with the Latest...

# New Line Up!



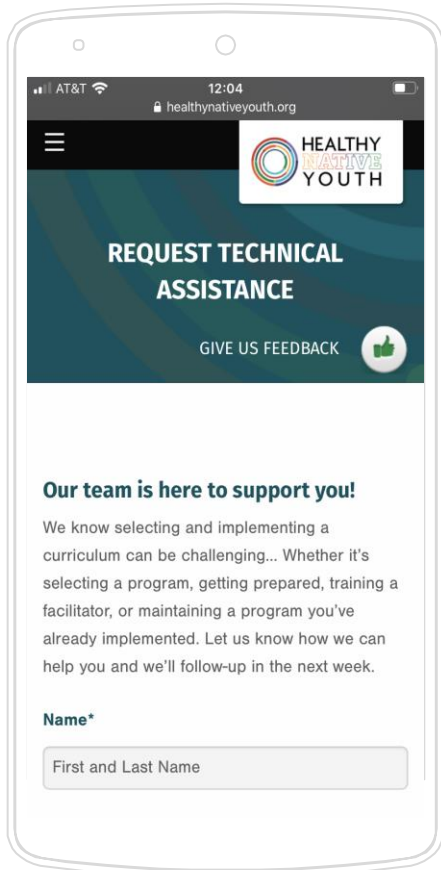
## 2021-22 Community of Practice Lineup

Date	Title	Description
September 8, 2021	<b>Back-to-School: Intentional Balance</b>	<p>What a year it has been! Now more than ever, we find the need to create intentional safe spaces for ourselves and those we serve to acknowledge, rebuild, and thrive in this upcoming school year.</p> <p>Join Robert Johnston from the Native Wellness Institute and Danica Brown from the NPAIHB who will help create a space for you to work through burnout, re-traumatization in the workplace, time-management and boundaries to carve a path towards intentional balance.</p>
October 13, 2021	<b>Cultural Competency to Raise Healthy Native Youth</b>	<p>Culture is engrained in everything that we do, from how we engage, learn, and process information. In order to best serve our Native youth, we must share our experience and the science behind culture as prevention so that our Relatives and allies can best support the health of our Native youth.</p> <p>Join the Alaska Native Tribal Health Consortium, the Native Health Initiative and Native Social Media influencers to share their experience imparting cultural competency.</p>
November 10, 2021	<b>Tackle Trauma with Care</b>	<p>Indigenous communities have long fostered resiliency skills to cope, rebuild, and reclaim our beauty and place.</p> <p>Join the Native Children's Trauma Center to walk through trauma informed practices to address and health from the trauma we have all experienced individually and communally during the pandemic. Together with heal and thrive!</p>
December 8, 2021	<b>Set the Stage for Program Success</b>	<p>Our Elders have taught us the importance of the gathering season, to prepare and maintain us throughout the year, setting a strong foundation to create ease and success for the future.</p> <p>Join the HNY crew to talk about how to GATHER and process community and youth input on health priorities and interests to set the stage for program success.</p>
January 12, 2022	<b>Pickers Can be Choosers: Choosing a Program</b>	<p>You have gathered youth and community feedback to identify health priorities, resources and needs. Now you are ready for the CHOOSE phase!</p> <p>Let the HNY crew help choose critical criteria for program selection, getting approval, and tips for involving youth in the selection process. Hear from program developers on Native youth programming: We R Native, Native STAND, Native WYSE Choices, Native It's Your Game.</p>
February 9, 2022	<b>Thrive in the Spaces we Create</b>	<p>Help Native youth build affirmative, inclusive, FUN and creative spaces together using Indigenous leadership and peer mentoring approaches.</p> <p>Hear how Native youth are using creative expression to positively process emotions to thrive in their spaces. Come learn how you can help youth in your community do the same.</p>

## 2021-22 Community of Practice Lineup

Date	Title	Description
March 9, 2022	<b>Prepare for Implementation Success</b>	<p>Now that you have chosen a program, you can prepare for implementation success!</p> <p>Let the HNY crew help to PREPARE an IMPLEMENT a plan that includes recruitment, guest speaker lineup, supplies and incentives for implementation success. You've got this and we've got your back!</p>
April 12, 2022	<b>Stand Up to STD/HIV Stigma</b>	<p>As sexual health educators we know the challenges of community and youth attitudes, biases, misinformation, and STD/HIV stigma that presides and harms the health of our Tribal communities.</p> <p>Join us as we stand up to STD/HIV stigma through holistic approaches to Indigenous Sexual Health. And, hear about successful HIV/STI self-testing programs from the Alaska Native Tribal Health Consortium – I want the Kit!</p>
May 11, 2022	<b>Concerning Social Media Posts Workshop</b>	<p>Learn how you can become the trusted adult youth can turn to when they view or post concerning messages on social media.</p> <p>Suicide prevention remains challenging among youth, as many do not disclose thoughts of suicide before making an attempt. However, youth may disclose depression symptoms and suicidal ideation via social media, like Instagram, TikTok, Twitter, Snapchat, and through text messaging.</p> <p>These public disclosures may provide new opportunities to identify youth at risk and connect them to appropriate resources and support. Join us to learn how!</p>
June 8, 2022	<b>Staying Connected</b>	<p>Summer is fast approaching and so our conversations shift to how we can stay connected and keep program momentum going with summer programs and peer/elder mentorships.</p> <p>Join the CoP crew to talk about what others and doing how we can support each other's youth programming.</p>
July 13, 2022	<b>Sustain and Grow your Program</b>	<p>Congratulations! You have implemented your program and are now in the GROW phase.</p> <p>Let the HNY team help reflect on what worked, what can change, and what you've learned to help keep the momentum going.</p>
<p><b>Contact us</b></p> <p>✉ <a href="mailto:agaston-contractor@npaihb.org">agaston-contractor@npaihb.org</a></p> <p>✉ <a href="mailto:msinger@npaihb.org">msinger@npaihb.org</a></p> <p>🌐 <a href="http://www.healthynativeyouth.org">www.healthynativeyouth.org</a></p> <p>📱 Text HEALTHY to 97779</p> <p>📍 Click <a href="#">here</a> to register in advance</p>		





# We LOVE helping...

- ★ Training & TA Evaluation Form
- ★ Request TA

# Thank you!

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# Funding Credit

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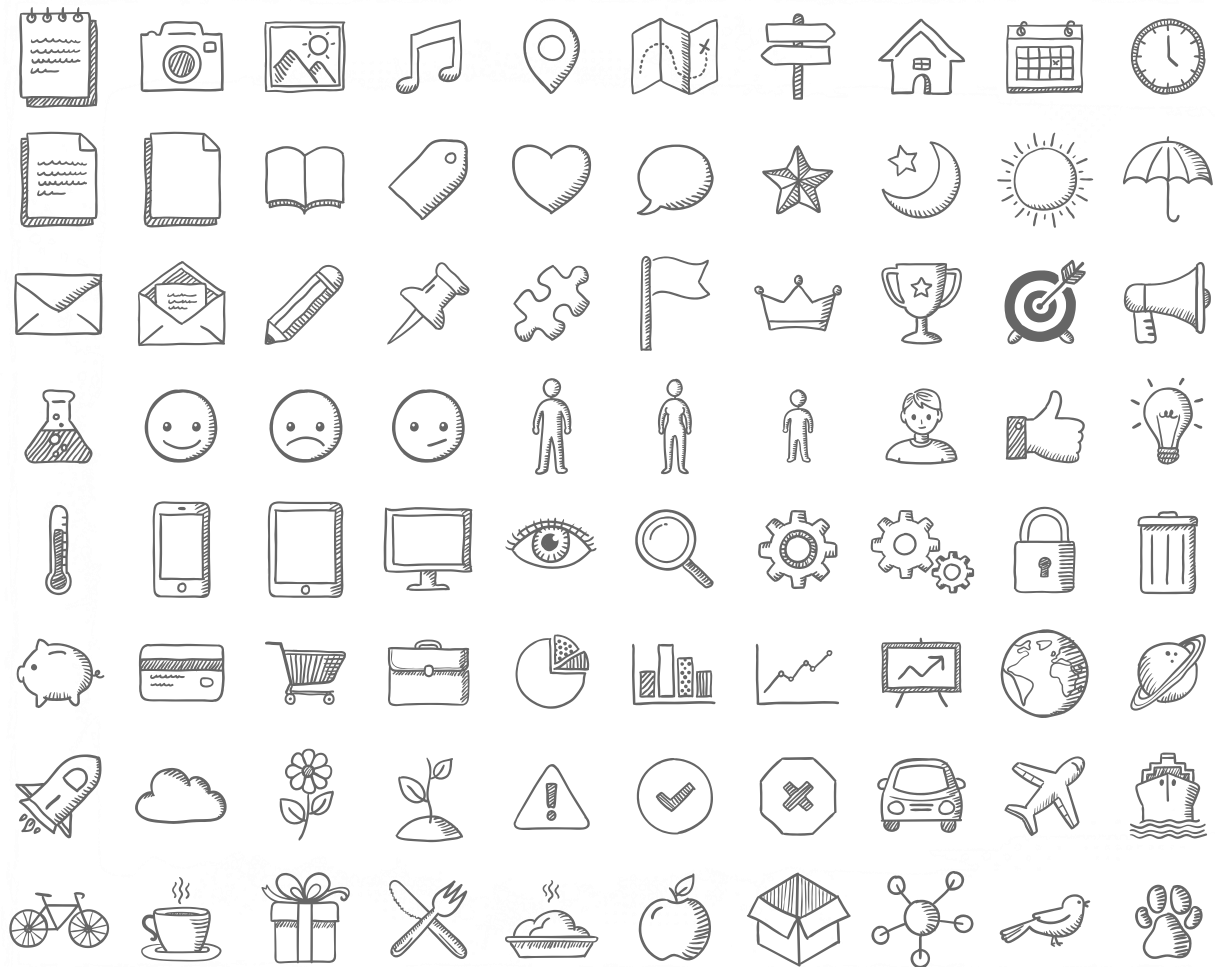


# Let us Close with a Blessing

“All we have to decide is what to do  
with the time that is given to us.”

– Gandalf from LOTR





SlidesCarnival icons are editable shapes.

This means that you can:

- Resize them without losing quality.
- Change fill color and opacity.

Isn't that nice? :)

Examples:





# Breakout Activity: Toolkit Scavenger Hunt



1

In Your Breakout  
Room:  
Find “**Choose**”

What is the 1st Step in  
the Choose Phase?

What did  
your  
group  
find?

2

In Your Breakout  
Room:  
Find “**Choose**”

What Tool can  
help choose the  
best setting for  
your Program?

Talk  
About the  
Most  
Crucial  
Criteria



# Padlet

Use QR code or the link in the chat box to join...

*Today I am Feeling...*





# Mentimeter Q&A

Use the link in the chat box to join...

What do you want to know about using SMS in youth programming?



Go to [www.menti.com](https://www.menti.com) and use the code 7494 2554

