

Sexual Health in Indian Country & Alaska Today



October 26, 2022 10am-11:30am PT

Host

[Amanda Gaston](#)

Guest Speakers

Candice Jimenez, Nicole Trevino, Peri Sanders

Objectives

By the end of today's session, you will be able to...

1. describe sexual health concerning trends in IC & AK
2. assess your own sexual health community challenges, and
3. select resources for your community

Stay connected

- [Upcoming Community of Practice Sessions](#)
- [Past Sessions](#)
- [Request Technical Assistance](#)

Chat links:

CMS tribal behavioral health coverage locator <https://www.cms.gov/outreach-education/american-indianalaska-native/behavioral-health/service-locator>

Guttmacher Institute

<https://www.guttmacher.org/state-policy>

Center for Reproductive Rights

<https://reproductiverights.org/maps/abortion-laws-by-state/>

Tips for Answering Sensitive Questions

<https://www.healthynativeyouth.org/wp-content/uploads/2022/08/Tips-Answering-Sensitive-Questions-3-2.pdf>

Tips for Answering Sensitive 2SLGBTQ Questions

<https://www.healthynativeyouth.org/wp-content/uploads/2022/08/LGBTQ2S-Answering-Sensitive-Questions-1.docx>

Celebrating our Magic Toolkit

<https://www.pathsremembered.org/toolkit/>

Community Needs and Readiness Assessment Tools

<https://www.healthynativeyouth.org/implementation-toolbox/gather/identify-community-needs-and-resources>

Name the Fear Exercise:

<https://www.mindful.org/a-mindfulness-practice-for-facing-your-fears/>

Chat feed (names and emails have been removed)

9:57 AM	From Michelle to Waiting Room Participants:	Good morning! Welcome to the Healthy Native Youth Community of Practice! We will admit folks in a few minutes.
10:03 AM	From Nicole (She/They) to Everyone:	Beautiful! Thank you, Candice!
10:04 AM	From Michelle to Everyone:	That was beautiful and powerful! Ahe'hee, sister Candice!
10:04 AM	From Christina to Everyone:	Miigwetch, Candice
10:06 AM	From Christina to Everyone:	Christina
10:07 AM	From Suzanne to Everyone:	Suzanne (Rosebud Sioux) work for the Ponca Tribe of NE Ponca Health Services
10:07 AM	From Krista to Everyone:	Bosho! Krista, she/her. Prairie Band Potawatomi Nation. I work with Kauffman and Associates Inc. as a Project Manager. Happy to be here and connect with others who have a passion for sexual health for Indigenous youth and communities.
10:07 AM	From Nicole (She/They) to Everyone:	Nicole, She/They, NPAIHB and I'm coming from Central Texas
10:07 AM	From Chris to Everyone:	Good morning!! Chris UTHealth in Houston TX
10:07 AM	From Shea to Everyone:	Shea (she/they), DV Case Manager with the Ponca Tribe of Nebraska
10:07 AM	From Christina to Everyone:	Christina, work for the Saginaw Chippewa Indian Tribe as a Prevention Specialist. I am a member of Little River Band of Ottawa. Mount Pleasant, MI
10:07 AM	From Mitch (he/they) NAYA to Everyone:	Bozho jayek (Hello everyone!) My name is Mitch (he/they) and I'm the Educational Re-engagement/GED coach at NAYA in NE Portland. I'm a member of the Citizen Potawatomi Nation of Oklahoma. I'm hoping to learn new strategies on how to discuss sexual health topics with Native youth I work with.
10:07 AM	From Naomi to Everyone:	Naomi (Quileute), She/Her, Training & Outreach Manager for NPAIHB
10:07 AM	From Krista to Everyone:	Calling in from the Traditional homelands of the Missouri-Otoe, Osage Nation, Illini Confederacy, Ioway, (Saint Louis, Missouri)
10:08 AM	From Ross to Everyone:	Ross, UTHealth, Houston. Hoping to learn more about this contemporary challenge. Will keep video off as I'm eating lunch :)
10:08 AM	From Stephanie to Everyone:	Stephanie (she/her), NPAIHB Adolescent Health Always interested in hearing what others are doing to build adolescent health programs...

10:08 AM From Jennifer to Everyone: Hi! Jeni, ANTHC HIV/STD Prevention Program // www.iknowmine.org // www.anthc.org/ak-id-echo

10:08 AM From Michael to Everyone: Michael - APALACHEE- Tribal home visiting program / men and youth family advocate at Lake County Tribal Health Consortium

10:08 AM From Christina to Everyone: Yes once I am done eating I will turn on my video, also.

10:08 AM From Michelle to Everyone: Good morning! Michelle (she/her | Navajo), Healthy Native Youth/Project Red Talon Project Manager at the Northwest Portland Area Indian Health Board. I'm always happy to connect with others who want to raise healthy native youth! Shout out to HNY partners & Native STAND Nation! Hi Carrie!

10:08 AM From Dana to Everyone: Dana, she/here, Blackfeet/Gros Ventre, All Nations Health Center.

10:09 AM From Adina to Everyone: Adina - Ft. Yuma Quechan Tribe I'm the District Community liaison for our local school district, I hope to find resources and connections for our youth

10:10 AM From Peri to Everyone: Peri, She/ Her/ Hers, Yup'ik from Bethel, Alaska. Program Coordinator/ Lead Facilitator for Strengthening Our Youth (Healthy Relationships/ Sexual Health Education program for AK Native and Native American Youth) at Cook Inlet Tribal Council in Anchorage, Alaska. First time attendee, thank you for having me!

10:10 AM From Tisa to Everyone: Tisa, LBSW Dine' Nation She/Her/Hers Capacity Builders Inc. Totah or so called Farmington NM. A'he'hee nitsaago for your passion and teachings!

10:11 AM From Dena to Everyone: Good morning! Dena, RN for the Inyo county Public health department in Bishop California

10:11 AM From Michelle to Everyone: So very happy to read who is here! Keep the intros coming! Welcome!

10:11 AM From Cody (He/Him) to Everyone: Good Morning! Cody, external evaluator for the sexually transmitted infection and teen pregnancy prevention initiative with the Great Plains Tribal Leaders Health Board.

10:12 AM From Carrie to Everyone: Carrie - Bishop Indian Education Center, Bishop Paiute tribal member and the Youth Activities Specialist for the BIEC and the Advisor for the Bishop Tribal Youth Council

10:22 AM From Amanda (she/her) to Everyone: Candice, when you're able, can you say more about what a trigger law is?

10:23 AM From Jane to Everyone: Policy Resources:
Guttmacher Institute
<https://www.guttmacher.org/state-policy>
Center for Reproductive Rights
<https://reproductiverights.org/maps/abortion-laws-by-state/>

10:26 AM	From Michelle (she/her Navajo) to Everyone:	ISDEAA is commonly referred to as "Tribally-operated", "tribally compacted", "self-governance" or "638" in the field for AIAN programs.
10:29 AM	From Krista to Everyone:	Here is the CMS tribal behavioral health coverage locator.. it has the "affiliation" of each clinic/program if you want to see if programs are compact/contract, 638, Urban.. https://www.cms.gov/outreach-education/american-indianalaska-native/behavioral-health/service-locator
10:30 AM	From Amanda (she/her) to Everyone:	Thanks Krista!
10:31 AM	From Kelly to Everyone:	VERY HELPFUL
10:32 AM	From Nicole (She/They) to Everyone:	Very helpful Candice! So much nuance
10:33 AM	From Tisa to Everyone:	please repost the mentimeter code
10:34 AM	From Michelle (she/her Navajo) to Everyone:	https://www.menti.com/aleifz2eajty
10:34 AM	From Tisa to Everyone:	Ah'he'hee
10:35 AM	From Amanda (she/her) to Everyone:	Thanks Michelle! Yes, folks can start populating the menti meter by sharing any policy trends that are impacting their program...
10:36 AM	From Amanda (she/her) to Everyone:	Nicole's Q: what are some of the ways we know the political climate may be shifting?
10:36 AM	From Gabrielle Evans to Everyone:	I think parents are asking more questions in Texas because we have "opt in" versus "opt out" for sex ed
10:37 AM	From Stephanie to Everyone:	Yes! We've seen that too Gabrielle
10:37 AM	From Cody (He/Him) to Everyone:	South Dakota has an agenda of "reforming" education as well.
10:38 AM	From Jane to Everyone:	Three resources for talking about sensitive topics: Tips for Answering Sensitive Questions https://www.healthynativeyouth.org/wp-content/uploads/2022/08/Tips-Answering-Sensitive-Questions-3-2.pdf Tips for Answering Sensitive 2SLGBTQ Questions https://www.healthynativeyouth.org/wp-content/uploads/2022/08/LGBTQ2S-Answering-Sensitive-Questions-1.docx Celebrating our Magic Toolkit https://www.pathsremembered.org/toolkit/
10:43 AM	From Amanda (she/her) to Everyone:	It sounds like our menti meter is throwing a tantrum...if folks can hold off, I'll open it at the end
10:46 AM	From Amanda (she/her) to Everyone:	Love it! Great tip Nicole!
10:48 AM	From Chris to Everyone:	Great points, Nicole!!

10:54 AM From Michelle (she/her | Navajo) to Everyone: Awesome best practice tip! Tried and true! Diversify your programming and get allies within the community for reach and implementation! It's all connected!

10:56 AM From Chris to Everyone: SO helpful, thanks, Nicole!!!!

10:56 AM From Stephanie to Everyone: Gather Phase of the Implementation Toolbox: <https://www.healthynativeyouth.org/implementation-toolbox/gather/get-support-connect-with-community-members-for-guidance-and-feedback/>

10:59 AM From Jane to Everyone: Direct link to the Community Needs and Resource Assessment: <https://www.healthynativeyouth.org/implementation-toolbox/gather/identify-community-needs-and-resources/>

11:00 AM From Nicole (She/They) to Everyone: Play the long game!! Build those partnerships over time!

11:00 AM From Ross to Everyone: Have to bail but thank you for an inspirational and educational session, best, Ross

11:01 AM From Amanda (she/her) to Everyone: Thanks Ross!

11:01 AM From Jane to Everyone: We will send out a follow up to this meeting with all of the resources and a link to a recording of this session

11:03 AM From Michelle (she/her | Navajo) to Everyone: Attend the November Community of Practice (11/9) to learn about the HNY Implementation Toolbox in bigger chunks -- all five phases including GATHER and more! Join us!

11:06 AM From Jane to Everyone: Name the Fear Exercise: <https://www.mindful.org/a-mindfulness-practice-for-facing-your-fears/>

11:06 AM From Jane to Everyone: Mentimeter Link: Slide 2 <https://www.menti.com/aleifz2eajty>

11:07 AM From Michelle (she/her | Navajo) to Everyone: Mentimeter Link: Slide 1 <https://www.menti.com/aleifz2eajty>

11:14 AM From Nicole (She/They) to Everyone: Sometimes alternative ed environments, residential drug treatment facilities and juvenile justice facilities are easier to get in the door than schools! Charter schools are often exempt from many state/ local laws for some reason.

11:15 AM From Amanda (she/her) to Everyone: Yes Nicole...and the shift of moving sex ed/ health out of the schools is something that a lot of communities are facing...so alternative spaces is a good thing to start thinking through.

11:16 AM From Nicole (She/They) to Everyone: Yes, Peri! That's a ton of time for youth and it can be exhausting for them.

11:17 AM From Jennifer to Everyone: Peri! Thank you for sharing.

11:17 AM	From Michelle (she/her Navajo) to Everyone:	It is usually those alternative ed sites (youth treatment, youth foster homes, boarding schools, youth detention, etc) are often overlooked and are in need of services too! There is enough to go around! Build that capacity and partnerships to expand that outreach!
11:17 AM	From Nicole (She/They) to Everyone:	It's so tough! It can be discouraging because sex ed in schools really maximizes the opportunity for more youth to learn important info.
11:18 AM	From Michelle (she/her Navajo) to Everyone:	Thank you, Peri! So very real to hear your story from the field!
11:19 AM	From Michelle (she/her Navajo) to Everyone:	+ youth employment training programs (that one hour could be an opportunity to reach you for life skills) --> so think outside the box! Love the "don't be a one trick pony!"
11:20 AM	From Nicole (She/They) to Everyone:	LOL, yes Michelle!! Summer Youth Employment programs have been big opportunities for implementation with high reach
11:21 AM	From Nicole (She/They) to Everyone:	It's happening a lot more since COVID started too, Kelly!
11:21 AM	From Michelle (she/her Navajo) to Everyone:	+ Tribal Courts and/or Peacemaker courts for youth and families --> using the "pivot" strategy about using other topics to get to the baseline of communication, healthy relationships, reducing risky behaviors, and offering knowledge with skills, tools and lessons along the way.
11:24 AM	From Stephanie to Everyone:	We're going to do a full overview of the Toolbox next month for the Community of Practice
11:24 AM	From Amanda (she/her) to Everyone:	That's how you build relationships!
11:24 AM	From Michelle (she/her Navajo) to Everyone:	The Nov CoP flyer is attached ^^^^
11:26 AM	From Michelle (she/her Navajo) to Everyone:	Yeego, Kelly! You are an excellent HNY/PRT Ambassador! Ahe'hee!
11:27 AM	From Nicole (She/They) to Everyone:	Kelly- that sounds amazing! Let me know if I can be helpful on any of the curricula.
11:28 AM	From Kelly to Everyone:	THANK YOU ALL
11:29 AM	From Michelle (she/her Navajo) to Everyone:	Tip: Veterans Day is coming up! November 11th! Good to share Caring messages for Veterans in your local communications rotations.
11:29 AM	From Nicole (She/They) to Everyone:	Linktree is a wonderful way to make many resources and info available to youth!!
11:31 AM	From Michelle (she/her Navajo) to Everyone:	Request HNY TA here: https://www.healthynativeyouth.org/training_feedback/
11:31 AM	From Jennifer to Everyone:	Thank you!! Loved the presentations!
11:34 AM	From Mitch (he/they) NAYA to Everyone:	Migwech jayek (Thanks, everyone!) I really appreciated this presentation! :)
