

## Sexual Health Observances 2023

Black = **Month** of recognition

Red = **Day** of recognition

Blue = **Week** of recognition

*Italics + Gray = **relatable events** for messaging*

### Jan

- Cervical Health Awareness Month
- National Stalking Awareness Month
- Women's Self-empowerment Week = First week of Jan (1/2 - 1/6)
- National Ribbon Skirt Day = 1/4
- National Cuddle Up Day = 1/6
- International Fetish Day = Third Friday of Jan (1/20)
- National Hugging Day = 1/21
- National Spouses Day = 1/26

### Feb

- Black History Month
- Body Awareness Month
- Creative Romance Month
- National Wedding Month
- International Boost Self-Esteem Month
- International Prenatal Infection Prevention Month
- Safer Sex Awareness Month
- Self-Love month
- Teen Dating Violence Awareness Month
- Sex Responsibility & Consent Week = Second Week of Feb (2/6 - 2/12)
- National Marriage Week = 2/7 - 2/14
- Condom Week = Second Full Week of Feb (2/14 - 2/21)
- International Flirting Week = Second Full Week of Feb (2/12 - 2/18)
- National Shower Together Day = 2/5
- International Day of Zero Tolerance for Female Genital Mutilation = 2/6
- National Freedom to Marry Day = 2/12
- Galentine's Day = 2/13
- National Condom Day = 2/14
- V-day = 2/14
- Valentine's Day = 2/14
- Single's Awareness Day = 2/15
- National Random Acts of Kindness Day = 2/17
- *Lunar New Year = Year of the Rabbit*

### March

- National Endometriosis Awareness Month
- National Women's History Month
- Colorectal Cancer Awareness Month
- Vulval Health Awareness Month
- LGBTQ+ Health Awareness Week = Last week of March (3/21 - 3/25)
- National I Want You to be Happy Day = 3/3
- International Sex Worker Rights Day = 3/3
- Human Papillomavirus (HPV) Awareness Day = 3/4
- National Restock Your Lube Day = 3/5
- International Women's Day = 3/8
- National Women and Girls HIV/AIDS Awareness Day = 3/10
- National Awkward Moments Day = 3/18
- National Native American HIV/AIDS Awareness Day = 3/20
- National Single Parent Day = 3/21
- International Day of Trans Visibility = 3/31
- *Dead Week*
- *Finals Week*
- *Spring Break*

### April

- Oral Cancer Awareness Month
- National Child Abuse Prevention Month
- National Couple Appreciation Month
- National Minority Health Month
- Sexual Assault Awareness and Prevention Month
- Sexually Transmitted Infection (STI) Awareness Month
- Stress Awareness Month
- Testicular Cancer Awareness Month
- National Public Health Week = 4/3 - 4/9
- National Infertility Awareness Week = Last Week of April (4/23 - 4/29)
- World Immunization Week = 4/24 - 4/30
- Sexual Assault Awareness Month Day of Action = First Tues. of April (4/5)
- RAINN Day = 4/1
- National Equal Pay Day = Second Tues of April (4/12)
- National Day of Silence = Second Fri of April (4/15)
- World Health Day = 4/7
- National Youth HIV/AIDS Awareness Day = 4/10
- National Horny Day = April 17th
- National Transgender HIV Testing Day = 4/18
- Denim Day = Last Wed of April (4/27)
- Earth Day = 4/22

- World Day for Safety & Health at Work = 4/28
- *Gathering of Nations = 4/28 - 4/30*
- *Take Back the Night*
- *Prom season*

### May

- Hepatitis Awareness Month
- National Date Your Mate Month
- National Teen Pregnancy Prevention Month
- Masturbation Month
- Mental Health Awareness Month
- Sex Ed for All Month
- Children's Mental Health Awareness Week = 5/7 - 5/13
- National Women's Health Week = 5/14 - 5/19
- Global Love Day = 5/1
- National Infertility Survival Day = First Sun of May (5/1)
- MMIW Awareness Day = 5/5
- World Wide Day of Genital Autonomy = 5/7
- Mother's Day = Second Sun of May
- Honor Our LGBTQ+ Elders Day = 5/16
- International Day Against Homophobia, Transphobia, and Biphobia = 5/17
- HIV Vaccine Awareness Day = 5/18
- National Hepatitis Testing Day = 5/19
- Pansexual & Panromantic Visibility Day = 5/24
- Masturbation Day = 5/28
- International Day of Action for Women's Health = 5/28
- World Menstrual Hygiene Day = 5/28
- *Memorial Day Weekend 5/31*
- *Prom Season*

### June

- Men's Health Month
- National Congenital Cytomegalovirus (CMS) Awareness Month
- PRIDE Month
- PTSD Awareness Month
- Cervical Screening Awareness Week = Second Week of June (6/19 - 6/24)
- Men's Health Week = 6/12 - 6/18
- National Best Friends Day = 6/8
- National Sex Day = 6/9
- National Loving Day = 6/12
- Father's Day = Third Sun of June (6/19)
- Autistic Pride Day = 6/18

- Juneteenth = 6/19
- National Selfie Day = 6/21
- National HIV Testing Day = 6/27
- National PTSD Awareness Day = 6/27
- Graduation
- Dead Week
- Finals Week
- Summer Vacation

### July

- Disability PRIDE Month
- Purposeful Parenting Month
- Kissing Day = 6/7
- International Nonbinary Day = 7/14
- World Hepatitis Day = 7/28
- International Friendship Day = 7/30
- National Orgasm Day = 7/31
- Summer Vacation

### Aug

- National Anal Health & Awareness Month
- National Breastfeeding Month
- National Immunization Month
- National Wellness Month
- Romance Awareness Month
- World Breastfeeding Week = 8/1 - 8/7
- National Resurrect Romance Week = Second Week of Aug (8/6 - 8/12)
- National Partner (Girlfriend) Day = 8/1
- National Lingerie/Underwear Day = 8/5
- International Female Orgasm Day = 8/8
- International World Indigenous Peoples Day = 8/9
- International Youth Day = 8/12
- National I Love My Feet Day = 8/17
- National Couples Day = 8/18
- National Kiss & Make Up Day = 8/25
- National Women's Equality Day = 8/26
- National Just Because Day = 8/27
- Summer Vacation
- College Move In

### Sept

- Gynecological Cancer Awareness Month

- Newborn Screening Awareness Month
- Ovarian Cancer Awareness Month
- Pain Awareness Month
- Pleasure Your Mate Month
- Polycystic Ovary Syndrome (PCOS) Month
- Prostate Cancer Awareness Month
- Sexual Health Awareness Month
- National Preparedness Month
  - <https://www.cdc.gov/reproductivehealth/emergency/index.html>
- Ovarian Cancer Awareness Month
- National Singles Week = Third Week of Sept (9/18 - 9/23)
- World Sexual Health Day = 9/4
- Global Internal/Female Condom Day = 9/16
- National HIV/AIDS and Aging Awareness Day = 9/18
- Celebrate Bisexuality Day = 9/23
- World Contraception Day = 9/26
- National Gay Men's HIV/AIDS Awareness Day = 9/27
- International Safe Abortion Day = 9/28
- National Women's Health & Fitness Day = 9/29
- *College Move In*

### Oct

- Breast Cancer Awareness Month
- Domestic Violence Awareness Month
- LGBTQ+ History Month
- Medical Ultrasound Awareness Month
- Menopause Awareness Month
- National Family Sexuality Education Month
- Pregnancy and Infant Loss Awareness Month
- Sudden Infant Death Syndrome (SIDS) Awareness Month
- International Infection Prevention Week = 10/17 - 10/23
- National Healthcare Quality Week = 10/17 - 10/23
- National Midwifery Week = First Week of Oct (10/1 - 10/7)
- Ace (Asexual) Awareness Week = Fourth Week of Oct (10/22 - 10/28)
- National Partner (Boyfriend) Day = 10/3
- Child Health Day = 10/3
- Sweetest Day = Third Sat of Oct (10/15)
- Indigenous Peoples Day = Second Mon of Oct (10/10)
- International Day of the Girl = 10/11
- Herpes Awareness Day = 10/13
- National No Bra Day = 10/13
- World Pregnancy & Infant Loss Remembrance Day = 10/15
- National Mammography Day = 10/21

- National I Care About You Day = 10/25
- Intersex Awareness Day = 10/26

### Nov

- Native American Heritage Month
- National Erectile Dysfunction Month
- Prematurity Awareness Month
- TransParent Day = First Sun of Nov (11/6)
- National Sex Toy Day = 11/7
- World Vasectomy Day = 11/7
- World Prematurity Day = 11/17
- International Mens Day = 11/19
- International Transgender Day of Remembrance = 11/20
- National Day of Mourning = Fourth Thurs of Nov (11/24)
- International Day For the Elimination of Violence Against Women Day = 11/25
- Native American Heritage Day = 11/25
- World Compassion Day = 11/28

### Dec

- AIDS Awareness Month
- Universal Human Rights Month
- World AIDS Day = 12/1
- International Disabled Person's Day = 12/3
- Pansexual Pride Day = 12/8
- International Day to End Violence Against Sex Workers = 12/17
- *Dead Week*
- *Finals Week*
- *Winter Break*