# Sexual Health Observances 2023

Black = **Month** of recognition  
Red = **Day** of recognition  
Blue = **Week** of recognition  
*Italics + Gray = relatable events for messaging*

## Jan
- Cervical Health Awareness Month  
- National Stalking Awareness Month  
  - *Women’s Self-empowerment Week = First week of Jan (1/2 - 1/6)*  
  - National Ribbon Skirt Day = 1/4  
  - National Cuddle Up Day = 1/6  
  - International Fetish Day = Third Friday of Jan (1/20)  
  - National Hugging Day = 1/21  
  - National Spouses Day = 1/26

## Feb
- Black History Month  
- Body Awareness Month  
- Creative Romance Month  
- National Wedding Month  
- International Boost Self-Esteem Month  
- International Prenatal Infection Prevention Month  
- Safer Sex Awareness Month  
- Self-Love month  
- Teen Dating Violence Awareness Month  
  - *Sex Responsibility & Consent Week = Second Week of Feb (2/6 - 2/12)*  
  - National Marriage Week = 2/7 - 2/14  
  - Condom Week = Second Full Week of Feb (2/14 - 2/21)  
  - International Flirting Week = Second Full Week of Feb (2/12 - 2/18)  
  - National Shower Together Day = 2/5  
  - International Day of Zero Tolerance for Female Genital Mutilation = 2/6  
- National Freedom to Marry Day = 2/12  
- Galentine’s Day = 2/13  
- National Condom Day = 2/14  
- V-day = 2/14  
- Valentine’s Day = 2/14  
- Single’s Awareness Day = 2/15  
- National Random Acts of Kindness Day = 2/17  
  - *Lunar New Year = Year of the Rabbit*
March

- National Endometriosis Awareness Month
- National Women’s History Month
- Colorectal Cancer Awareness Month
- Vulval Health Awareness Month
- LGBTQ+ Health Awareness Week = Last week of March (3/21 - 3/25)
- National I Want You to be Happy Day = 3/3
- International Sex Worker Rights Day = 3/3
- Human Papillomavirus (HPV) Awareness Day = 3/4
- National Restock Your Lube Day = 3/5
- International Women's Day = 3/8
- National Women and Girls HIV/AIDS Awareness Day = 3/10
- National Awkward Moments Day = 3/18
- National Native American HIV/AIDS Awareness Day = 3/20
- National Single Parent Day = 3/21
- International Day of Trans Visibility = 3/31
- Dead Week
- Finals Week
- Spring Break

April

- Oral Cancer Awareness Month
- National Child Abuse Prevention Month
- National Couple Appreciation Month
- National Minority Health Month
- Sexual Assault Awareness and Prevention Month
- Sexually Transmitted Infection (STI) Awareness Month
- Stress Awareness Month
- Testicular Cancer Awareness Month
- National Public Health Week = 4/3 - 4/9
- National Infertility Awareness Week = Last Week of April (4/23 - 4/29)
- World Immunization Week = 4/24 - 4/30
- Sexual Assault Awareness Month Day of Action = First Tues. of April (4/5)
- RAINN Day = 4/1
- National Equal Pay Day = Second Tues of April (4/12)
- National Day of Silence = Second Fri of April (4/15)
- World Health Day = 4/7
- National Youth HIV/AIDS Awareness Day = 4/10
- National Horny Day = April 17th
- National Transgender HIV Testing Day = 4/18
- Denim Day = Last Wed of April (4/27)
- Earth Day = 4/22
### May

- Hepatitis Awareness Month
- National Date Your Mate Month
- National Teen Pregnancy Prevention Month
- Masturbation Month
- Mental Health Awareness Month
- Sex Ed for All Month
  - Children’s Mental Health Awareness Week = 5/7 - 5/13
  - National Women’s Health Week = 5/14 - 5/19
  - Global Love Day = 5/1
  - National Infertility Survival Day = First Sun of May (5/1)
  - MMIW Awareness Day = 5/5
  - World Wide Day of Genital Autonomy = 5/7
  - Mother’s Day = Second Sun of May
  - Honor Our LGBTQ+ Elders Day = 5/16
  - International Day Against Homophobia, Transphobia, and Biphobia = 5/17
  - HIV Vaccine Awareness Day = 5/18
  - National Hepatitis Testing Day = 5/19
  - Pansexual & Panromantic Visibility Day = 5/24
  - Masturbation Day = 5/28
  - International Day of Action for Women’s Health = 5/28
  - World Menstrual Hygiene Day = 5/28
  - Memorial Day Weekend 5/31
  - Prom Season

### June

- Men’s Health Month
- National Congenital Cytomegalovirus (CMS) Awareness Month
- PRIDE Month
- PTSD Awareness Month
  - Cervical Screening Awareness Week = Second Week of June (6/19 - 6/24)
- Men’s Health Week = 6/12 - 6/18
- National Best Friends Day = 6/8
- National Sex Day = 6/9
- National Loving Day = 6/12
- Father’s Day = Third Sun of June (6/19)
- Autistic Pride Day = 6/18
<table>
<thead>
<tr>
<th>Month</th>
<th>Events</th>
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| **July** | ● Disability PRIDE Month  
● Purposeful Parenting Month  
● Kissing Day = 6/7  
● International Nonbinary Day = 7/14  
● World Hepatitis Day = 7/28  
● International Friendship Day = 7/30  
● National Orgasm Day = 7/31  
● Summer Vacation |
| **Aug** | ● National Anal Health & Awareness Month  
● National Breastfeeding Month  
● National Immunization Month  
● National Wellness Month  
● Romance Awareness Month  
● World Breastfeeding Week = 8/1 - 8/7  
● National Resurrect Romance Week = Second Week of Aug (8/6 - 8/12)  
● National Partner (Girlfriend) Day = 8/1  
● National Lingerie/Underwear Day = 8/5  
● International Female Orgasm Day = 8/8  
● International World Indigenous Peoples Day = 8/9  
● International Youth Day = 8/12  
● National I Love My Feet Day = 8/17  
● National Couples Day = 8/18  
● National Kiss & Make Up Day = 8/25  
● National Women’s Equality Day = 8/26  
● National Just Because Day = 8/27  
● Summer Vacation  
● College Move In |
| **Sept** | ● Gynecological Cancer Awareness Month |
● Newborn Screening Awareness Month
● Ovarian Cancer Awareness Month
● Pain Awareness Month
● Pleasure Your Mate Month
● Polycystic Ovary Syndrome (PCOS) Month
● Prostate Cancer Awareness Month
● Sexual Health Awareness Month
● National Preparedness Month
  ○ https://www.cdc.gov/reproductivehealth/emergency/index.html
● Ovarian Cancer Awareness Month
  ● National Singles Week = Third Week of Sept (9/18 - 9/23)
  ● World Sexual Health Day = 9/4
  ● Global Internal/Female Condom Day = 9/16
  ● National HIV/AIDS and Aging Awareness Day = 9/18
  ● Celebrate Bisexuality Day = 9/23
  ● World Contraception Day = 9/26
  ● National Gay Men's HIV/AIDS Awareness Day = 9/27
  ● International Safe Abortion Day = 9/28
  ● National Women’s Health & Fitness Day = 9/29
  ● College Move In

Oct

● Breast Cancer Awareness Month
● Domestic Violence Awareness Month
● LGBTQ+ History Month
● Medical Ultrasound Awareness Month
● Menopause Awareness Month
● National Family Sexuality Education Month
● Pregnancy and Infant Loss Awareness Month
● Sudden Infant Death Syndrome (SIDS) Awareness Month
  ● International Infection Prevention Week = 10/17 - 10/23
  ● National Healthcare Quality Week = 10/17 - 10/23
  ● National Midwifery Week = First Week of Oct (10/1 - 10/7)
  ● Ace (Asexual) Awareness Week = Fourth Week of Oct (10/22 - 10/28)
  ● National Partner (Boyfriend) Day = 10/3
  ● Child Health Day = 10/3
  ● Sweetest Day = Third Sat of Oct (10/15)
  ● Indigenous Peoples Day = Second Mon of Oct (10/10)
  ● International Day of the Girl = 10/11
  ● Herpes Awareness Day = 10/13
  ● National No Bra Day = 10/13
  ● World Pregnancy & Infant Loss Remembrance Day = 10/15
  ● National Mammography Day = 10/21
- National I Care About You Day = 10/25
- Intersex Awareness Day = 10/26

### Nov
- Native American Heritage Month
- National Erectile Dysfunction Month
- Prematurity Awareness Month
- TransParent Day = First Sun of Nov (11/6)
- National Sex Toy Day = 11/7
- World Vasectomy Day = 11/7
- World Prematurity Day = 11/17
- International Mens Day = 11/19
- International Transgender Day of Remembrance = 11/20
- National Day of Mourning = Fourth Thurs of Nov (11/24)
- International Day For the Elimination of Violence Against Women Day = 11/25
- Native American Heritage Day = 11/25
- World Compassion Day = 11/28

### Dec
- AIDS Awareness Month
- Universal Human Rights Month
- World AIDS Day = 12/1
- International Disabled Person’s Day = 12/3
- Pansexual Pride Day = 12/8
- International Day to End Violence Against Sex Workers = 12/17
- Dead Week
- Finals Week
- Winter Break