

TEXT INSPIRE to 94449

RESOURCES TO INSPIRE THE NEXT GENERATION OF PUBLIC HEALTH PROTECTORS

You've heard about STEM careers, but do you know about the diverse opportunities for students in Public Health? Unfortunately, COVID shined a spotlight on Public Health practitioners, and the role they play that many of us weren't even aware of.

But public health is truly Indigenous. Tribes have been protecting the health of their land, water, air, and people since time immemorial. Using cultural teachings to hunt and prepare indigenous foods, using traditional plants as medicines, hosting talking circles to support mental health... are all CORE aspects of public health.

To best serve our communities, we need more Native public health professionals working in the field. We need:



- Health Educators
- Climate Change Advocates
- Data Technicians
- Community Planners
- Psychologists/Behavioral Specialist
- Lawyers
- Computer Scientists
- Multi-Media Artists
- Social Workers
- Writers
- Social Media Mangers

This campaign includes:

- Posters/Flyers
- Post Cards
- Pens
- Tabletop Signs
- USB drive with digital downloads

Share campaign materials:

- Classrooms and School hallways
- Career Centers and Vocational Education Centers
- Clinic waiting rooms
- Tribal Buildings
- Community gathering areas such as coffee shops and gas stations
- Boys and Girls Clubs
- Native Communications Outlets
- University Student Unions

There Are Two Ways You Can Help

You can help us inspire them. The INPSIRE text messaging campaign is designed share diverse Indigenous voices, and the pathways youth can take to work in public health.

Help youth text "INSPIRE" to the short code 94449. Youth who sign up will receive 2-3 text messages per week for 8 weeks. Throughout the series, we'll share tips and ideas to help them on their academic journey.

To download and view digital materials:



To download and view digital materials, visit:

<https://www.healthynativeyouth.org/resource/text-inspire-to-94449/>

To place an order or for more information, contact:

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Thank you to our funders:

- Center for Disease Control and Prevention (CDC) Nation Center for Chronic Disease Prevention and Health Promotion (NU38OT000255-04-00)
- Minority HIV/AIDS Fund (MHAF) through Indian Health Services (IHS)

