



NORTHWEST PORTLAND AREA  
INDIAN HEALTH BOARD  
*Indian Leadership for Indian Health*

# TRIBAL HEALTH PATHWAYS

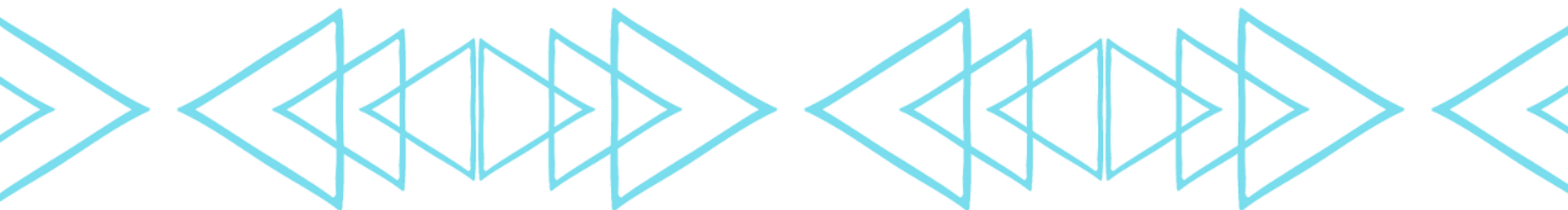


a resource guide

first edition

# OUR GOAL

We aim to inspire Native youth and young adults to pursue careers in public health and healthcare so they can care for their communities.





**make  
your  
own  
path.**

# USING THIS GUIDE TO FIND YOUR PATH

This guide features opportunities for Native middle school, high school, and college students who may be interested in exploring careers in healthcare and public health.

## Who can use this guide?

Teachers, students, mentors, parents, or any caring adult



## What's your path?

Check out programs in medicine, nursing, public health, laboratory science, or research and find your path!

## What's inside?

Programs are organized into three chapters: middle school, high school, and college/graduate. Each chapter is further organized into regions, depending on where the opportunity is located.

# GUIDE SET-UP



## How to find your way in this guide?

Programs are **color-coded**, so you can easily know what educational level you are in. The color schemes for each chapter are shown in the key to the right.



## KEY

MS

middle school programs  
in all regions

HS

pacific nw, west, &  
national high school  
programs

CG

pacific nw, west, &  
national programs for  
college/graduate students

## Information in this guide

We have included important program details like location, format, costs, and a brief description. You can also go to the program website by clicking on the program name. Here is a sample of what you'll find:

**hyperlink**  [Dream Catcher Program](#)

**Format:** In-person

**Location:** Northern Arizona University (Flagstaff, AZ)

**Duration:** One full day

**important  
details** 

**Cost:** Free

**Description:** One day program introducing AI middle school students to various health care careers. Note: website is currently being updated to reflect the Dream Catcher program.

**Deadline:** None specified



YOU CAN !

# COLLEGE & GRADUATE PROGRAMS



<b>pacific northwest</b>	<b>21</b>
<b>west</b>	<b>25</b>
<b>national</b>	<b>27</b>

**Indigenous Wellness Institute INSPIRE**

**Format:** Hybrid

**Location:** University of Washington (Seattle); NIDA (Bethesda, MD)

**Duration:** Two years

**Cost:** Free; participants can receive seed funding to conduct pilot studies and travel to conferences (\$22,000 for postdoctoral/early career scientists and \$10,800 for doctoral students).

**Description:** INSPIRE is aimed at encouraging American Indians & Native Hawaiians to pursue careers in addiction and substance misuse research. Program Includes individualized mentorship, research and writing retreats, grant development workshops, and seed funding to conduct pilot studies, and travel to attend conferences and meet with mentors and mentorship teams. Predoctoral participants can earn up to 10 credit hours.

**Deadline:** Closed

**NE Oregon Area Health Education Center Health Speaker Series**

**Format:** In-person

**Location:** Eastern Oregon University (La Grande, OR)

**Duration:** 1 hour sessions held monthly from January, February, April

**Cost:** Free; participants receive gift cards

**Description:** Opportunity for college students to hear from health professionals in various areas, ask questions, network, learn about their job/path. Not specific to AI/AN, but focus is on individuals from rural or frontier communities. AI have participated in other NEOAHEC programs.

**Deadline:** NA

**NE Oregon Area Health Education Center Pre-Health Society**

**Format:** In-person

**Location:** Eastern Oregon University (La Grande, OR)

**Duration:** NA

**Cost:** Free

**Description:** Program for community college, university, and gap year students from Eastern Oregon

who want to pursue a healthcare career and are within two years of applying to medical school or graduate school. Not specific to AI/AN, but encourage underrepresented students encouraged to apply. Participants receive mentorship, assistance with applications and writing, application tracking, and mock interviews.

**Deadline:** Rolling

**NW NARCH Research Support Fellowships**

**Format:** Hybrid

**Location:** Portland and home institution of the applicant

**Duration:** One-two years

**Cost:** Participants are paid for research work completed. Undergraduates receive \$20/hour (max 10 hours); Graduate fellows receive \$27/hour (max 20 hours)

**Description:** This is a paid research experience on a dollar per hour basis for AI/AN undergraduates & graduate students interested in population health sciences. Undergraduates are paired with a NARCH mentor; graduate students can work with their own academic mentor. Fellows will attend seminars, receive travel scholarships to conferences, and participate in summer learning sessions.

**Deadline:** Rolling (until filled)

**NW NARCH Tribal Researchers' Cancer Control Fellowship**

**Format:** Hybrid

**Location:** Portland (in-person sessions) and virtual

**Duration:** One year

**Cost:** Free

**Description:** For AI/AN graduate students, researchers, and tribal health workers with a demonstrated interest in cancer prevention and control. The program includes an in-person component in Portland, OR - two week in-person training in the summer and one week follow-up in the fall. Virtual webinars are scheduled throughout the year. Participants also receive mentorship throughout the year and are eligible for paid internships.

**Deadline:** Rolling (until filled)



**[Northwest Native American Center for Excellence Wy'East Medicine](#)**

**Format:** In-person  
**Location:** Portland, OR  
**Duration:** 10 months (mid-September to early June)  
**Cost:** Monthly stipend (tuition free)  
**Description:** This is a 10-month post-baccalaureate program for American Indian and Alaska Natives who aspire to become physicians. Designed for individuals who were not accepted into medical school or who do not possess a qualifying MCAT score for medical school. Participants who successfully complete the program may be accepted to participating medical schools - OHSU, WSU School of Medicine, or UC Davis.  
**Deadline:** May 10 & May 17, 2024

**[OHSU Biomedical and Bioinformatics Research and Training Internship at Knight Cancer Institute](#)**

**Format:** In-person  
**Location:** Portland, OR  
**Duration:** 8-10 weeks (summer)  
**Cost:** Free; \$500 weekly stipend  
**Description:** Program to engage the next generation of biomedical scientists. Participants will work with established mentors in various fields of biomedical research, e.g. cancer biology, computational biology. Interns will attend weekly sessions about new technologies and career development. They will present their research at a final poster session to peers, Knight Cancer Institute members, and the wider OHSU community.  
**Deadline:** Closed for 2024

**[OHSU College Undergraduate Biomedical Informatics and Data Science Internship Program](#)**

**Format:** In-person  
**Location:** OHSU (Portland, OR)  
**Duration:** 10-12 weeks  
**Cost:** Free; stipend of \$15.45/hour (40 hrs/week)  
**Description:** These internships provide full-time experiences in biomedical informatics and data science to college undergraduates. The goal is to expose students to biomedical informatics and data science

best practices, impact of research on medicine and health, as well as possible graduate study and career paths. Not specific to AI/ANs.  
**Deadline:** Feb 16, 2024

**[OHSU Postbaccalaureate Research Education Program \(PREP\)](#)**

**Format:** In-person  
**Location:** OHSU (Portland, OR)  
**Duration:** One year  
**Cost:** Free  
**Description:** This program is designed to increase diversity in the biomedical sciences. This offers a paid research opportunity with mentorship and skills-based training opportunities. OHSU PREP scholars will receive individualized development opportunities and mentorship from near-peers and OHSU faculty from marginalized backgrounds and allies. Not specific to AI/ANs, but AI/ANs are strongly encouraged to apply.  
**Deadline:** March 4, 2024

**[OHSU Equity Research Program](#)**

**Format:** In-person  
**Location:** Portland, OR (OHSU)  
**Duration:** Eight weeks (June-July)  
**Cost:** Free; participants receive \$4000 for the internship as well as housing and food assistance  
**Description:** This program offers diverse undergraduate college students the opportunity to work on research projects with faculty, scientists and graduate students, engage in weekly seminars, and present research in a final symposium. Past internship tracks included research in biomedical studies, dental, health systems & policy, medicine, nursing, public health, and physician assistant. Not specific to AI/ANs.  
**Deadline:** Closed for 2024

**[OHSU Chemical Physiology and Biochemistry Summer Undergraduate Research Program \(CPB - SURP\)](#)**

**Format:** In-person  
**Location:** Portland, OR (OHSU)  
**Duration:** Nine weeks (July-August)  
**Cost:** Free; participants receive \$5,562 to cover travel, hotel, and incidental expenses.

**Description:** Designed for undergraduates who are interested in exploring advanced studies and careers in biomedical research. The program provides undergraduates hands-on training in chemical biology, biochemistry, structural biology and physiology. This program also offers career development opportunities.. Applicants must be currently enrolled in a undergraduate degree program and completed at least four or six quarters of college. Not specific to AI/ANs.

**Deadline:** February 29, 2024

**Portland State University URISE**

**Format:** In-person

**Location:** Portland State University (Portland, OR)

**Duration:** Two years

**Cost:** Free; monthly stipend (\$1,200/month), 50% tuition reduction, travel funding

**Description:** URISE is an NIH-funded research training program for undergraduates from underrepresented groups in careers in biomedical, behavioral, social, clinical, and translational research.

**Deadline:** Applications open Winter 2025

**Seattle Indian Health Board THESIS Program**

**Format:** Virtual

**Location:** Participant institution

**Duration:** Eight weeks (May-July)

**Cost:** Free; participants receive payment for participation & costs to travel to CDC for research showcase

**Description:** Paid internship for Sophomore, Juniors, or Seniors in college or recent college graduates (within 12 months) interested in Native health. Priority is given to American Indian & Alaska Native applicants.

**Deadline:** January 31, 2024

**University of Washington Health Sciences Center Minority Students Program Teach Lab**

**Format:** In-person

**Location:** University of Washington(Seattle, WA)

**Duration:** Summer between Freshman & Sophomore years at UW

**Description:** Program designed to support students through college and beyond. Participants learn &

practice skills used in biomedical research. Not specific to AI/ANs; for students from disadvantaged backgrounds and/or first-generation college students  
**Cost:** Free

**Deadline:** February 26, 2024

**University of Washington Stipend for Training Aspiring Researchers (STAR)**

**Format:** In-person

**Location:** University of WA labs (Seattle, WA)

**Duration:** 8-10 weeks (WA residents complete 10 weeks)

**Cost:** Free

**Description:** STAR is a paid summer research experience to encourage and support research training of underrepresented and disadvantaged undergraduate/graduate students in the health, biomedical, or behavioral sciences. Participants can be freshman-senior undergraduates, 1st year professional program students, or entering UW biomedical students. Open to students from underrepresented groups, including AI/ANs.

**Deadline:** Feb 19, 2024

**University of Washington Genomic Sciences Summer Program**

**Format:** In-person

**Location:** Seattle, WA (U of Washington)

**Duration:** Two months (June 17-Aug 16, 20204)

**Cost:** Free; participants receive \$5400 stipend, paid housing & transportation

**Description:** Program designed to offer summer research opportunities for undergraduate students who want to pursue an MD or MD/PhD program. Consists of hands-on research activities, writing & presentation workshops, research talks, and poster presentations. Not specific to AI/ANs, but encourage applications from underrepresented groups.

**Deadline:** Feb 1, 2024

**University of Washington & Indigenous Wellness Institute - IHART3-Itzá**

**Format:** Hybrid

**Location:** University of WA (Seattle, WA)

**Duration:** Two years

**Cost:** Free; \$22,000 seed funding is available for

**Description:** The goal of this program is to develop a network of Indigenous scholars who can conduct culturally grounded research that to improves HIV health disparities among American Indians/Alaska Natives (AI/AN) and the historically underserved. Program components include: annual research institutes and writing retreats, webinars, quarterly seminars, and mentorship. For American Indian or other Indigenous people and open to early stage investigators up to 10 years post-doc. Must have PhD, MD, DDS.

**Deadline:** Open until filled

**University of Washington & Indigenous Wellness Institute - BIG HART**

**Format:** In-person

**Location:** University of WA and University of Hawaii

**Duration:** One year

**Cost:** Free

**Description:** A program designed to introduce AI/AN, Native Hawaiians, and Pacific Islander undergraduates and graduates to the field of HIV research. Program includes monthly seminars from December - May and opportunity to engage with a mentor one-on-one.

**Deadline:** January 31, 2024

**University of Washington Indian Health Pathway**

**Format:** In-person

**Location:** University of WA (Seattle, WA)

**Duration:** Program spans third & fourth years of medical school

**Cost:** Free

**Description:** Designed to teach AI and non-AI University of Washington medical students how to provide culturally appropriate care for AI/AN patients. The program consists of lectures, community events, clinical experiences in medial practices that care for AI/AN communities, and other opportunities to participate in AI/AN practices and traditions .

**Deadline:** None specified

**University of Washington Summer Scholars**

**Program**

**Format:** In-person

**Location:** University of WA (Seattle, WA)

**Duration:** Summer (June 18-August 16, 2024)

**Cost:** Interns are paid \$20/hour (40 hours). Housing and transportation can be covered for those living outside of Seattle. Participants also receive an ORCA card for public transportation.

**Description:** The goal of this program is to provide undergraduate college students with an opportunity to engage in basic, clinical and/or translational research projects during the summer at Seattle Children’s Research Institute under the mentorship of experienced researchers and principal investigators. Not specific to AI/AN, but they are highly encouraged to apply.

**Deadline:** January 12, 2024

**WSU INMED - Reimagine Indians in Medicine Pathways (RISE) Summer Academy**

**Format:** Hybrid

**Location:** Virtual & Washington State University (Spokane, WA)

**Duration:** Six weeks

**Cost:** Free

**Description:** For American Indians who lack qualifying MCAT scores and plan to apply to medical school, RISE offers science refreshers, cultural activities, medical school appliation guidance, and MCAT prep. The program begins with virtual sessions. During the in-person visit, participants visit local clinics that receive IHS funding to serve Native American patients.

**Deadline:** April 5, 2024

### [Alaska Indigenous Research Program](#)

**Format:** In-person

**Location:** Alaska Pacific University (Anchorage, AK)

**Duration:** Three weeks - May 6-10; May 13-17; May 20-24

**Cost:** Free

**Description:** Designed for American Indian and Alaska Natives, this program is a collaboration between Alaska Native Tribal Health Consortium (ANTHC) and Alaska Pacific University (APU). The goal is to increase the number of Native researchers who can conduct culturally responsive and respectful health research that addresses unique needs of AI & AN People. Three week curriculum: Week 1 covers Advanced Research, Week 2 covers Research Ethics, Week 3 covers Introductory Research.

**Deadline:** NA

### [Alaska Indigenous Research Program Summer Internships](#)

**Format:** In-person

**Location:** Anchorage, AK

**Duration:** Nine weeks - May 28 - July 26, 2024

**Cost:** Paid Internships

**Description:** For AI/AN undergraduate and graduate students, these internships are designed for individuals seeking hands-on research experiences. Interns are strongly encouraged to attend Week 3 of the Alaska Indigenous Research Program.

**Deadline:** February 23, 2024

### [Cancer Research Immersion Summer Program \(CRISP\)](#)

**Format:** In-person

**Location:** U of Oklahoma (Oklahoma City, OK)

**Duration:** Nine weeks - May 20 - July 23, 2024 (40 hours/week)

**Cost:** Free; \$5000 salary for summer interns

**Description:** Paid summer experience for Native undergraduate students (Juniors & Seniors in college) interested in gaining skills in cancer equity health research. Must be in good academic standing, have completed two years of undergraduate study, and be interested in pursuing a career in AI health.

**Deadline:** January 16, 2024

### [Dine College Summer Research Enhancement Program \(SREP\)](#)

**Format:** In-person

**Location:** Dine College (Tsaile, AZ) & participant's home community

**Duration:** 10 weeks - 3 week training in research methods at Dine College; 6 weeks of mentored internship in home community; 1 week data analysis at Dine College

**Cost:** Free; \$5,760 stipend, textbooks, room and board covered

**Description:** Open to AN freshman and sophomore college students interested in public health & public health research. Goal of the program is to provide health research training & experiences to AN college students and to provide students with a strong foundation in NA ways of life & discuss their application to Western frameworks in academia. Participants receive a stipend and 7 transferable college credit hours.

**Deadline:** March 1, 2024

### [Oklahoma University Health Sciences Center Summer Undergraduate Research Programs](#)

**Format:** In-person

**Location:** Oklahoma University (Oklahoma City, OK)

**Duration:** Nine weeks (40 hours/week)

**Cost:** Free to participate; salaries are available

**Description:** OU offers a number of summer undergraduate research opportunities for individuals from federally recognized tribes. Website lists a number of opportunities for undergraduates.

**Deadline:** January 15, 2024

### [Public Health Scholars Training Program](#)

**Format:** In-person (virtual components may be incorporated)

**Location:** UCLA (Los Angeles, CA)

**Duration:** 8 weeks (Sunday, June 23 – Saturday, August 17, 2024)

**Cost:** Free; scholars receive \$4000 total (\$3,000 stipend; \$800 to cover some meals; \$200 for optional transportation)

**Description:** Public health internship experiences that focus on health equity. Participants work in the

community, attend workshops, develop leadership and professional skills, receive mentorship from graduate students and faculty at the Fielding School of Public Health, and present at CDC research poster showcase. Open to non-public health majors/students and individuals across the US. Transportation to CA will be covered by the program for individuals who live more than 300 miles from UCLA. Not specific to AI/AN.

**Deadline:** January 31, 2024

### [University of Alaska Recruitment and Retention of Alaska Natives into Nursing \(RRANN\)](#)

**Format:** In-person

**Location:** Anchorage, AK (U of AK)

**Duration:** Active for the period of study (either pre-nursing or nursing school)

**Cost:** Free

**Description:** The mission of RRANN (Recruitment and Retention of Alaska Natives into Nursing) is to recruit Alaska Natives and American Indians into a nursing career so they can provide culturally appropriate care to Indigenous patients. RRANN facilitates student success through nursing programs by providing tutoring services, scholarships, and peer mentoring for nursing students.

**Deadline:** Rolling

### [University of Utah Native American Summer Research Institute \(NARI\)](#)

**Format:** In-person

**Location:** Salt Lake City, UT (University of UT)

**Duration:** 10 weeks

**Cost:** Free; Paid opportunity (40 hours/week - 30 hours of research; 10 hours academic/professional development)

**Description:** The goal of NARI is to support AI/AN students interested in healthcare and biomedical careers. Participants will work closely with research mentors, receive support in the areas of professional development, and participate in learning activities. In addition, NARI participants will have the opportunity to job shadow in healthcare centers that serve American Indian communities through the Native American Community Health Internship. Open to

University of UT and non-University of UT students.

**Deadline:** Not available

### [University of Utah Genomics Summer Research for Minority People](#)

**Format:** In-person

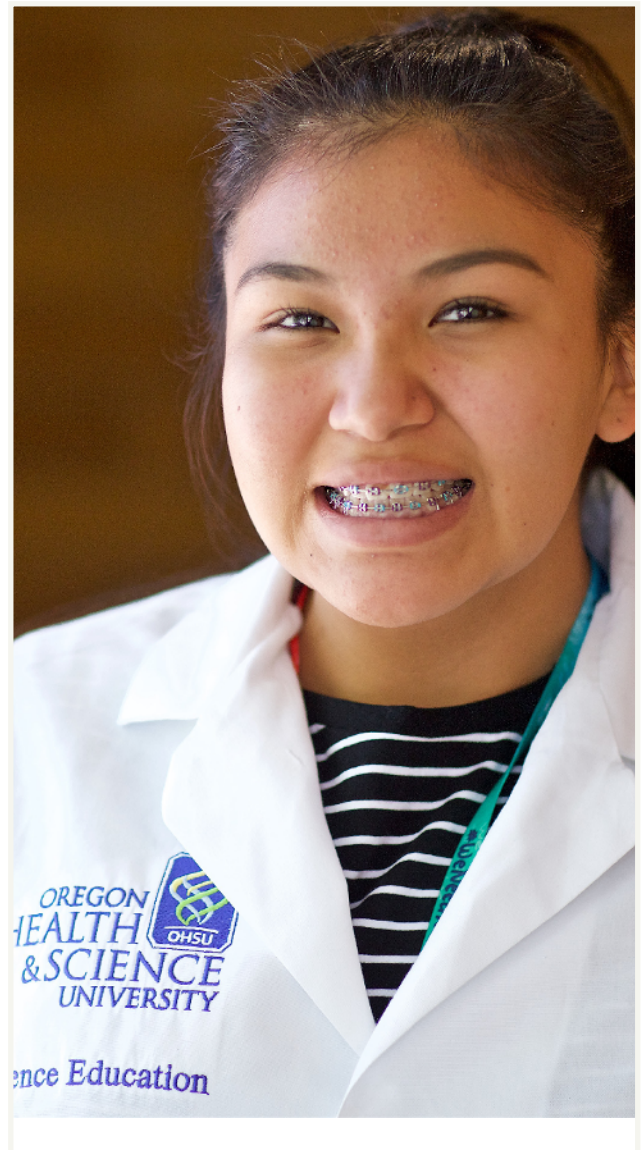
**Location:** University of UT (Salt Lake City, UT)

**Duration:** 10 weeks, May 29-Aug 2

**Cost:** Free; up to \$5,500, housing & transportation for non-local students will be covered

**Description:** For undergraduate students interested in in biosciences or bioinformatics with a focus on genomics research, including ethical, legal and social implications (ELSI) of genomics research.

**Deadline:** February 7, 2024



### [American Public Health Association Internships & Fellowships](#)

**Format:** In-person

**Location:** Washington D.C.

**Duration:** 8 week minimum (opportunities in fall, spring, summer); 40 hours/week

**Cost:** Unpaid

**Description:** APHA offers a number of unpaid internships for undergraduates, graduates and postdocs. Not specific to AI/AN.

**Deadline:** See specific internship for deadline info

### [American Public Health Association Kaiser Permanente Community Health Scholarship](#)

**Format:** NA

**Location:** NA

**Duration:** Scholarship covers cost of tuition for MPH or DrPH/PHD

**Cost:** MPH candidates receive \$15,000 for two years to cover cost of graduate school. Doctoral students receive \$22,000 for three years to cover cost of tuition.

**Description:** Scholarships awarded to graduate or doctoral public health students (in-person or online) to attend one of nine partner university programs. Preference will be given to AI/AN, and other underrepresented groups.

**Deadline:** January 4, 2024

### [Association of American Indian Physicians College Programs Pre-Admissions Workshop](#)

**Format:** In-person

**Location:** AAIP Annual Meeting & National Health Conference

**Duration:** Two days

**Cost:** Free

**Description:** This workshop is for AI college students during the annual AAIP conference. Topics include MCAT, selecting a school, financial aid, mock interviews, drafting a personal statement.

**Deadline:** NA

### [Association of Public Health Laboratories Internships](#)

**Format:** In-person.

**Location:** Depends on individual and mentor locations.

**Duration:** 12-16 weeks; flexible start/end dates.

**Cost:** Stipend available

**Description:** PHL-CDC laboratory internships for individuals actively enrolled in Certificate, Bachelors, Associate, or Master programs. Must be 18 years or older. Not AI/AN specific.

**Deadline:** Different dates align with fall, winter, spring, or summer internship opportunities

### [Association of Public Health Laboratories Fellowships](#)

**Format:** In-person

**Location:** Depends on host site

**Duration:** One year

**Cost:** Free; Stipend available

**Description:** Competency based APL-CDC laboratory fellowships offer college graduates in a number of areas (e.g., bioinformatics, newborn screening, environmental health)

**Deadline:** Rolling

### [Association of State Public Health Nutritionists Health Equity Fellowship Program](#)

**Format:** In-person or remote

**Location:** Depends on placement (can be federal, state and local health departments, community-based organizations and other health-related agencies)

**Duration:** 12 weeks (max: 360 hours)

**Cost:** Free; undergraduates are paid \$15/hour; graduates are paid \$18/hour

**Description:** Created to diversify the public health and health-related workforce, this program offers real-world experiences and seeks to recruit and support the next generation of nutrition professionals. Designed for students enrolled in a public health program within federally designated minority-serving institutions, including Tribal Colleges and Universities.

**Deadline:** October 30, 2024

### [Brigham Women's Hospital Summer Training in Academic Research and Scholarship \(STARS\) program](#)

**Format:** In-person

**Location:** Boston, MA

**Duration:** 8 weeks

**Cost:** Free; Stipends, transportation costs to Boston, and housing included

**Description:** The goal of STARS is to provide underrepresented students with tools, information and opportunities on their journey to becoming physicians, researchers and public health professionals; as well as role models and teachers in the academic community. Students participate in intensive hands-on training in research methods and practice in labs of BWH & Harvard Medical School researchers. This is for underrepresented individuals in medicine & research (including AI/AN). Applicants must be undergraduate rising juniors, seniors and first-year medical students.

**Deadline:** January 15, 2024

### [CDC Public Health Associates Program \(PHAP\)](#)

**Format:** In-person

**Location:** Varies

**Duration:** Two years

**Cost:** Paid

**Description:** Training program for early-career public health professionals who have a recent college degree and are interested in public health. Sites can be tribal, local, state, territorial public health department

**Deadline:** Closed

### [CDC Tribal Public Health Law Internships and Externships](#)

**Format:** In-person

**Location:** CDC host sites, tribal, state, or health departments

**Duration:** 9-14 weeks

**Cost:** Free; unpaid

**Description:** Goal of the program is to strengthen the public health law workforce by increasing diversity within the field and preparing the next generation of public health law professionals to respond to critical issues. For current and rising third year law students.

**Deadline:** Multiple application periods & deadlines (Summer, Jan 31; Fall, April 30; Spring, Oct 1)

### [Dr. James A. Ferguson Emerging Infectious Diseases Research Initiatives for Student Enhancement RISE \(Ferguson RISE\) Fellowship Program](#)

**Format:** In-person

**Location:** CDC or other universities in MD area

**Duration:** Full-time summer (Memorial Day through the first week in August), 6-month part-time or full-time, and 12-month full time public health research fellowship experiences

**Cost:** Stipends available for undergraduate and graduate students; housing costs will be covered and fellows receive \$1500 in transportation costs

**Description:** Ferguson RISE Fellowship program supports research and professional development in infectious diseases and health disparities among students from underrepresented groups.

**Deadline:** February 14, 2024

### [FDA Center for Drug Evaluation and Reserach \(CDER\) ORISE Indigenous Students Summer Fellowship](#)

**Format:** In-person

**Location:** FDA at Silver Spring, MD or St. Lous, MO

**Duration:** 2-3 months

**Cost:** Free; stipends available

**Description:** Participants will have an opportunity to gain hands-on research experience on a variety of regulatory research projects related to CDER's mission. The program is designed for participants to engage with an expert mentors during the summer to examine a question of interest related to those projects within the placement office. Eligibility requirements include individuals with degrees in: Chemistry and Materials Sciences; Communications and Graphics Design; Computer, Information, and Data Sciences; Engineering; Environmental and Marine Sciences; Life Health and Medical Sciences; Mathematics and Statistics; Other Non-Science & Engineering; Physics; Science & Engineering-related; Social and Behavioral Sciences. AI/AN encouraged to apply.

**Deadline:** April 30, 2024

### [Four Directions Summer Research Program \(Brigham & Women's Hospital and Harvard Medical School\)](#)

**Format:** In-person

**Location:** Boston, MA

**Duration:** Eight weeks (June - July)

**Cost:** Free; transportation & housing covered, \$5000 stipend

**Description:** For undergraduate rising sophomores, juniors and seniors with a commitment to the health of Native American communities. Students engage in a basic science research project under the direction of a Harvard Medical School Faculty Mentor. Additional activities include clinical shadowing, career development seminars, weekly Talking Circles, networking events and more.

**Deadline:** Closed

### [Future Public Health Leaders Program](#)

**Format:** In-person

**Location:** University of Michigan (Ann Arbor, MI)

**Duration:** 10 weeks

**Cost:** Free; stipend for participants, costs for travel/housing will be covered

**Description:** Summer program designed for individuals from underrepresented groups. No background in public health required. The program includes public health and career mentorship, hands-on and practical field experience, seminars, lectures and workshops with public health leaders.

**Deadline:** Closed

### [Indigenous Public Health Scholars Program](#)

**Format:** Hybrid

**Location:** Virtual + conference locations throughout the US (Southwest & Midwest)

**Duration:** Six months

**Cost:** Free; travel and food per diem will be covered

**Description:** For early career professionals (master's level) or mid-level (emerging) public health leaders within a Tribal Health Department. Includes 15-20 hours of self-paced asynchronous lessons, 7 live video conferences with all scholars and subject matter, attendance of a conference, and one two-day convening.

**Deadline:** Closed

### [Mayo Clinic Native American Pathway](#)

**Format:** Virtual

**Location:** Virtual

**Duration:** Five weeks

**Cost:** Free

**Description:** This program seeks to help American Indian/Alaska Native undergraduate and post baccalaureate students develop the skills and tools they need to get into and complete medical school. The goal is to address health disparities AI/AN communities face by increasing the number of Native providers.

**Deadline:** March 15, 2024

### [Native American Pathways Program](#)

**Format:** In-person

**Location:** U of Illinois Health Sciences Center (Rockford, IL)

**Duration:** Preceptorship is 16 weeks

**Cost:** Free

**Description:** Part of the Rural Medical Education (RMED) program, the NA Pathways program is designed for Native American graduate students pursuing a medical education. They complete a rural medical curriculum, receive tuition assistance, med school application assistance, and preceptorships in rural communities.

**Deadline:** NA

### [National Environmental Public Health Internship Program](#)

**Format:** In-person

**Location:** State, tribal, local, territorial environmental public health agencies

**Duration:** 400-hours

**Cost:** Free; Paid internship

**Description:** This program connects environmental health undergraduate and graduate students with funded internship placements at qualified state, tribal, local, and territorial (STLT) environmental public health agencies.

**Deadline:** Not specified



### [NIH College Opportunities to Advance Research \(C-SOAR\)](#)

**Format:** In-person

**Location:** NIH campuses

**Duration:** Nine weeks

**Cost:** Free; stipends available

**Description:** Open to college students from underrepresented groups in biomedical research and healthcare who are interested in exploring careers in research and healthcare and who lack substantial research opportunities during the school year. Stipends awarded - amounts change annually. Students must be enrolled in college and have taken at least two math/science courses with little to no research experience. Preference given to 2nd year and 3rd year college students. (This program is part of the larger NIH/SIP program). Not specific to AI/AN.

**Deadline:** Closed

### [NIH Short Term Research Experience Program to Unlock Potential \(STEP-UP\)](#)

**Format:** In person

**Location:** Students encouraged to work with institutions within commuting distance to their homes.

**Duration:** 8-10 weeks

**Cost:** Free; stipends of \$5000 for undergraduates

**Description:** Hands-on lab research experiences for college students. Not specific to AI/AN

**Deadline:** February 1, 2024

### [NIH Summer Internship Program \(SIP\)](#)

**Format:** In-person

**Location:** NIH; Bethesda, MD

**Duration:** Summer

**Cost:** Free; stipends available

**Description:** Opportunity for college students to complete full-time research internships in biomedical, behavioral, or social sciences in the NIH Intramural Research Program along side Principal Investigators. Summer interns have access to career development programs, core competency courses, and educational advising. Not specific to AI/AN, but Native students highly encouraged to apply.

**Deadline:** February 16, 2024

### [NIH Academic Internship Program](#)

**Format:** In-person

**Location:** NIH

**Duration:** Occurs during academic year (while students are enrolled in graduate schools). Can begin either fall or spring semester

**Cost:** Free; stipends available

**Description:** Program that offers college and graduate students the opportunity to train at NIH over the year. Directed by a Principal Investigator (PI), students will have research opportunities in the biomedical, behavioral, and social sciences with opportunities to explore basic, translational, and clinical research.

**Deadline:** Not specified

### [NIH Diversity Summer Research Training Program](#)

**Format:** In-person

**Location:** Intramural NIH labs in Bethesda, MD and Phoenix, AZ

**Duration:** 10 weeks

**Cost:** Free; monthly stipend based on level of education, \$700 travel stipend

**Description:** The goal of this program is to build and sustain a diverse pipeline of biomedical, social, behavioral, and clinical scientists. Not specific to AI/AN, but highly encourage applications from underrepresented groups.

**Deadline:** February 16, 2024

### [ORISE HIV Prevention in Communities of Color Postdoctoral Fellowship](#)

**Format:** In-person

**Location:** Atlanta, GA (CDC)

**Duration:** Two years

**Cost:** Free; stipend based on educational credentials and related experience

**Description:** For postdoctoral students (no more than 5 years post doctoral program), this program strives to recruit, mentor, and train investigators to conduct domestic HIV prevention research in communities of color. AI/AN highly encouraged to apply.

**Deadline:** Not specified.

### [Penn Minority Aging Scholars](#)

**Format:** In-person

**Location:** Philadelphia, PA (U Pennsylvania)

**Duration:** 12 weeks

**Cost:** Free; paid

**Description:** Designed to increase diversity of clinicians and researchers in the aging field, this program encourages AI/AN to apply. Scholars will work with faculty, observe clinicians, attend weekly conferences and seminars, present at a final showcase, and, if applicable, produce an abstract or paper.

**Deadline:** Not specified

### [Public Health Entomology For All \(PHEFA\) Internships or Fellowships](#)

**Format:** In-person

**Location:** CDC - Atlanta, Fort Collins, Colorado, and San Juan, Puerto Rico

**Duration:** One year (can renew)

**Cost:** Free; stipends available

**Description:** For recent bachelor's, master's, and PhD graduates from minority-serving institutions who are interested in health equity and science. Participants explore the field of entomology, conduct research with experienced entomologists in CDC's Division of Vector-Borne Diseases and Division of Parasitic Diseases of Malaria, and learn applied strategies to prevent and control vector-borne diseases. Not specific to AI/AN, but includes Tribal university students.

**Deadline:** Closed for 2024

### [Summer Health Professions Education Program \(SHEP\)](#)

**Format:** In-person

**Location:** 12 partner institutions across the US, including Washington & California

**Duration:** Not specified

**Cost:** Free

**Description:** Summer program for students interested in exploring careers in medicine, dentistry, nursing, optometry, pharmacy, physical therapy, public health, and more. Must be a high school graduate and should have no more than 60 college credits at time of application. Not specific to AI/AN.

**Deadline:** February 5, 2024

### [Summer Public Health Scholars Program \(SPHSP\)](#)

**Format:** In-person

**Location:** Columbia University (New York, NY)

**Duration:** Eight weeks

**Cost:** Free; stipend, costs for travel/housing/food will be covered

**Description:** Designed for undergraduate students who have yet to declare a major. The goal of the program is to increase interest in and knowledge public health and biomedical science careers. This The program includes coursework at Columbia University School of Public Health; hands-on field experience and immersion in a diverse, economically disadvantaged urban environment; seminars and lectures with public health leaders; and mentoring by faculty members, ensuring students' exposure to the breadth and importance of public health as a career option. Students must have completed two years of college and come from an underrepresented group, including AI/AN.

**Deadline:** January 31, 2024

### [University of Minnesota Medical School Pre-Admission Workshop \(PAW\)](#)

**Format:** In-person

**Location:** Duluth, MN

**Duration:** Two days (two workshops/year)

**Cost:** Free

**Description:** For pre-health Native American students. Workshops are designed to introduce students to medical school faculty and learn application tips, funding, and career development opportunities.

**Deadline:** Closed

**University of Minnesota School of Medicine,  
Institute of Biology of Aging and Metabolism  
(BAM)**

**Format:** In-person

**Location:** University of Minnesota (Duluth, MN)

**Duration:** Five days (August 4-5, 2024)

**Cost:** Full scholarships available to cover room,  
board, travel

**Description:** NIH-sponsored, the Advancing Native American Diversity in Aging Research program is designed for undergraduate AI and Indigenous students. The program is focused on the biology of aging and strategies for understanding and treating Alzheimer's Disease and other dementias.

**Deadline:** June 23, 2024



# RESOURCES & INSPIRATION



# PARTNER PROGRAMS

**Our partners offer weekly text messages to support and inspire students interested in health and STEM fields.**

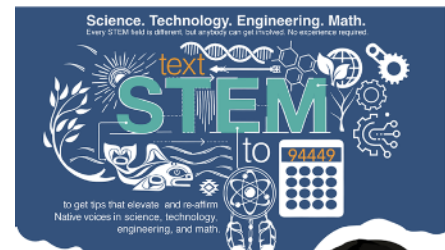
## INSPIRE

People who work in public health are community protectors. To hear diverse Indigenous voices, and the pathways you can take to work in public health, **text INSPIRE to 94449.**



## STEM

Our goal is to elevate and re-affirm Native voices in science, technology, engineering, and math, by connecting you to Native professionals who work in STEM fields. **Text STEM to 94449** to sign up for weekly tips and advice to support you on your journey.



## HEALERS

The mission of We Are Healers is to increase the number of Native providers who go into medicine.

**Text HEALERS to 94449** to receive 1-on-1 support via text message.





# SUPPORT WHEN YOU NEED IT



## RECEIVE CARING MESSAGES

Sometimes, we all need a pick-me-up. Sign up to receive caring messages twice a week to lift your spirits or remind you how **AWESOME** you are.

**13 to 24 year olds:** text **CARING** to 65664  
**College students:** text **COLLEGE** to 65664



## IN CRISIS? IT'S OKAY TO ASK FOR HELP

Text the word **"NATIVE"** to 741-741 and you'll be connected with a trained crisis counselor.

The service is free, confidential, and available 24/7.

Visit the [HNY website](#) to find more resources.



DARE  
TO  
BEGIN

YOU GOT  
THIS!

BE BRAVE



WE STAND  
**BEHIND**  
YOU

MANY  
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We would like to acknowledge and thank our partners for supporting our endeavors.



**NPAIHB**  
*Indian Leadership for Indian Health*



**This work is supported by Centers for Disease Control and Prevention (CDC) -  
Inspire Campaign: Building Stronger Pathways to Public Health -  
through the National Center for Chronic Disease Prevention and Health Promotion.**

