What are the issues that you are facing with your youth in regards to digital media?

Mentimeter

Time limits

Getting youth followers, having them see our content

Safety

Lack of social interactions due to digital media access.

Pornography, grooming, bullying, and body image dismorphia

Learning to balance utilizing digital media in positive/productive ways in schools, jobs, and careers.

Making sure they are using it safely

Knowing what sites my kids are using

Not a ton of easy, understandable content about this subject to share with our community

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What are the issues that you are facing with your youth in regards to digital media?

The lack of accountability for harm

Time limits, Online Safety.

What are good boundaries and expectations?

Our elder caregivers not understanding digital media so not able to have conversations with youth about safety

student filming students and posting it on social media without their permission as bullying

Not focused in the moment

Lack of concentration and screen addiction. Mood changes when attempts to take away media. Bullying and unhealthy influences

Misuse of technology

Accessibility to our content

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What are the issues that you are facing with your youth in regards to digital media?

Self-diagnosis

Youth uses media as a distraction from social interaction

Online safety for apps like Roblox

Addiction, Overuse

Youth are on devices for to long. Start using at a very young age.

How can we recommend time limit for youth when they are needing to use devices/screens for school and studying. I Suspect, social media is contributing to anxiety that seems to be an epidemic.

Collaborative community messaging

Interpersonal communication issues outside of using technology

Privacy for self and others

What are the issues that you are facing with your youth in regards to digital media?

36 Answers

Curriculum compatibilities with school laptops/chromebooks.

Unaware of how serotonin operates in our brains from too much "unearned serotonin."

drama from social media outside of school that leads into the classroom.

removal of interpersonal communication skills

fake information

No boardband

Misinformation

Having they're school work on there devices and not knowing if they are playing games and not their work in big groups. Also balancing.

integrating cultural knowledge at their level; translating between Navajo and English

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What are some of the solutions you have found to deal with these issues?

healthy coping skills

afterschool activities

family activities

modeling behavior

no phone

parenting blocking apps

limiting device use

critical thinking

suggested screentime limi

discussing openly

technology time limits

go outside   firm boundaries

staying involved

time limits

bullying

reports on usage   pimahelplineorg

create safe spaces

youth voice

awareness   media literacy

resources

boundaries

limit time after night

simply ask them to focus   checking in with youth

creating trust with youth

encouraging family time   communicating

monitoring apps

communityadvisorycommitte

motivational interviewing

mentorship

autonomy

safety

advocacy

connection

being aware

play

chop wood

supervision

engagement

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