Gather & Choose

September 13, 2023 10am-11:30am PT



**Host**

[Amanda Gaston](mailto:agaston-contractor@npaihb.org)

**Guest Speakers**

Donna Quintana, Denise Kalmakoff, Adison Hawk, Michelle Singer

**Objectives**

By the end of today’s session, you will be able to...

1. identify HNY Toolbox resources & tools for your site/ setting.
2. listen to the community partners share tips and strategies for Community Mapping & Youth Buy-in (Peer Educators)

**Stay connected**

* [Upcoming Community of Practice Sessions](https://www.healthynativeyouth.org/community-of-practice/)
* [Past Sessions](https://www.healthynativeyouth.org/community-of-practice-sessions/)
* [Request Technical Assistance](https://www.healthynativeyouth.org/request/)

**Speaker Resources**

[*https://citci.org/youth-services/education/*](https://citci.org/youth-services/education/)

**Chat links:**

Digital Learning Agreements: <https://docs.google.com/document/d/15od_aYkTTQMZfz8p7tDJaIjr9s-JGaJIrNkmEk-8GX4/edit>

Gather Phase: <https://www.healthynativeyouth.org/implementation-toolbox/gather/>

Tool: Community Needs Assessment: <https://www.healthynativeyouth.org/implementation-toolbox/gather/identify-community-needs-and-resources/>

Choose Phase: <https://www.healthynativeyouth.org/implementation-toolbox/choose/>

Tool: Youth Advocated & Community Partners Map: <https://www.healthynativeyouth.org/implementation-toolbox/choose/seek-input-from-youth-and-community/>

YouTube Gather Video: <https://www.youtube.com/watch?v=ehVjFSELpuA&list=PLiKVo_vO0vosLRr8_cLfLD35c--BYQofe&index=2>

Session Feedback: <https://www.healthynativeyouth.org/training_feedback/>

TA Request Form: <https://www.healthynativeyouth.org/request/>

CoP Registration Link: <https://us06web.zoom.us/meeting/register/tZArcOqprzIiE9OyH4ew6NULneRVkDpldpq0>

## Chat feed (names and emails have been removed)

00:34:00 Vurlene: Good Morning

00:34:42 Michelle: Good morning, Ms Vurlene! And to everyone!!

00:36:42 Abbey: Abbey (she/her), Johns Hopkins Center for Indigenous Health

00:36:58 Fish: Fish - TAPP family advocate -Confederated Tribes of Siletz - Lincoln County School District

00:37:00 Nikki: Nikki Gredenius in Madison Wisconsin for Great Lakes Inter-Tribal Epi Center

00:37:02 Jackie: Hi! I am Jackie Ed.D. (Washoe Tribe). I work for the Cahuilla Band of Indians as the Director of Education

00:37:04 Brian: Brian Eller he,him - AZDHS: how to be a better partner

00:37:07 Michelle: Michelle (she/her | Navajo), Northwest Portland Area Indian Health Board - Healthy Native Youth Project - msinger@npaihb.org

00:37:10 Stephanie: Stephanie (she/her) Adolescent Health team at the NPAIHB. I love to hear how programs are implemented

00:37:15 Rebekah: Rebekah (she/her) School Health Epidemiologist with the Arizona Dept. of Health Services. Today I hope to learn more about engaging with Native youth and Native populations as a whole. Thank you everyone.

00:37:28 Millie: Ublaaluataq - good morning, Millie, she/her, program coordinator at ANTHC, part of the Native Village of Unalakleet

00:37:32 Kaleigh: Good morning! I am grateful to be here this morning. My name is Kaleigh (she/hers). I am enrolled Caddo Nation from Oklahoma and also Kiowa, Comanche. I am the Program Coordinator from the Tutčint Youth Empowerment Program at Pukúu Cultural Community Services in San Fernando. Háwwih (thank you) for having this virtual workshop!

00:37:33 Michelle: Replying to "Fish - TAPP..."

Hey Fish!!!

00:37:39 Nikki: she /her pronoun

00:37:42 Nasbah: Nasbah, Dine, she/her/ hers, ETR Director of Tribal Projects.

00:37:43 Hannah: Waqaa (hello), my name is Hannah (she/her), I'm from the Chevak Quissunamiut Tribe in Alaska. I live and work in Anchorage, AK on Dena'ina Lands. HIV/STD Prevention Program Manager at ANTHC. Looking forward to reviewing about the implementation toolbox!

00:37:44 Taylor: Taylor (They/Them) Northwest Portland Area Indian Health Board Healthy Native Youth Outreach Specialist

00:37:46 Brittany: Brittany - Navajo tribe. Johns Hopkins Center for Indigenous Health

00:37:54 Fish Martinez: Replying to "Fish Martinez - TAPP..."

Gooder morning!

00:38:00 Faith: Faith, she/her, Taos Pueblo(Taos Pueblo Youth Outreach), open to learning anything!

00:38:04 Taylor: Digital Learning Agreements: https://docs.google.com/document/d/15od\_aYkTTQMZfz8p7tDJaIjr9s-JGaJIrNkmEk-8GX4/edit

00:38:10 Josephine (she/her): Phines (she/her), Alaska Native Tribal Health Consortium. Love learning!

00:38:11 Luz: Luz (she/her) Alaska Native Tribal Health Consortium, Community Educator. I work with teens at summer camps and looking for ideas that might work in this setting.

00:38:17 Michelle: I'd like to know who is working an adolescent health program and if not, how can Healthy Native Youth and others help?

00:38:19 Marquis: Good Morning. Joined a little late still moving thru bldg. my name is Marquis with Nebraska Urban Indian Health Coalition in Omaha, Ne. From Isanti and Ho Chunk nations of Nebraska two seperate nations on my Motgers side and Turtle Mountain Ojibwa and Sicangu On my Fathers side. Enrolled Ho Chunk

00:38:31 Suzy: Suzy (she/her), YVPE, helping a collaborative of Native/Indigenous youth

00:38:46 Nikki: public Health specialist

00:38:54 Victoria: Victoria, she/her, North Fork Mono, Instructional Aide at Fresno American Indian Health Project

00:39:02 Taylor: Mentimeter activity: https://www.menti.com/ali1inkgmg2i

00:39:12 Grazia: Grazia (she/her); NPAIHB NW NARCH Project Manager.

00:39:51 elizabeth: Liz, PhD private practice. Want to learn more about Native culture and MH

00:40:03 Taylor: Mentimeter: https://www.menti.com/ali1inkgmg2i

What health topics are most relevant for teens and young adults in your community right now?

00:42:01 Nikki: eating disorders too

00:42:56 Michelle: Wonderful insights and feedback!

00:45:23 Marquis: Youth advocate/Community Navigator

00:47:38 Nikki: Dr. Warne

00:49:17 Amanda (she/her): Ah, Michelle…what a star! 🙂

00:51:58 Nikki: what a great model

00:59:18 Hannah: I have to hop out for about a half hour, but quyana for having this space today. Hope to be right back!

0:59:42 Taylor: Gather Phase: https://www.healthynativeyouth.org/implementation-toolbox/gather/

01:00:23 Taylor: Tool: Community Needs Assessment: https://www.healthynativeyouth.org/implementation-toolbox/gather/identify-community-needs-and-resources/

01:02:04 Taylor: Choose Phase: https://www.healthynativeyouth.org/implementation-toolbox/choose/

01:02:46 Amanda (she/her): And, based on responses gathered from the Bingo Data Collection there are recommendations for how to be make clinics more teen-friendly…

01:03:54 Taylor: Tool: Youth Advocated & Community Partners Map: https://www.healthynativeyouth.org/implementation-toolbox/choose/seek-input-from-youth-and-community/

01:06:14 Stephanie: Here's the comparison chart: https://www.healthynativeyouth.org/curriculum/compare/

01:10:55 Nikki: do they come back to mentor other youth?

01:12:16 Amanda (she/her): I love seeing the elders in some of those photos! <3

01:13:04 Michelle: I love that the youth stay connected to elders and the tribal leadership which is HUGE for community support & buy in!

01:14:07 Marquis: in our Inter-Tribal, Urban setting, our biggesat problem is attracting teen age participants.

01:16:03 Nikki: I think it is wonderful that the youth are connected to their culture and their elders because in the area I live in, Rockton, Illinois, you do not see that at all. There is a disconnect between youth and their elders. It is sad

01:16:13 Amanda (she/her): staff turnover is a big one...

01:17:08 Nikki: I am sure it is. Great Lakes EPI just hired a lot of new staff

01:17:16 Nicole: It’s so amazing to hear that Native STAND has been a grounding force for your community!

01:17:34 Amanda (she/her): …a lot of the health topics that folks mentioned during our mentimeter activity…

01:17:59 Marquis: awesome!!!

01:18:38 Michelle: Congratulations!! It starts with a caring adult and dedicated educator leading by example! Donna, you are fearless and awesome!!

01:18:51 Vurlene: Awesome Job!!

01:18:59 Tawny: very positive and good work!

01:18:59 Nikki: yaaaaaayyyy

01:21:42 Nikki: benefits

01:21:42 Nicole: Donna, your presentation was such a good reminder that youth workers really make a difference for youth and the whole community!

01:29:58 Michelle: Replying to "in our Inter-Tribal,..."

We certainly can offer some ideas -- feel free to contact HNY for technical assistance and/or come to future or view previous HNY CoP recordings about recruitment and retention of youth in programming.

01:31:33 Stephanie: I love the breadth of important topics your program covers!

01:32:27 Michelle: These are very key and important topics for adolescent health for AIAN youth.

01:32:35 Taylor: Cook Inlet Tribal Council Youth Services: https://citci.org/youth-services/education/

01:33:05 Amanda (she/her): awkward! love it! Humor is always great! 😆

01:34:01 Michelle: Embracing the awkward, feeling the feat and doing it anyway on teaching or learning these sensitive topics are a great opportunity to be real with and amongst youth & for the educator(s)! Great job!

01:37:10 Amanda (she/her): Do others have engagement strategies that are working for them?

01:38:31 Stephanie: What inspired you to join and run the program?

01:40:15 Amanda (she/her): Good Auntie!

01:40:17 Stephanie: Replying to "What inspired you to..."

Your students are lucky to have you 🌿

01:41:09 Luz: Replying to "What inspired you to..."

Great breath of program with your experiences!

01:41:58 Millie: Thank you for sharing!

01:43:42 Taylor: https://www.healthynativeyouth.org/curriculum/compare/

01:43:59 Taylor: TA Request Form: https://www.healthynativeyouth.org/request/

01:44:57 Taylor: Honey comb: https://www.healthynativeyouth.org/where-do-i-start/

01:46:50 Nicole: Youth are powerful recruiters!

01:47:01 Rosemary: Is it best to work with one curriculum, rather than pulling from various curriculums? Healthy Native Youth has many great resources.

01:49:00 Amanda (she/her): you prepared them well!

01:49:26 Michelle: Excellent opportunity for youth in public speaking skills, leadership development and also lifting up the youth voice for community service in learning + youth advocacy!

01:49:53 Stephanie: Replying to "Is it best to work w..."

We do usually recommend that communities start with one curriculum, and then weave in other topics from the stand alone lesson page - if other topics arise.

01:52:27 Michelle: Healthy Native Youth Stand Alone Lessons Homepage with a list of individual health topics::https://www.healthynativeyouth.org/stand-alone-lessons/

01:52:46 Nicole: Replying to "Is it best to work w..."

When weaving programs, I think it’s also important to maintain some consistency too…such as starting and ending the same way each session! This helps it feel consistent and cohesive

01:57:25 Michelle: Healthy Native Youth Monthly Newsletter for September 2023 – link: https://conta.cc/48696Te

01:58:29 Stephanie: Thank YOU Amanda and Taylor, for bringing us all together today! 🍁 Happy Back-to-School Season to all who joined today!

01:59:17 Sarina: What an amazing Webinar and resources, thank you for the teachings today and being a part of this beautiful work for our next generations and those to come.

02:00:23 Vurlene: thanks

02:00:27 Luz: Thank you all!!!

02:00:29 Josephine (she/her): thank you

02:00:33 Hannah: Thank you!

02:00:33 Millie: Thank you all!