

# Prepare

October 11, 2023 10am-11:30am PT



## **Host**

[Amanda Gaston](#)

## **Guest Speakers**

Michelle Singer, Millie Voight, Vurlene Notsinneh-Bowekaty

## **Objectives**

By the end of today's session, you will be able to...

1. identify HNY Toolbox resources & tools for your site/ setting
2. listen to the community partners share tips and strategies for Recruitment and Preparing for Implementation success

## **Stay connected**

- [Upcoming Community of Practice Sessions](#)
- [Past Sessions](#)
- [Request Technical Assistance](#)

## **Chat links:**

Group Agreements – Native STAND, lesson 1:

<https://www.healthynativeyouth.org/curricula/native-stand-2-0/>

Digital Learning Agreements:

[https://docs.google.com/document/d/15od\\_aYkTTQMZfz8p7tDJaljr9s-JGaJlrNkmEk-8GX4/edit](https://docs.google.com/document/d/15od_aYkTTQMZfz8p7tDJaljr9s-JGaJlrNkmEk-8GX4/edit)

Orientation Video:

[https://www.youtube.com/watch?v=GwC5ohK5Qog&list=PLiKVo\\_vO0vosLRr8\\_cLfLD35c--BYQofe&index=1](https://www.youtube.com/watch?v=GwC5ohK5Qog&list=PLiKVo_vO0vosLRr8_cLfLD35c--BYQofe&index=1)

Prepare Phase Video:

[https://www.youtube.com/watch?v=uaqjvstrrM&list=PLiKVo\\_vO0vosLRr8\\_cLfLD35c--BYQofe&index=4](https://www.youtube.com/watch?v=uaqjvstrrM&list=PLiKVo_vO0vosLRr8_cLfLD35c--BYQofe&index=4)

Padlet link: <https://padlet.com/wernative/prepare-phase-we-gotchu-2t1mbkil1plrkrq>

Session Feedback: [https://www.healthynativeyouth.org/training\\_feedback/](https://www.healthynativeyouth.org/training_feedback/)

TA Request Form: <https://www.healthynativeyouth.org/request/>

CoP Registration Link:

<https://us06web.zoom.us/meeting/register/tZArcOqprzliE9OyH4ew6NULneRVkDpldpg0>

Chat feed (names and emails have been removed)

- 10:06:50 From Charlene : Good morning everyone!
- 10:07:28 From Christine: Hello, everyone! Chris a UTHealth in Houston TX!
- 10:07:35 From Adaezia : Good Morning from American Indian Child Resource Center in Oakland, CA!
- 10:08:07 From Hannah : Good morning everyone! Hannah (she/her), Chevak Cup'ik Quissunamiut Tribe, ANTHC HIV/STD Prevention Program Manager, hoping to learn more about how to use the implementation toolbox to prep for our projects.
- 10:08:38 From Michelle : Good morning! Michelle (she/her|Navajo), Healthy Native Youth Project Manager at Northwest Portland Area Indian Health Board
- 10:08:41 From Jackie : Hi! Im Dr. Jackie (Washoe Tribe). I am the Education Director for the Cahuilla Band of Indians in Southern California.
- 10:08:52 From Taylor : Good morning, my name is Taylor (they/them) Puyallup tribe. I am the Healthy Native Youth Outreach Specialist at NPAIHB
- 10:09:17 From Kashmir : Afternoon everyone (or morning!) Kashmir, She/her. i'm the clubhouse manager at Native American Community Services in Niagara County, NY
- 10:09:23 From Naomi : Hach Chi from Forks, WA. My name is Naomi (she/her). I am a member of the Quileute Tribe and I am the Training & Outreach Manager here at NPAIHB
- 10:09:32 From Luz : Good Morning! Luz here, from Alaska Native Tribal Health Consortium, Anchorage, AK. Hoping to learn tools, strategies and tips for working with youth next summer.
- 10:09:38 From Jared : Good morning, Everyone. My name is Jared (Jemez, Zuni) zooming from Bernalillo, NM. I serve as a coordinator within the Indian Education Department for Bernalillo Public Schools. I look forward to learning more about the Healthy Native Youth org's work.
- 10:09:38 From Taylor : Group Agreements – Native STAND, lesson 1:  
<https://www.healthynativeyouth.org/curricula/native-stand-2-0/>
- 10:09:39 From Josephine (Phines) : Good Morning! Josephine (she/her), Athabaskan and Inupiaq a member of Holy Cross Tribe with Alaska Native Tribal Health Consortium
- 10:09:52 From Amanda : Good Morning, I'm Amanda, I use She/Her pronouns and I'm a Citizen of Warm Springs Nation, and I am also Yakama, Navajo and Wasco. I'm the ECMH Coordinator at NPAIHB.
- 10:09:52 From Taylor : Digital Learning Agreements:  
[https://docs.google.com/document/d/15od\\_aYkTTQMZfz8p7tDJaIjr9s-JGaIrnKmkEk-8GX4/edit](https://docs.google.com/document/d/15od_aYkTTQMZfz8p7tDJaIjr9s-JGaIrnKmkEk-8GX4/edit)
- 10:10:04 From Mary : Good morning everyone!
- Mary (she/her/) Member of the Pyramid Lake Paiute Tribe working in California.

Central Valley Movement Building

Maguirrie.cvmb@gmail.com

Field Organizer-youth justice

10:10:16 From TJ : Good morning! I'm TJ. I'm Washoe/Paiute saying Hi from the Washoe Tribal Healing Center here in Minden, NV 🙌

10:10:18 From Millie, ANTHC : Good morning, my name is Millie, I use she/her pronouns. I work at the ANTHC HIV/STD Prevention Program as a program coordinator

10:10:26 From Tina : Good morning, My name is Tina. I work for The Coeur d'Alene Tribe for ICW. I am the Day Supervisor for the Youth Shelter here on the CD'A Reservation. I am Coeur d'Alene, Colville and Navajo.

10:10:33 From Tina : Good Morning, Tina from Juneau Suicide Prevention Coalition in Alaska, she/her, Tlingit.

10:10:43 From Kashmir : Afternoon everyone (or morning!) Kashmir, She/her. i'm the clubhouse manager at Native American Community Services in Niagara County, NY

oops forgot to add I'm Upper Cayuga Turtle clan of six nations

10:10:45 From Nisha : Good morning! Nisha (she/her) pronouns. I am Dine From Farmington, NM.

10:11:14 From Nate : Good morning, my name is Nate (he/him). I am on the local evaluation team for ANTHC.

10:11:43 From gera : Piyali! Gera (he/him) Coahuiltecan Chichimeca Chicano Ashkenazi, Yanaguana (San Antonio TX). Whole family healing and racial equity trainer, youth guide, traditional medicine practitioner. Grateful for your offerings and weaving us together for culture revitalization. SanArte Clinic

10:11:50 From Emme (OSPI) : Good morning! First time at this meeting. I am a member of the Niniichik Village Tribe. I'm an administrative assistant at the Office of Superintendent of Public Instruction in Washington state. I currently support the Office of Native Education and the Social Emotional Learning team. Here to listen and learn. Thank you 🙏

10:11:50 From Jacqueline PPS Head Start FSW (Navajo) : Good Morning :) My preferred name is Jackie, I have the privilege to work with our community in Portland Or. I am Navajo, mother of three amazing matriarchs in training. My pronouns are she hers her. Thank you for sharing this space with me.

10:12:08 From Charlene : My name is Charlene (she/her) Tódik'ózhí nishíí

Naneesht'ézhí Tachii'nii bashishchíín

Naakai Dine'é dashícheii

Tó aheadlínii dashínali these are my clans to establish kinship. I reside on the beautiful Navajo Nation in New Mexico

10:12:14 From raphael : Good morning from Tonono O'odham Nation in Southwest Arizona.

10:12:20 From nicole : Hihanni Waste. Nicole (she/her/hers) Executive Director, Bluebird Cultural Initiative in Omaha, NE. Sicangu Lakota.

10:12:49 From Clover (Sitka Counseling) : Shtuga xat ditee yeexw siteeni, I am happy to see you all! my name is Clover (they/Them) I am Lingit from Sitka Alaska, I am Gaanaaxteidi whale house, and I work as a youth outreach coordinator for Sitka Counseling and Prevention!

10:13:15 From Taylor : Implementation Toolbox Orientation Video:  
[https://www.youtube.com/watch?v=GwC5ohK5Qog&list=PLiKVo\\_vO0vosLRr8\\_cLfLD35c--BYQofe&index=1](https://www.youtube.com/watch?v=GwC5ohK5Qog&list=PLiKVo_vO0vosLRr8_cLfLD35c--BYQofe&index=1)

10:14:35 From Amanda (she/her) : Good morning (or afternoon) relatives! Thanks for joining the chat convo and great to have you here!

10:16:15 From bernice : Hello from Cheyenne and Arapaho Nation country. This is Berne, social worker and outreach prevention located in El Reno, Oklahoma

10:16:28 From Caroline : Good morning, I'm Caroline I work with youth in our community, and the Alakanuk Tribe in Alaska as NC- Prevention Coordinator - Calricaraq (wellness-how not to be ill)

10:17:11 From Mary (She/Her) CVMB : I had to change to my laptop. Is anyone from California?

10:17:19 From Susan : Hello from Kotzebue, Alaska. I'm Susan Tessier, Cancer clinical nurse manager.

10:17:49 From Taylor : Prepare Phase Video:  
[https://www.youtube.com/watch?v=uaqjvstrrM&list=PLiKVo\\_vO0vosLRr8\\_cLfLD35c--BYQofe&index=4](https://www.youtube.com/watch?v=uaqjvstrrM&list=PLiKVo_vO0vosLRr8_cLfLD35c--BYQofe&index=4)

10:20:07 From Charlene : Replying to "My name is Charlene ..."

I work with a nonprofit on our Teen Pregnancy Prevention grant as a Prevention Educator. We work with local high schools on and off the reservation.

10:28:01 From Amanda (she/her) : This is a great opportunity to think about being inclusive about your guest speakers. <3

10:29:53 From Amanda (she/her) : Community is where it's at! 😊

10:34:42 From Hannah : 🙌

10:39:21 From Jacqueline PPS Head Start FSW (Navajo) : what has worked for me is to have crafting supplies

10:41:39 From Jacqueline PPS Head Start FSW (Navajo) : I also have a community resource binder with me every community event I go to that I keep updated

10:43:41 From Christeen : I apologize for being so late. Are these posted somewhere afterwards?

10:44:03 From Amanda (she/her) : Hi Christine! Glad you're here!

10:44:29 From Amanda (she/her) : Yes, we're recording and will share out the slides afterwards  
😊

10:44:47 From Amanda (she/her) : Hopefully by the end of the week or the beginning of next

10:44:58 From Christeen : Gunalchéesh!

10:48:10 From bernice : wow!, beautiful picture, thank you.

10:50:53 From Millie, ANTHC : Replying to "I also have a commun..."

That is awesome! This is a great idea!

10:56:23 From Stephanie : I'm needing to step away due to an appt. I want to say thank you to everyone for allowing me to be part of this. I will see you all 11/8! Gunalchéesh!

11:01:20 From Naomi to Taylor Dean(Direct Message) : I have another meeting to attend. I have really enjoyed this session and learning more about the curriculum development and implementation tools. Thank You!

11:01:25 From Michelle: To learn more about Healthy Native Youth curricula, such as Native It's Your Game 2.0 (Millie's curriculum of choice) and Native STAND 2.0 (Vurlene's curriculum focus) - visit the HNY curricula home page --> <https://www.healthynativeyouth.org/curriculum/>

11:02:11 From Luz : Thank you to all of the presenters. I'm getting lots of great ideas to participate with others in this work. I have to leave for another meeting. I look forward to the recording and meeting in November.

11:06:45 From Charlene : Exactly! This is why I love what I do. If we can reach just one even just one we make a difference. Bravo Vurlene! Such a powerful story.

11:06:48 From Christine : Thank you so much, Vurlene and Millie, for sharing your stories and successes, beautiful!!

11:07:10 From Jacqueline PPS Head Start FSW (Navajo) : totally agree with you how the energy you put into what you do and the reflection that comes back when future leaders uplift you like this

11:07:10 From Susan : Wonderful stories♡

11:10:27 From Mary (She/Her) CVMB : So inspiring!♡ I can hear the love in your heart, kids see that.

11:11:17 From raphael : It really does build community and life long support.

11:12:23 From Charlene : Congratulations!

11:12:34 From Amanda (she/her) : Get ready for our padlet activity...you can start thinking about what you will share for: Recruitment Strategies

1. What are your most successful recruitment strategies?

Program Engagement & Retention

2. How do you keep youth engaged throughout your program?

Creative Incentives

3. How do you keep youth engaged throughout your program?

11:14:20 From Glenda : Vurlene your are awesome

11:15:00 From Millie, ANTHC : Yesss, thank you for sharing your story and the work you do, Vurlene!

11:15:12 From Taylor : Padlet link: <https://padlet.com/wernative/prepare-phase-we-gotchu-2t1mbkil1prkzrq>

11:21:08 From Clover (Sitka Counseling) : asking the youth how they think the class or meetings are going, and how we can do them better, most times they give input on their learning styles and activities they're interested in that we can include into the curriculum

11:21:27 From Clover (Sitka Counseling) : i find the feedback really valuable when working with them

11:22:21 From Clover (Sitka Counseling) : exactly! it makes the class more fun and they can walk away with information and resources at the end of the day

11:23:53 From Clover (Sitka Counseling) : here it can be really difficult to reach youth to attend a class or event, we try to make the classes appealing to youth and students and gain incentive but it doesn't always work, but we make lots of flyers!!

11:26:52 From Charlene : Thank you presenters and host this was very inspiring and uplifting and a great reminder of why I do what I do and why it revitalizes my spirit. Our children need these resources and programs.

11:29:12 From Nate : Thank you to the presenters for the presentations today!

11:29:21 From Jacqueline PPS Head Start FSW (Navajo) : Thank you so much for having me part of this circle. Definitely a lot of good collaboration and uplifting tools. I am excited to have this boost. :)

11:29:56 From Taylor: <https://www.healthynativeyouth.org/resources/talking-is-power-tools-for-parents/>

11:30:07 From Taylor: <https://www.healthynativeyouth.org/resources/mind4health/>

11:30:33 From Taylor : CoP Registration Link:  
<https://us06web.zoom.us/meeting/register/tZArcOqprzliE9OyH4ew6NULneRVkDpldpq0>

11:30:53 From Taylor : TA Request Form: <https://www.healthynativeyouth.org/request/>

11:31:04 From Taylor : Session Feedback:  
[https://www.healthynativeyouth.org/training\\_feedback/](https://www.healthynativeyouth.org/training_feedback/)

11:32:14 From Clover (Sitka Counseling) : gunalcheesh tlein!

11:32:41 From Jacqueline PPS Head Start FSW (Navajo) : I see you all

11:32:42 From raphael : Thank you  
11:32:47 From Millie, ANTHC : Thank you!  
11:32:48 From Jillisa : thank you  
11:32:49 From LeChez : Thank you!  
11:32:53 From Hannah : Quayana <3  
11:32:57 From Tina : thank you