

# COMMUNITY OF PRACTICE

## WE ARE A COMMUNITY OF PRACTICE

As a community, we share our strengths and experiences about how we can uplift and support our Native youth. Sessions include new resources and opportunities to engage with topical experts.

## WHAT?

Community of Practice is coordinated by the Healthy Native Youth project at the Northwest Portland Area Indian Health Board.

## WHO IS IT FOR?

Tribal health educators, teachers, parents, prevention specialists; people who share a passion for improving the lives of Native youth.

## WHEN?

90-minute virtual gatherings are held the second Wednesday of each month.

Start Times:

9:00 AK, 10:00 PST, 11:00 MST, 12:00 CST, 1:00 EST

## REGISTER HERE



<https://www.healthynativeyouth.org/community-of-practice/>

## CONTACT US

[tdean@npaihb.org](mailto:tdean@npaihb.org)



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# COMMUNITY OF PRACTICE

DECEMBER

13

## SAFE SPACES 101

Youth's learning environment & Healthy Boundaries (relationships & media) are key to creating safe spaces for youth. Come talk with us about it!

JANUARY

10

## 2SLGBTQ+ 101

Come hear how we can build strong communities that are inclusive within our 2SLGBTQ+ youth health programs.

FEBRUARY

14

## SEXUAL HEALTH 101

Come hear the FAQ's & how to answer youth's sexual health questions, along with effective strategies for program delivery for persons with intellectual and developmental disabilities.

MARCH

13

## SWAB SQUAD TO THE RESCUE!

Join our (affectionately named) Swab Squad and hear about HIV, Syphilis, and STD INDGI | Want The Kit at-home testing resources for your communities.

APRIL

10

## SUBSTANCE MISUSE 101

Come get the breakdown of Substance Misuse 101 as well as resources and strategies for your community!

MAY

08

## BEING A GOOD RELATIVE 101

Come join us as we lean into our Traditional Indigenous Knowledge; the know-how's and practices of being good relatives to each other with the intent of supporting our youth through adolescent health programming.

JUNE

12

## CELEBRATING CULTURE & COMMUNITY 101

Come spend some time with us as we share our celebration strategies and discuss the important role the culture of our communities play in our adolescent health programming.

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SCAN ME

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