

31<sup>st</sup>

Annual Fort Peck Tribes

# YOUTH LEADERSHIP CONFERENCE

EVALUATION HIGHLIGHTS

September 2023



# Annual Youth Conference

31 years. This is how long SBRRRC has hosted a youth leadership conference on the Fort Peck Indian Reservation. The annual conference elevates SBRRRC's mission to incorporate cultural, medical, and spiritual teachings to help individuals make healthier choices. SBRRRC planned a packed schedule for youth with visits to MSU Billings, Rocky Mountain College, Crow Fair, the Montana State Fair, and movies. Local comedian and leader Donovan Archambault taught youth what it takes to be a good relative and leader. Youth also learned about horsemanship and equine therapy. Dr. Clayton Small shared activities and knowledge from the Creators Game Mentoring Curriculum and the Good Road of Life. The goals of the youth conference are to share ideas, build relationships, and build self-efficacy and confidence. Planning begins in February, and SBRRRC works with several partners.



## Acknowledgments

Acknowledgements: We appreciate all the prayers, time, and effort that went into planning the 31st Annual Youth Leadership Conference. For more information about this report, contact Spotted Bull Resource and Recovery Center at 406-768-3852. Funding information- Indian Health Service COIPP grant # H1H5IHS0016 COIPP. This is a summary report with highlights, [click here for the full evaluation report.](#)



# Data Collection

Our team used Qualtrics, Google Photos, and Facebook Messenger to gather data throughout the conference (August 14th- August 20th, 2023). In addition, throughout the week, youth uploaded photos to a shared album in Google Photos and sent photos to the conference's group chat on Facebook Messenger.



**CLICK HERE**  
to view the  
shared photo  
album.

## Results

# 24 youth

attended the Youth Leadership Conference; 87% (n = 21) completed the baseline survey, and 83% (n = 20) completed the follow-up survey.

# 15.7

## average age

of youth (range 13-18)

## Tribal affiliations

**51% Sioux** (n=18)

**37% Assiniboine** (n=13)

**2.8% Blackfeet** (n=1)

**2.8% Chippewa Cree** (n=1)

**2.8% Crow** (n=1)

**2.8% Other** (n=1)



# Youth Hoped to Experience



I have a good sense of how to do what I need to do. **KNOWLEDGE.**

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I want to learn a lot about myself so that I can change or challenge myself to be a good leader.

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**COMMUNICATION** skills.

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I hope to gain a positive mindset and have a great time with **FRIENDS** and family.

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Be more outgoing.

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To become comfortable with talking to people, I don't know and become more confident in what I have to say.

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Change my before **LEADERSHIP SKILLS** and hopefully pick up some new habits from this conference.

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I'm excited to see what this week has for me.

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Gain more **CONFIDENCE** in myself and get **MORE FRIENDS**; stepping out of my comfort zone is hard for me, so I plan to practice.

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I hope to make friends and **STRENGTHEN RELATIONSHIPS** I already have.

I look forward to the experience, and I'm thankful for being invited to this.

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I hope to get a better relationship with my friends and sister and get to **SOCIALIZE BETTER.**

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I honestly hope to gain more experience and knowledge.

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Everything I learned from the days that passed.

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To become a **BETTER PERSON** and to have fun while I am here.

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Idk **TRUST** maybe some friends who are not as horrible as my old friends.

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I hope to learn more about my **CULTURE** and hope to gain insight on what we will be learning.

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More about **HORSES** and how to trust myself to become a **LEADER**, and yeah.

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I'll gain to help people and my **COMMUNITY.**

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Idk really.

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Anything really.

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I hope to gain new friends.

# 85%

of youth **believe that the Creator loves** and cares about them.

- **75%** of youth rate their spirituality as good or extremely good.
- **75%** believe they can do challenging things.
- **70%** of youth were hopeful about the future.
- **50%** of youth agree or strongly agree they look for creative ways to alter difficult situations at baseline.

## The top sources of strength overall

- #1 Caring Adults**  
I feel I have good, caring relationships with adults who truly care about me.
- #2 Healthy Activities**  
I feel I keep involved in healthy activities like sports, music, art, teams, and organizations.
- #3 Family**  
I feel my family cares about me, spends time with me, and is strong support for me.
- #4 Culture and Community**  
I feel connected to my culture and community.

## The top wellness concerns that youth may experience

- #1 Depression and Anxiety/ Alcohol and Drug Use**
- #2 Suicide**
- #3 Physical Appearance/ How You Look**



Jonathan Williams  
8-16-23

## Fort Peck Youth Have Mentoring Competencies

Youth are most comfortable with spirituality, life skills, and setting boundaries.

## Fort Peck Youth Practice Self-Care

We asked youth how they care for their health (mind, body, spirit). They responded:

Exercise. Sleep/rest.

**Pray Often.** Keep negative thoughts/energy away.

**Cook/eat Healthy.** Help others. I have been taking time to focus on the creator, and honestly, it's helped me out so much this past year.

**Draw.** Play video games. **Play basketball.** Drink water. Read.

## Fort Peck Youth Liked the Leadership Conference

They liked these things the most:

**#1 Meeting new people**

**#2 Being active and social**

**#3 Bonding and team activities**

**“It was super fun!!, It was an experience, it was really fun. We could use some more money each day, but I know money was tight this time, and it's really a convenience rather than a need. Amazing, it was fun this week <3 <3.”**



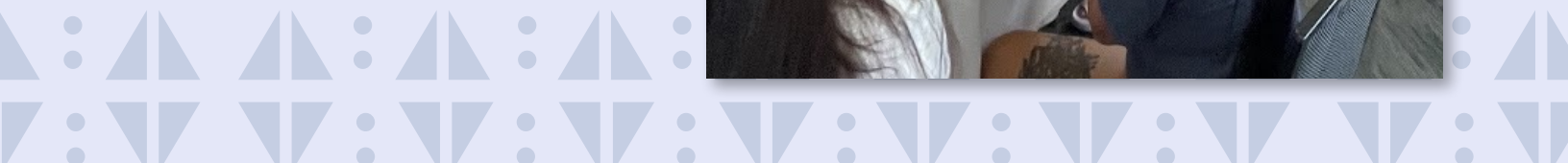
## Fort Peck Youth Leaders

Photos and Captions from  
Throughout the Week



**I won a lot of prizes,  
and I was happy.**

**I was working  
with my team  
on a project,  
and it made  
me feel a part  
of something.”**





**I was taking a picture of the sky, and it made me feel happy and grateful for how pretty the world is.**

**I was getting a Navajo Burger; it made me feel very excited because my mom always talked about how good Navajo fry bread is.**



**We met Supa Man, and we felt good.**





**Meeting dog face  
at Crow Fair was  
cool.**

**Me and my friends  
are showing off the  
slippers we got at the  
mall, and I feel really  
happy.**



**I am smudging my  
peers, and I feel  
helpful.**





# Celebrating Fort Peck Youth Leaders

We know that youth on the Fort Peck Indian Reservation have many strengths, they are connected to their culture, have healthy boundaries, and life skills that will help them as they become leaders in their community.



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