SAMPLE YOUTH PROGRAM AGENDA

Arrival/ Coming Together - 15 mins
- Greet youth and welcome them into the space
- Provide snacks or beverages (if you’re able to) or introduce youth to a traditional food
- Give youth time to connect and catch up
- Ask about their lives, families, activities, etc.

Introducing Today’s Session- 5 mins
- Open the session
- Remind youth about ground rules
- Introduce the topics for the day and provide a content warning, if needed
- Share a cultural teaching or a blessing

Session Content & Activities-30 mins
- Provide a range of learning activities to keep things interesting, from discussions and activities to individual reflections and creative expression projects
- As often as you can, provide opportunities for youth decision making

Session Reflection/ Closure - 10 mins
- Give youth the last word for the day
- Close by offering a cultural teaching, reinforcing key messages, or sharing the next session’s topics