Sexual Health Observances 2024

Black = Month of recognition
Blue = Week of recognition
Red = Day of recognition
Italics + Gray = relatable events for messaging

**Jan**
- Cervical Health Awareness Month
- National Stalking Awareness Month
- Women's Self-empowerment Week = First week of Jan (1/1 - 1/5)
- National Ribbon Skirt Day = 1/4
- National Cuddle Up Day = 1/6
- International Fetish Day = Third Friday of Jan (1/19)
- National Hugging Day = 1/21
- National Spouses Day = 1/26

**Feb**
- Black History Month
- Body Awareness Month
- Creative Romance Month
- National Wedding Month
- International Boost Self-Esteem Month
- International Prenatal Infection Prevention Month
- Safer Sex Awareness Month
- Self-Love month
- Teen Dating Violence Awareness Month
- Sex Responsibility & Consent Week = Second Full Week of Feb (2/12 - 2/16)
- National Marriage Week = 2/7 - 2/14
- Condom Week = Second Full Week of Feb (2/12 - 2/16)
- International Flirting Week = Second Full Week of Feb (2/12 - 216)
- National Shower Together Day = 2/5
- International Day of Zero Tolerance for Female Genital Mutilation = 2/6
- National Freedom to Marry Day = 2/12
- Galentine's Day = 2/13
- National Condom Day = 2/14
- V-day = 2/14
- Valentine's Day = 2/14
- Single's Awareness Day = 2/15
- National Random Acts of Kindness Day = 2/17
- Lunar New Year = Year of the Dragon

**March**
- National Endometriosis Awareness Month
- National Women’s History Month
- Colorectal Cancer Awareness Month
- Vulval Health Awareness Month
### April
- Oral Cancer Awareness Month
- National Child Abuse Prevention Month
- National Couple Appreciation Month
- National Minority Health Month
- Sexual Assault Awareness and Prevention Month
- Sexually Transmitted Infection (STI) Awareness Month
- Stress Awareness Month
- Testicular Cancer Awareness Month
- **National Public Health Week = First Week of April (4/1 - 4/7)**
- **National Infertility Awareness Week = Last Week of April (4/22 - 4/26)**
- **World Immunization Week = 4/24 - 4/30**
- Sexual Assault Awareness Month Day of Action = First Tues. of April (4/2)
- RAINN Day = 4/1
- National Equal Pay Day = Second Tues of April (4/9)
- National Day of Silence = Second Fri of April (4/12)
- World Health Day = 4/7
- National Youth HIV/AIDS Awareness Day = 4/10
- National Horny Day = April 17th
- National Transgender HIV Testing Day = 4/18
- Denim Day = Last Wed of April (4/27)
- Earth Day = 4/22
- World Day for Safety & Health at Work = 4/28
- Gathering of Nations = 4/28 - 4/30
- Take Back the Night
- Prom season

### May
- Hepatitis Awareness Month
- National Date Your Mate Month
- National Teen Pregnancy Prevention Month
- Masturbation Month
- Mental Health Awareness Month
- Sex Ed for All Month
  - Children’s Mental Health Awareness Week = 5/13 - 5/20
  - National Women’s Health Week = 5/12 - 5/18
- Global Love Day = 5/1
- National Infertility Survival Day = First Sun of May (5/1)
- MMIW Awareness Day = 5/5
- World Wide Day of Genital Autonomy = 5/7
- Mother's Day = Second Sun of May
- Honor Our LGBTQ+ Elders Day = 5/16
- International Day Against Homophobia, Transphobia, and Biphobia = 5/17
- HIV Vaccine Awareness Day = 5/18
- National Hepatitis Testing Day = 5/19
- Pansexual & Panromantic Visibility Day = 5/24
- Masturbation Day = 5/28
- International Day of Action for Women's Health = 5/28
- World Menstrual Hygiene Day = 5/28
- Memorial Day Weekend 5/31
- Prom Season

### June

- Men’s Health Month
- National Congenital Cytomegalovirus (CMS) Awareness Month
- PRIDE Month
- PTSD Awareness Month
- Cervical Screening Awareness Week = 6/17 - 6/24
- Men’s Health Week = 6/10 - 6/16
- National Best Friends Day = 6/8
- National Sex Day = 6/9
- National Loving Day = 6/12
- Father’s Day = Third Sun of June (6/16)
- Autistic Pride Day = 6/18
- Juneteenth = 6/19
- National Selfie Day = 6/21
- National HIV Testing Day = 6/27
- National PTSD Awareness Day = 6/27
- Graduation
- Dead Week
- Finals Week
- Summer Vacation

### July

- Disability PRIDE Month
- Purposeful Parenting Month
- Kissing Day = 6/7
- International Nonbinary Day = 7/14
- World Hepatitis Day = 7/28
• International Friendship Day = 7/30
• National Orgasm Day = 7/31

Aug
• National Anal Health & Awareness Month
• National Breastfeeding Month
• National Immunization Month
• National Wellness Month
• Romance Awareness Month
• World Breastfeeding Week = 8/1 - 8/7
• National Resurrect Romance Week = Second Week of Aug (8/12 - 8/16)
• National Partner (Girlfriend) Day = 8/1
• National Lingerie/Underwear Day = 8/5
• International Female Orgasm Day = 8/8
• International World Indigenous Peoples Day = 8/9
• International Youth Day = 8/12
• National I Love My Feet Day = 8/17
• National Couples Day = 8/18
• National Kiss & Make Up Day = 8/25
• National Women’s Equality Day = 8/26
• National Just Because Day = 8/27
• Summer Vacation
• College Move In

Sept
• Gynecological Cancer Awareness Month
• Newborn Screening Awareness Month
• Ovarian Cancer Awareness Month
• Pain Awareness Month
• Pleasure Your Mate Month
• Polycystic Ovary Syndrome (PCOS) Month
• Prostate Cancer Awareness Month
• Sexual Health Awareness Month
• National Preparedness Month
• https://www.cdc.gov/reproductivehealth/emergency/index.html
• Ovarian Cancer Awareness Month
• National Singles Week = Third Week of Sept (9/16 - 9/20)
• World Sexual Health Day = 9/4
• Global Internal/Female Condom Day = 9/16
• National HIV/AIDS and Aging Awareness Day = 9/18
• Celebrate Bisexuality Day = 9/23
• World Contraception Day = 9/26
• National Gay Men’s HIV/AIDS Awareness Day = 9/27
• International Safe Abortion Day = 9/28
• National Women’s Health & Fitness Day = 9/29
• Orange Shirt Day = 9/30
<table>
<thead>
<tr>
<th>Month</th>
<th>Events</th>
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<tbody>
<tr>
<td>Oct</td>
<td>College Move In&lt;br&gt;• Breast Cancer Awareness Month&lt;br&gt;• Domestic Violence Awareness Month&lt;br&gt;• LGBTQ+ History Month&lt;br&gt;• Medical Ultrasound Awareness Month&lt;br&gt;• Menopause Awareness Month&lt;br&gt;• National Family Sexuality Education Month&lt;br&gt;• Pregnancy and Infant Loss Awareness Month&lt;br&gt;• Sudden Infant Death Syndrome (SIDS) Awareness Month&lt;br&gt;• International Infection Prevention Week = 10/20 - 10/26&lt;br&gt;• National Healthcare Quality Week = 10/20 - 10/26&lt;br&gt;• National Midwifery Week = First Week of Oct (10/1 - 10/4)&lt;br&gt;• Ace (Asexual) Awareness Week = Fourth Week of Oct (10/21 - 10/25)&lt;br&gt;• National Partner (Boyfriend) Day = 10/3&lt;br&gt;• Child Health Day = 10/3&lt;br&gt;• Sweetest Day = Third Sat of Oct (10/19)&lt;br&gt;• Indigenous Peoples Day = Second Mon of Oct (10/14)&lt;br&gt;• International Day of the Girl = 10/11&lt;br&gt;• Herpes Awareness Day = 10/13&lt;br&gt;• National No Bra Day = 10/13&lt;br&gt;• World Pregnancy &amp; Infant Loss Remembrance Day = 10/15&lt;br&gt;• National Mammography Day = 10/21&lt;br&gt;• National I Care About You Day = 10/25&lt;br&gt;• Intersex Awareness Day = 10/26&lt;br&gt;• “Thin Veil” - honoring ancestors, spirits, passed on loved ones</td>
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<td>Nov</td>
<td>Native American Heritage Month&lt;br&gt;• National Erectile Dysfunction Month&lt;br&gt;• Prematurity Awareness Month&lt;br&gt;• TransParent Day = First Sun of Nov (11/3)&lt;br&gt;• National Sex Toy Day = 11/7&lt;br&gt;• World Vasectomy Day = 11/7&lt;br&gt;• World Prematurity Day = 11/17&lt;br&gt;• International Mens Day = 11/19&lt;br&gt;• International Transgender Day of Remembrance = 11/20&lt;br&gt;• National Day of Mourning = Fourth Thurs of Nov (11/28)&lt;br&gt;• International Day For the Elimination of Violence Against Women Day = 11/25&lt;br&gt;• Native American Heritage Day = 11/25&lt;br&gt;• World Compassion Day = 11/28</td>
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<tr>
<td>Dec</td>
<td>AIDS Awareness Month&lt;br&gt;• Universal Human Rights Month&lt;br&gt;• World AIDS Day = 12/1&lt;br&gt;• International Disabled Person’s Day = 12/3</td>
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- Pansexual Pride Day = 12/8
- International Day to End Violence Against Sex Workers = 12/17
- Dead Week
- Finals Week
- Winter Break