

Gather and Choose

November 13, 2024 10am-11:30am PT



Host

Amanda Kakuska

Guest Speakers

Taylor Dean, Will Hess, Daryl Jones III

Objectives

By the end of today's session, you will be able to...

1. **Identify** HNY Toolbox resources & tools for your site/ setting
2. **Listen** to the community partners share tips and strategies for the Gather & Choose phases

Stay connected

- [Upcoming Community of Practice Sessions](#)
- [Past Sessions](#)
- [Request Technical Assistance](#)

Chat links:

Introduction:

Group Agreements – Native STAND, lesson 1:

<https://www.healthynativeyouth.org/curricula/native-stand-2-0/>

Digital Learning Agreements:

https://docs.google.com/document/d/15od_aYkTTQMZfz8p7tDJaljr9s-JGaJlRnkmEk-8GX4/edit

Taylor Dean Gather and Choose Overview:

Community Needs and Resource Assessment: [Gather-Step-2-Community-Needs-and-Resource-Assessment.docx](#)

Bingo Data Collection: [Microsoft Word - Bingo Data Collection.docx](#)

Identify Youth Advocates and community Partners: [Gather-Get-Support-Identify-Youth-Advocates-and-Community-Partners.docx](#)

Implementation Toolbox: [Implementation Toolbox - Healthy Native Youth](#)

HNY Curricula Comparison Chart: [Compare - Healthy Native Youth](#)

Wellness Activity:

Happy Place Visualization Activity: <https://therapyinanutshell.com/happy-place-meditation/>

Choose Phase with Daryl Jones:

Native STAND 2.0: <https://www.healthynativeyouth.org/curricula/native-stand-2-0/>

End of Session:

Session Feedback: https://www.healthynativeyouth.org/training_feedback/

TA Request Form: <https://www.healthynativeyouth.org/request/>

Chat feed (names and emails have been removed)

01:03:30 Michael: Michael (He/Him), Choctaw & Cherokee with the Southern Plains Tribal Health Board in Oklahoma.

01:03:38 Jane: Group Agreements – Native STAND, lesson 1:

<https://www.healthynativeyouth.org/curricula/native-stand-2-0/>

Digital Learning Agreements:

https://docs.google.com/document/d/15od_aYkTTQMZfz8p7tDJaljr9s-JGajlrNkmEk-8GX4/edit

01:03:51 Stephanie: Good Morning! Stephanie (she/her) NPAIHB Adolescent Health team

01:04:11 Sara: Sara she/her, Beyond Survival (an SA Center in Grays Harbor WA) Prevention Program Manager & Advocate. Always learn great things in these meetings & happy to be here

01:04:30 Leah: Leah Chickaloon Traditional Tribal Court Youth Program Coordinator

01:04:32 Desireé: Desireé (they/elle), I'm a Resource Navigator with Connected Lane County, working with youth ages 14-24 throughout all of Lane County ✨

01:04:33 Elizabeth: Hi everyone, my name is Elizabeth (she/her), and I am Inupiat from my mother's side, but currently living on Tohono O'odham Nation homelands and the lands of the Pascua Yaqui Tribe in Tucson, Arizona

01:04:42 LuNell: Hello, LuNell RN, school nurse.

01:04:54 Jade: Oshki Giinew nidizhinikaaz. Jade nidazhaaganaashii-noozwin aawan. Mishikendodem. Odawa minwaa Ojibwe ndaaw. Little Traverse Bay Bands of Odawa Indians nidadibendaagwaz. My name is Golden Eagle. My English name is Jade. I am Turtle Clan. I am Odawa and Ojibwe. I am a member of the Little Traverse Bay Bands of Odawa Indians.

My pronouns are She/Her.

01:05:02 Amelia: Good morning 😊 Amelia, she/her, college intern with DOH Adolescent Health Program and the Youth Alliance For a Healthier Alaska!

01:05:06 Xan: Xan (He/Him), Poarch Band of Creek Indians, Intervention Services Coordinator

01:05:09 Sara: Replying to "Hi everyone, my na..."

Love Lane County. Still have much family there

01:05:37 Sheena: I am Sheena (She/Her) enrolled in the AAahniih Nakoda I work as the Native Youth Wellness Navigator at Lane ESD

01:05:55 Hannah: Hannah Fort Belknap Montana (Lodge Pole) Assinaboine -- Native Connections -- work with lots of youth & community of many hats --good to share & learn new things

01:06:07 Shynoke: Shynoke, MCRP

Diné

She, Her, Hers and They/Them/Theirs Program Coordinator for the Proud Indigenous Youth Leaders Program

Community Health Education & Resiliency Program at the Albuquerque Area Indian Health Board, Inc.

01:07:02 Sheena:Replying to "Hannah For..."

I am enrolled through Fort Belknap also Assiniboine!

01:07:06 Anna: Uquqłas Wika·b., Anna in ingliš. Uḡuaḡa·ksa·! I am from Qʷidiččaʔatḡ, Makah Nation in Neah Bay, Washington. I am Wika·b, Anna is my English name. I am from the Makah Nation in Neah Bay, WA. But I live in a suburb of Vancouver, WA, near Cowlitz tribe.

01:07:29 Jane: What tools have you used to gather guidance and feedback for youth programming?

01:07:36 Yomaira: Hi everyone, I am Yomaira and currently I am the Injury Prevention Program Manager at the Arizona Department of Health Services, I am based in Phoenix, AZ. I was born and raised in Parker, AZ which sits on the Colorado River Indian Tribal lands.

01:08:01 Christine: Hello Everyone!! Chris, University of Texas school of public health in Houston

01:08:24 Sara: Making sure all classes are critical thinking and participatory so we get alot of feedback as we go. Kids are pretty clear about telling us what they think

01:09:00 stacey: Mentimeter, Kahoot, Qualtrics, Google Forms

01:09:33 Jess: We offer surveys to participants afterward, however, I've typically worked with adults thus far so my upcoming journey will be with youth. I'm interested in learning about how yall gather feedback :)

01:09:56 Amelia: We have a Youth Risk Behavioral Survey that provides us with a lot of state wide data on how youth feel and what behaviors they are engaging with, and youth in our alliance take a pre and post session survey :)

01:09:58 Jade: We have utilized tri-fold display boards and post-it notes for feedback. It has been very successful as participants can see their voices "being heard" without having the pressure to speak in front of a group people. Plus, we keep it anonymous.

01:10:32 Anna: The best information came from interactions with students and community members. However, we did the states Healthy Youth Survey annually. Students also learned to carve and make baskets they were proud of when completed.

01:13:12 Amanda (she/her): What a star that Michelle is!

01:15:43 Amanda (she/her): The instructions for data Bingo are pretty cool...if you're wanting to swap out the teen-friendly questions with other questions more specific to your programming needs.

01:16:07 stacey: <https://www.healthynativeyouth.org/wp-content/uploads/2020/03/Bingo-Data-Collection.pdf>

01:17:15 Jane: Click here for the toolbox: <https://www.healthynativeyouth.org/implementation-toolbox/gather/>

01:17:39 Desireé: yes!

01:19:41 Anna: Gathering community partners with 3 assemblies a year forming a name called Makah Strong opened doors of healing.

01:21:11 Anna: We also gathered elders and leaders to get feedback as to what they see students need and implemented it in the schools. We went from weaving workshops to weaving classes.

01:21:19 Anna: I LOVED THE TOOLBOX!!!

01:21:26 Anna: LOVE!

01:21:38 Amanda (she/her): Replying to "LOVE!"

Yay!!!!

01:22:44 Anna: I have to pop out for another meeting. But I was hoping you would let me back in soon!

01:23:01 Amanda (she/her): Replying to "I have to pop out fo..."

Yes, absolutely! 😊

01:23:08 Jane: Replying to "I have to pop out fo..."

Absolutely! See you in a bit :)

01:27:55 Jane: Happy Place Visualization Activity: <https://therapyinanutshell.com/happy-place-meditation/>

01:28:12 Desireé: yes! thank you so much!! a coworker and myself are working on having more Indigenous Resources for our youth in the community - so we will definitely be using this! thank you!!

01:36:05 Amanda (she/her): Thank you Will!

01:36:44 Taylor (they/them) NPAIHB: Michelle 🍷
01:41:07 Amanda (she/her): That's appropriate as its really not a linear process...sometimes things just are in the order they are! 😊
01:41:20 Taylor (they/them) NPAIHB: Replying to "That's appropriate a..."

was thinking the same thing!

01:49:59 Amanda (she/her): I love how community was built from wanting to gather around youth!

01:55:05 Taylor (they/them) NPAIHB: I love the credit recovery idea!

01:57:10 Taylor (they/them) NPAIHB: dang we should have this slide on every presentation

01:57:30 Yvette: Thank you for sharing.

01:58:27 Hannah Has Eagle: thank you for sharing yur goodness for all of our mountains of mountains of love and accomplishments

02:00:41 Jane: Native STAND 2.0 curriculum:
<https://www.healthynativeyouth.org/curricula/native-stand-2-0/>

02:03:18 Amanda (she/her): They remember!

02:03:42 Taylor (they/them) NPAIHB: that's amazing Daryl, putting a name to a face is an amazing way to build trust

02:05:04 Amanda (she/her): That relationship building is so crucial and sometimes can be easy to not intentionally give time to

02:08:45 Taylor (they/them) NPAIHB: Thank you Will and Daryl!!!!

02:09:09 Daryl: Thank you everyone for listening! you are all amazing!

02:12:07 Hannah: i love the door knocking ya gain the trust and people love that one student told me " dont start something and leave us " that was 20 years ago and im still with old and new students / adults

02:16:46 Taylor (they/them) NPAIHB: Anna we've got a recording!

02:17:02 Taylor (they/them) NPAIHB: follow us on youtube!

02:17:09 Jane: Mentimeter Link: <https://www.menti.com/algmwjk2gjne>

02:17:27 Taylor (they/them) NPAIHB: Replying to "follow us on youtube..."

https://youtube.com/playlist?list=PLIKVo_vO0vovMgINTFyByyFddBSBzwqDc&si=LWYIOWGcNVffmqTS

02:18:11 Summer: Oose! Peshaiyu! I have to leave.

02:19:10 Daryl: thank you for sharing anna! I Formed youth council. its called "i am a healthy leader" Youth Council and tribal advisory group. my kids are excited to be apart of something longterm.

02:19:36 Yvette: Thank you for your time and youth programing expertise!

02:19:40 Jane: TA Request Form: <https://www.healthynativeyouth.org/request/>

Part 2 CoP Registration: <https://www.healthynativeyouth.org/community-of-practice/>

02:22:29 Amelia: Thank you so much for this great info and for mentioning Alaska- grateful to have learned from you all!

02:22:41 Anna: Excellent job amazing folks! It is always wonderful to gather with humble experts!

02:23:02 Shynoke: Thanks you for sharing the toolkit, resources, and information.

02:23:41 N: Thank you!

02:23:45 Hannah: thank you

02:23:53 Daryl: Mitakuye Oyasin - We are all related <3

02:23:53 Rebecca: Thank you!! <3

02:23:54 Will: mo sep'kecc'a - thank you everyone!

02:23:56 Leah: This was absolutely wonderful and informational. Tsin'aen Siggü (Thank you)

02:23:57 Desireé: thank you everyone !!